

Baltimore County Department of Aging  
Baltimore City Health Department, Division of Aging  
Baltimore County Commission on Disabilities

# COMMUNITY RESOURCES 2020



**Serving Adults, Baby Boomers, Families, Caregivers,  
Persons with Disabilities and Professionals**



County Executive John A. Olszewski, Jr.  
and the Baltimore County Council

**MAP (Baltimore County)**

611 Central Avenue,  
Room 220  
Towson, MD 21204  
410-887-2594

[www.baltimorecountymd.gov](http://www.baltimorecountymd.gov)

E-mail: [aginginfo@baltimorecountymd.gov](mailto:aginginfo@baltimorecountymd.gov)



For people who are deaf, hard of hearing or  
have a speech disability, use Relay or 711.



Mayor Bernard C. "Jack" Young  
and the Baltimore City Council

**MAP (Baltimore City)**

417 East Fayette Street  
Sixth Floor  
Baltimore, MD 21202  
410-396-2273

[www.baltimorecity.gov](http://www.baltimorecity.gov)

[health.baltimorecity.gov](http://health.baltimorecity.gov)

Compassion • Excellence • Dignity

# Answers for the Aging



A **FREE** telephone-based information and referral service for older adults and caregivers.

**667-600-2100**

or toll free

**1-888-502-7587**

(Maryland only)

[cc-md.org/afa](http://cc-md.org/afa)

[afa@cc-md.org](mailto:afa@cc-md.org)

## CATHOLIC CHARITIES SENIOR SERVICES

*Inspired by the Gospel mandates to love, serve and teach,  
Catholic Charities provides care and services to improve  
the lives of Marylanders in need.*



Catholic Charities welcomes people regardless of faith  
and is an Equal Housing Opportunity provider.



# GO. KNOW. TAKE CONTROL.

The body and mind are connected. So we encourage everyone to stay healthier by getting an annual check-up, and being open about anything they are feeling – physically as well as emotionally.

Learn more at [Cigna.com/TakeControl](http://Cigna.com/TakeControl).



**Together, all the way.®**

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## MESSAGE FROM THE BALTIMORE COUNTY EXECUTIVE

Baltimore County Government is committed to making sure its residents can easily access the resources they need. *Community Resources 2020*, the 23rd edition of this publication, offers up to date information about the services and programs that support our families, loved ones and friends.

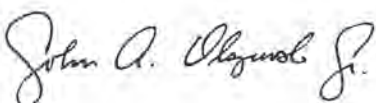
A publication as comprehensive as *Community Resources 2020* is made possible by the valued support of our partners. We are pleased to collaborate with the Baltimore County Department of Planning and the Commission on Disabilities as partners and contributors to this resource. This edition of *Community Resources* also celebrates the eighth year that Baltimore County and Baltimore City Governments have partnered to support one regional resource directory to serve all of the region's residents. This partnership provides the opportunity to publish 90,000 complimentary copies of *Community Resources*, which will be circulated throughout Baltimore during 2020. We also offer an audible online version of *Community Resources* at [www.baltimorecountymd.gov/communityresources](http://www.baltimorecountymd.gov/communityresources) to support enhanced accessibility.

Over the years, *Community Resources* has proved to offer one-stop shopping for every member of your community. The publication's content is as diverse as the needs of our residents. Educating our people about consumer options supports Baltimore County Government's goal to enhance public awareness. We know the directory's collection of government services, non-profit and business partnership listings will provide valuable resources for everyone.

*Community Resources* is a revenue-producing publication that helps to support volunteerism in Baltimore County. This resource is produced at no cost to Baltimore County Government using recycled paper in order to support the environment.

Thank you for using *Community Resources 2020*. I hope you and your family will use the directory to explore all of the resources and services that Baltimore County and Baltimore City have to offer.

Very Truly Yours,



John A. Olszewski, Jr.  
Baltimore County Executive



### BALTIMORE COUNTY COMMISSION ON AGING

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[www.baltimorecountymd.gov/agencies/aging/commission.html](http://www.baltimorecountymd.gov/agencies/aging/commission.html)

## MESSAGE FROM THE BALTIMORE COUNTY COUNCIL



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Fifth District – David Marks

Sixth District – Cathy Bevins

Seventh District – Todd K. Crandell

[www.baltimorecountymd.gov/countycouncil](http://www.baltimorecountymd.gov/countycouncil)

*Community Resources 2020*, an annual publication of Baltimore County Government, celebrates its 23rd year of providing a complimentary consumer directory to Baltimore communities. We thank the Baltimore County Department of Planning and the Commission on Disabilities for their support of this publication. This collaboration further expands the publication's scope of services and will enhance the overall content of the resource. For the eighth year, we are also pleased to continue our long-term partnership with Baltimore City Government so that together, with the Baltimore County Department of Planning and the Commission on Disabilities, we may offer one regional resource directory to Baltimore communities.

The newest edition of *Community Resources* contains the most current information to support a range of activities and services. Upon reviewing the directory, please take note of the array of government services, non-profits and business partnership listings. We ask that you use and recommend *Community Resources* frequently by supporting the circulation of 90,000 copies in the Baltimore region.

We are proud to say *Community Resources* is created each year at no cost to Baltimore County citizens. Educate yourself, loved ones and friends with *Community Resources 2020*, a publication created for Baltimore communities.

Yours Very Truly,

The Members of  
Your Baltimore County Council

**Elder Abuse is a Crying Shame**



**410-887-4200**

**Baltimore County Restoring Elder Safety Today**

## MESSAGE FROM THE DEPARTMENT OF AGING DIRECTOR

It is my pleasure to introduce Baltimore County Department of Aging's (BCDA) 23rd edition of *Community Resources 2020*; a regional resource directory serving older adults, baby boomers, caregivers, families, persons with disabilities and professionals. For the eighth year, this respected publication represents a valued collaboration with Baltimore City Government to provide one resource directory for both Baltimore County and City residents. We are also pleased to add additional resources to the publication through our partnership with the Baltimore County Department of Planning and the Commission on Disabilities. As in previous years, BCDA's partnerships continue to forge an exciting opportunity to enrich the directory's content while expanding the publication's distribution. As a result of these alliances, along with their informational contributions, the content of *Community Resources 2020* offers three separate resources in one publication.

The content of *Community Resources* provides an important component to BCDA's "living connected" initiative. By using this publication, Baltimore's residents can enjoy unlimited opportunities to "connect" with the programs and services that best meet their needs by creating links to critical services or to bridge the gap between isolation and engagement. The directory's content includes government, non-profit and business listings. Readers will also notice blue-highlighted listings and advertisements throughout the directory. The highlighted listings represent sponsors of the directory. By sponsoring and advertising in this publication, businesses and non-profits are supporting the mission of BCDA. To learn more about powerful sponsorship and or advertising opportunities offered by the BCDA, please phone 410-887-2012.



### BALTIMORE COUNTY DEPARTMENT OF AGING MISSION STATEMENT

**Baltimore County Department of Aging strengthens lives by providing services, programs and connections to resources.**

As a regional publication, the distribution of *Community Resources* includes Baltimore County and City senior centers, libraries, hospitals, government agencies, doctors' offices, community associations, senior housing, faith communities, business partners, health centers, professional conferences, nutrition sites/services, public/private schools, outreach events and more. The publication is also available online at [www.baltimorecountymd.gov/communityresources](http://www.baltimorecountymd.gov/communityresources) to provide access 24/7 in order to support Internet-savvy clients, professionals and long-distance caregivers for your convenience.



Creating a foundation for informed decision-making relies on consumer education. We believe *Community Resources* represents the foundation that supports Baltimore communities. Whether you are searching for an assisted living, isolated in your community, determining where to exercise or evaluating resources for a disabled child, this publication contains the resources you will need for living longer, living well and identifying those who can support you and your family's needs. Help educate and empower your family, friends and your community by using and recommending *Community Resources 2020*. Enjoy!

Sincerely,

Laura D. Riley, Director  
Baltimore County Department of Aging

# MESSAGE FROM THE BALTIMORE COUNTY COMMISSION ON DISABILITIES

The Baltimore County Commission on Disabilities is pleased to present *Community Resources 2020* to the citizens of Baltimore. The Commission appreciates this opportunity to partner with the Baltimore County Department of Aging to create this valuable resource for Baltimore's communities. The Commission looks forward to nurturing new partnerships, services and endeavors that will benefit non-profits and business resources showcased in this publication. It is our hope that those who use *Community Resources 2020* as a provider or consumer will also contribute to its on-going update as a living document.

The Baltimore County Commission on Disabilities is located within the Department of Planning. Members of the Commission include people with disabilities, family members, representatives of public and private service agencies, and staff from state and local government. The Commission sponsors work groups to address such issues as accessibility, education, public policy and disability awareness.

The Commission provides recommendations to the government of Baltimore County, the County Executive and County Council. The Commission operates in belief that citizens with disabilities have the same opportunities in life as people without disabilities. *Community Resources 2020* is an example of the dissemination of information about the many supportive organizations waiting to serve Baltimore citizens. One can simply think of *Community Resources* as a comprehensive book of good deeds just waiting for you to choose the options you or your clients may need.

Commission meetings are open to the public and occur on the third Wednesday of the every month (except the summer months and October, when we have our Annual Awards Ceremony and Luncheon). Meetings begin at 12:30 p.m. and end at 2 p.m. and are held at the Stembridge Community Center in Essex. Contact the Commission for the exact date, time and location of our monthly meetings and to request special accommodations.

For more information about the Commission, and for additional copies of *Community Resources 2020*, contact us at 410-887-2483, or e-mail [JDoyle@baltimorecountymd.gov](mailto:JDoyle@baltimorecountymd.gov). You can also view more information at <http://www.baltimorecountymd.gov/agencies/planning/disabilities>

Thank you for using *Community Resources 2020*, and thank you to those who have contributed as a sponsor. Kindly take ownership of this powerful resource to ensure that copies of *Community Resources 2020* are well stocked in your neighborhood school, library, business, place of worship and at least one in your own home.

Sincerely,



Terri Seitz Parrish, Chair  
Baltimore County Commission on Disabilities



## COMMISSION ON DISABILITIES

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Michael Bullis  
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Karen Volz  
Sally J. Wagner  
Joan S. Walen  
Santa Wallace  
C. David Ward  
Russ Weber

## MESSAGE FROM THE BALTIMORE CITY MAYOR

As Mayor of Baltimore City, I am delighted to collaborate with Baltimore County in publishing the *Community Resources 2020* guide. We are so fortunate to have such an abundance of resources and programs, all of which are essential to the residents of Baltimore City and the region. This Guide will help you find those resources and programs that are of particular interest and need to you. It is so important that our seniors and vulnerable citizens be informed about those agencies and organizations whose expertise and broad resources can be of assistance.

This Guide offers a wealth of information regarding community services, including phone numbers of organizations, summaries of services, eligibility guidelines, hotlines, and websites.

I would like to take this opportunity to thank Baltimore City's Health Department's Division of Aging and the Baltimore County Department of Aging for coordinating this year's Resource Guide, so that all of our residents remain informed about, and engaged in, our community services and opportunities.



Bernard C. "Jack" Young  
Mayor, City of Baltimore



### BALTIMORE CITY COMMISSION ON AGING

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Rev. Lee Michaels  
Hon. Sharon Green Middleton  
Reginald Moore  
Dr. Tracey L. Murray  
Dr. David Roth

# MESSAGE FROM THE BALTIMORE CITY COUNCIL

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As members of the Baltimore City Council, we are proud to serve the residents of Baltimore City and are honored to present *Community Resources 2020*. One of our many responsibilities is to make our constituents aware of what community services and programs are available, and this guide provides vital information about the services and resources responsible for supporting our loved ones.

This guide also offers a comprehensive overview of resources helping Baltimoreans identify and address their needs. Baltimore City must be on the forefront of supporting active and healthy community living.

Once more, the Baltimore City Council is thankful to take part in this incredibly exhaustive project to reach and educate the residents of Baltimore City. Please feel free to contact the Baltimore City Health Department’s Maryland Access Point at 410-396-2273, if you have suggestions or questions about the guide or available services.

Sincerely



Brandon M. Scott  
President  
Baltimore City Council



- First District – Zeke Cohen
  - Second District – Danielle McCray
  - Third District – Ryan Dorsey
  - Fourth District – Bill Henry
  - Fifth District – Isaac “Yitzy” Schleifer
  - Sixth District – Sharon Green Middleton
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  - Fourteenth District – Mary Pat Clarke
- [www.baltimorecitycouncil.com](http://www.baltimorecitycouncil.com)





# MESSAGE FROM THE BALTIMORE CITY HEALTH COMMISSIONER

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## BALTIMORE CITY MISSION STATEMENT

*The Baltimore City Health Department Division of Aging envisions Baltimore as the friendliest city in America, where all older adults and persons with disabilities can age in their communities with choice, dignity and independence as they move along the aging continuum.*



We at the Baltimore City Health Department believe that our city’s older adults are the backbone of our communities and that it is our responsibility to empower all Baltimoreans with the knowledge, access, and environment that will enable healthy living.

That is why the Baltimore City Health Department’s Division of Aging Services and its eight-year partner, the Baltimore County Department of Aging, are pleased to introduce this 23rd edition of *Community Resources 2020*. This publication has taken on greater and greater importance throughout our communities, and has become a trusted source of everyday information.

The Baltimore City Health Department serves as the local Area Agency on Aging (AAA) and Maryland Access Point (MAP) site, meaning it is dedicated to providing information about older adult benefits, resources, and programs to all Baltimoreans. Our office continues to receive numerous requests for the *Resources* guide as its reach continues to increase throughout Baltimore City and surrounding areas.

Once again, the 2020 edition will offer a wealth of information outlining city and county agencies and organizations that provide support and services to older adults, caregivers, and individuals with disabilities.

We are proud to make this publication available to all of our residents, regardless of their access to technology or our outreach.

Please do not hesitate to contact the Baltimore City Health Department’s Maryland Access Point at 410-396-2272 if further assistance is needed.

Letitia Dzirasa, M.D.  
Commissioner of Health



Project DOCS, “Doctors Offering Caregiver Support” is an initiative of the Baltimore County Department of Aging (BCDA) in partnership with physicians and area hospitals. The goal of Project DOCS is to provide literature about the many services available for older adults and persons with disabilities. Participating physicians and hospitals have brochure racks in their waiting areas that provide valuable information about services and programs.

Charter Member of Project DOCS:  
**Greater Baltimore Medical Center**

BCDA invites physicians in private practice the option of providing *Community Resources 2020* to their patients and families. To make arrangements for delivery, please contact the BCDA at 410-887-2012.

If you are a family caregiver for an older loved one and would like to learn about available resources, call the Baltimore County Department of Aging - Caregivers Program at 410-887-4724.

## USING COMMUNITY RESOURCES 2020

Every effort has been made to assure that the entries in *Community Resources 2020* are accurate and up-to-date. We strongly urge you to make use of the Internet in obtaining additional information about the resources in this publication.

This directory has been developed for use by the public. As such, we encourage you to copy and share the publication with others. If additional copies are needed, or if the directory is needed in an alternative format, contact the Office of Communications at 410-887-2012, or by e-mail at [dorlove@baltimorecountymd.gov](mailto:dorlove@baltimorecountymd.gov).

## DISCLAIMER

The listings or omissions of individuals, businesses and organizations in this directory does not constitute an endorsement, recommendation, or guarantee regarding their services or products. No liability may inure to Baltimore County, the Baltimore County Department of Aging, its agents, employees or directors, as a result of goods or services provided by individuals, businesses or organizations in this directory.

The listings or omissions of Medicare Prescription Drug Plans, including but not limited to information regarding their charges, drug coverage or formulary lists in this directory does not constitute an endorsement, recommendation, or guarantee regarding their services or products. No liability may inure to Baltimore County, the Baltimore County Department of Aging, its agents, employees or directors, as a result of goods, information or services provided by any individual, business or organization printed in this directory.

## ACKNOWLEDGEMENTS

*Community Resources 2020* is an annual regional directory produced and published by the Baltimore County Department of Aging (BCDA). Celebrating our third year, we are pleased to collaborate with the Baltimore County Department of Planning and the Commission on Disabilities by enriching the publication’s content. We are also pleased to continue our partnership with Baltimore City Government, Division of Aging for the eighth consecutive year. Through our valued partnerships, we are able to further enrich the publication’s content as well as serve a regional audience by expanding the scope and distribution of 90,000 directories. With that said, it is with gratitude that the following committed leadership and team members are recognized for their many contributions to the continued development and enhancement of this well-respected publication.

Special thanks to Baltimore County Executive John A. Olszewski, Jr, the Baltimore County Council and the Baltimore County Commission on Aging. Special thanks to Baltimore City Mayor Bernard C. “Jack” Young and the Baltimore City Council.

Thank you to Laura D. Riley, Director of the Baltimore County Department of Aging, for her support and commitment to public-private partnerships and consumer empowerment through education. Thank you to the Baltimore County Department of Planning and the Commission on Disabilities. Special acknowledgment is made to the many advertisers in the directory who are noted with blue highlighted listings or larger ads which can be seen throughout the publication.

It is with gratitude that the following team members of the BCDA receive special recognition for their contribution to *Community Resources 2020*: Rekha Bhawe, Tom Buckmeier, Peggy Dryden, Debbie Fisher, Jeanette Jones, Michele Kehl, Peggy Miller, Michelle Mills, Diane O’Brien, Mary Pivawer and Ethel Rasmussen, MA and Patrick Wheeler. At the Baltimore City Health Department, thank you to Baltimore City’s Health Commissioner Dr. Letitia Dzirasa. At the Baltimore City Health Department Division of Aging, a special thank you to Deputy Commissioner, Heang K. Tan, Chrystle D. Samuels, Melissa Jackson, Olivia Strothers and Elizabeth “Liz” Briscoe.

With pleasure, Baltimore County and Baltimore City Governments jointly present *Community Resources 2020* – the resource serving and connecting Baltimore communities.

**Debbie Orlove, MA**

*Community Business Liaison/Program Manager*  
Baltimore County Department of Aging

# Baltimore County Government Services

www.baltimorecountymd.gov • www.baltimorecountymd.gov/aging

## ► ADA COORDINATOR

410-887-3987

## ► ADMINISTRATIVE HEARINGS, OFFICE OF

410-887-3868

## ► ADMINISTRATIVE OFFICE

410-887-2460

## ► AGING, DEPARTMENT OF

For a description of Baltimore County Department of Aging services, see Summary of Services.

### Director

410-887-2109

### Deputy Director

410-887-2109

### Caregiver Program

410-887-4724

### Center Connection Program

410-887-2970

### Communications, Office of

410-887-2379

### Community Resources 2021

410-887-2012

### Guardianship

410-887-5793

### Health Programming

410-887-3423

### Home Team

410-887-4141

### Loan Closet

410-887-2594

### Maryland Access Point (MAP) of Baltimore County

410-887-2594

### Nursing Home Ombudsman

410-887-4200

### Nutrition Services

410-887-3052

### Outreach Casework Services

410-887-2050

### Senior Box Office

410-887-5399

### Senior Centers

410-887-2040

(See individual center listings in Senior Centers and Fitness Centers)

### Senior Employment

410-887-4006

### The Power of Age Expo

(formerly Baby Boomer/Senior Expo)

410-887-2012

### Time of Your Life Digest

410-887-3050

### Transportation/CountyRide

410-887-2080

### Volunteer Services

410-887-2715

## ► BUDGET AND FINANCE, OFFICE OF

410-887-3313

## ► CIRCUIT COURT, COURT ADMINISTRATOR'S OFFICE

410-887-2687

## ► CODE ENFORCEMENT

410-887-3351

Inspects properties for livability code.

## ► COMMUNITY COLLEGE OF BALTIMORE COUNTY (CCBC)

443-840-4099

Campuses at Catonsville, Essex and Dundalk with satellite locations in Hunt Valley and Owings Mills.

## ► COUNTY COUNCIL

410-887-3196

## ► DISABILITIES, COMMISSION ON

410-887-3317

## ► ECONOMIC DEVELOPMENT, DEPARTMENT OF

410-887-8000

## ► ELECTIONS, BOARD OF SUPERVISORS OF

410-887-5700

## ► ENVIRONMENTAL PROTECTION AND SUSTAINABILITY

410-887-3733

## ► EXECUTIVE OFFICE

410-887-2450

## ► FIRE DEPARTMENT

Emergencies: 911

Non-Emergencies:

410-887-4500

## ► HEALTH, DEPARTMENT OF

(See also Health Clinics for additional resources.)

### AIDS Counseling and Information Line

410-887-2437

### AIDS/HIV - Housing

Opportunities for People with

AIDS (HOPWA)

410-887-2437

### Adult Evaluation and Review Services

410-887-2754

### Animal Control

410-887-7297

### Behavioral Health

410-887-3828

### Bureau of Clinical Services

410-887-2705

### Cancer Screening (Breast, Cervical and Colon)

410-887-3432

### Communicable Disease Control

410-887-6011

### Community First Choice Program

410-887-2594

### Dentistry-Dental Access/ Dental Referral Program

410-887-2780

### Developmental Disabilities

410-887-2720

### Health Care Access

410-887-2437

### Infants and Toddlers Program

443-809-2169

### Opioid Information

410-887-3224

### Sexually Transmitted Disease Control

410-887-2243

### Substance Abuse

410-887-6465

### TB Control

410-887-2711

### Women, Infant and Children Center

410-887-6000

## ► HEALTH, DEPARTMENT OF - PUBLIC HEALTH CENTERS

(See also Health Clinics for additional resources.)

### Baltimore Highlands

Lansdowne Health Center

410-887-1003

### Dundalk Health Center

410-887-7182

### Eastern Family Resource Center

410-887-6452

### Essex Health Center

410-887-0246

### Hannah More Center

410-887-1152

### Liberty Family Resource Center

410-887-0607

### Towson Health Center

410-887-6000 (WIC)

### Woodlawn Health Center

410-887-1332

## ► HUMAN RESOURCES OFFICE

410-887-3135

## ► HUMAN RELATIONS COMMISSION

410-887-5917

## ► INFORMATION SERVICES

### Baltimore County Government/Directory Assistance

410-887-0000

Telephone numbers for county agencies and staff.

### Circuit Court Information Desk

410-887-2139

Information regarding court proceedings.

### Maryland Access Point (MAP) of Baltimore County,

Department Of Aging

410-887-2594

Information and referrals for older adults, baby boomers, family members, caregivers, persons with disabilities and professionals. Provides access to language interpreter service.

## ► LIBRARY SYSTEM

410-887-6100

## ► ORPHANS COURT

410-887-6516

Information on the administration of estates of deceased persons.



## TIPS ON GUARDIANSHIP PREVENTION

In order to avoid the difficult and costly guardianship process, here are some steps to consider, while the individual is *still able to understand and execute a legal document*:

- Ask the individual to talk with loved ones about the care that he or she would like to receive in the event of serious illness.
- Arrange for the individual to execute a Financial Power of Attorney document, which gives permission for an agent (a trusted family member, friend or advisor) to make financial decisions for the individual. If this document is a “springing” Power of Attorney, which goes into effect only when the individual is declared disabled, the document should clearly state how the determination of disability will be made.
- Advise the person to make a medical Advance Directive. This document may specify the type of care the person wants, and/or it may name another individual to give informed consent for medical treatment.
- Learn about Surrogate Decision Making in Maryland, which authorizes a proxy to act on behalf of the person in need of medical care and decision-making, if he or she has not appointed a health care agent in an Advance Directive.
- If the individual’s capacity to understand and execute a legal document is questionable, then have their regular doctor document capacity prior to the document’s execution.
- *Mediation* is an available alternative to work out any family discord about care arrangements that may be affective. Mediation can be used with adults who are competent to make decisions or in cases where family decision-making needs to be done on behalf of an incapacitated elder; if successful, it can avoid the need for a guardian altogether.

If the individual is *no longer able to understand and execute a legal document*, consider having a trusted relative or friend apply to serve as the representative payee to manage the Social Security check and pay bills.



## Baltimore County Government Services

[www.baltimorecountymd.gov](http://www.baltimorecountymd.gov)  
[www.baltimorecountymd.gov/aging](http://www.baltimorecountymd.gov/aging)

▶ **PAROLE AND PROBATION, DIVISION OF**  
410-832-2200

▶ **PERMITS, APPROVALS AND INSPECTIONS, DEPARTMENT OF**  
410-887-3353

▶ **PLANNING, DEPARTMENT OF**  
410-887-3211

▶ **POLICE DEPARTMENT**  
**Emergencies: 911**  
**Non Emergencies:**  
410-887-2222  
**General Information/Referral:**  
410-887-2214

▶ **PUBLIC SCHOOLS**  
443-809-4554

▶ **PUBLIC WORKS, DEPARTMENT OF**  
410-887-3300

▶ **RECREATION AND PARKS, DEPARTMENT OF**  
410-887-3871

▶ **REGISTER OF WILLS**  
410-887-6680

▶ **SHERIFF’S OFFICE**  
410-887-3151

▶ **SOCIAL SERVICES, DEPARTMENT OF**  
(See also Financial Assistance for phone numbers and addresses of district offices.)  
**Adult/Child Services**  
410-887-8463 (TIME)  
**General Information**  
410-853-3000  
**Shelter Information**  
410-887-8463 (TIME)

▶ **STATE’S ATTORNEY, OFFICE OF**  
410-887-6600

▶ **TAXPAYER SERVICES**  
410-887-2404

▶ **UNIVERSITY OF MARYLAND EXTENSION, BALTIMORE COUNTY OFFICE**  
410-887-8090

▶ **WOMEN, COMMISSION FOR**  
410-887-2450



BALTIMORE CITY  
DEPARTMENT OF PUBLIC WORKS

BUREAU OF WATER  
AND WASTE WATER

The New Billing Assistance Program



Baltimore H2O Assists  
Program



Dr. Leticia Delgado, MD  
Commissioner of Health

Bernard G. "Jack" Young  
Mayor  
City of Baltimore

Jonathan A. Green, PhD  
Commissioner  
DPW

WWW.BALTIMORECITY.GOV  
(410) 396-5398



## TAKING CARE OF THOSE WHO TOOK CARE OF US.

It is all too true that making ends meet can be a problem and a worry for those who have given so much of themselves and who should be enjoying their retirement. So many seniors are still giving through mentoring, volunteering, and sharing their joy of life. Now we can give back through our **LOW INCOME SENIOR CITIZEN WATER DISCOUNT PROGRAM**.

### WHO CAN APPLY?

Homeowners and tenants (whose lease holds them responsible for paying the water bill), can apply each year for the discount if they meet the following criteria:

1. The applicant must be a City of Baltimore resident receiving a water/sewer bill directly from the City.
2. The principal resident must be age 65 or older.
3. **The combined gross household income must be \$31,500 or less.**
4. The applicant must certify that he/she is the property owner-of-record with The Maryland Department of Assessments and Taxation, or provide a lease showing his/her responsibility for paying water/sewer charges at that property.

### WHAT IS THE DISCOUNT?

Those who qualify receive a 43% discount on their water and sewer consumption on each bill.

### HOW CAN I APPLY?

Eligible senior citizens may apply at any of the Senior Community Centers listed on this brochure or call 410-396-5398 to obtain an application.

Action In Maturity, Inc. (AIM) • Phone: 410-889-7915

Cherry Hill Senior Center • Phone: 410-396-2920

Edward A. Myerberg Senior Center • Phone: 410-358-6856

Forest Park Senior Center • Phone: 410-466-2124

Greenmount Senior Center • Phone: 410-396-3552

Harford Senior Center • Phone: 410-426-4009

Hatton Senior Center • Phone: 410-396-9025

John Booth Senior Center • Phone: 410-396-9202

Oliver Senior Center • Phone: 410-396-3861

Sandtown Winchester Senior Center • Phone: 410-396-7725

Senior Network of North Baltimore • Phone: 410-323-7131

Waxter Center for Senior Citizens • Phone: 410-396-1324

Zeta Center for Healthy and Active • Phone: 410-396-3535

#### PLEASE NOTE:

Only one water bill account per household is eligible to receive this discount.

# Baltimore City Government Services

www.baltimorecity.gov • health.baltimorecity.gov

► **BALTIMORE CITY 311**  
One Call Center, 24/7 inbound calls and dispatch operation (non-emergency calls)

► **BOARD OF ELECTION SUPERVISORS**  
410-396-5550/5580

► **CIVIL SERVICE COMMISSION**  
410-396-3860

► **ENOCH PRATT FREE LIBRARY**  
410-396-5430

► **EMPLOYMENT DEVELOPMENT, MAYOR'S OFFICE OF**  
410-396-3009

► **FIRE DEPARTMENT**  
410-396-5616  
410-396-5680  
Smoke Detector Program  
410-396-7283

► **HEALTH DEPARTMENT**  
410-396-4398  
**Acute Communicable Diseases**  
410-396-4436  
**Adult Evaluation and Review Services (AERS)**  
410-396-6006  
**Animal Control**  
410-396-4688  
**Animal Pick-Up 311**  
**B'more for Healthy Babies**  
410-396-1834  
**Behavioral Health System, Baltimore**  
410-637-1900  
**Bureau of Child Health & Immunization**  
410-396-4454  
**Bureau of Healthy Homes**  
443-984-2460  
**Childhood Lead Poisoning Program**  
443-984-2470  
**Community Action Partnership: Southeast**  
410-545-6518  
**Eastern**  
410-545-0136  
**Northwest**  
443-984-1384  
**Southern**  
410-545-0900  
**Northern**  
410-396-6084

**Employment (with BCHD)**  
410-396-1420  
**Emergency Preparedness**  
443-984-2622  
**Health Care Access Maryland**  
410-649-0500  
**Health Clinics:**  
**Druid**  
410-396-0176  
**Eastern**  
410-396-9410  
**Cancer**  
410-396-0186  
**Dental**  
410-396-4501  
443-984-3548 (Eastern)  
**Family Planning and Reproductive Health**  
410-396-0186  
**HIV Clinics**  
410-396-0176  
**Maternal and Infant Nursing Program**  
410-396-9404  
**Mayor's Commission on Disabilities**  
410-396-6152  
**Mayor's Office of Human Services**  
410-396-7370  
**Men's Health Center**  
410-383-8300, Ext. 70101  
**Sexually Transmitted Infections (STD)**  
410-396-4398  
**Tuberculosis**  
410-396-9413  
**Healthy Teens/Young Adults**  
410-396-0353  
**Maryland Children's Health Program Eligibility Services**  
410-649-0512  
**Needle Exchange Program**  
410-396-3731  
**Operation Safe Kids (OSK)**  
443-984-4012  
**Ryan White**  
410-396-1408  
**School Health Programs**  
**School-Based Health Center**  
410-396-3185  
**School Health Assessment Program**  
410-396-5246  
**Office of Youth Violence Prevention**  
443-984-3566  
**Virtual Supermarket Project**  
410-545-7544  
**WIC**  
443-984-3702

► **HEALTH DEPARTMENT, DIVISION OF AGING**  
**Adult Evaluation and Review Services (AERS)**  
410-396-6606  
**Bar Association of Baltimore City Senior Legal Services**  
410-396-1322  
**Community Options Home Based Waiver**  
410-396-2273  
**Community Personal Assistance Services (CPAS)**  
410-396-4494  
**Eating Together in Baltimore**  
410-664-0700  
**Family Caregiver Program**  
410-396-1337  
**Health Promotion and Education**  
410-396-1337  
**Home Delivered Meals**  
410-558-0827  
**Housing and Homeless Services**  
410-396-2273  
**Maryland Access Point (MAP)**  
410-396-2273  
**Money Follows the Person (MFP)**  
410-545-3927  
**Ombudsman Program**  
410-396-3144  
**Public Guardianship**  
410-545-7702  
**Retired Seniors and Volunteer Program (RSVP)**  
410-361-9403  
**Senior Assisted Living Subsidy Program**  
410-545-5927  
**Senior Care**  
410-396-1605  
**Senior Companion Program**  
410-361-9405  
**Senior Centers**  
410-396-1337  
**State Health Insurance Assistance Program (SHIP)**  
410-396-2273  
**Senior Information and Assistance Program**  
410-396-2273  
**Senior Medicare Patrol (SMP)**  
410-396-2273  
**Taxi Card Program**  
410-664-1123  
**Volunteer Opportunities**  
410-361-9405



# Baltimore City Government Services

www.baltimorecity.gov • health.baltimorecity.gov

► **BALTIMORE CITY HEALTH DEPARTMENT, CARE OPERATED CENTERS:**  
**Hatton Senior Center**  
 410-396-9025  
**John Booth/Hooper Senior Center**  
 410-396-9202  
**Oliver Senior Center**  
 410-396-3861  
**Sandtown-Winchester**  
 410-396-7724  
**Waxter Senior Center**  
 410-396-1324  
**Zeta Senior Center**  
 410-396-3535  
 ► **FAIR HOUSING EQUAL OPPORTUNITY OFFICE**  
 410-396-1969  
 ► **HOUSING AUTHORITY (HABC)**  
 410-396-3225  
 ► **LAW OFFICE**  
 410-396-3297  
 ► **LIGHT PROGRAM**  
 410-396-3023  
 ► **MEDICAID WAIVER PROGRAM**  
 410-545-1565  
 ► **ORPHANS' COURTS**  
 410-396-5034  
 ► **PARKING AUTHORITY**  
 443-573-2800  
 ► **PAROLE AND PROBATIONS**  
 410-585-3500  
 ► **PLANNING, DEPARTMENT OF**  
 410-396-7526  
 ► **POLICE DEPARTMENT**  
 Non-emergency: 311  
 443-263-2220  
 ► **PUBLIC SCHOOL SYSTEM**  
 443-984-2000  
 ► **PUBLIC WORKS, DEPARTMENT OF**  
 410-396-3310  
**Water Bill Inquiries**  
 410-396-5398

► **RECREATION AND PARKS**  
 410-396-7900  
 ► **SENIOR CITIZENS DIVISION**  
 410-396-2920  
 ► **SHERIFF'S OFFICE**  
 410-396-1155  
**Police Department**  
**Non-Emergency Assistance**  
 311 or 443-263-2220  
**Report crime tips (anonymous):**  
 410-276-8888  
 Local District/Senior Liaisons  
 Senior Citizen Liaisons (SCL) serve as direct contact between the senior community and the police department.  
**Central District**  
 410-396-2411  
**Eastern District**  
 410-396-2433  
**Northeastern District**  
 410-396-2444  
**Southeastern District**  
 410-396-2422  
**Northern District**  
 410-396-2455  
**Western District**  
 410-396-2477  
**Northwestern District**  
 410-396-2466  
**Southwestern District**  
 410-396-2488  
**Southern District**  
 410-396-2499  
 ► **SOCIAL SERVICES, DEPARTMENT OF**  
 443-378-4600  
 ► **STATE'S ATTORNEY OFFICE OF BALTIMORE CITY**  
 410-984-6000  
 ► **UNIVERSITY OF MARYLAND EXTENSION BALTIMORE CITY**  
 410-856-1850



## Housing Authority Baltimore City (HABC) Mixed Community Buildings

- |  |   |
|--|---|
| <p><b>Allendale</b><br/>                 3600 West Franklin Street<br/>                 Baltimore, MD 21229<br/>                 410-500-4466</p>                  | <p><b>Lakeview Towers</b><br/>                 717 Druid Park Lake Drive<br/>                 Baltimore, MD 21217<br/>                 443-948-6310</p>       |
| <p><b>Bel-Park Tower</b><br/>                 3800 West Belvedere Avenue<br/>                 Baltimore, MD 21215<br/>                 443-961-1300</p>            | <p><b>McCulloh Homes</b><br/>                 501 Dolphin Street<br/>                 Baltimore, MD 21217<br/>                 410-505-0059</p>               |
| <p><b>Bernard E. Mason</b><br/>                 2121 Windsor Gardens Lane<br/>                 Baltimore, MD 21207<br/>                 410-231-7090</p>           | <p><b>Monument East</b><br/>                 633 Aisquith Street<br/>                 Baltimore, MD 21202<br/>                 410-545-6610</p>               |
| <p><b>Brentwood Apartments</b><br/>                 401 East 25<sup>th</sup> Street<br/>                 Baltimore, MD 21218<br/>                 443-961-1690</p> | <p><b>Pleasant View Gardens</b><br/>                 201 North Aisquith Street<br/>                 Baltimore, MD 21202<br/>                 410-534-6182</p> |
| <p><b>Chase House</b><br/>                 1027 Cathedral Street<br/>                 Baltimore, MD 21201<br/>                 410-837-6786</p>                    | <p><b>Primrose Place</b><br/>                 820 South Caton Avenue<br/>                 Baltimore, MD 21229<br/>                 443-438-9957</p>           |
| <p><b>Ellerslie Apartments</b><br/>                 601 Wyanoke Avenue<br/>                 Baltimore, MD 21218<br/>                 443-529-9050</p>              | <p><b>Rosemont Towers</b><br/>                 740 Poplar Grove Street<br/>                 Baltimore, MD 21216<br/>                 443-984-3155</p>         |
| <p><b>Govans Manor</b><br/>                 5220 York Road<br/>                 Baltimore, MD 21212<br/>                 443-552-1231</p>                          | <p><b>Terrace Gardens Coop</b><br/>                 751 West Saratoga Street<br/>                 Baltimore, MD 21201<br/>                 410-230-9399</p>   |
| <p><b>Hollins House</b><br/>                 1010 West Baltimore Street<br/>                 Baltimore, MD 21223<br/>                 443-708-5615</p>             | <p><b>Wyman House</b><br/>                 123 West 29<sup>th</sup> Street<br/>                 Baltimore, MD 21218<br/>                 410-424-5380</p>     |



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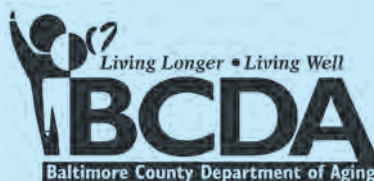
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# MANY THANKS!

Thank you to the many organizations and businesses that supported *Community Resources 2020*. Your generosity enabled Baltimore County Government to honor over 1,200 volunteers at the 2019 Volunteer Recognition Luncheon.

The Volunteer Recognition Luncheon sponsors are highlighted in blue throughout this publication. Without sponsors, the luncheon would not be possible.



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CCBC SINGLE STEP PROGRAM  
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LEAFGUARD OF DC  
LIFEBRIDGE HEALTH  
LEAGUE FOR PEOPLE WITH DISABILITIES, THE  
LIVE BETTER HEARING  
MARYLAND MASONIC HOMES  
MARYLAND RELAY  
MEALS ON WHEELS OF CENTRAL MARYLAND  
MEDSTAR CENTER FOR SUCCESSFUL AGING  
MEDSTAR HOUSE CALL PROGRAM  
MERCY RIDGE  
MID-ATLANTIC MEDICAL SUPPLY AND EQUIPMENT  
OPTION GROUP, THE  
P-B HEALTH HOME CARE AGENCY, INC.  
P.G. BUILDERS, INC.  
PROFESSIONAL PHARMACY  
R HOME  
RIGHT AT HOME  
SPRINGWELL SENIOR LIVING  
STELLA MARIS  
UNIVERSITY OF MARYLAND –  
ST JOSEPH MEDICAL CENTER  
VASCULAR SURGERY ASSOCIATES, LLC  
WE CARE PRIVATE DUTY SERVICES  
WEINBERG SENIOR LIVING COMMUNITIES/CHAI  
WESTMINISTER HOUSE APARTMENTS

**Baltimore County - 410-887-2594**

**www.baltimorecountymd.gov/Aging**

**Maryland Relay - 7-1-1**



# Maryland Access Point

**Information, Assistance and Future Planning For Older Adults and Persons with Disabilities**



Baltimore County Executive John A. Olszewski, Jr. and the County Council



**Get Connected with BCDA!**



**@BaltimoreCountyAging**



**Baltimorecountyaging**



**@BaltCoAging**

# A

## ADDICTION SERVICES - ADULT DAY SERVICES

### ADDICTION SERVICES

See Mental Health Services.

### ADULT DAY SERVICES

Adult medical daycare centers provide a comprehensive program of activities, medical supervision and social support for people who need a protected environment during the day. For additional services/information call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging at Maryland Access Point at 410-396-2273.

#### ► ACTIVE DAY

##### **Active Day of Arbutus**

410-242-8900  
1667 Knecht Avenue, Suite Q-S  
Arbutus 21227

##### **Active Day of Baltimore**

410-242-0379  
1430 Joh Avenue  
Baltimore 21230

##### **Active Day of Parkville**

410-663-9501  
3321 East Joppa Road  
Baltimore 21234

##### **Active Day of Randallstown**

410-922-8600  
9637 Liberty Road, Suite K  
Randallstown 21133

##### **Active Day of Timonium**

410-560-6717  
1840 York Road,  
Suite G-1  
Timonium 21093

#### ► ADULT MEDICAL DAY CARE OF OVERLEA

410-444-5800  
5800 Belair Road  
Baltimore 21206

#### ► ALICE MANOR ADULT MEDICAL DAY CARE

410-298-7255  
6401 Dogwood Road  
Baltimore 21207

#### ► CARING HANDS ADULT DAY CARE OF DUNDALK, INC.

410-285-7060  
49-61 Shipping Place  
Dundalk 21222

#### ► CARING HANDS AMDC OF GREATER BALTIMORE

410-285-7060  
1001 West Pratt Street  
Baltimore 21223

#### ► CENTER FOR SOCIAL CHANGE AMDC

443-405-3712  
3400 Barry Paul Road  
Randallstown 21133

#### ► EASTER SEALS ADULT DAY SERVICES

410-277-0940  
7138 Windsor Boulevard  
Baltimore 21244

#### ► EXTENDED FAMILY ADULT DAY CARE, INC.

410-233-0048  
4200 Edmondson Avenue,  
Suite 100  
Baltimore 21229

#### ► FRIENDS AND FAMILY ADULT DAY SERVICES, INC.

410-277-0070  
3112 Lord Baltimore Drive,  
Suite 108  
Windsor Mill 21244

#### ► FRIENDSHIP ADULT MEDICAL DAY CENTER

410-866-3700  
6255 Kenwood Avenue,  
Suite C  
Rosedale 21237

#### ► FRIENDSHIP AT OWINGS MILLS AMDC

410-902-0252  
3 Easter Court,  
Suite B  
Owings Mills 21117

#### ► GOLDEN Doves SENIOR MEDICAL ADULT DAY CARE

410-462-3802  
1701 Madison Avenue  
Baltimore 21217

#### ► GOLDEN POND ADULT DAY PROGRAM, INC.

410-325-2686  
4825 Frankford Avenue  
Baltimore 21206

#### ► HAPPY TIME DAY CARE CENTER, LLC

410-664-0056  
5146 Park Heights Avenue  
Baltimore 21215

#### ► HERITAGE ADULT ENRICHMENT PROGRAM

410-825-5575  
8240 Loch Raven Boulevard  
Towson 21286

#### ► HONG LOK ADULT MEDICAL DAY CARE

410-686-8868  
814 Eastern Boulevard  
Essex 21221

#### ► JOYFUL ADULT MEDICAL DAY CARE CENTER

410-601-3358  
6650 Belair Road  
Baltimore 21206

#### ► KESWICK

410-235-8860  
410-662-4363  
[www.choosekeswick.org](http://www.choosekeswick.org)  
700 West 40<sup>th</sup> Street  
Baltimore 21211  
[Live well. Age well. Be well.](#)

#### ► LEVELS MEDICAL ADULT DAY CARE

410-779-7487  
210 West 28<sup>th</sup> Street  
Baltimore 21211

#### ► L. I. F. E. ADULT MEDICAL DAY CARE

410-735-5433  
2822 Hollins Ferry Road  
Baltimore 21230

#### ► LIFE BRIDGE HEALTH ADULT DAY SERVICES

443-426-1800  
5400 Old Court Road,  
Suite 100A  
Randallstown 21133

#### ► LIFEWAY ADULT MEDICAL DAY CENTER

443-226-3289  
30 New Plant Court  
Owings Mills 21117

#### ► MARYLAND MEDICAL DAY CARE SERVICES, LLC

443-873-9814  
2605 Banister Road  
Baltimore 21215



#### ► MAXIMUM DAY SERVICES

410-581-9150  
11299 Owings Mills Boulevard,  
Suite 204  
Owings Mills 21117

#### ► MAXIMUM DAY SERVICES II, LLC

410-356-5330  
9-D Gwynns Mill Court  
Owings Mills 21117

#### ► MORE THAN JUST FRIENDS ADULT MEDICAL DAY CARE CENTER

667-205-1111  
5601 Harford Road  
Baltimore 21214

#### ► NEW LIFE ADULT MEDICAL DAY CARE, LLC

410-988-8400  
7600 Clay Lane  
Windsor Mill 21244

#### ► PARADISE ADULT MEDICAL DAY CARE

410-483-4444  
5617 Belair Road  
Baltimore 21206

#### ► PHOENIX ADULT DAY CARE CENTER

443-278-9290  
4147-B Labyrinth Road  
Baltimore 21215

#### ► PROVIDENCE MEDICAL ADULT DAY CARE, A

410-523-1500  
800 South Caton Ave  
Baltimore 21229

#### ► RAINBOW PARK ADULT CARE CENTER

410-363-7275  
11403 Cronhill Drive,  
Suite D-G  
Owings Mills 21117

# A

## ADULT DAY SERVICES - ADVOCACY SERVICES



► **RAVEN'S MEDICAL ADULT DAY CARE**  
410-225-7888  
1821 Smallwood Street  
Baltimore 21216

► **RENAISSANCE ADULT DAYCARE CENTER**  
410-580-9301  
1017 Reisterstown Road  
Pikesville 21208

► **ROB "N" NESS ADULT DAY SERVICES, INC.**  
410-744-8225  
2 West Rolling Crossroads,  
Suite 11  
Catonsville 21228

► **ST. ANN ADULT DAY SERVICES**  
410-646-0320  
3308 Benson Avenue  
Baltimore 21227

► **ST. JOHN ADULT MEDICAL DAY CARE, INC.**  
410-329-1444  
10947 Golden West Drive,  
Suite 200  
Hunt Valley 21031

► **STELLA MARIS**  
410-252-4500, Ext. 7878  
www.stellamaris.org  
2300 Dulaney Valley Road  
Timonium 21093  
Provides a range of medical services throughout the Baltimore region.

► **TODAY'S CARE AND FAMILY AMDC**  
410-319-9009  
3039 Hamilton Avenue  
Baltimore 21214

► **TODAY'S CARE AND FAMILY AMDC-SITE II**  
410-319-9161  
6920 Harford Road  
Baltimore 21234

► **TRUE VINE ADULT DAY CARE, LLC**  
410-444-0204  
5629 Harford Road  
Baltimore 21214

### ADULT DAY SERVICES, SPECIALIZED

Adult Day service programs for special populations or with special services for these populations (i.e. mental health, developmental disabilities, etc.) and adult day service programs with unique features.

► **ARC BALTIMORE, THE**  
410-296-2272  
7215 York Road  
Baltimore 21212  
Supports individuals with intellectual and developmental disabilities.

► **GALLAGHER SERVICES ADULT MEDICAL DAY PROGRAM**  
667-600-2520  
2520 Pot Spring Road  
Timonium 21093  
Serves medically fragile, developmentally disabled adults.

► **GOLDEN DAYS MEDICAL DAY CARE, INC.**  
410-242-6650  
4601 Hollins Ferry Road,  
Suite C  
Baltimore 21227  
For adults with medical disabilities.

► **HOPKINS ELDERPLUS**  
410-550-7047  
410-550-8093  
www.hopkinsbayview.org/  
hopkinselderplus  
Mason F. Lord Building,  
East Tower, Ground Floor  
4940 Eastern Avenue  
Baltimore 21224  
Hopkins ElderPlus Program is an all-inclusive care for the elderly (PACE), for nursing home eligible persons; must be age 55 or older, live in service area and have potential for remaining safely in the community with our assistance.

► **KESWICK**  
410-235-8860  
410-662-4363  
www.choosekeswick.org  
700 West 40<sup>th</sup> Street  
Baltimore 21211  
Live well. Age well. Be well.

► **LEAGUE FOR PEOPLE WITH DISABILITIES ADULT MEDICAL DAY PROGRAM**  
410-323-0500, Ext. 365  
www.leagueforpeople.org  
1111 East Cold Spring Lane  
Baltimore 21239  
Addresses physical, psychological/social challenges facing adults with disabilities. Services: transportation; fitness center; therapeutic pool; respite care; recreational activities; physical/occupational speech; individual/family/group counseling; nursing care by registered nurses; case management; open Mondays - Fridays 8 a.m. - 4 p.m.

► **PROGRESS UNLIMITED, INC.**  
410-363-8550  
11431 Cronhill Drive, Suite C  
Owings Mills 21117

► **SENIOR HELPERS TOWN SQUARE**  
410-847-2150  
9708 Belair Road  
Baltimore 21236

► **UNIFIED COMMUNITY CONNECTIONS (UC2)**  
410-513-8900  
11650 Crossroads Circle,  
Suite A  
Middle River 21220  
For adults with intellectual or developmental disabilities.

► **WELCOME FRIENDS ADULT MEDICAL DAY CARE**  
410-574-5005  
416 Eastern Boulevard  
Essex 21221

### ADVOCACY SERVICES

For additional services/information call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging at Maryland Access Point at 410-396-2273. See Baltimore County and Baltimore City Government Services and Legal Services.

► **AARP ADVOCACY**  
410-895-7613  
www.aarp.org/md

► **BALTIMORE CITY CIRCUIT COURT**  
410-333-3722  
Provides legal and fair processing of all cases.

► **BALTIMORE CITY DEPARTMENT OF HUMAN RESOURCES**  
410-396-3860



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## ADVOCACY SERVICES

### ► BALTIMORE CITY DEPARTMENT OF SOCIAL SERVICES

443-378-4600

Provides protective services for residents of all ages through assessment, case management, residential services and financial services.

#### Adoptions

410-685-8231

#### Adult Services

443-423-6600

(Includes Adult Protective Services, Social Services to Adults and Project HOME)

#### Child Care Subsidy (CCS) Program

866-243-8796

#### Community Care Unit

443-423-6100

#### Family Investment

443-378-4700

#### Food Stamp Change Center

443-423-6400

#### In-Home Aide Services

410-361-5000

#### Intake & Assessment

Report Child Abuse and Neglect (Child Protective Services and Family Services)

410-361-2235

(24-Hour Service)

#### Legal Services

443-378-4100

### ► BALTIMORE CITY HEALTH DEPARTMENT, DIVISION OF AGING, COMMISSION ON AGING

410-396-2273

Members appointed by the Mayor and the City Council to generally advise the Division of Aging in its mission to assist older adults and persons with disabilities in Baltimore City with health, transportation, social, economic, recreation, environmental and housing needs.



### ► BALTIMORE CITY HEALTH DEPARTMENT, DIVISION OF AGING, LONG-TERM CARE OMBUDSMAN PROGRAM

410-396-3144

Investigates and attempts to resolve complaints on behalf of assisted living and nursing home residents.

### ► BALTIMORE CITY HEALTH DEPARTMENT, DIVISION OF AGING, MARYLAND ACCESS POINT

410-396-2273

### ► BALTIMORE CITY OFFICE OF CIVIL RIGHTS AND WAGE ENFORCEMENT/ COMMUNITY RELATIONS COMMISSION

410-396-3141

Combats unlawful discrimination.

### ► BALTIMORE CITY OFFICE OF STATE'S ATTORNEY

443-984-6000

410-396-1897/1898

Court related issues.

### ► BALTIMORE CITY POLICE DEPARTMENT, NON-EMERGENCY ASSISTANCE

311 or 443-263-2220

### ► BALTIMORE CITY SHERIFF'S OFFICE

410-396-1155

### ► BALTIMORE CITY TAX BILLING OFFICE

410-396-3987

Homes may be placed in tax sale if delinquent in property taxes (\$750) water bill (\$750) and/or if other environmental citations exist. For more information regarding homeowner tax property credit, home repairs, water bills or legal issues, you may call Baltimore City MAP at 410-396-2273.

### ► BALTIMORE COUNTY ASSOCIATION OF SENIOR CITIZENS ORGANIZATIONS, INC. (BCASCO)

443-803-5528

An educational and advocacy association that strives to better the lives of seniors and their families through programs, newsletters, presentations and legislation.

### ► BALTIMORE COUNTY COMMISSION ON AGING

410-887-2109

Members appointed by the County Executive and the County Council to generally advise the Department of Aging in its mission to assist older adults in Baltimore County with health, transportation, social, economic, recreation, environmental and housing needs.

### ► BALTIMORE COUNTY COMMISSION ON DISABILITIES

410-887-2483

Legally enacted commission of county government to initiate recommendations and review legislation which concerns or impacts individuals with disabilities.

### ► BALTIMORE COUNTY DEPARTMENT OF AGING, LONG-TERM CARE OMBUDSMAN PROGRAM

410-887-4200

Investigates and attempts to resolve complaints made by or on behalf of assisted living and nursing home residents.

### ► BALTIMORE COUNTY DEPARTMENT OF AGING, MARYLAND ACCESS POINT OF BALTIMORE COUNTY

410-887-2594

Help and information regarding resources available to older adults, persons with disabilities and caregivers. Assistance provided for financial applications and case management. Referrals made to other agencies as appropriate. Persons are also provided with counseling to assist with long term care supports decision making.

### ► BALTIMORE COUNTY DEPARTMENT OF HEALTH

410-887-2243

Protects public health by promoting good health practices, protecting individuals from infectious diseases and providing access to health care services. Provides special geriatric services.

### ► BALTIMORE COUNTY DEPARTMENT OF SOCIAL SERVICES (SCREENING UNIT)

410-887-8463 (TIME)

Advocates and provides protective services for residents of all ages through assessments, case management, residential and financial services. Provides information, assistance and referral for emergency shelter for homeless individuals.

### ► BALTIMORE COUNTY HUMAN RELATIONS COMMISSION

410-887-5917

Enforces anti-discrimination laws.



► **BALTIMORE COUNTY LEGAL AID BUREAU, INC., NURSING HOME PROGRAM, ASSISTED LIVING PROGRAM**  
410-951-7750

Legal services for nursing home and assisted living residents.

► **BALTIMORE COUNTY OFFICE OF THE ADA COORDINATOR**  
410-887-3987

Investigates public complaints alleging noncompliance with the ADA.

► **BALTIMORE COUNTY POLICE DEPARTMENT, FINANCIAL CRIMES AND CYBERCRIMES**  
410-887-2190

Answers questions regarding con games and door-to-door scams.

► **BALTIMORE COUNTY POLICE DEPARTMENT, NON-EMERGENCY ASSISTANCE**  
410-887-2222

► **BALTIMORE COUNTY SHERIFF'S OFFICE**  
410-887-3151

► **BETTER BUSINESS BUREAU, INC.**  
410-347-3990

Provides information regarding consumer issues, determination of reliability of businesses or charities, and opportunity to file a complaint.

► **CENTERS FOR MEDICARE & MEDICAID SERVICES (CMS), MEDICARE HELPLINE**  
800-633-4227  
[www.medicare.gov](http://www.medicare.gov)

► **CREDIT REPORTS**  
877-322-8228

[www.annualcreditreport.com](http://www.annualcreditreport.com)  
All Maryland residents have access to free annual personal credit reports from Experian, Equifax and TransUnion.

► **DISABILITY RIGHTS MARYLAND**  
410-727-6352

[www.disabilityrightsmd.org](http://www.disabilityrightsmd.org)  
A non-profit legal advocacy organization mandated to advance the civil rights of people with disabilities. Free legal services to Marylanders of any age with all types of disabilities who live in facilities, in the community or who are homeless.

► **FEDERAL TRADE COMMISSION**  
877-382-4357  
877-438-4338 (Identity Theft)  
[www.ftc.gov](http://www.ftc.gov)

Provides information on filing a complaint regarding identity theft, internet fraud, telemarketing scams, Do Not Call Registry, etc.

► **HEALTH ADVOCACY UNIT HOTLINE AND HEALTH CARE MEDIATION**  
410-528-1840

Accepts complaints involving medical billing or reimbursement problems and provides the complaint history of health care providers.  
**Securities Division**  
410-576-6360  
Accepts complaints and supplies information about financial planners/brokers.

► **IMAGE CENTER OF MARYLAND**  
410-982-6311

Information and referral, peer mentoring, independent living skills training, and educational transition program for individuals with disabilities.

► **LEGAL AID, INC.**  
410-951-7750

Free civil legal services to Maryland residents with limited income.



► **MARYLAND ATTORNEY GENERAL'S OFFICE**  
410-576-6300 (General)  
**Consumer Protection Division**  
410-528-8662

Investigates complaints regarding unfair and deceptive business practices and acts as mediator between consumers and merchants.

► **MARYLAND COMMISSION ON CAREGIVING**  
410-767-7323

<http://dhs.maryland.gov/maryland-commission-caregiving>  
Coordinates statewide planning, development, and implementation of family caregiver support.

► **MARYLAND COMMISSION ON CIVIL RIGHTS**  
410-767-8600

Enforces Maryland anti-discrimination laws concerning employment, housing, public accommodations and commercial non-discrimination.

► **MARYLAND DEPARTMENT OF AGING**  
410-767-1100  
800-AGE-DIAL

<https://aging.maryland.gov>  
In partnership with the Area Agencies on Aging (AAA), promotes an enhanced quality of life for a diverse population of older adults in Maryland.

► **MARYLAND DEPARTMENT OF DISABILITIES**  
410-767-3660 (Voice)  
800-637-4113 (TTY)

[www.mdod.maryland.gov](http://www.mdod.maryland.gov)  
Coordinates the delivery of services to individuals with disabilities living in Maryland.



► **MARYLAND DEPARTMENT OF EDUCATION**  
410-767-0100

[www.marylandpublicschools.org](http://www.marylandpublicschools.org)  
Develops and implements standards and policies for pre-kindergarten through high school education programs in Maryland.

► **MARYLAND DEPARTMENT OF HEALTH**  
410-767-6500

**Office of Health Care Quality**  
410-402-8000  
<https://health.maryland.gov>  
Licenses and provides oversight of adult day care, nursing homes, assisted living facilities, health care agencies, etc. See website for licensee directory.

► **MARYLAND DEPARTMENT OF HEALTH**  
410-767-6500

<https://health.maryland.gov>  
Promotes and improves the health and safety of Marylanders through disease prevention, access to care, quality management, and community engagement.  
**Behavioral Health Administration**  
410-402-8300  
**Children's Medical Services [CMS] Program**  
410-767-5588  
**Developmental Disabilities Administration**  
410-767-5600  
**Medical Assistance Program**  
410-767-6500





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## ADVOCACY SERVICES

### ► MARYLAND DEPARTMENT OF HOUSING AND COMMUNITY DEVELOPMENT

301-429-7400  
800-756-0119

[www.dhcd.maryland.gov](http://www.dhcd.maryland.gov)  
Administers “Bridge to Hope” and other programs to assist in the prevention of mortgage foreclosures. Free counseling on housing issues.

### ► MARYLAND HEALTH CARE COMMISSION

410-764-3460

[www.mhcc.maryland.gov](http://www.mhcc.maryland.gov)  
Reviews and compares nursing homes, assisted living facilities (ten or more beds), health plans, hospitals and prescription prices.

### ► MARYLAND HOME IMPROVEMENT COMMISSION

410-230-6309

[www.dlir.state.md.us](http://www.dlir.state.md.us) (Click on Licensing)  
Verifies contractors’ licenses and provides information about complaints filed against specific companies.

### ► MARYLAND INSURANCE ADMINISTRATION

410-468-2000  
800-492-6116

[www.insurance.maryland.gov](http://www.insurance.maryland.gov)  
Consumer information and complaints concerning accident, automobile, health, life, long-term care and property insurance as well as agent licensing requirements and insurance fraud.

### ► MARYLAND MEDICAL ASSISTANCE BENEFICIARY SERVICES & PHARMACY ACCESS HOTLINE

800-492-5231

Assists Medical Assistance recipients to select doctors, address coverage issues and answer questions about Medicaid prescription drug coverage.

### ► MARYLAND OFFICE OF PEOPLE’S COUNSEL

410-767-8150

Advocates on behalf of residential utility customers and can assist with dispute resolution.

### ► MARYLAND OFFICE OF THE SECRETARY OF STATE, CHARITABLE ORGANIZATIONS DIVISION

410-974-5534

Answers questions and takes complaints about charitable organizations.

### ► MARYLAND STATE BOARD OF MORTICIANS AND FUNERAL DIRECTORS

410-764-4792

Verifies and issues licenses and accepts complaints about funeral homes, funeral directors, crematoriums and morticians.

### ► MAYOR’S COMMISSION ON DISABILITIES

443-984-3170

Promotes equal rights and opportunities for people with disabilities in Baltimore City.

### ► MAYOR’S OFFICE OF CONSTITUENT SERVICES

410-396-4900

Provides information about Baltimore City government programs. Assists residents with questions and concerns regarding city services.

### ► MAYOR’S OFFICE OF NEIGHBORHOODS

410-396-4735

Contributes to an improved quality of life for Baltimore City residents.

### ► MID-ATLANTIC ADA CENTER, THE

800-949-4232

[www.adainfo.org](http://www.adainfo.org)  
Provides information, guidance and training on the Americans with Disabilities Act.

### ► NATIONAL ALLIANCE ON MENTAL ILLNESS (NAMI), METROPOLITAN BALTIMORE, INC.

410-435-2600

Sponsors self-help, support, education and advocacy groups for families and individuals coping with mental illness.

### ► NCIA, NATIONAL CENTER ON INSTITUTIONS AND ALTERNATIVES

443-780-1300

[www.ncianet.org](http://www.ncianet.org)  
Serves individuals with intellectual and developmental disabilities including residential homes in the community, mental health services and employment training and other related programs for adults and youth.

### ► OLDER WOMEN EMBRACING LIFE, INC. (OWEL)

410-601-4168

Peer support, referrals, HIV testing, care navigation and education for older women who are at risk or living with HIV in Baltimore City.

### ► TAXPAYER ADVOCATE SERVICE

443-853-6000

800-865-6198  
Independent organization within the IRS to help taxpayers resolve problems.

### ► U. S. DEPARTMENT OF HEALTH & HUMAN SERVICES, OFFICE OF THE INSPECTOR GENERAL

800-447-8477 (Fraud/Abuse Hotline)

Handles fraud and abuse related to Medicare, Medicaid, mental health services, medical equipment, employee or contractor complaints, Social Security, food supplements and housing subsidy.



### ► U. S. DEPARTMENT OF HOUSING AND URBAN DEVELOPMENT (HUD)

410-962-2520

Provides information on public housing, HUD homes, rental assistance, homeless assistance, FHA loans, Fair Housing and foreclosure prevention.

### ► U.S. DEPARTMENT OF JUSTICE CIVIL RIGHTS DIVISION/ DISABILITY RIGHTS SECTION

202-307-0663

[www.ada.gov](http://www.ada.gov)  
950 Pennsylvania Avenue, NW  
Washington, D.C. 20530  
Provides information on the Americans with Disabilities Act.

### ► U.S. DEPARTMENT OF VETERANS AFFAIRS

800-827-1000

[www.va.gov](http://www.va.gov)  
Beneficiary information for veterans, their widows, widowers and children.

### ► U.S. POSTAL INSPECTION SERVICE

877-876-2455

800-372-8347

[www.usps.com](http://www.usps.com)  
Investigates crimes involving postal service, including mail fraud.

# A

## ADVOCACY SERVICES

### SPECIALIZED ADVOCACY GROUPS

#### ALZHEIMER'S DISEASE

##### ▶ ALZHEIMER'S ASSOCIATION – GREATER MARYLAND

800-272-3900 (24-Hour  
Helpline)  
[www.alz.org/maryland](http://www.alz.org/maryland)  
1850 York Road,  
Suite D  
Timonium 21093

#### ARTHRITIS

##### ▶ ARTHRITIS FOUNDATION

844-571-4357  
[www.arthritis.org](http://www.arthritis.org)

#### ATTENTION DEFICIT DISORDER

##### ▶ CHILDREN AND ADULTS WITH ATTENTION DEFICIT DISORDER OF GREATER BALTIMORE (CHADD)

[www.chadd-mc.org](http://www.chadd-mc.org)

#### AUTISM

##### ▶ PATHFINDERS FOR AUTISM

443-330-5370,  
443-330-5341 (Help)  
[www.pathfindersforautism.org](http://www.pathfindersforautism.org)  
235 Schilling Circle,  
Suite 103  
Hunt Valley 21031

##### ▶ AUTISM SOCIETY OF AMERICA: BALTIMORE- CHESAPEAKE CHAPTER

410-655-7933  
[www.baltimoreautismsociety.org](http://www.baltimoreautismsociety.org)



#### BLIND

##### ▶ AMERICAN COUNCIL OF THE BLIND, INC.

202-467-5081  
800-424-8666  
[www.acb.org](http://www.acb.org)  
1703 North Beauregard Street,  
Suite 420  
Alexandria, VA 22311

##### ▶ AMERICAN FOUNDATION FOR THE BLIND

212-502-7600  
[www.afb.org](http://www.afb.org)  
2 Penn Plaza,  
Suite 1102  
New York, NY 10121

##### ▶ BLIND INDUSTRIES AND SERVICES OF MARYLAND

410-737-2600  
888-322-4567 (Toll -Free)  
[www.bism.org](http://www.bism.org)  
3345 Washington Boulevard  
Baltimore 21227

##### ▶ FOUNDATION FIGHTING BLINDNESS, INC., THE

410-423-0600  
800-683-5555  
[www.fightblindness.org](http://www.fightblindness.org)  
7168 Columbia Gateway Drive,  
Suite 100  
Columbia 21046

##### ▶ NATIONAL FEDERATION OF THE BLIND

410-659-9314  
[www.nfb.org](http://www.nfb.org)  
200 East Wells Street  
Baltimore 21230

#### BRAIN INJURY

##### ▶ BRAIN INJURY ASSOCIATION OF MARYLAND

410-448-2924  
[www.biamd.org](http://www.biamd.org)  
2200 Keman Drive  
Baltimore 21207



#### DEAF-BLIND

##### ▶ GOVERNOR'S OFFICE OF THE DEAF AND HARD OF HEARING, THE

443-453-5761  
[www.odhh.maryland.gov](http://www.odhh.maryland.gov)  
100 Community Place  
Crownsville 21032

##### ▶ HEARING LOSS ASSOCIATION OF AMERICA

301-657-2248  
[www.hearingloss.org](http://www.hearingloss.org)  
7910 Woodmont Avenue,  
Suite 1200  
Bethesda 20814

##### ▶ NATIONAL ASSOCIATION OF THE DEAF, LAW AND ADVOCACY CENTER

301-587-1788  
301-328-1443 (Voice/VP)  
301-587-1789 (TTY)  
[www.nad.org](http://www.nad.org)  
8630 Fenton Street, Suite 820  
Silver Spring 20910  
Educates, advocates and  
litigates on behalf of and to  
empower deaf and hard of  
hearing people.

#### DEVELOPMENTAL DISABILITIES

##### ▶ ARC MARYLAND, THE

410-571-9320  
[www.thearcmd.org](http://www.thearcmd.org)  
8601 Robert Fulton Drive,  
Suite 140  
Columbia 21046

##### ▶ MARYLAND DEVELOPMENTAL DISABILITIES COUNCIL

410-767-3670  
800-305-6441 (Within MD)  
[www.md-council.org](http://www.md-council.org)  
217 East Redwood Street,  
Suite 1300  
Baltimore 21202

#### DIABETES

##### ▶ AMERICAN DIABETES ASSOCIATION

410-265-0075  
[www.diabetes.org/in-my-community/local-offices/baltimore-maryland](http://www.diabetes.org/in-my-community/local-offices/baltimore-maryland)  
2002 Clipper Park Road,  
Suite 110  
Baltimore 21211

#### DOWN SYNDROME

##### ▶ CHESAPEAKE DOWN SYNDROME PARENT GROUP, INC.

410-321-5434  
[www.cdspg.org](http://www.cdspg.org)  
P.O. Box 20127  
Baltimore 21284

#### DYSLEXIA

##### ▶ DYSLEXIA TUTORING PROGRAM, INC.

410-889-5487  
[www.dyslexiatutoringprogram.org](http://www.dyslexiatutoringprogram.org)  
The Rotunda  
711 West 40<sup>th</sup> Street, Suite 310  
Baltimore 21211

##### ▶ INTERNATIONAL DYSLEXIA ASSOCIATION – MARYLAND BRANCH

410-296-0232  
[www.md.dyslexiaida.org](http://www.md.dyslexiaida.org)  
40 York Road  
Towson 21204

#### EPILEPSY

##### ▶ ABILITIES NETWORK

[www.abilitiesnetwork.org](http://www.abilitiesnetwork.org)  
See listing for Abilities Network  
under “Developmental  
Disability Services—Agencies  
Providing Services to Persons  
with Developmental  
Disabilities”.



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## ADVOCACY SERVICES - ASSISTED LIVING PROGRAMS

### LEARNING DISABILITIES

#### ASSOCIATION OF AMERICA, INC.

412-341-1515  
www.Idaamerica.org  
P.O. Box 744  
Dunkirk 20754

### MENTAL HEALTH

#### ► MARYLAND COALITION OF FAMILIES

410-730-8267  
800-607-3637  
www.mdcoalition.org  
10632 Little Patuxent Parkway,  
Suite 234  
Columbia MD 21044

#### ► MENTAL HEALTH ASSOCIATION OF MARYLAND, THE

443-901-1550  
www.mhamd.org  
Heaver Plaza  
1301 York Road,  
Suite 505  
Lutherville 21093

#### ► NAMI—NATIONAL ALLIANCE ON MENTAL ILLNESS

410-435-2600  
See listing for NAMI under  
"Mental Health Services."

#### ► ON OUR OWN OF MARYLAND

410-540-9020  
www.onourownmd.org  
7310 Esquire Court  
Elkridge 21075

### MULTIPLE SCLEROSIS

#### ► NATIONAL MULTIPLE SCLEROSIS SOCIETY CHAPTER

443-641-1200  
www.nationalmssociety.org/  
chapters/MDM  
1800 M Street NW,  
B50 North Washington 20030

### MUSCULAR DYSTROPHY

#### ► MUSCULAR DYSTROPHY ASSOCIATION

410-494-7106  
www.mda.org/office/baltimore  
Baltimore District Office  
8501 LaSalle Road,  
Suite 106  
Towson 21286

### PARKINSON'S DISEASE AND MOVEMENT DISORDERS

#### ► JOHNS HOPKINS PARKINSON'S DISEASE AND MOVEMENT DISORDERS CENTER, THE

410-502-0133  
www.hopkinspdm.org

#### ► NATIONAL PARKINSON FOUNDATION, THE

800-473-4636  
www.parkinson.org

### TOURETTE SYNDROME

#### ► TOURETTE ASSOCIATION OF AMERICA, MID-ATLANTIC CHAPTER

443-327-9667  
www.tourette.org/chapter/  
mid-atl  
4709 Harford Road  
Baltimore 21214

### TRAUMATIC INJURY

#### ► TRAUMA SURVIVORS NETWORK R. ADAMS CROWLEY SHOCK TRAUMA CENTER

410-328-5545  
410-328-1375  
www.traumasurvivorsnetwork.  
org/trauma\_centers/9  
University of Maryland Medical  
Center  
22 South Greene Street  
Baltimore 21201

### AIDES, IN HOME

See Home Health Services.

### ALZHEIMER'S/ DEMENCIA

See Caregivers Support/  
Grandparent Support.

### ANIMAL SERVICES

#### ► ANIMAL CONTROL PROGRAM AND ENVIRONMENTAL HEALTH

410-396-4688 (City)  
Enforces City and State  
codes, rules and regulations;  
investigates animal neglect and  
cruelty cases.

#### ► BALTIMORE COUNTY DEPARTMENT OF HEALTH, DIVISION OF ANIMAL SERVICES

410-887-PAWS (7297) (County)  
Issues violations, enforces laws,  
accepts animal cruelty calls.  
Free euthanizing (per criteria),  
rabies shots, spay/neutering,  
microchipping, and licensing.  
Operates shelter for animal  
adoption.

#### ► BALTIMORE COUNTY DEPARTMENT OF PERMITS, ANIMAL LICENSES

410-887-3630  
Available at full-service  
libraries - \$2.00 convenience  
fee.

#### ► FIDOS FOR FREEDOM, INC.

410-880-4178  
Enhances the quality of life for  
people in the Washington-  
Baltimore Metropolitan  
community by providing  
specially trained hearing dogs,  
service dogs and therapy dogs.

#### ► MARYLAND SPCA - KIBBLE CONNECTION

410-235-8826, Ext. 137  
Provides free pet food to the  
clients of Meals On Wheels.

#### ► SPAY/NEUTER ALL PETS (SNAP)

410-887-PAWS (7297) (County)  
410-235-8826 (City)  
Provides low cost certificates  
for spaying/neutering dogs and  
cats.

### APARTMENTS, SENIORS

See Housing.

### ASSESSMENT, GERIATRIC

See Geriatric Mental Health  
Services.

### ASSISTED LIVING PROGRAMS

See Housing.



# A

## ASSISTIVE TECHNOLOGY

### ASSISTIVE TECHNOLOGY

See Developmental Disabilities, Hearing Resources, Loan Closet for Medical Equipment, Medical Alert Systems, Medical Equipment and Supplies, and Vision Resources.

#### ▶ ASSISTIVE TECHNOLOGY GUARANTEED LOAN PROGRAM

410-554-9230  
800-832-4827  
866-881-7488 (TTY)  
Low interest loans for home modifications and assistive devices for persons with disabilities.



▶ **BALTIMORE COUNTY DEPARTMENT OF AGING**  
410-887-2594  
Loans wheelchairs, walkers, shower seats and other equipment. Offers individualized demonstrations of assistive devices. Available to Baltimore County residents age 60 and over.

▶ **CLEARCAPTIONS, LLC**  
866-246-7850  
www.clearcaptions.com  
3001 Lava Ridge Court, Suite 100  
Roseville, CA 95661  
Your calls captioned. Whenever. Wherever.

▶ **IMAGE CENTER OF MD, THE VME CUSTOM ASSISTIVE TECHNOLOGY PROGRAM**  
410-982-6311  
www.imagemd.org  
Provides technology solutions and customized devices for persons with disabilities.

▶ **MARYLAND RELAY**  
410-767-0960  
800-522-7724  
www.doit.maryland.gov/mdrelay  
301 West Preston Street, Suite 1008A  
Baltimore 21201  
Everything you need to stay connected.

▶ **MARYLAND TECHNOLOGY ASSISTANCE PROGRAM**  
800-832-4827  
www.mdod.maryland.gov/mdtap  
Information and referral resources for people with disabilities to live and work independently. Programs include temporary equipment borrowing, technology and telework loan programs.

▶ **MID-ATLANTIC MEDICAL SUPPLY & EQUIPMENT**  
410-363-2279  
www.suppliesforliving.com  
718 Main Street  
Reisterstown 21136  
Price-match promise, delivery and insurance billing.

## Assistive calling solutions designed to empower you.

If you have difficulty using a standard phone, put the power of Maryland Relay to work for you. A FREE public service, Maryland Relay brings the latest advances in calling options and telecommunications equipment to you, making it easier than ever to connect to your world.

#### Find out if you qualify for a state-provided Captioned Telephone or other device:

800-552-7724 | 410-767-6960 (Voice/TTY)  
443-453-5970 (Video Phone) | [mdrelay.org](http://mdrelay.org)



# A - C

## ATTORNEYS - COUNSELING, MENTAL HEALTH

### ATTORNEYS

See Legal Services.

### BEHAVIORAL HEALTH

See Mental Health Services.

### CAREGIVERS SUPPORT/ GRANDPARENT SUPPORT

See Case Management, Disability Assistance, Home Health Services, Hotlines and Websites, Housing-Assisted Living, Medical Equipment and Supplies, Memory Care, Nursing Homes, Respite Services and Support Groups-Caregivers.

► **ALZHEIMER'S ASSOCIATION**  
410-561-9099  
800-272-3900

► **BALTIMORE CITY FAMILY CAREGIVERS AND GRANDPARENTS AS PARENTS PROGRAM**  
410-396-1337  
Provides support, respite, and supplemental services to caregivers and grandparents as parents.

► **BALTIMORE COUNTY DEPARTMENT OF AGING, CAREGIVERS PROGRAM**  
410-887-4724  
Provides information, education and guidance to family members caring for older adults within Baltimore County.

► **BALTIMORE COUNTY DEPARTMENT OF AGING, MARYLAND ACCESS POINT OF BALTIMORE COUNTY**  
410-887-2594  
Information about services and benefits available to older adults, baby boomers, persons with disabilities, caregivers and professionals.

► **BALTIMORE COUNTY RESPITE CARE PROGRAM**  
410-853-3500  
Respite assistance for family caregivers caring for individuals with physical or developmental disabilities.

► **CATHOLIC CHARITIES CHILD AND FAMILY SERVICES, GRANDPARENT SERVICES, KINSHIP NAVIGATOR**  
667-600-3077

► **FAMILY TREE**  
410-889-2300  
Provides programs and services to educate about preventing child abuse.

► **LOCATE: CHILD CARE**  
877-261-0060  
Locate childcare resources.

► **NATIONAL ALLIANCE ON MENTAL ILLNESS (NAMI), METROPOLITAN BALTIMORE, INC.**  
410-435-2600  
Sponsors self-help, support, education and advocacy groups for families and individuals coping with mental illness.

### CASE MANAGEMENT

Assistance in helping adults and persons with special needs. See also Disability Assistance, Geriatric Mental Health Services and Mental Health Services. To find assistance in your area, visit [www.aginglifecare.org](http://www.aginglifecare.org) for a listing of local geriatric care managers. For additional services/information call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging at Maryland Access Point at 410-396-2273.

► **AGING LIFE CARE ASSOCIATION, MID-ATLANTIC CHAPTER**  
[www.aginglifecare.org](http://www.aginglifecare.org)  
Professional organization which sets standards for fee-for-service case managers.

► **BALTIMORE CITY DEPARTMENT OF SOCIAL SERVICES**  
443-378-4600  
Provides case management for vulnerable adults ages 18 and older.

► **BALTIMORE CITY DIVISION OF AGING, CASE MANAGEMENT FOR LONG TERM SUPPORT SERVICES**  
410-396-4932  
Provides case management for active clients in Medicaid Waiver, Senior Care and Guardianship programs.

► **BALTIMORE COUNTY DEPARTMENT OF AGING, COMMUNITY OUTREACH SPECIALISTS**  
410-887-2594 (Intake/Referral)  
Case management services for older adults including assistance with completing financial applications.

► **BALTIMORE COUNTY DEPARTMENT OF HEALTH, ADULT EVALUATION AND REVIEW SERVICES**  
410-887-2754  
In-home screening, assessment and case management services for individuals experiencing multiple health and social problems.

► **BALTIMORE COUNTY DEPARTMENT OF SOCIAL SERVICES**  
410-887-8463 (TIME)  
Screening and case management for vulnerable adults (age 18 and over). Includes Adult Protective Services and Aging Services (age 65 and over).

► **FAMILY & CHILDREN'S SERVICES OF CENTRAL MARYLAND**  
410-366-1980

► **JEWISH COMMUNITY SERVICES**  
410-466-9200

### CEMETERIES, MEMORIAL PARKS AND MONUMENTS

See Funeral Resources.

► **DULANEY VALLEY MEMORIAL GARDENS**  
410-666-0490  
[www.dulaneyvalley.com](http://www.dulaneyvalley.com)  
200 East Padonia Road  
Timonium 21093  
Caring for your family since 1958.

► **MARYLAND DEPARTMENT OF VETERANS AFFAIRS**  
410-260-3838  
[www.veterans.maryland.gov](http://www.veterans.maryland.gov)  
Administers Maryland Veterans Cemetery and Memorial Program.

► **MARYLAND STATE BOARD OF MORTICIANS AND FUNERAL DIRECTORS**  
410-764-4792  
Verifies and issues licenses and accepts complaints about funeral homes, funeral directors, crematoriums and morticians.

### CLINICAL TRIALS

See Hotlines and Websites.

### COUNSELING, MENTAL HEALTH

See Mental Health Services.

# D

## DENTAL SERVICES

### DENTAL SERVICES

For additional services/ information call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging at Maryland Access Point at 410-396-2273.

► **BALTIMORE CITY COMMUNITY COLLEGE, DEPARTMENT OF DENTAL HYGIENE**

410-462-7712  
2901 Liberty Heights Avenue  
Baltimore 21215  
Preventive visits and set pricing for adults and children. Spanish interpreter.



► **BALTIMORE CITY HEALTH DEPARTMENT Eastern Clinic**

443-984-3548  
620 North Caroline Street  
Baltimore 21205  
Preventive care from ages 3 and older; ages 7 and older for dental problems. Adults treated for emergencies only. MA accepted. Baltimore City residency only.

► **BALTIMORE CITY HEALTH DEPARTMENT, ORAL HEALTH CLINIC**  
410-396-0840

► **BALTIMORE COUNTY DENTISTRY**

410-887-2781 (Appointments)  
**Eastern Family Resource Center Dental Clinic**  
9150 Franklin Square Drive  
Rosedale 21237  
**Liberty Family Resource Center Dental Clinic**  
3525 Resource Drive  
Randallstown 21133  
Call for appointments for the Dental Access Program and dental clinics. Baltimore County residents only.

► **BALTIMORE MEDICAL SYSTEMS**

**Belair-Edison Family Center**  
410-558-4800  
3120 Erdman Avenue  
Baltimore 21213  
Federally qualified health center.

► **CHASE BREXTON HEALTH SERVICES**

**Baltimore**  
410-837-2050, Ext. 2602  
1111 North Charles Street  
Baltimore 21201  
**Randallstown**  
410-496-6441  
3510 Brenbrook Drive  
Randallstown 21133  
Preventive and dental problems. MA accepted; sliding scale. Baltimore City and County residents.

► **CHERRY HILL FAMILY HEALTH CENTER**

410-354-2000, Ext. 11296  
631 Cherry Hill Road  
Baltimore 21225  
Preventive and dental problems from 2 years old to adults. Spanish interpreter.

## Dentures in Only 1 day!



- Affordable Premium Dentures
- Same Day Dentures
- Same Day Relines and Repairs
- Full Dentures and Partials
- Extractions
- Exams, Cleanings and X-Rays



**410-602-2070**

[www.thedenturedoctor.dentist](http://www.thedenturedoctor.dentist)

**Financing Available**

**The Commerce Center • 1777 Reisterstown Rd. • Suite 202 West Pikesville, MD 21208 • Just off 695 at exit 20**

# D

## DENTAL SERVICES - DEVELOPMENTAL DISABILITIES

### ► DENTAL HYGIENE CLINIC-CCBC

443-840-3495 (Dundalk Campus)  
Students provide low-cost basic dental hygiene services under close supervision from clinical faculty.

### ► DENTURE DOCTOR, THE

410-602-2070  
[www.thedenturedoctor.dentist](http://www.thedenturedoctor.dentist)  
1777 Reisterstown Road, #202 West Pikesville 21208  
General dentistry specializing in same day dentures.

### ► ESPERANZA CENTER AT ASSISSI HOUSE

410-342-4336  
1728 Bank Street  
Baltimore 21231  
Primary dental care for children and adults of immigrant clients.

### ► GIVING RETIRED ADULTS MIGHTY SMILES INITIATIVE (GRAMS)

Eastern Dental Clinic  
443-984-3548  
Affordable basic dental care for uninsured low income persons 60 years and older. Baltimore City residency required.

### ► HEALTH CARE FOR THE HOMELESS

410-837-5533  
421 Fallsway  
Baltimore 21202  
Free to persons who are homeless.

### ► JAI MEDICAL SYSTEMS

410-433-2200  
5010 York Road  
Baltimore 21212  
410-327-5100  
1235 East Monument Street  
Baltimore 21202

### ► JOHNS HOPKINS EAST BALTIMORE MEDICAL CENTER

410-522-9800  
100 East Eager Street  
Baltimore 21202  
Preventive and dental problems from ages 3 to adults. MA accepted.

### ► MARYLAND FOUNDATION OF DENTISTRY FOR THE HANDICAPPED, DONATED DENTAL SERVICES

410-964-1944  
Dental care for Maryland residents with disabilities; income requirements.

### ► PARK WEST MEDICAL CENTER

410-542-7800  
3319 West Belvedere Avenue  
Baltimore 21215  
Preventive and dental problems from ages 2 to adults. MA accepted; sliding scale.

### ► TOTAL HEALTH CARE

410-383-8300  
1501 Division Street  
Baltimore 21217  
Preventive and dental problems from ages 3 to adults. MA accepted; emergencies treated.

### ► UNIVERSITY OF MARYLAND REHABILITATION & ORTHOPEDIC INSTITUTE, DENTAL DEPARTMENT

410-448-6290  
2200 Keman Drive  
Baltimore 21207  
Self-referral or referred by a doctor or dentist. All ages by appointment only. MA and private insurance accepted.

### ► UNIVERSITY OF MARYLAND, SCHOOL OF DENTISTRY

410-706-7063  
Discounted dental services performed by dental students under supervision of licensed dentists.

### IN-HOME DENTAL SERVICES

For information about in-home dentistry, call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging at Maryland Access Point at 410-396-2273.

### DEVELOPMENTAL DISABILITIES

The Maryland Developmental Disabilities Administration (DDA) provides funding for multiple agencies which serve the needs of persons with developmental disabilities. These agencies provide a wide range of services, including residential, day services and family support services.

In order to receive funding from the DDA, it is imperative that an individual goes through the application process. The first step in that process is calling the DDA Regional Office to request an application.

410-234-8200  
877-874-2494 (Toll Free)  
800-735-2258 (TTY)  
The application can also be downloaded from DDA's website at <https://dda.health.maryland.gov/pages/home.aspx>.

### AGENCIES PROVIDING SERVICES

The agencies listed below provide a wide range of community services to people with developmental disabilities. For a more complete description, check out the agency's website.

### ► ABILITIES NETWORK

410-828-7700  
[www.abilitiesnetwork.org](http://www.abilitiesnetwork.org)  
8503 LaSalle Road  
Towson 21286

### ► ALLIANCE/MOSIAC, INC.

See Mental Health Services.

### ► APEX NETWORK CONSOLIDATED, INC.

443-540-3337  
[www.apexnetworkinc.com](http://www.apexnetworkinc.com)  
5310 Old Court Road, Suite 102  
Randallstown 21133

### ► ARC BALTIMORE, THE

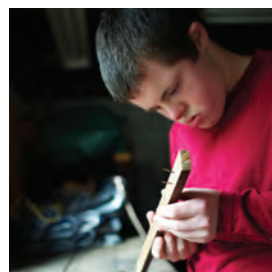
410-296-2272  
[www.thearcbaltimore.org](http://www.thearcbaltimore.org)  
Assistive technology, employment training, day/residential services, family support/respite, foster care, and resources for individuals with developmental disabilities.

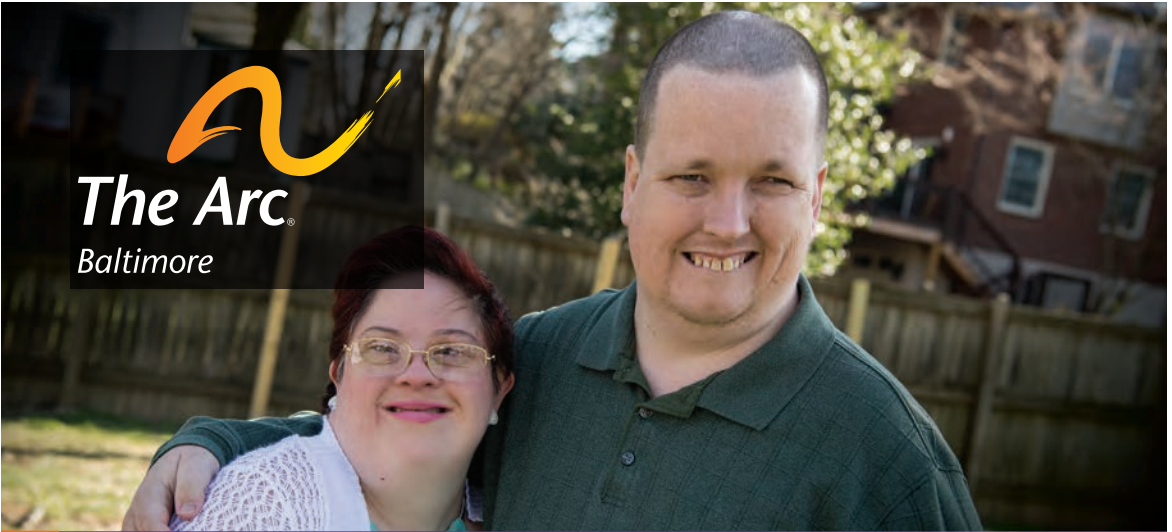
### ► ARTEMIS MISSION, INC.

410-322-6428  
429 Macintosh Circle  
Joppa 21085

### ► ASSOCIATED CATHOLIC CHARITIES, GALLAGHER SERVICES

410-252-4005  
[www.catholiccharities-md.org/services/gallagher-services](http://www.catholiccharities-md.org/services/gallagher-services)  
2520 Pot Spring Road  
Timonium 21093





**WE'RE HERE FOR PEOPLE WITH  
DEVELOPMENTAL DISABILITIES  
OF ALL AGES, IN ALL STAGES**

Family Services | Community Living | Community Employment | Day Services

[www.thearcbaltimore.org](http://www.thearcbaltimore.org) | 410.296.2272



## Bello Machre

We provide a lifetime of loving care, opportunity, and guidance for children and adults with developmental disabilities.

*Loving Care for a Lifetime!*

- We **ASSIST** you to navigate the system and explore available resources
- We **HELP** you in a crisis
- We **PROVIDE** services for your loved one in your home or in ours
- We **ENSURE** your loved one experiences a meaningful day



Find out more: [www.bellomachre.org](http://www.bellomachre.org)  
Help is a phone call away: 443-702-3000



# D

## DEVELOPMENTAL DISABILITIES

### ► ATHELAS INSTITUTE, INC.

410-964-1241  
www.athelasinstitute.org  
9104 Red Branch Road  
Columbia 21045

### ► BELLO MACHRE, INC.

443-702-3000  
www.bellomachre.org  
7765 Freetown Road  
Glen Burnie 21060

### ► BE OUR GUEST, LTD.

410-602-8411  
7522 Slade Avenue  
Pikesville 21208

### ► BEST BUDDIES MARYLAND

410-327-9812  
www.bestbuddies.org/  
maryland  
101 North Haven Street,  
Suite 205  
Baltimore 21224

### ► CARING HANDS, INC.

410-273-9736  
www.caringhandscommunity.  
com  
41 North Philadelphia  
Boulevard  
Aberdeen 21001

### ► CENTER FOR COMMUNITY INTEGRATION

443-500-1994 (Main Office)  
443-280-1893 (Program  
Office)  
www.  
centerforcommunityintegration.  
org/index.html  
1829 Reisterstown Road,  
Suite 350  
Baltimore 21208

### ► CENTER FOR SOCIAL CHANGE, INC.

410-579-6789  
www.centerforsocialchange.org  
6600 Amberton Drive  
Elkridge 21075

### ► CHANGE, INC.

410-876-2179  
www.changeinc.cc  
115 Stoner Avenue  
Westminster 21157

### ► CHANGING PEOPLE'S LIVES

410-581-7800  
www.cplcares.org  
CPL 500 Redland Court,  
Suite 204  
Owings Mills 21117

### ► CHIMES MARYLAND

410-358-6400  
www.chimes.org  
4814 Seton Drive  
Baltimore 21215  
Chimes offers day  
rehabilitation, residential,  
educational, vocational  
and employment.

### ► COMMUNITY SUPPORT SERVICES FOR THE DEAF (CSSD)

410-597-8780 (Voice Phone)  
443-348-8256 (Video Phone)  
www.cssdinc.org  
7123 Windsor Mill Road,  
Suite 100  
Baltimore 21244

### ► COMPANIONS, INC.

410-394-8790  
www.companionsmd.org  
1531 South Edgewood Street,  
Suite P  
Baltimore 21227

### ► COORDINATING CENTER, THE

410-987-1048  
301-621-7830  
www.coordinatingcenter.org  
Coordinates services for  
persons with disabilities to  
enable them to be as  
independent as possible.

### ► CREATIVE OPTIONS, INC.

410-780-4095  
www.creativeoptionsmd.com  
9411 Philadelphia Road,  
Suite H  
Rosedale 21237

### ► DESTINY GROUP HOME, INC.

443-759-6851  
5710 Executive Drive,  
Suite 105  
Catonsville 21228

## GALLAGHER SERVICES

CATHOLIC CHARITIES IN ACTION

*Adults with  
intellectual and  
developmental  
disabilities explore  
their vision of a  
fulfilling life through  
Gallagher Services.*

- Residential services
- Medical day program
- Vocational training
- Supported employment

2520 Pot Spring Road | Timonium, MD 21093  
667-600-2540 | [cc-md.org/gallagher](http://cc-md.org/gallagher)

Inspired by the Gospel mandates to love, serve and teach,  
Catholic Charities provides care and services  
to improve the lives of Marylanders in need.

## Athelas Institute, Inc.

Supporting Adults with Intellectual and  
Developmental Disabilities since 1976

- DAY SERVICES OPPORTUNITIES
  - ◆ Employment Services
  - ◆ Day Habilitation
  - ◆ Community Development Service
  - ◆ Specialized Programming
  - ◆ Supplemental Medical Supports
- RESIDENTIAL OPPORTUNITIES
  - ◆ Small Group Alternative Living Units
  - ◆ Group Home Accommodations
  - ◆ Community Supported Living Assistance
- PERSONAL SUPPORT SERVICES
  - ◆ In-home assistance
  - ◆ Skills Training
  - ◆ Community Experiences
  - ◆ Recreation Experiences
  - ◆ Family Support



Providing  
Opportunities  
for Achievement  
and Growth

Transportation provided for day services/ Case Management/  
Educational Programs - College partnerships/ Nursing /  
Clinical/ Behavioral Support Services

9104 Red Branch Road Columbia, MD 21045  
Phone: 410.964.1241 • Fax: 410.964.1340

# D

## DEVELOPMENTAL DISABILITIES

► **DOMINION RESOURCE CENTER, INC.**

410-800-2502 (Office)  
443-825-2955 (24-Hour Service)  
www.dominionresource.net  
5513 York Road  
Baltimore 21212

► **EMERGE, INC.**

410-884-4420  
www.emergeinc.org  
9180 Rumsey Road,  
Unit D-2  
Columbia 21045

► **EMPOWERMENT OPTIONS, INC.**

410-521-5510  
9633 Liberty Road,  
Suite D  
Randallstown 21133

► **EROSUN, INC.**

410-296-4641  
www.erosun.org  
1045 Taylor Avenue,  
Suite 101  
Baltimore 21286

► **FAMILY SERVICE FOUNDATION, INC.**

301-459-2121  
www.fsfinc.org  
3102 Lord Baltimore Drive,  
Suite 112  
Baltimore 21244

► **FIDELITY RESOURCES, INC.**

410-337-0340  
1018 A Cromwell Bridge Road  
Towson 21286

► **FORWARD VISIONS, INC.**

410-584-8500  
711(TTY)  
www.forwardvisionsinc.org  
120 Cockeysville Road,  
Suite 204  
Cockeysville 21030

► **FREEDOM TO CHOOSE, INC.**

410-788-0852  
109 Melrose Avenue, Suite E  
Catonsville 21228

► **GROUP FOR THE INDEPENDENT LEARNING DISABLED (GILD)**

www.gildgroup.org

► **HEARING AND SPEECH AGENCY, THE**

410-318-6780 (Voice)  
410-318-6758 (TTY)  
www.hasa.org  
5900 Metro Drive  
Baltimore 21215

► **HUMANIM**

410-381-7171  
www.humanim.com  
1701 North Gay Street  
Baltimore 21213

► **HUSSMAN CENTER FOR ADULTS WITH AUTISM**

410-704-4486  
www.towson.edu/iwb/centers/hussman  
One Olympic Place  
Towson 21204

► **INNOVATIVE SERVICES, INC.**

410-363-9495  
300 Redland Court, Suite 215  
Owings Mills 21117

► **INSTITUTE FOR WELL-BEING TOWSON UNIVERSITY**

410-704-7300  
410-704-3095 (Voice and TTY)  
www.towson.edu/iwb  
One Olympic Place, Room 200  
Towson 21204

► **ITINERIS, INC.**

443-275-1100  
www.itinerisbaltimore.org  
2050 Rockrose Avenue  
Baltimore 21211



Join the Emerge Family  
supporting people with  
disabilities and their families for  
43 years

info@emergeinc.org



Emerge creates supportive environments and individualized services for people with disabilities. Our vision is individuals with disabilities will lead lives of optimum quality and independence.

Emerge, Inc. is a 501 (c)(3) non-profit organization — Donations to which are tax deductible to the fullest extent allowable by law.



We offer the following services:

- ◆ Community Learning Services
- ◆ Day Programs
- ◆ Career Exploration
- ◆ In-home Supports
- ◆ Residential
- ◆ Respite Care
- ◆ Supported Living
- ◆ Supported Employment
- ◆ Therapeutic Supports

www.emergeinc.org · 9180 Rumsey Rd, Ste D2, Columbia, MD 21045 · 410-884-4420

# D

## DEVELOPMENTAL DISABILITIES

### ► JEWISH COMMUNITY SERVICES (JCS)

410-466-9200  
www.jcsbaltimore.org  
5750 Park Heights Avenue  
Baltimore 21215

### ► KENNEDY KRIEGER INSTITUTE

443-923-9400  
888-554-2080  
www.kennedykrieger.org  
707 North Broadway  
Baltimore 21205

### ► LEAGUE FOR PEOPLE WITH DISABILITIES, INC.

410-323-0500  
www.leagueforpeople.org  
1111 East Cold Spring Lane  
Baltimore 21239

### ► LIFE, INC.

410-735-5433  
www.lifeinc.org  
2822 Hollins Ferry Road  
Baltimore 21230

### ► LINWOOD CENTER

410-465-1352  
www.linwoodcenter.org  
3421 Martha Bush Drive  
Ellicott City 21043

### ► LIVING OUT LOUD, INC.

410-665-2600  
https://dda.health.maryland.gov/pages/living\_out\_loud.aspx  
8508 Loch Raven Boulevard,  
Suite F  
Towson 21286

### ► LIVING SANS FRONTIERES, INC.

410-944-6005  
www.lsfrontiers.com  
7124 Ambassador Drive  
Windsor Mill 21244



**FORWARD VISIONS, INC.** offers a foundation of supportive services to help adults with developmental disabilities grow more independent and achieve fuller, more satisfying lives. Through caring attention and specialized supports, individuals with developmental disabilities move into a future that offers greater self-fulfillment as well as increased community involvement. Our goals:

- To allow each person to live in a community of their choosing as productive, happy and successful citizens
- To develop each individual's potential to the fullest
- To provide ongoing physical and emotional support and encouragement for optimal development

**FORWARD VISIONS, INC.**, provides full residential services in Baltimore County, as well as Individual Personal Support services in Baltimore County, Baltimore City and Harford County.

Let us help **YOU** and **YOUR FAMILY** take continuing steps down the path that will lead to a better, richer, fuller quality of life!

*120 Cockeysville Road-Suite 204  
Hunt Valley, MD 21030  
410-584-8500  
410-584-8505 (Fax)*

We surround conditions  
of the brain and spinal cord  
with expert care from the  
heart and soul.

Our specialists give kids with brain, spinal cord or musculoskeletal system disorders, diseases or injuries the treatments they need to reach their potential. Call us at 443-923-9400 to discuss how we can help.



Kennedy Krieger Institute  
UNLOCKING POTENTIAL

KennedyKrieger.org/Hope



# D

## DEVELOPMENTAL DISABILITIES

### ► LOYOLA CLINICAL CENTERS

410-617-1200  
www.loyola.edu/clinical-centers  
Belvedere Square  
5911 York Road,  
Suite 100  
Baltimore 21212

### ► MARYLAND CENTER FOR DEVELOPMENTAL DISABILITIES AT KENNEDY KRIEGER

443-923-9555  
www.mcdd.kennedykrieger.org  
7000 Tudsbury Road  
Windsor Mill 21244

### ► MARYLAND DEVELOPMENTAL DISABILITIES ADMINISTRATION, REGIONAL OFFICE

410-234-8200  
877-874-2494  
800-735-2258 (TTY)  
https://dda.health.maryland.gov/pages/cmro.aspx

### ► MID-ATLANTIC HUMAN SERVICES CORPORATION

410-569-6490  
www.ippi.org/maryland  
2109 Laurel Bush Road  
Belair 21015

### ► NATIONAL CENTER ON INSTITUTIONS AND ALTERNATIVES

www.ncianet.org  
443-780-1300  
7130 Rutherford Road  
Baltimore 21244

### ► NATIONAL MULTIPLE SCLEROSIS SOCIETY, MARYLAND CHAPTER

202-296-5363  
800-344-4867 (Toll-Free)  
www.nationalmssociety.org/chapters/MDM/index.aspx  
1800 M Street  
Northwest, Suite B50 North  
Washington, DC 20036

### ► NEW BEGINNINGS, INC.

410-597-8092  
www.newbeginningsagency.org  
2624 Lord Baltimore Drive,  
Suite L  
Baltimore 21244

### ► NORTHSTAR SPECIAL SERVICES, INC.

410-415-5887  
106 Old Court Road,  
Suite 205  
Pikesville 21208

### ► PENN-MAR HUMAN SERVICES, INC.

410-343-1069  
www.penn-mar.org  
310 Old Freeland Road  
Freeland 21053

### ► PEOPLE ON THE GO

443-923-9593  
www.peopleonthegomaryland.com  
Merritt Family Building  
7000 Tudsbury Road  
Gwynn Oak 21244

### ► PRECISION HEALTHCARE RESOURCES

410-747-4572  
4 West Rolling Crossroads,  
Suite 13  
Catonsville 21228

### ► PROGRESS UNLIMITED, INC.

410-363-8550  
www.progressunlimited.org  
11431 Cronhill Drive,  
Suite C  
Owings Mills 21117

### ► QUANTUM LEAP INCORPORATED

443-660-9470  
www.qvincorporated.com  
10989 Red Run Blvd, #200  
Owings Mills 21117

### ► RICHCROFT, INC.

410-785-3274  
www.richcroft.com  
Executive Plaza IV  
11350 McCormick Road,  
Suite 700  
Hunt Valley 21031

### ► SHARED SUPPORT MARYLAND, INC

410-945-4356  
www.sharedsupportmd.org  
5115 Edmondson Avenue  
Baltimore 21229

### ► SHEPPARD PRATT HEALTH SYSTEM

410-938-5000  
www.sheppardpratt.org  
6501 North Charles Street  
Baltimore 21204

### ► SHURA, INC.

443-660-7664  
800-33-SHURA (Toll- Free)  
www.shurainc.org  
116 Slade Avenue  
Pikesville 21208

### ► SON-GRACE, INC

410-444-8133  
www.songraceinc.org  
7122 Harford Road, 2<sup>nd</sup> Floor  
Baltimore 21234

### ► SPECTRUM SUPPORT, INC.

410-795-6543  
www.spectrum-support.org  
2 Park Center, Unit 3  
Owings Mills 21117

### ► STARFLIGHT ENTERPRISES, INC.

443-661-1301  
www.starflightenterprises.com/index.html  
8930 Old Annapolis Road,  
Suite A  
Columbia 21045

### ► ST. PETER'S ADULT LEARNING CENTER

410-685-7340  
www.stpetersalc.org  
901 Hollins Street  
Baltimore 21223

### ► UNIFIED COMMUNITY CONNECTIONS, INC.

410-484-4540  
800-451-2452 (Toll-Free)  
www.unified.org  
Executive Plaza III  
11350 McCormick Road,  
Suite 1100  
Hunt Valley 21031

## CAMPS

### ► BALTIMORE COUNTY DEPARTMENT OF RECREATION AND PARKS

410-887-3871  
www.baltimorecountymd.gov/agencies/recreation  
Ages: 6-21  
Disabilities Accepted:  
Disabilities vary with camp selection.  
Location: Varies  
Operates 11 summer day camps in cooperation with local community recreation councils for young people with disabilities throughout the county.

### ► BOY SCOUTS OF AMERICA

443-573-2500  
www.baltimorebsa.org  
701 Wyman Park Drive  
Baltimore 21211  
Ages: 7-21  
Disabilities Accepted:  
Developmental, emotional, physical, hearing impaired, visually impaired and intellectual disability.

### ► CAMP GLOW (GOD LOVES OUR WORLD)

410-547-5410  
www.archbalt.org  
Archdiocese of Baltimore  
Ages: 18 and up  
Disabilities Accepted:  
Developmental and/or physical disabilities.  
**Monsignor O' Dwyer Retreat Center**  
Sparks 21152  
Activities include swimming, nature hikes, sports, dancing, and arts and crafts.



# D

## DEVELOPMENTAL DISABILITIES

### ► **CAMP GREENTOP CATOCTIN MOUNTAIN NATIONAL PARK**

410-323-0500, Ext. 366  
[www.leagueforpeople.org/camping-and-recreation](http://www.leagueforpeople.org/camping-and-recreation)  
15001 Park Central  
Sabillasville 21780

Ages: 8 and up

Disabilities Accepted: Physical and multiple disabilities, intellectual and learning disabilities, autism spectrum. Allows campers to experience all the thrills of camping with modern accessible accommodations. Camping and therapeutic recreation.

### ► **CAMP JEMICY**

410-753-8032  
[www.jemicyschool.org](http://www.jemicyschool.org)  
11 Celadon Road  
Owings Mills 21117

Ages: 6-12 Co-ed

Disabilities Accepted: Dyslexia and other related language based learning differences. Provides daily, individualized, structured, multisensory instruction and tutoring tailored to each child's needs. The program helps to build self-esteem, promote individual growth through social and activity based camping experiences.

### ► **EASTERSEALS CAMP FAIRLEE**

410-778-0566  
[www.campfairlee.com](http://www.campfairlee.com)  
22242 Bayshore Road  
Chestertown, MD 21620

Ages 6 - adult

Disabilities Accepted: Open to all types of disabilities. Traditional, residential summer camp sessions from 5 -12 days. Many outdoor and indoor activities. Respite weekends and travel opportunities year round.

### ► **J.C.C. SPECIAL NEEDS SUMMER CAMPS**

410-559-3576  
[www.jcc.org/camps/camp-offerings/special-needs](http://www.jcc.org/camps/camp-offerings/special-needs)  
3506 Gwynnbrook Avenue,  
Owings Mills 21117  
5700 Park Heights Avenue,  
Baltimore 21215

Ages: 5-24

Disabilities Accepted: Learning, speech language, hearing impaired, vision impaired, ADHD, developmentally delayed, autistic campers, social, emotional. Offers a variety of camping experiences designed to nurture and challenge the camper.

### ► **MARY SALKEVER INCLUSIVE SUMMER DAY CAMP, THE**

410-982-6311  
[www.imagemd.org](http://www.imagemd.org)  
300 East Joppa Road,  
Suite 312  
Towson 21286

Ages: 7-15

Disabilities Accepted: Persons with or without disabilities. Learn to use computers, adaptive technology, scanners, digital cameras and creative drawing software.

### ► **MELWOOD RECREATION CENTER/CAMP ACCOMPLISH**

301-870-3226  
[www.melwood.org/recreation-programs](http://www.melwood.org/recreation-programs)  
9035 Ironsides Road  
Nanjemoy 20662

Ages: 5 -18

Disabilities Accepted: All  
Offers day, overnight, teen and adult equestrian camps in an inclusive setting. Year round.

## CHILDREN'S SERVICES

### ► **BALTIMORE COUNTY DEPARTMENT OF HEALTH, INFANTS AND TODDLERS PROGRAM**

443-809-2169  
[www.baltimorecountymd.gov/Agencies/health/healthservices/children/infantstoddlers.html](http://www.baltimorecountymd.gov/Agencies/health/healthservices/children/infantstoddlers.html)  
6401 York Road, 3rd Floor  
Baltimore 21212  
Supports children from birth through 36 months of age.

### ► **BALTIMORE COUNTY DEPARTMENT OF SOCIAL SERVICES, CHILD PROTECTIVE SERVICES**

410-887-8463 (TIME)  
[www.baltimorecountymd.gov/Agencies/socialservices/abuse/index.html#child](http://www.baltimorecountymd.gov/Agencies/socialservices/abuse/index.html#child)  
6401 York Road, 3rd Floor  
Baltimore 21212  
Ensures the safety and well-being of children.

### ► **BALTIMORE COUNTY PUBLIC SCHOOLS, DEPARTMENT OF SPECIAL EDUCATION AND STUDENT SUPPORT SERVICES SPECIAL EDUCATION RESOURCE CENTER**

410-887-5443  
[www.bcps.org](http://www.bcps.org)  
**White Oak School**  
8401 Leefield Road, Room 100  
Baltimore 21234  
Promotes effective partnerships within the school community.

### ► **CATHOLIC CHARITIES CHILD AND FAMILY SERVICES**

667-600-3074  
[www.family-navigator.org](http://www.family-navigator.org)  
St. Vincent's Villa  
2600 Pot Spring Road  
Timonium 21093  
Provides "family navigator" to support families.

### ► **COMMUNITY COLLEGE OF BALTIMORE COUNTY, CHILDREN'S DEVELOPMENTAL CLASS FOR CHILDREN WITH COGNITIVE CHALLENGES**

443-840-1387  
[www.ccbcmd.edu](http://www.ccbcmd.edu)  
**Essex Campus**  
7201 Rossville Boulevard,  
WELL-6  
Rosedale 21237  
Helps children with special needs manage their unique challenges.

### ► **COORDINATING CENTER, THE**

See Agencies Providing Services to Persons with Developmental Disabilities.

### ► **MARYLAND DEPARTMENT OF HEALTH, OFFICE FOR GENETICS AND PEOPLE WITH SPECIAL HEALTH CARE NEEDS**

410-767-6730  
410-767-6500  
<https://phpa.health.maryland.gov/genetics>  
201 West Preston Street  
Baltimore 21201  
**Birth Defects Reporting and Information System**  
410-767-6737  
**Children's Medical Services**  
410-767-5588  
**Critical Congenital Heart Disease Screening Program**  
443-681--3916  
**Infant Hearing Program**  
800-633-1316  
**Medical Home**  
410-767-5298  
**Newborn Metabolic Screening**  
443-681-3916  
410-767-6099 (Lab)  
**Sickle Cell Disease Program**  
410-767-6737  
**Youth to Young Adult Health Care Transition**  
410-767-5602



# D

## DEVELOPMENTAL DISABILITIES

### ► MENTOR MARYLAND

410-737-4697  
www.md-mentor.com  
2525 Lord Baltimore Drive,  
Suite H  
Windsor Mill 21244

Serves children and adolescents with mental health, emotional and behavioral challenges.

### ► MUSCULAR DYSTROPHY ASSOCIATION

See Advocacy Services.

### ► PACT: HELPING CHILDREN WITH SPECIAL NEEDS

410-298-7000  
www.kennedykrieger.org/  
community/initiatives/pact  
7000 Tudsbury Road  
Baltimore 21244

Promotes the development of young children with special needs and their families.

### ► PARENTS' PLACE OF MARYLAND, INC.

410-768-9100  
www.ppm.org  
801 Cromwell Park Drive,  
Suite Q

Glen Burnie 21061  
Provides information to Maryland families of children with all disabilities and special health care needs.

### ► SHEPPARD PRATT HEALTH SYSTEM

See Developmental Disabilities Services.

## COLLEGE AND UNIVERSITY SUPPORT

Local Colleges and Universities are required to provide equal educational opportunity to students with disabilities in accordance with Section 504 of the Rehabilitation Act and the Americans with Disabilities Act (ADA).

### ► COMMUNITY COLLEGE OF BALTIMORE COUNTY (CCBC), CATONSVILLE

443-840-5617 (Disability Support Services)

### ► CCBC, DUNDALK

443-840-4408 (Disability Support Services)

### ► CCBC, ESSEX

443-840-1741 (Director, Office of Special Services)

### ► COPPIN STATE UNIVERSITY

410-951-3944 (Disability Support Services Program Counselor)

### ► GOUCHER COLLEGE

410-337-6178 (College Disabilities Specialist)

### ► JOHNS HOPKINS UNIVERSITY

410-516-4720 (Disability Support Services)

### ► LOYOLA UNIVERSITY MARYLAND

410-617-2062 (Director, Disability Support Services)

### ► MARYLAND INSTITUTE COLLEGE OF ART

410-225-2416 (Director, Learning Resource Center)

### ► MORGAN STATE UNIVERSITY

443-885-1719 (Disability Support Services)

### ► NOTRE DAME OF MARYLAND UNIVERSITY

410-532-5401 (Director of Accessibility and Health Promotion)

### ► STEVENSON UNIVERSITY

443-352-5880 (Office of Student Success)

## CASE SINGLE STEP AT CCBC

### What's next for your high school student?

Students with learning differences and disabilities receive individualized instruction in academic skills, independent living skills, arts and humanities, plus career preparation.

- 6:1 student/teacher ratio
- Full-day/half-day classes
- Individual courses and certificate programs



**CCBC**

ccbcm.edu/ConEd

[ccbcm.edu/singlestep](http://ccbcm.edu/singlestep)

443-840-3262

[CASE@ccbcm.edu](mailto:CASE@ccbcm.edu)



# D

## DEVELOPMENTAL DISABILITIES

► **TOWSON UNIVERSITY**  
410-704-2638 (Director,  
Disability Support Services)

► **UNIVERSITY OF  
BALTIMORE**  
410-837-4775  
(Office of Disability and  
Access Services)

► **UNIVERSITY OF  
MARYLAND BALTIMORE  
COUNTY**  
410-455-2459  
(Office of Student Disability  
Services)

### EDUCATION SERVICES

► **ARROW CENTER FOR  
EDUCATION, THE**  
443-798-6310  
[www.arrow.org](http://www.arrow.org)  
8830 Orchard Tree Lane,  
Suite 8830  
Towson 21286

► **ARROW CENTER FOR  
EDUCATION TANGRAM,  
THE**  
443-798-6310  
[www.arrow.org](http://www.arrow.org)  
8830 Orchard Tree Lane,  
Suites 8824-30  
Towson 21286

► **AUBURN SCHOOL—  
BALTIMORE CAMPUS**  
410-617-0418  
[www.theauburnschool.org/  
baltimore](http://www.theauburnschool.org/baltimore)  
7401 Park Heights Avenue  
Baltimore 21208  
Serves students with social and  
communication challenges.

► **BALTIMORE COUNTY  
PUBLIC SCHOOLS, OFFICE  
OF SPECIAL EDUCATION**  
443-809-3660  
[www.dci.bcps.org/department/  
academic\\_services/special\\_  
education](http://www.dci.bcps.org/department/academic_services/special_education)  
The Jefferson Building,  
105 West Chesapeake Avenue,  
4<sup>th</sup> Floor  
Towson 21204

► **CHESAPEAKE  
TREATMENT CENTERS—  
NEW DIRECTIONS  
PROGRAM**  
410-663-8500  
9700 Old Harford Road  
Baltimore 21234

► **CHIMES SCHOOL, THE**  
410-358-8270  
[www.chimes.org](http://www.chimes.org)  
4810 Seton Drive  
Baltimore 21215  
Eleven month educational  
program to students ages 5  
to 21.

► **COMMUNITY COLLEGE  
OF BALTIMORE COUNTY**  
443-840-3262  
[www.ccbcmd.edu/programs-  
and-courses/adults-  
with-disabilities.aspx](http://www.ccbcmd.edu/programs-and-courses/adults-with-disabilities.aspx)  
CASE Single Step Program  
7200 Sollers Point Road,  
Suite 104  
Baltimore 21222

► **CONFLICT RESOLUTION  
CENTER OF BALTIMORE  
COUNTY**  
410-527-4321  
[www.crcbaltimorecounty.org](http://www.crcbaltimorecounty.org)  
P.O. Box 34340  
Essex 21221

► **DELREY SCHOOL**  
410-314-5000  
[www.delreyschool.org](http://www.delreyschool.org)  
3610 Commerce Drive,  
Suite 804-807  
Baltimore 21227

► **FORBUSH HIGH  
SCHOOL**  
410-526-5000  
12039 Reisterstown Road  
Baltimore 21136

► **FORBUSH SCHOOL AT  
GLYNDON, THE  
(ELEMENTARY AND  
MIDDLE)**  
410-517-5400  
[www.sheppardpratt.org/  
special-education-services  
/our-schools/forbush-school-  
glyndon](http://www.sheppardpratt.org/special-education-services/our-schools/forbush-school-glyndon)  
407 Central Avenue  
Reisterstown 21136



In 1947, The Chimes School was founded in Baltimore, Maryland serving five students with intellectual disabilities to help them achieve their fullest potential. This is the cornerstone and guiding spirit of the present organization.

Currently, Chimes provides services, supports and employment for over 24,000 people with disabilities. We are a leading not-for-profit organization known for innovative, responsive and flexible solutions that are customer focused and results oriented.



#### **COME VISIT US:**

4814 Seton Drive, Baltimore MD 21215

410.358.6400

**WWW. CHIMES.ORG**

# D

## DEVELOPMENTAL DISABILITIES

### ► FORBUSH SCHOOL AT HUNT VALLEY, THE

410-527-9505  
[www.sheppardpratt.org/special-education-services/our-schools/forbush-school-hunt-valley](http://www.sheppardpratt.org/special-education-services/our-schools/forbush-school-hunt-valley)  
 11201 Pepper Road  
 Hunt Valley 21031

### ► HANNAH MORE SCHOOL

410-526-5000  
[www.hannahmore.org](http://www.hannahmore.org)  
 12039 Reisterstown Road  
 Reisterstown 21136

### ► HARBOUR SCHOOL AT BALTIMORE, THE

443-394-3760  
[www.harbourschool.org](http://www.harbourschool.org)  
 11251 Dolfield Boulevard  
 Owings Mills 21117

### ► HIGH ROAD SCHOOL OF BALTIMORE COUNTY

410-282-8500  
[www.sesi-schools.com](http://www.sesi-schools.com)  
 11685 Crossroads Circle  
 White Marsh 21220

### ► JEMICY SCHOOL

410-653 2700  
[www.jemicyschool.org](http://www.jemicyschool.org)  
**Lower and Middle Campus - Grades 1-8**  
 11 Celadon Road  
 Owings Mills 21117  
**Upper School Campus - Grades 9-12 and Upper School Prep Program**  
 410-653 2700  
 11202 Garrison Forest Road  
 Owings Mills 21117



### ► MARYLAND STATE DEPARTMENT OF EDUCATION, DIVISION OF REHABILITATION SERVICES (DORS)

410-554-9442  
[www.dors.maryland.gov](http://www.dors.maryland.gov)  
**Administrative Offices/ Eastern Baltimore**  
 2301 Argonne Drive  
 Baltimore 21218  
**County Regional Office**  
 10461 Mill Run Circle,  
 Suite LL1,  
 Owings Mills 21117  
**Eastern Baltimore County**  
 410-554-3320  
 2301 Argonne Drive,  
 Baltimore 21218  
**Towson**  
 410-321-4044,  
 410-415-9300 (TTY or VP)  
 300 East Joppa Road,  
 Suite 408  
 Towson 21286

### ► NEW VISIONS ACADEMY OF BALTIMORE

410-298-2691  
[www.thenewvisionsacademy.com](http://www.thenewvisionsacademy.com)  
 7131 Rutherford Road  
 Baltimore 21244-2702

### ► ODYSSEY SCHOOL, THE

410-580-5551  
[www.theodysseysschool.org](http://www.theodysseysschool.org)  
 3257 Bridle Ridge Lane  
 Stevenson 21153-2036

### ► SHAFER CENTER FOR EARLY INTERVENTION

410-517-1113  
[theshafercenter.com/](http://theshafercenter.com/)  
 11500 Cronridge Drive,  
 Suite 130  
 Owings Mills 21117

### ► SHEPPARD PRATT HEALTH SYSTEMS

[www.sheppardpratt.org/care-services/schools-school-based-services](http://www.sheppardpratt.org/care-services/schools-school-based-services)  
 P.O. Box 6815  
 6501 North Charles Street  
 Baltimore 21204

### ► MARYLAND ASSOCIATION OF NONPUBLIC SPECIAL EDUCATION FACILITIES (MANSEF)

410-938-4413  
[www.mansef.org](http://www.mansef.org)  
 P.O. Box 6815  
 Baltimore 21285

### ► MARYLAND COALITION FOR INCLUSIVE EDUCATION (MCIE)

410-859-5400  
 800-899-8837  
[www.mcie.org](http://www.mcie.org)  
 6810 Deerpath Road,  
 Suite 300  
 Elkridge 21075

### ► MARYLAND SCHOOL FOR THE BLIND

410-444-5000  
[www.mdschblind.org](http://www.mdschblind.org)  
 3501 Taylor Avenue  
 Baltimore 21236

### ► MARYLAND SCHOOL FOR THE DEAF

**Columbia Campus**  
 410-696-7449 (Voice)  
 410-480-4501 (TTY)  
[www.msdc.edu](http://www.msdc.edu)  
 8169 Old Montgomery Road,  
 Ellicott City 21043  
**Frederick Campus**  
 240-575-2966 (Voice)  
 301-360-2001 (TTY)  
 101 Clarke Place  
 Frederick 21705

## The Option Group

### Case Management & Advocacy



Certified Geriatric/Aging LifeCare Managers, social workers, and nurses work to assess, create, coordinate and implement care plans, provide crisis intervention and advocacy services, and empower families to achieve safety, independence and function. Additional services include long distance caregiver coordination, facility placement services, eldercare counseling and support, and dementia education.



Contact: Ellen Platt at 410-667-0266  
[www.theoptiongroup.net](http://www.theoptiongroup.net)



# D

## DEVELOPMENTAL DISABILITIES

### ► SPECIAL EDUCATION CITIZENS' ADVISORY COMMITTEE (SECAC)

www.bcps.org  
6901 North Charles Street,  
Building E, Room 114  
Towson 21204  
Meeting Times: Second Monday  
of the month, from 7 to 9 p.m.

### ADDITIONAL SPECIAL EDUCATION SCHOOLS IN BALTIMORE COUNTY

#### ► STRAWBRIDGE SCHOOL

410-922-2100  
www.boardofchildcare.org  
3300 Gaither Road  
Baltimore 21244

#### ► TRELIS SCHOOL

443-330-7900  
www.trellisservices.com  
14550A York Road  
Sparks 21152

#### ► UNIFIED COMMUNITY CONNECTIONS, INC. DELREY SCHOOL

410-314-5000  
www.delreyschool.org  
3610 Commerce Drive,  
Suite 804-807  
Baltimore 21227

#### ► VILLA MARIA SCHOOL AT DULANEY VALLEY

410-252-6343  
www.catholiccharities-md.org/  
villa-maria-schools  
2300 Dulaney Valley Road  
Timonium 21093

#### ► VILLA MARIA SCHOOL

667-600-3100  
www.catholiccharities-md.org/  
villa-maria-school  
2300 Dulaney Valley Road  
Timonium 21093



### TRANSITION SERVICES

#### ► MARYLAND DEPARTMENT OF HEALTH, DEVELOPMENTAL DISABILITIES ADMINISTRATION - TRANSITIONING YOUTH - CENTRAL MARYLAND

410-234-8227  
https://dda.health.maryland.gov

### OTHER DISABILITY RESOURCES

#### ► ALLIANCE, INC., THE

410-282-5900  
Provides a variety of services to residents with psychiatric, developmental and other disabilities.

#### ► BALTIMORE COUNTY COMMISSION ON DISABILITIES

410-887-2483  
Initiates recommendations and reviews legislation which impacts individuals with disabilities.

#### ► CARING COMMUNITIES, INC.

410-549-5707 (Office)  
866-CARING-4 (Toll Free)  
Offers disability-related training, education, publications and events.

#### ► CHIMES, THE

410-358-6400

#### ► CLEARCAPTIONS, LLC

866-246-7850  
www.clearcaptions.com  
3001 Lava Ridge Court,  
Suite 100  
Roseville, CA 95661  
Your calls captioned.  
Whenever. Wherever.



#### ► DEPARTMENT OF SOCIAL SERVICES TEMPORARY DISABILITY ASSISTANCE PROGRAM (TDAP)

410-853-3000 (County)  
443-423-6300 (City)

#### ► DISABILITY RIGHTS MARYLAND

410-727-6352, Ext. 0 (Intake Specialist)  
410-235-5387 (TTY)  
www.disabilityrightsmd.org  
Advocates for persons with disabilities. Investigates allegations of abuse and/or neglect.

#### ► HEARING AND SPEECH AGENCY, THE

410-318-6780  
Audiological testing, hearing aid fittings, sign language interpreters and classes.

#### ► HUMANIM, INC.

888-374-8342  
Offers workforce development, mental health, neuro-rehabilitation, developmental disabilities and deaf services for individuals of all ages.

#### ► IMAGE CENTER OF MARYLAND

410-982-6311  
Information and referral, peer mentoring, independent living skills training, and educational transition program for individuals with disabilities.

#### ► LEAGUE FOR PEOPLE WITH DISABILITIES, INC.

410-323-0500  
www.leagueforpeople.org  
1111 East Cold Spring Lane  
Baltimore 21239  
Vocational training, employment and recreational activities for persons with disabilities.

## THE IMAGE CENTER



We are taking the trial and error out of aging and disability by providing solutions that work!

Our programs assist you in achieving independence.

Information & Referral • Independent Living  
Youth Services • Solutions for Community Living  
Assistive Technology • and more

300 E. Joppa Road, Suite 312  
Towson, MD 21286  
Phone: 410-982-6311  
Email: info@imagemd.org



## Year-Round Adventures For All Ages, All Abilities!

From brand new cabins to a new activity center, our latest camp additions are sure to make your visit more enjoyable than ever!

- A traditional, residential summer camp on Maryland's Eastern Shore.
- For children and adults with all types of disabilities or other special needs.
- Canoeing, rock wall, high ropes, zip line, pool, horseback riding, arts/crafts and more!
- Two weeks each summer for individuals with autism.
- Year-round respite weekends and travel trips.
- New cabins, activity center, dining hall and health center with nurses 24/7.



Facebook.com/CampFairlee

410-778-0566

www.CampFairlee.com

# D

## DEVELOPMENTAL DISABILITIES

### ► MARYLAND ABLE PROGRAM

855-563-2253  
www.marylandable.org  
Tax-advantaged savings program for individuals with disabilities.

### ► MARYLAND DEVELOPMENTAL DISABILITIES COUNCIL

410-767-3670  
www.md-council.org  
Comprehensive online resource for disability-related information.

### ► MARYLAND MOTOR VEHICLE ADMINISTRATION

www.mva.maryland.gov  
Automated Information 410-768-7000  
Handicapped Signs 410-768-7646  
Registration Renewal By Touch-Tone Phone 410-768-7000  
800-492-4575 (TTY)

### ► MARYLAND PUBLIC BEHAVIORAL HEALTH SYSTEM

800-888-1965  
Provides names and numbers of mental health providers who accept Medical Assistance.

### ► MARYLAND RELAY

410-767-0960  
800-522-7724  
www.doit.maryland.gov/mdrelay  
301 West Preston Street, Suite 1008A  
Baltimore 21201  
Everything you need to stay connected.

### ► MARYLAND STATE DEPARTMENT OF EDUCATION, DIVISION OF REHAB SERVICES

410-554-9100

### ► MARYLAND TECHNOLOGY ASSISTANCE PROGRAM

800-832-4827  
Provides information and referral for individuals with disabilities to support independence.

### ► MAYOR'S COMMISSION ON DISABILITY

443-984-3170

### ► MID-ATLANTIC MEDICAL SUPPLY AND EQUIPMENT

410-363-2279  
www.suppliesforliving.com  
718 Main Street  
Reisterstown 21136  
Price-match promise, delivery and insurance billing.

### ► NATIONAL REHABILITATION INFORMATION CENTER

800-346-2742  
Information and referral service to assist persons with disabilities.



## FIRST MARYLAND Disability Trust

We recognize the importance of assisting individuals with disabilities regardless of age or disability.

For the Individual with disabilities we offer a Pooled Special Needs Trust to protect assets and preserve eligibility for benefits.

For the Individual's family, we offer a Third Party Special Needs Trust to help you plan for the future.

- We facilitate case management and care coordination as needed.
- We distribute funds to increase the Individual's quality of life and enhance independence.
- We provide a corporate alternative to the Individual Trustee, for both Pooled Trusts and Individual Trusts.

410-296-4408 [www.firstmdtrust.org](http://www.firstmdtrust.org)

The First Maryland Disability Trust, Inc., a Non-Profit organization.

# D - E

## DEVELOPMENTAL DISABILITIES - EDUCATION

### ► SCALE-APHASIA PROGRAM-THE LEAGUE

410-323-1777  
Treatment, education, and support for people with aphasia.

### ► UNIFIED COMMUNITY CONNECTIONS

410-484-4540  
800-451-2452 (Toll-Free)  
For adults with intellectual or developmental disabilities.

### ► WWW.DISABILITY.GOV

866-487-2365  
Resource information on benefits, employment, education, health, housing, civil rights, etc.

## DISABILITY ASSISTANCE

For additional services/information, call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging at Maryland Access Point at 410-396-2273. See Adult Day Care-Specialized Services, Assistive Technology, Case Management, Dental Services, Employment, Geriatric Mental Health Services, Hearing Resources, Loan Closet for Medical Equipment, Medical Equipment and Supplies, Mental Health Services, Personal Needs, Transportation Services and Vision Resources.

## DISASTER PREPARATION

See Emergency Preparedness.

## DOMESTIC VIOLENCE

### ► BALTIMORE COUNTY DEPARTMENT OF SOCIAL SERVICES, FAMILY VIOLENCE UNIT

410-853-3030  
Provides information, and offers a court advocate program to victims of domestic violence.

### ► CHANA

410-234-0023 (Helpline)  
Program supports the needs of women, men, children and elders who experience physical, psychological, sexual or financial abuse.

### ► DOMESTIC VIOLENCE PROGRAM, BALTIMORE COUNTY FAMILY CRISIS CENTER

410-828-6390 (24-Hour Hotline)  
410-285-7496 (Domestic Violence Shelter Only)  
410-285-4357 (Victim Advocacy, Perpetrator Services, Administrative Offices)  
Counseling, shelter and assistance for individuals experiencing domestic violence.

### ► FAMILY & CHILDREN'S SERVICES OF CARROLL COUNTY

410-876-1233  
Provides safe shelter and counseling to victims of domestic violence.

### ► HOUSE OF RUTH

410-889-7884 (Hotline)  
888-880-7884 (Legal Hotline)  
410-889-0840 (Office)  
Provides safe shelter and counseling to victims of domestic violence.

### ► PROTECTION ORDER ADVOCACY AND REPRESENTATION PROJECT (POARP)

410-887-3162  
Provides free legal advice regarding protection orders to victims of domestic violence.

### ► TURNAROUND, INC.

443-279-0379 (24-Hour Hotline)  
410-377-8111 (Office)  
Counseling and services to victims of domestic violence, rape, incest, human trafficking and sexual assault.

## DRIVING/DRIVING REHABILITATION

See Transportation Services.

### ► AARP DRIVER SAFETY

800-350-7025  
www.aarp.org/driving  
A driver safety training program that may reduce your auto insurance by ten percent.

### ► GOOD SAMARITAN ADAPTIVE DRIVING PROGRAM

443-444-4601 (Outpatient Rehabilitation)  
Driver assessment and training. Physician prescription is required.

### ► SAINT AGNES DRIVER REHABILITATION PROGRAM

410-368-2800  
Driver assessment and training. Physician prescription is required.

### ► SINAI REHABILITATION CENTER, DRIVE FOR INDEPENDENCE

410-601-5830  
Driver assessment and training. Physician prescription is not required.

### ► UNIVERSITY OF MARYLAND - ST. JOSEPH MEDICAL CENTER, SAFE DRIVER ASSESSMENT PROGRAM

410-427-2431  
Driver assessment and training. Physician prescription usually required.

## ACCESSIBLE CARS/ VANS (FUNDING RESOURCES)

### ► IMAGE CENTER OF MARYLAND

410-982-6311

### ► MARYLAND TECHNOLOGY ASSISTANCE PROGRAM

800-832-4827

## EDUCATION

### ► BALTIMORE COUNTY SENIOR CENTERS

410-887-2040  
www.baltimorecountymd.gov/seniorcenters  
Offering opportunities for skill development and lifelong learning at 20 senior centers in Baltimore County.

### ► COMMUNITY COLLEGE OF BALTIMORE COUNTY (CCBC)

443-840-4099  
Campuses at Catonsville, Essex and Dundalk with satellite locations in Hunt Valley, Owings Mills and Randallstown.

### ► COMMUNITY COLLEGE OF BALTIMORE COUNTY (CCBC), SENIOR INSTITUTE

443-840-1685  
www.ccbcmd.edu  
Classes held at locations throughout the county.

### ► GOUCHER COLLEGE, SAGE ACADEMY FOR LIFELONG LEARNING

410-337-6200  
Encourages lifelong learning, study options, discussions and social interaction.

### ► JEWISH COMMUNITY CENTER OF GREATER BALTIMORE

410-542-4900  
Trips, classes, holiday programs and community-wide events.

### ► OSHER LIFELONG LEARNING INSTITUTE AT AT JOHNS HOPKINS UNIVERSITY

410-516-9719  
AT TOWSON UNIVERSITY  
410-704-3535  
Stimulating learning experiences for semi-retired and retired individuals.

► **RENAISSANCE INSTITUTE AT NOTRE DAME OF MARYLAND UNIVERSITY**  
410-532-5351  
Offering adults lifelong learning and intellectual growth opportunities.

► **UNIVERSITY OF MARYLAND, BALTIMORE COUNTY (UMBC)**  
410-455-1000

► **UNIVERSITY OF MARYLAND BALTIMORE, GERONTOLOGY PROGRAMS**  
410-706-4327

### OTHER EDUCATION PROGRAMS

Classes in reading, writing, math, English as a Second Language (ESL), and GED® Preparation.

► **BALTIMORE CITY COMMUNITY COLLEGE ADULT BASIC EDUCATION PROGRAM**  
410-986-5444

► **GREATER HOMEWOOD COMMUNITY CORPORATION ADULT LEARNING CENTER**  
410-261-3524

► **KESWICK**  
410-235-8860  
410-662-4363  
[www.choosekeswick.org](http://www.choosekeswick.org)  
700 West 40<sup>th</sup> Street  
Baltimore 21211  
Live well. Age well. Be well.

► **LEARNING IS FOR TOMORROW (LIFT)**  
410-522-1705

► **NATIONAL LITERACY DIRECTORY**  
877-389-6874

► **SOUTH BALTIMORE LEARNING CENTER**  
410-625-4215

### ELDER ABUSE

See Domestic Violence, Hotlines, Legal Services, Government/Non-Profit and Summary of Services.

### EMERGENCY PREPAREDNESS

► **AMERICAN RED CROSS GREATERCHESAPEAKE AND POTOMAC BLOOD REGION**  
410-624-2000  
[www.redcross-cmd.org](http://www.redcross-cmd.org)

► **BALTIMORE CITY HEALTH DEPARTMENT, OFFICE OF PUBLIC HEALTH**  
410-396-3972

► **BALTIMORE COUNTY OFFICE OF HOMELAND SECURITY AND EMERGENCY MANAGEMENT**  
410-887-5996  
[www.baltimorecountymd.gov/agencies/emergency\\_prep](http://www.baltimorecountymd.gov/agencies/emergency_prep)  
Coordination of a comprehensive Emergency management program for Baltimore County.

► **GOVERNOR'S OFFICE ON COMMUNITY INITIATIVES, SERVICE AND VOLUNTEERISM (GOSV)**  
410-697-9261  
[www.gosv.state.md.us](http://www.gosv.state.md.us)  
Volunteer training programs, outreach, interagency and donations management coordination.

► **HUMANE SOCIETY OF THE UNITED STATES**  
301-258-3055  
[www.hsus.org](http://www.hsus.org)  
Promotes preparedness education, community planning, response training and field rescue response for animals.

► **MARYLAND DEPARTMENT OF DISABILITIES**  
410-767-3660  
Prepares persons with disabilities for natural or man-made disasters or emergencies.

► **MARYLAND EMERGENCY MANAGEMENT AGENCY (MEMA)**  
877-MEMA-USA  
[www.mema.maryland.gov](http://www.mema.maryland.gov)  
Coordinates the State response to any major emergency or disaster.

► **MAYOR'S OFFICE OF EMERGENCY MANAGEMENT**  
410-396-6188

### EMPLOYMENT

► **ALLIANCE/MOSAIC**  
410-282-5900  
Vocational rehabilitation services for persons with disabilities.

► **BALTIMORE CITY HEALTH DEPARTMENT, OFFICE OF HUMAN RESOURCES**  
410-396-1420

► **BALTIMORE COUNTY DEPARTMENT OF AGING, SENIOR COMMUNITY SERVICE EMPLOYMENT PROGRAM (SCSEP)**  
410-887-4006  
Employment, training and skill development in public and non-profit agencies, 20 hours per week, for low-income individuals age 55 and over.



► **BALTIMORE COUNTY DEPARTMENT OF ECONOMIC DEVELOPMENT**  
410-887-8000  
[www.baltimorecountymd.gov/agencies/jobtraining/jobseeker.html](http://www.baltimorecountymd.gov/agencies/jobtraining/jobseeker.html)  
Centers provide career consultation, resume development and a computerized job bank.  
**Workforce Development Center at Eastpoint**  
410-288-9050  
7930 Eastern Boulevard  
Baltimore 21224  
**Workforce Development Center at Hunt Valley**  
410-887-7940  
11101 McCormick Road, Suite 102  
Hunt Valley 21031  
**Workforce Development Center at the Liberty Center**  
410-887-8912  
3637 Offutt Road  
Randallstown 21133

► **BALTIMORE COUNTY OFFICE OF HUMAN RESOURCES**  
410-887-3135  
[www.baltimorecountymd.gov/agencies/humanresources/jobs/index](http://www.baltimorecountymd.gov/agencies/humanresources/jobs/index)  
Employment opportunities with Baltimore County government.

► **BLIND INDUSTRIES AND SERVICES OF MARYLAND**  
410-737-2600  
800-322-4567 (Toll -Free)  
[www.bism.org](http://www.bism.org)  
3345 Washington Boulevard  
Baltimore 21227

► **EASTSIDE ONE-STOP CAREER CENTER**  
410-396-9030

► **KESWICK**  
410-235-8860  
410-662-4363  
[www.choosekeswick.org](http://www.choosekeswick.org)  
700 West 40<sup>th</sup> Street  
Baltimore 21211  
Live well. Age well. Be well.

► **LEAGUE FOR PEOPLE WITH DISABILITIES, INC.**  
410-323-0500  
[www.leagueforpeople.org](http://www.leagueforpeople.org)  
Vocational training, employment and recreational activities for persons with disabilities.

► **MARYLAND DEPARTMENT OF EDUCATION, DIVISION OF REHABILITATION SERVICES (DORS)**  
**Regional Office**  
410-998-2030  
**Eastern Baltimore County Office**  
410-554-3320  
**Towson Office**  
410-321-4044  
Services and programs for eligible individuals who have a disability.

► **MAYOR'S OFFICE OF EMPLOYMENT DEVELOPMENT**  
410-396-6392

► **MARYLAND WORKS - YOUR WORKFORCE CONNECTION**  
410-381-8660 (Columbia),  
410-551-3130 (Baltimore)  
<http://mdworks.com/>  
10270 Old Columbia Road,  
Suite 100  
Columbia 21046

► **RE-ENTRY CENTER @ NORTHWEST ONE-STOP CAREER CENTER, THE MONDAWMIN MALL**  
410-396-7873

► **SOCIAL SECURITY ADMINISTRATION, TICKET TO WORK PROGRAM**  
866-968-7842  
866-833-2967 (TTY)  
[www.choosework.net](http://www.choosework.net)  
An employment program for persons with disabilities.

► **STATE OF MARYLAND DEPARTMENT OF LABOR, LICENSING AND REGULATION, DIVISION OF EMPLOYMENT AND TRAINING**  
**Office of Workforce Development**  
410-767-2173  
**Unemployment Insurance (Claimant Information)**  
410-949-0022

► **U.S. EQUAL EMPLOYMENT OPPORTUNITY COMMISSION**  
800-669-4000  
800-669-6820 (TTY)  
[www.eeoc.gov](http://www.eeoc.gov)  
Baltimore Field Office,  
City Crescent Building  
10 South Howard Street,  
Third Floor  
Baltimore 21201  
Enforces federal legislation prohibiting employment discrimination based on race, sex, religion, national origin, color, age, equal pay or disability.

► **WORKFORCE RECEPTION CENTER**  
410 396-6588

### EXERCISE

See Fitness Centers, Baltimore County and Baltimore City.

### FINANCIAL ASSISTANCE

\*See Financial Eligibility Guidelines. Please refer to Index for page location. See also Home Repairs, Modifications and Assistance.

► **ACCESSIBLE HOMES FOR SENIORS**  
Maryland Access Point of Baltimore County  
410-887-2594  
**Baltimore City Health Department, Division of Aging at Maryland Access Point**  
410-396-2273  
[www.dhcd.maryland.gov/residents/pages/ahsp/default.aspx](http://www.dhcd.maryland.gov/residents/pages/ahsp/default.aspx)  
Home modification loans for housing accessibility features. Interest-free, 30 year loans for income eligible individuals 55 and older.

► **ASSISTANCE CENTER OF TOWSON CHURCHES**  
410-296-4855  
Serves northern Baltimore County and City with food, utility turn-off and eviction assistance.

► **BALTIMORE CITY DEPARTMENT OF PUBLIC WORKS, SENIOR DISCOUNT WATER PROGRAM**  
410-396-5398 (Application)  
410-396-8963 (Payment Arrangements/Past Due)  
Provides Baltimore City residents who are 65, and older and who financially qualify, with a 43% discount on water/sewer charges quarterly. May also apply at Baltimore City Senior Centers. Call for additional criteria.

**Low Income Water Program (Grant)**  
One time credit of \$250.00 towards water bill. Applications at your local Community Action Center.  
**Hardship Exemption Application**  
(Exemption for Bay Restoration and Storm Water Fee.)

► **BALTIMORE CITY DEPARTMENT OF SOCIAL SERVICES, MEDICAL ASSISTANCE**  
443-423-6400  
(Northeast Regional Office)

► **BALTIMORE CITY HEALTH DEPARTMENT, DIVISION OF AGING AT MARYLAND ACCESS POINT**  
410-396-2273  
[www.marylandaccesspoint.info](http://www.marylandaccesspoint.info)  
Provides application and benefit enrollment assistance.

► **BALTIMORE CITY OFFICE OF HOUSING REHABILITATION SERVICES**  
410-396-4151

► **BALTIMORE CITY TAX SALE PREVENTION WEBSITE**  
[www.taxsalehelpbaltimore.org](http://www.taxsalehelpbaltimore.org)  
For information about the tax sale process, your rights and resources.

► **BALTIMORE CITY WATER BILLING**  
410-361-9061  
Delinquent account payment arrangements.

► **BALTIMORE COUNTY DEPARTMENT OF AGING, MARYLAND ACCESS POINT OF BALTIMORE COUNTY**  
410-887-2594  
[www.baltimorecountymd.gov/aging](http://www.baltimorecountymd.gov/aging)  
[aginginfo@baltimorecountymd.gov](mailto:aginginfo@baltimorecountymd.gov)  
Information regarding financial benefits and assistance with completing applications.





► **BALTIMORE COUNTY DEPARTMENT OF SOCIAL SERVICES, DISTRICT OFFICES**

**Catonsville**  
410-853-3450  
746 Frederick Road  
Catonsville 21228  
**Dundalk**  
410-853-3400  
1400 Merritt Boulevard,  
Suite C  
Dundalk 21222  
**Essex**  
410-853-3800  
439 Eastern Boulevard  
Essex 21221  
**Reisterstown**  
410-853-3010  
130 Chartley Drive  
Reisterstown 21136  
**Towson**  
410-853-3340  
Drumcastle Government  
Center  
6401 York Road  
Baltimore 21212

► **BALTIMORE COUNTY DEPARTMENT OF SOCIAL SERVICES, MEDICAL ASSISTANCE**

410-853-3000  
Assists clients to pay certain medical and pharmaceutical bills when eligibility requirements are met.

► **BENEFITSCHECK UP**

[www.benefitscheckup.org](http://www.benefitscheckup.org)  
A web-based service to help determine if individuals qualify for specific programs and benefits, including prescriptions and healthcare.

► **BENEFITS DATA TRUST**

855-444-4998  
Provides assistance with applications for certain entitlement benefits.

► **CATONSVILLE EMERGENCY ASSISTANCE**

410-747-4357 (General)  
443-636-8567 (Utility Assistance)  
443-636-8185 (Eviction Prevention)  
Food and utility assistance, eviction prevention for residents from the Catonsville area.

► **COMMUNITY ASSISTANCE NETWORK**

410-285-4674  
Assistance with eviction, food, employment, training, weatherization and outreach, when available.

► **CRIMINAL INJURY COMPENSATION BOARD**

410-585-3010  
[www.dpscs.state.md.us](http://www.dpscs.state.md.us)  
Offers financial compensation for innocent victims of crimes.

► **EARNBENEFITS**

667-600-3412  
Counselors screen applicants to identify eligibility for benefits.

► **ELECTRIC UNIVERSAL SERVICES PROGRAM (EUSP)\***

410-853-3385 (County)  
410-396-5555 (City)  
Assistance with electricity costs for income eligible persons.

► **FRANCISCAN CENTER**

410-467-5340  
Provides hot meals, clothing, toiletries, job readiness assistance, emergency pantry, assistance with BGE turnoff, evictions, prescriptions, glasses and dental services. Free services for financially eligible.

► **FUEL FUND OF MARYLAND**

[www.fuefundmaryland.org/get-assistance/apply-now](http://www.fuefundmaryland.org/get-assistance/apply-now)  
Applicants who have completed the Office of Home Energy MEAP application can apply for turnoff assistance.

► **HEALTH CARE ACCESS MARYLAND**

410-649-0500  
Agency charged with helping residents in Baltimore City and County to learn about and apply for health insurance under the Affordable Care Act. Partners with other organizations to provide outreach, education, and enrollment assistance.

► **HOMEOWNER'S TAX CREDIT**

410-767-4433, Press 1  
Credit on property tax based on gross household income. Persons age 70 and older may apply for previous 3 years.

► **MARYLAND DEPARTMENT OF HUMAN SERVICES**

800-332-6347  
<https://mydhrbenefits.dhr.state.md.us>  
A web-based screening application tool that allows applicants to apply, renew, update, or learn about SNAP (Food Supplements), Medical Assistance, MA Long Term Care, MEAP and EUSP.

► **MARYLAND ENERGY ASSISTANCE PROGRAM (MEAP)\***

410-853-3385 (County)  
410-396-5555 (City)  
Assists in payment of heating costs for income eligible persons.

► **MARYLAND HEALTH CONNECTION**

855-642-8572  
855-642-8573 (TTY)  
[www.marylandhealthconnection.gov](http://www.marylandhealthconnection.gov)  
Marketplace in Maryland to compare health insurance options and enroll in a plan under the Affordable Care Act. Applications online, by phone, by mail or in person.

► **MD BENEFITS CENTER**

855-444-4998  
Free service for low income Maryland residents to access benefits.

► **PROPERTY TAX SERVICES HARDSHIP INSTALLMENT**

**PAYMENT PROGRAM**  
410-887-2404 (County)  
Assistance to property owners experiencing temporary financial hardship.

► **QUALIFIED MEDICARE BENEFICIARY PROGRAM (QMB)\***

410-887-2594 (County)  
410-396-2273 (City)  
Pays the premium, deductibles and coinsurance payments for financially eligible individuals who receive Medicare.

► **RENTER'S TAX CREDIT**

410-767-4433, Press 2  
A tax credit for renters when rent exceeds a fixed percentage of gross income.

► **SALVATION ARMY OF THE GREATER BALTIMORE AREA**

410-783-2920, Press 1  
Assists with BGE turn-offs, evictions, food and clothing. Based on needs and availability of funds.



# F

## FINANCIAL ASSISTANCE - FINANCIAL COUNSELING

► **SENIOR PRESCRIPTION DRUG ASSISTANCE PROGRAM (SPDAP)\***  
800-551-5995  
www.marylandspdap.com  
Income eligible MD residents enrolled in certain Medicare prescription drug plans may receive assistance with monthly premiums.

► **SNAP (FORMERLY FOOD STAMPS PROGRAM) \***  
Baltimore County Department of Social Services  
410-853-3000  
Baltimore City Department of Social Services  
443-423-4445  
Eligible clients allotted subsidy for food based on income and household size.

► **SOCIAL SECURITY ADMINISTRATION**  
800-772-1213  
www.socialsecurity.gov  
Administers Social Security programs for retirees, survivors, the blind or persons with disabilities. Administers Medicare enrollment.  
**Belair-Edison Crossing**  
800-772-1213  
2401 Belair Road, #106  
Baltimore 21213  
**Downtown**  
800-772-1213  
1010 Park Avenue, Suite 200  
Baltimore 21201  
**Randallstown/Owings Mills**  
800-772-1213  
5 Park Center Court, Suite 100  
Owings Mills 21117  
**Rossville**  
800-772-1213  
6820 Hospital Drive, Suite 100  
Baltimore 21237  
**Towson**  
800-772-1213  
28 Allegheny Avenue, 4<sup>th</sup> Floor  
Towson 21204  
**Wabash**  
800-772-1213  
6100 A Wabash Avenue  
Baltimore 21215  
**West**  
800-772-1213  
1531 South Edgewood Street  
Baltimore 21227

► **SOCIAL SECURITY ADMINISTRATION, SUPPLEMENTAL SECURITY INCOME (SSI)\***  
800-772-1213  
Provides income for individuals age 65 and older, blind or disabled who are low income.

► **SOUTHWEST EMERGENCY SERVICES**  
410-247-8154  
Food pantry, help with BGE turnoffs, eviction prevention and clothing. Some services limited to residents of 21227 only.

► **SPECIFIED LOW-INCOME MEDICARE BENEFICIARY (SLMB) \***  
410-887-2594 (County)  
410-396-2273 (City)  
Pays the Medicare Part B premium for individuals whose income is slightly above QMB criteria.

► **UNITED CHURCHES ASSISTANCE NETWORK**  
410-628-2102  
Food pantry for homeless, eviction prevention, help with BGE, prescriptions and referrals for residents of northern Baltimore County.

### FINANCIAL COUNSELING

See Reverse Mortgages and Housing: Other Housing Options.

► **BALTIMORE COUNTY DEPARTMENT OF PLANNING: FORECLOSURE PREVENTION & MITIGATION**  
410-887-5969  
Provides connections to foreclosure prevention counseling for Baltimore County residents.

► **CHAI: COMPREHENSIVE HOUSING ASSISTANCE, INC.**  
410-500-5310 (Request Intake/Application)  
Foreclosure prevention counseling services for homeowners in Baltimore City and specified areas in Baltimore County.

► **CONSUMER CREDIT COUNSELING SERVICES (CCCSMD)**  
800-642-2227  
Offers workshops and individual counseling for financial situations and credit problems.

► **DIVERSIFIED HOUSING DEVELOPMENT**  
410-496-1214  
Foreclosure prevention and home ownership counseling services and workshops for Baltimore County residents.

► **EASTSIDE COMMUNITY DEVELOPMENT CORPORATION, INC.**  
410-284-9861  
Workshops and individual counseling for first-time homeowners and homeowners facing foreclosure in Baltimore County.

► **INTERNAL REVENUE SERVICE (IRS)**  
800-829-1040  
Federal tax information.

► **NEIGHBORHOOD HOUSING SERVICES OF BALTIMORE (NHS)**  
410-327-1200, Ext. 113  
Provides tax sale prevention, pre/post purchase counseling, rehabilitation loans, credit counseling and financial education.

### *Make A Difference By Supporting The Seniors In Need Program!*



The Seniors in Need Program provides Baltimore County seniors with one-time emergency assistance for electrical turn-offs, medications and more. You can help support the program by making a donation in honor of a loved one, relative, friend or colleague.

Donations may be made in any amount. Contributions over \$25 will be acknowledged in the Power of Age Expo program guide. All donors will receive a letter along with the individual and family being honored. Contributions are tax deductible.

Please make your check payable to:  
Baltimore County, MD

Payment should be mailed to:  
Baltimore County Department of Aging  
ATTN: Seniors In Need Program  
611 Central Avenue, Room 304, Towson, MD 21204

To learn more about the Seniors In Need Program, please call **410-887-2002**.

# F

## FINANCIAL COUNSELING - FINANCIAL RESOURCES

### ► PARK HEIGHTS RENAISSANCE

410-664-4890  
Foreclosure prevention, workshops for first-time home buyers, and financial literacy education.

### ► STATE HEALTH INSURANCE ASSISTANCE PROGRAM (SHIP)

410-887-2059 (County)  
410-396-2273 (City)  
Counseling on health insurance, Medicare, Medicare Prescription Drug Programs, Medigap and Medicare Advantage plans. Advocates on behalf of beneficiaries; speakers available.

### ► SUN: STABILIZING URBAN NEIGHBORHOODS

855-604-4663  
Helps homeowners in foreclosure repurchase their houses at a mortgage they can afford.

### ► TAX COUNSELING FOR THE ELDERLY

410-887-2594 (County)  
410-396-2273 (City)  
Joint program of AARP and IRS. Offers free tax assistance to older adults at local senior centers during tax season.

### ► VETERANS HELPLINE

410-230-4500 (Baltimore Regional Office)  
800-827-1000  
Counsels veterans on available services.

## FINANCIAL RESOURCES

### ► BALTIMORE COUNTY EMPLOYEES FEDERAL CREDIT UNION

www.bcefcu.com

**Main Office and Towson Branch**  
410-828-4730

23 West Susquehanna Avenue  
Towson 21204

**Perry Hall Branch**  
410-828-4730

8640 Ridgely's Choice Drive  
Baltimore 21236

**GBMC Branch- Physicians**

**Pavilion North**  
410-828-4730

6535 North Charles Street,  
Suite 145

Baltimore 21204

Serving our members' financial needs for over 55 years.

## REVERSE MORTGAGES

### ► MARYLAND ACCESS POINT

410-887-2594 (County)  
410-396-2273 (City)

To obtain counseling resources.



## Experience the Credit Union difference. *It's where you belong!*

Personalized service from a friendly staff with over 40 financial products and services to help you make the most of your money!

- ✔ Competitive Rates on Home Mortgages and Vehicle Loans
- ✔ VISA Platinum Credit Card with No Annual Fee
- ✔ Checking with free Online/Mobile Banking and Bill Pay
- ✔ VISA Debit Card tied to over 55,000 ATMS

*We're open to anyone residing in the Baltimore-Metropolitan Area.*

Visit [www.bcefcu.com](http://www.bcefcu.com) or stop by one of our three locations for membership details!

*Your Finances. Our Promise.*

**Baltimore County Employees  
Federal Credit Union**

[WWW.BCEFCU.COM](http://WWW.BCEFCU.COM)

410-828-4730 | 1-800-234-4730

- 23 W. Susquehanna Avenue, Towson, MD 21204
- 8640 Ridgely's Choice Drive, Baltimore, MD 21236
- 6535 N. Charles Street, Baltimore, MD 21204  
*(in Physicians Pavilion North at GBMC)*

Your savings federally insured to at least \$250,000  
and backed by the full faith and credit of the United States Government  
**NCUA**  
National Credit Union Administration, a U.S. Government Agency

  
**EQUAL HOUSING  
LENDER**



# F - H

## FITNESS CENTERS, BALTIMORE COUNTY - HEALTH CLINICS

### FITNESS CENTERS, BALTIMORE COUNTY

#### BALTIMORE COUNTY

See also Senior Centers and Recreation and Leisure Activities.

**FITNESS CENTERS**, with cardio and strength training equipment, are conveniently located at thirteen senior centers in Baltimore County. Participants must be senior center members. Membership dues are \$100/year to use all 13 fitness centers, or \$60/year to use the five smaller fitness studios (indicated with an asterisk \*). Personal trainers available for a fee.

#### ▶ ARBUTUS SENIOR CENTER\*

410-887-1410  
www.baltimorecountymd.gov/arbutus  
855A Sulphur Spring Road  
Baltimore 21227

#### ▶ ATEAZE SENIOR CENTER

410-887-7233  
www.baltimorecountymd.gov/ateaze  
7401 Holabird Avenue  
Dundalk 21222

#### ▶ BYKOTA SENIOR CENTER

410-887-3094  
www.baltimorecountymd.gov/bykota  
611 Central Avenue  
Towson 21204

#### ▶ CATONSVILLE SENIOR CENTER

410-887-0900  
www.baltimorecountymd.gov/catonsville  
501 North Rolling Road  
Catonsville 21228

#### ▶ COCKEYSVILLE SENIOR CENTER

410-887-7694  
www.baltimorecountymd.gov/cockeysville  
10535 York Road  
Cockeysville 21030

#### ▶ EDGEMERE SENIOR CENTER\*

410-887-7530  
www.baltimorecountymd.gov/edgemere  
6600 North Point Road  
Baltimore 21219

#### ▶ ESSEX SENIOR CENTER\*

410-887-0267  
www.baltimorecountymd.gov/essex  
600 Dorsey Avenue  
Essex 21221

#### ▶ JACKSONVILLE SENIOR CENTER\*

410-887-8208  
www.baltimorecountymd.gov/jacksonville  
3605A Sweet Air Road  
Phoenix 21131

#### ▶ LIBERTY SENIOR CENTER

410-887-0780  
www.baltimorecountymd.gov/liberty  
3525 Resource Drive  
Randallstown 21133

#### ▶ PARKVILLE SENIOR CENTER

410-887-5338  
www.baltimorecountymd.gov/parkville  
8601 Harford Road  
Baltimore 21234

#### ▶ PIKESVILLE SENIOR CENTER

410-887-1245  
www.baltimorecountymd.gov/pikesville  
1301 Reisterstown Road  
Baltimore 21208

#### ▶ REISTERSTOWN SENIOR CENTER\*

410-887-1143  
www.baltimorecountymd.gov/reisterstown  
12035 Reisterstown Road  
Reisterstown 21136

#### ▶ SEVEN OAKS SENIOR CENTER

410-887-5192  
www.baltimorecountymd.gov/sevenoaks  
9210 Seven Courts Drive  
Baltimore 21236

### BALTIMORE CITY

See Senior Centers.

#### ▶ KESWICK

410-235-8860  
410-662-4363  
www.choosekeswick.org  
700 West 40<sup>th</sup> Street  
Baltimore 21211  
Live well. Age well. Be well.

#### ▶ WEINBERG FOUNDATION FITNESS CENTER, MYERBERG NORTHWEST SENIOR CENTER

410-358-6856  
3101 Fallstaff Road  
Baltimore 21209

### FOOD PANTRIES

For additional services/information call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging at Maryland Access Point at 410-396-2273.



### FUNERAL RESOURCES

See Cemeteries, Memorial Parks and Monuments.

#### ▶ SOCIAL SECURITY ADMINISTRATION

800-772-1213  
May provide a death benefit of \$255.00

#### ▶ VETERANS AFFAIRS, DEPARTMENT OF

800-827-1000  
Assistance with burial expenses to eligible veterans. Referrals to national cemeteries.

### HEALTH CLINICS

See Baltimore County Government Services/Department of Health-Public Health Centers and Disability Assistance, Baltimore City Health Department and Mental Health Services.

#### ▶ ASCENSION SAINT AGNES

667-234-6000  
www.teamsaintagnes.com  
900 South Caton Avenue  
Baltimore 21229  
Get personalized care that's right for you at Saint Agnes.

#### ▶ BALTIMORE CITY HEALTH DEPARTMENT

410-396-4398

#### ▶ BALTIMORE MEDICAL SYSTEMS

Annapolis Road  
443-703-3200  
Middlesex  
410-558-4700  
Sinclair Lane  
410-732-8800  
St. Agnes Center  
443-703-3200  
Medical and psychiatric services. Sliding scale for uninsured; eligibility requirements.

# H

## HEALTH CLINICS - HEARING RESOURCES

### ▶ CHASE BREXTON HEALTH SERVICES

Randallstown  
410-496-6441  
Mt. Vernon Center  
410-837-2050  
Medical, mental health and dental services. Sliding scale for uninsured.

### ▶ COPPIN STATE UNIVERSITY

410-951-4188

### ▶ FAMILY HEALTH CENTER OF BALTIMORE

410-354-2000

### ▶ HEALTH CARE FOR THE HOMELESS

443-777-2300 (County)  
410-837-5533 (City)  
Free non-emergency medical and health services for homeless individuals.

### ▶ JOHNS HOPKINS BAYVIEW CHILDREN'S MEDICAL PRACTICE

410-550-0100

### ▶ JOHNS HOPKINS COMMUNITY PHYSICIANS

Canton Crossing Health Center  
410-522-9940  
East Baltimore Medical Center  
410-522-9800  
Greater Dundalk  
410-288-4800  
Green Spring Station  
410-847-3535  
White Marsh  
443-442-2300  
Medical services and some specialty care for adults. Sliding scale for uninsured.

### ▶ LOYOLA CLINICAL CENTERS

Belvedere Square  
410-617-1200  
Provides a broad range of audiology, education, psychological, speech and language services.

### ▶ MEDSTAR HARBOR PRIMARY CARE

410-350-8222

### ▶ PARK WEST HEALTH SYSTEM

410-542-7800

### ▶ SHEPHERD'S CLINIC

410-467-7140

### ▶ TOTAL HEALTH CARE

410-383-8300

## HEALTH INFORMATION

See Identification Programs.

## HEARING RESOURCES

See Advocacy, Assistive Technology and Disability Assistance.

### ▶ AT&T NATIONAL CENTER FOR CUSTOMERS WITH DISABILITIES

866-241-6568, Press 2

### ▶ AUDIENT ALLIANCE FOR ACCESSIBLE HEARING CARE

866-956-5400, Ext. 5004  
Hearing care for financially eligible.

### ▶ BALTIMORE COUNTY DEPARTMENT OF HEALTH, SPEECH, LANGUAGE AND AUDIOLOGY SERVICES

Eastern Family Resource Center  
410-887-6443  
9150 Franklin Square Drive  
Rosedale 21237  
Liberty Family Resource Center  
410-887-0611  
3525 Resource Drive  
Randallstown 21133

### ▶ BMS HIGHLANDTOWN COMMUNITY HEALTH CENTER

410-558-4900

### ▶ CLEARCAPTIONS, LLC

866-246-7850  
www.clearcaptions.com  
3001 Lava Ridge Court,  
Suite 100  
Roseville, CA 95661  
Your calls captioned. Whenever. Wherever.

### ▶ COMMUNITY SUPPORT SERVICES FOR THE DEAF

410-597-8780  
410-597-8806 (TTY)

### ▶ GBMC OTOLARYNGOLOGY CENTER OF EXCELLENCE

443-849-2151  
www.gbmc.org/ent  
Physicians Pavilion North  
6535 North Charles Street,  
Suite 250  
Baltimore 21204  
Treating patients with ear, nose and throat problems.

### ▶ GOVERNOR'S OFFICE OF THE DEAF AND HARD OF HEARING

443-453-5761 (Voice/Phone)

### ▶ HEAR NOW

800-328-8602  
Discounted hearing aids to adults and children who qualify. Non-refundable processing fee.

### ▶ HEARING AND SPEECH AGENCY, THE

410-318-6780  
Audiological testing, hearing aid fittings, sign language interpreters and classes, speech therapy and gateway school.

### ▶ HEARING LOSS ASSOCIATION OF AMERICA

301-657-2248  
410-484-6866 (Greater Baltimore Chapter)  
Information and referral about hearing loss, communication access and assistive technology.

### ▶ HELP AMERICA HEAR

888-580-8886  
Subsidies for hearing aids for those who qualify. Processing fees required.

### ▶ LIVE BETTER HEARING

410-321-7960  
www.livebetterhearing.com  
1813B York Road  
Timonium 21093  
Pikesville location also available for your needs. Please see website.

### ▶ MARYLAND RELAY

410-767-0960  
800-522-7724  
www.doit.maryland.gov/mdrelay  
301 West Preston Street,  
Suite 1008A  
Baltimore 21201  
Everything you need to stay connected.

### ▶ TOWSON UNIVERSITY INSTITUTE FOR WELL- BEING, HEARING AND BALANCE CENTER

410-704-3095  
Offering audiology and balance evaluations, hearing aid sales and fittings.

### ▶ UNITED STATES VETERANS

ADMINISTRATION  
410-605-7000  
877-222-8387  
Provides hearing aids and assistive technology for eligible veterans.

### ▶ VERIZON CENTER FOR CUSTOMERS WITH DISABILITIES

800-974-6006  
www.verizon.com/about/accessibility/overview  
www.verizon.com/disabilities  
Mobile phone technology for the hearing impaired.

## HOME HEALTH SERVICES

The following agencies provide services such as nursing, medical social services, physical therapy, occupational therapy and home health services. Each licensing category has different parameters. Usually the client must pay for aide services; Medicare and other insurance will pay for aides only in limited situations. Some agencies employ staff to provide direct services while other agencies act as a registry, referring care providers to the client. For questions regarding these agencies, call the Office of Health Care Quality (OHCQ) at 410-402-8015.

When bringing a care provider into your home:

- Ask for the payment structure in writing, including whether payment is made to the agency or the care provider. You may be responsible for paying Social Security, IRS withholding taxes, insurance, etc., if you pay the individual directly.
- Request proof that the aide is either covered by Workers Compensation or that the aide is self-insured.
- Confirm the agency is licensed by OHCQ to specifically perform the services that you request, including medication management. The health care workers should be properly trained for the services provided.
- Confirm that a background check has been done on the care provider.
- Request the license or certification of any care provider coming into your home.
- Confirm the agency has Dishonesty Bonding for the care provider or check to see whether your homeowner's insurance will cover any loss that may occur.

### (HH) HOME HEALTH

**AGENCY:** agency accepts patients for skilled care upon a signed order of a physician. Agencies are approved to accept Medicare payment. Can provide many types of services, including physical and occupational therapy.

### (RS) RESIDENTIAL SERVICE

**AGENCY:** agency may have employees to provide services in the home or may contract with health care providers that a client can select.

### (NR) NURSING REFERRAL SERVICE AGENCY:

agency refers care providers to clients at the family's request to provide services in the home. Care providers are not employed by the agency.

This list from OHCQ is current as of November 2019.

▶ **A+ PERSONAL HOME CARE (RS)**  
443-660-8757

▶ **A1 RELIABLE MEDICAL & HEALTHCARE SERVICES, INC (RS)**  
410-602-6493

▶ **AADVANCE HOME HEALTH SERVICES, LLC (RS, NR)**  
410-744-8200

▶ **A WATCHFUL EYE HOME CARE AGENCY (RS)**  
410-989-1135

▶ **ABEL HEALTH CARE, INC. (RS)**  
410-825-0816

▶ **ABLE HEALTH CARE SERVICES, INC (RS)**  
410-637-3005

▶ **ABRAHAM HEALTH CARE SERVICES, INC (RS)**  
410-254-3004

▶ **ABRIVE HOME HEALTH CARE, LLC (RS)**  
443-213-1197

▶ **ABSOLUTE CARE (RS)**  
443-990-1227

▶ **ABSOLUTE CARE SERVICES, LLC (RS)**  
443-803-0240

▶ **ABSOLUTE COMPANION CARE, LLC (RS)**  
410-357-9640

▶ **ABSOLUTE HOME HEALTH CARE (RS)**  
410-580-9100

▶ **ABSOLUTE SUPREME COMPANIONS, IN-HOME CARE (RS)**  
443-621-9197

▶ **ABUNDANT CARE SERVICES, (RS)**  
443-824-4669

▶ **ABUNDANT LIFE HOME HEALTH SERVICES, INC (RS)**  
410-917-9433

▶ **ACC MEDICAL SERVICES, LLC (RS)**  
443-324-9747

▶ **ACCESS NURSING SERVICES OF MARYLAND, INC (RS)**  
410-321-5560

▶ **ACTIVE QUALITY CARE, INC. (RS)**  
410-901-7694

▶ **ADASSAH HEALTH RESOURCES, LLC (RS)**  
443-226-3289

▶ **ADMIRABLE HOME HEALTH CARE SOLUTIONS, LLC (RS)**  
410-588-9143

▶ **ADONAI HEALTHCARE SERVICES, INC (RS)**  
410-521-7004

▶ **ADVANCED HOME CARE SERVICES, INC (RS)**  
410-663-3133

▶ **ALL ABOUT HOME CARE, LLC (RS)**  
443-460-2120

▶ **ALL ABOUT YOU HEALTH CARE SERVICES, INC (RS)**  
410-655-6606

▶ **ALL STAFFING, INC (RS)**  
410-486-8650

▶ **ALLIED NURSING REFERRAL SERVICE AGENCY (NR)**  
443-418-6056

▶ **ALLSTAR CARE AGENCY, LLC (RS)**  
240-643-8562

▶ **ALTERNATIVE HEALTH CARE SERVICES, INC (RS)**  
410-769-8094

▶ **AMAZING CARE HEALTH SERVICES, LLC (RS)**  
410-265-0023

▶ **AMAZING GRACE RESIDENTIAL SERVICES AGENCY, INC (RS)**  
410-580-0999

▶ **AME HOME CARE (RS)**  
410-719-6912

▶ **AMEDISYS HOME HEALTH (HH)**  
410-686-8413

▶ **ANGEL HEART HOME HEALTH (RS)**  
410-764-2787

▶ **ANGELI DEI HEALTH SERVICES, INC (RS)**  
443-627-0449

▶ **ANGELS HEALTH CARE, INC. (RS)**  
410-391-8457

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## HOME HEALTH SERVICES

▶ **ANGEL HEART HOME HEALTH (RS)**  
410-764-2787

▶ **ANGELS OF HOPE HEALTH CARE AGENCY, INC (RS)**  
443-858-9873

▶ **APEX HEALTHCARE SOLUTIONS, LLC (RS)**  
443-929-5332

▶ **APPEALING MULTI SERVICES, LLC (RS)**  
443-414-3704

▶ **ARCHER'S LOVELY HEARTS HOME CARE & NRSA, LLC (NR)**  
443-722-9781

▶ **ASSERTIVE HOME CARE SERVICES, LLC (RS)**  
443-675-8097

▶ **ASTREA HOME CARE, INC (RS)**  
443-983-3558

▶ **ATAAM HEALTH CARE, LLC (RS)**  
856-313-0646

▶ **ATOSK HEALTHCARE SERVICES, INC (RS)**  
410-321-6826

▶ **AUGUST HOME CARE SERVICES, LLC (RS)**  
301-742-5533

▶ **AVILA HOME CARE (RS)**  
443-846-0511

▶ **AWAIT RESIDENTIAL SERVICE AGENCY (RS)**  
443-562-1909

▶ **BALTIMORE FAMILY HOME HEALTHCARE SERVICES, LLC (RS)**  
443-503-6360

▶ **BALTIMORE NURSES EXCHANGE, INC (NR)**  
410-747-6100

▶ **BAYADA HOME HEALTH, INC (HH)**  
301-977-6400

▶ **BAYADA HOME HEALTH CARE (RS)**  
410-944-5999

▶ **BELOVED HOME HEALTH CARE, LLC (RS)**  
443-642-7978

▶ **BESTCARE HOME, INC. (RS)**  
443-677-2039

▶ **BESTCARE RESIDENTIAL SERVICES, INC (RS)**  
410-415-6505

▶ **BEST HEALTHCARE AGENCY, INC (RS)**  
443-985-8000

▶ **BETHEL-DIVINE HEALTH CARE SERVICES, LLC (RS)**  
443-939-4497

▶ **BEYONDCARE NURSING SERVICES, LLC (RS)**  
410-963-2134

▶ **BEYOND HOSPITAL CARE (RS)**  
443-473-5489

▶ **BLESSED HOPE HOME CARE SERVICES (RS)**  
410-444-8133

▶ **BOLPAT HEALTH SERVICES (RS)**  
410-967-9202

▶ **BRIGHT MORNING STAR HEALTH SERVICES (RS)**  
443-804-7652

▶ **BRIGHTSTAR HEALTHCARE OF BALTIMORE CITY/COUNTY (RS, RS)**  
443-275-2796

▶ **BRITEVIEW HEALTHCARE SOLUTIONS, LLC (RS)**  
301-377-4918

▶ **BRYSON HEALTHCARE SERVICES, INC. (RS)**  
410-496-6630

▶ **BWELL HEALTHCARE, INC. (RS)**  
410-701-7100

▶ **CANTYS HELPING HANDS (RS)**  
410-449-0244

▶ **CARE AND KINDNESS HOMECARE, LLC (NR)**  
240-481-3953

▶ **CARE FOR U HOME, INC (RS)**  
410-961-6850

▶ **CARE FROM THE HEART, INC. (RS)**  
443-564-7878

▶ **CARE PATHWAY, LLC (RS)**  
443-860-8005

▶ **CAREFIRST HEALTH CARE SERVICES (RS)**  
410-905-3680

▶ **CAREGIVERS OF THE POTOMAC, LLC (RS)**  
410-625-1525

▶ **CARESTAFF NURSING SERVICE, INC (RS, NR)**  
443-600-3659

▶ **CARING HANDS OF INFINITY HOME CARE SERVICES, LLC (RS)**  
443-912-2116

▶ **CARING HEARTS HOME HEALTH CARE, INC (RS)**  
240-423-4132

▶ **CARING HOME CARE, LLC (RS)**  
443-653-2833

▶ **CH HOME HEALTH SERVICES, INC (RS)**  
443-388-0532

▶ **CHESAPEAKE MEDICAL STAFFING (NR, RS)**  
410-321-4267

▶ **CHIKA DIVINE CARE, INC (RS)**  
443-405-3647

▶ **CHRISTADEL HEALTHCARE SERVICES, INC (RS)**  
443-985-1725

▶ **CHRISTIAN HEALTHCARE OF MARYLAND, LLC (RS)**  
410-592-7270

▶ **CLEARVIEW MEDICAL SERVICES, LLC (RS)**  
410-779-9162

▶ **COMFORCARE HOME CARE SERVICES (RS)**  
410-922-6262

▶ **COMFORT FIRST HOME CARE, LLC (RS)**  
443-983-1747

▶ **COMFORT ZONE HEALTH CARE SERVICES, LLC (RS)**  
443-653-6186

▶ **COMMUNITY CARE NURSING SERVICES, INC (RS)**  
410-665-7566

▶ **COMMUNITY HOME HEALTH OF MARYLAND (HH)**  
410-356-1600

▶ **COMMUNITY OF INFINITE POSSIBILITIES, LLC (NR)**  
443-408-8045

▶ **COMPANION HOME CARE, INC (RS)**  
410-583-0447

# H

## HOME HEALTH SERVICES

▶ **COMPANIONS CARE, LLC (RS)**  
410-908-2131

▶ **COMPASSIONATE CARE NURSING SERVICES (RS)**  
410-719-0672

▶ **COMPASSIONATE HOME HEALTH CARE, INC (RS)**  
410-616-9679

▶ **COMPREHENSIVE HOME HEALTH SERVICES (HH)**  
410-529-0078

▶ **CORNERSTONE HEALTH CARE AGENCY, LLC (RS)**  
410-302-8550

▶ **COURTNEY CARES NURSING SERVICES, LLC (RS)**  
410-372-3111

▶ **COVENANT HOME HEALTH CARE (RS)**  
240-353-1334

▶ **CROWNHILLS ENTERPRISES, INC (NR)**  
410-630-1376

▶ **DAR HEALTHCARE SERVICES, LLC (RS)**  
410-390-2833

▶ **DAY BY DAY RESIDENTIAL SERVICES (RS)**  
443-286-5134

▶ **DB HOME HEALTHCARE SOLUTIONS (RS)**  
410-622-0969

▶ **DELIGHT HEALTH CARE SERVICES, LLC (RS)**  
410-946-1700

▶ **DIRECT HOME NUTURING, LLC (RS)**  
410-661-5175

▶ **DIVINE HERITAGE, LLC (RS)**  
443-898-2660

▶ **DIVINELY GUIDED HEALTH CARE SERVICES (RS)**  
410-240-4451

▶ **DOMINION HOME HEALTH, INC (RS)**  
410-800-2502

▶ **DYNAMIC HEALTH MANAGEMENT, INC (RS)**  
410-254-3910

▶ **DYNAMIC NURSING CARE SERVICES (RS)**  
301-917-4386

▶ **DYNAMICS NURSING AGENCY (RS)**  
443-518-6017

▶ **EDEN PERSONAL CARE (RS)**  
443-794-2713

▶ **ELDERSCHOICE OF MARYLAND, LLC (NR)**  
443-762-4676

▶ **ELITE HEALTHCARE NURSING SERVICES, INC (RS)**  
410-455-6418

▶ **ELITE HOME CARE SERVICES (RS)**  
410-277-3337

▶ **ELITE PERSONAL HOME CARE, LLC (RS)**  
410-833-0200

▶ **ELIZABETH COONEY CARE NETWORK (RS, RS, NR)**  
410-323-1700

▶ **ELLA STEWART CARE (RS)**  
410-925-7355

▶ **ENCOMPASS HOME HEALTH (HH)**  
877-809-8388

▶ **EUCARE, LLC (RS)**  
443-802-1377

▶ **EVERLASTING ARMS HEALTH SERVICES (RS)**  
410-467-9202

▶ **EXCEED HOME CARE SERVICES (RS)**  
410-238-3179

▶ **EXCEL STAFFING AND PERSONNEL SERVICES, INC. (RS)**  
410-747-7293

▶ **EXCELLENT HEALTHCARE NURSING SERVICES, INC (RS)**  
410-984-7411

▶ **EXTRA CARE HOME HEALTH, (RS)**  
443-251-6211

▶ **EXTRA MEDICAL SERVICES, (RS)**  
410-937-6900

▶ **EZER HOME CARE SERVICES (RS)**  
443-531-2790

▶ **FAITHFUL NURSES HOME HEALTH CARE SERVICES, LLC (RS)**  
609-220-0432

▶ **FAMILY HEALTHCARE SERVICES, LLC (RS)**  
410-274-8559

▶ **FLOURISH HEALTH CARE SOLUTIONS, LLC (RS)**  
443-500-7479

▶ **FLOREN HEALTH CARE SERVICES, INC (RS)**  
410-254-5062

▶ **FOUNTAIN HEALTH SERVICES (RS)**  
443-525-2019

▶ **FRIENDLY BEST HOME CARE, LLC (RS)**  
877-412-1222

▶ **GALLANT GLOBAL INITIATIVE, INC (NR)**  
443-360-8376

▶ **GBMG HEALTHCARE, INC (RS)**  
443-803-1893

▶ **GENTLE CARE HOME HEALTH SERVICES (RS)**  
410-808-5358

▶ **GHC SELECTCARE, LLC (RS)**  
410-832-7761

▶ **GIDEZ NURSING SERVICES, LLC (RS)**  
443-804-1130

▶ **GILMO RESIDENTIAL SERVICES, LLC (RS)**  
410-845-8555

▶ **GLOBAL HEALTH CARE GROUP (RS)**  
410-663-6313

▶ **GLOBAL HEALTHCARE SYSTEMS, INC. (RS)**  
410-296-0180

▶ **GOOD SHEPHERD HEALTH CARE SERVICES (RS)**  
443-621-6235

▶ **GRACE HEALTHCARE SERVICE (RS)**  
410-444-4748

▶ **GREATER BALTIMORE HOMECARE, LLC (RS)**  
410-646-8627

▶ **GUARDIAN COMMUNITY HEALTH SYSTEM (RS)**  
410-800-4572

▶ **HAND OF GRACE (RS)**  
443-529-4145

▶ **HEALTHCARE SERVICES OF MARYLAND, LLC (RS)**  
443-290-4876

# H

## HOME HEALTH SERVICES

▶ **HEARTS OF IRELAND REFERRAL AGENCY, LLC (NR)**  
800-374-2669

▶ **HELP AT HOME SERVICES (RS)**  
443-275-1524

▶ **HELPCARE, LLC (RS)**  
443-857-9882

▶ **HEPHZIBAH CARE SERVICES, LLC (RS)**  
240-441-0239

▶ **HOMECALL, INC (HH)**  
410-644-0105

▶ **HOMECARE MARYLAND, LLC (HH)**  
410-566-5015

▶ **HOME CARE OF BALTIMORE (RS)**  
410-929-4860

▶ **HOMECENTRIS HEALTHCARE (HH, RS)**  
410-486-5330  
833-9-HOMECARE  
www.homecentris.com  
Helping you remain at home, where you want to be.

▶ **HOME HELP MARYLAND, LLC (RS)**  
410-566-5015

▶ **HOME INSTEAD SENIOR CARE (RS)**  
931-338-4411

▶ **HOME WITH YOU, LLC (RS)**  
410-654-3300

▶ **HOMESTEAD HEALTH SERVICES, INC (RS)**  
410-497-4237

▶ **HOMEWATCH CAREGIVERS OF CENTRAL MARYLAND (RS)**  
410-821-1944

▶ **HOPE & FONDER, LLC (RS)**  
410-779-1214

▶ **HOPYN, LLC (NR)**  
443-629-9163

▶ **IDEAL HEALTHCARE SOLUTIONS, LLC (RS)**  
443-718-9579

▶ **INFINITY HEALTH CARE SERVICES, LLC (RS)**  
443-982-3052

▶ **INHOME ADVANTAGE (RS)**  
410-415-9155

▶ **INTERNATIONAL HEALTH CARE SERVICES, LLC (RS)**  
443-377-3281

▶ **JAMHURI HEALTHCARE SERVICES, INC (RS)**  
800-547-2851

▶ **JERRY'S CARING HANDS, INC (RS)**  
410-444-4106  
410-900-4201  
www.jerryscaringhands.com  
Providing nursing care, therapy, respite, wound care and house-keeping.

▶ **JOHNS HOPKINS HOME HEALTH SERVICES AND HOME SUPPORT (HH, RS)**  
410-288-8000

▶ **JPS HEALTH SERVICES (RS)**  
443-310-1205

▶ **KADRIS HEALTHCARE SERVICES (RS)**  
443-272-6227

▶ **KENNEDY CARE DC, LLC (RS)**  
914-320-0255

▶ **KIND NURSES AT HOME, LLC (NR)**  
443-220-2973

▶ **LACY'S PROFESSIONAL NURSING SERVICES (RS)**  
410-323-5767

▶ **LAMPS HEALTHCARE SERVICES (RS)**  
443-629-9243

▶ **LIFE CARE HEALTH SERVICES, LLC (RS)**  
410-825-8010

▶ **LIFELINE HEALTHCARE SERVICES, LLC (RS)**  
410-929-9980

▶ **LIVING WATERS HEALTH SERVICES (RS)**  
443-878-6741

▶ **LOVELY HOMECARE, LLC (RS)**  
667-309-7882

▶ **LOVING CARE HOME SERVICES (RS)**  
410-358-4415

▶ **LOVING CARE SVCS, INC (NR)**  
410-602-8666

▶ **LOVING HANDS PERSONAL CARE SERVICES (RS)**  
443-345-5203

▶ **LOVING HEART HEALTH CARE AGENCY (RS)**  
443-867-7471

▶ **LUBA'S SERVICES, INC (RS)**  
410-869-7840

▶ **LUCY MAE'S LOVING HANDS, LLC (NR)**  
443-491-8479

▶ **MARGARET'S CARE AGENCY (RS)**  
410-864-8333



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**HomeCareMaryland.com**  
or call **410-566-5015**

# H

## HOME HEALTH SERVICES

▶ **MAXIM HEALTHCARE SERVICES, INC (RS)**  
410-274-3071

▶ **MB HOMECARE (RS)**  
410-440-8968

▶ **MEDSTAR HEALTH VNA (HH)**  
410-933-2900

▶ **MERCY FIRST HEALTHCARE SOLUTIONS (RS)**  
410-424-8827

▶ **MERCY ME HOME HEALTH CARE, INC (RS)**  
443-416-6764

▶ **MICHAEL HEALTH CARE SERVICES, LLC (RS)**  
443-204-2916

▶ **MINDSPOT HEALTH CARE SERVICES (RS)**  
410-961-0151

▶ **MONUMENTAL HEALTH SYSTEMS, LLC (RS)**  
443-800-6213

▶ **MULTIFOLD HEALTHCARE SERVICES, INC (RS)**  
410-585-9550

▶ **NEST HOME CARE, LLC (RS)**  
443-898-6313

▶ **NO PLACE LIKE HOME CARE & SUPPORT SERVICES, LLC (RS)**  
410-444-1900

▶ **NO PLACE LIKE HOME RESIDENTIAL SERVICE AGENCY, LLC (RS)**  
443-271-9285

▶ **NURSEZ R US (RS)**  
410-844-3127

▶ **NURSING CARE EXPERTS, INC (RS)**  
410-667-1254

▶ **NURSING AND HEALTH SERVICES TRAINING CONSULTANTS (RS)**  
410-528-5430

▶ **OBIMEM CARING HAND, LLC (RS)**  
410-853-7602

▶ **ON TIME HEALTHCARE, INC. (RS)**  
443-629-9243

▶ **ONE DAY AT A TIME PERSONAL CARE, LLC (NR)**  
443-882-3040

▶ **OPEFUL HEART HEALTHCARE SERVICES (RS)**  
443-280-2515

▶ **OPTIMA HEALTH CARE, INC (RS)**  
443-794-4339

▶ **OUR TENDER HEARTS, LLC (RS)**  
410-241-1183

▶ **PARKVILLE NURSING AND REHABILITATION (RS)**  
410-661-1582

▶ **PATIENCE HEALTH CARE (RS)**  
443-801-8693

▶ **PATIENT TRUST HEALTHCARE SERVICES, LLC (RS)**  
443-571-4937



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▶ **P-B HEALTH HOME CARE (HH, RS)**  
410-235-1060

▶ **PATTON HEALTHCARE SERVICES, LLC (RS, NR)**  
240-360-8784

▶ **PAULSEM HEALTHCARE, LLC (RS)**  
443-851-0587

▶ **PEACE & LOVE HEALTHCARE SERVICES, INC (RS)**  
410-505-8636

▶ **PEACE HEALTHCARE, INC. (RS)**  
443-687-9135

▶ **PEARL HEALTH CARE, INC (NR)**  
301-213-0657

▶ **PEARL HEALTH SERVICES, LLC (RS)**  
443-764-0717

▶ **PERSONAL TOUCH HOME AIDES OF BALTIMORE, INC (RS)**  
410-321-8448

▶ **PETRA HEALTHCARE, INC (RS)**  
443-824-9461

▶ **PHENOMENAL CARE, LLC (RS)**  
443-801-2967

▶ **PHO VITAL SIGNS (RS)**  
410-814-0258

▶ **PHR OF BALTIMORE (HH)**  
410-368-2825

▶ **PLEASANT LIFE HOME CARE CORPORATION (RS)**  
410-686-8868

▶ **PRECIOUS HEARTS COMPANION CARE, INC (RS)**  
410-963-1519

▶ **PREFERRED HOME CARE, LLC (RS)**  
410-248-9800

▶ **PREMIERCARE NURSING AND RESIDENTIAL AGENCY (RS)**  
443-635-0705

▶ **PREVAIL HEALTH-CARE SERVICES, LLC (RS)**  
443-630-1567

▶ **PRINCE HEALTH CARE RESIDENTIAL SERVICE AGENCY, LLC (RS)**  
443-616-7218

▶ **PRIVATE HOME CARE, LLC (RS)**  
410-486-6565

▶ **PROGRESSIVE CARE AT HOME (RS)**  
703-750-1010

▶ **PROVIDENTIAL HEALTH CARE (RS)**  
410-998-9978

▶ **QUALITY 1<sup>ST</sup> HOME CARE (RS)**  
410-928-8181

▶ **QUALITY HOME CARE, LLC (RS)**  
443-791-8298

▶ **QUICKSTART HEALTH SERVICES, LLC (RS)**  
443-623-2446

▶ **R & H HOME CARE SERVICES (RS)**  
410-357-6203

▶ **REJOICE HEALTH SERVICES (RS)**  
443-854-5678

▶ **RESCUING HEARTS HOMECARE, LLC (NR)**  
443-941-6063

▶ **RESORT HEALTH SERVICES (RS)**  
410-444-4104

▶ **RESPONSIVE HOME CARE (RS)**  
410-561-4848

▶ **RIGHT AT HOME #1367 (RS)**  
443-835-4413

▶ **RMG HEALTH, LLC (RS)**  
410-466-7711

▶ **ROYAL HOME CARE AGENCY, LLC (RS)**  
410-825-8977

▶ **RSDY HEALTHCARE, LLC (RS)**  
410-294-1023

▶ **SARAHS LOVING CARE, LLC (NR)**  
443-850-8680

▶ **SENIOR HELPERS, LLC (RS)**  
410-453-6172

▶ **SHILOH HOMECARE SERVICES (RS)**  
410-521-0091

▶ **SMITH NURSING AGENCY, INC (RS)**  
410-296-6855

▶ **STANDARD INTEGRATED SUPPORTS, INC (RS)**  
410-415-7025

▶ **STANDING STRONG NURSING, INC (RS)**  
410-375-5891

▶ **STATE UNION HOME CARE, LLC (RS)**  
443-300-8839

▶ **STEIN HOME HEALTH CARE (RS)**  
443-405-7436

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# H

## HOME HEALTH SERVICES

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410-252-4500, Ext. 7294  
www.stellamaris.org  
Provides a range of medical services throughout the Baltimore region.

▶ **SUNBRITE HEALTHCARE SERVICES RSA, LLC (RS)**  
410-591-5023

▶ **SURE STEPS HEALTH CARE SERVICES (RS)**  
443-257-9394

▶ **SYNERGY HOME CARE OF BALTIMORE (RS)**  
410-339-7260

▶ **TEAM CARE NURSING SERVICES, INC. (RS)**  
410-713-0950

▶ **TEMAH HEALTHCARE SERVICES, LLC (RS)**  
410-521-8000

▶ **TENDERHEART HEALTHCARE SERVICES, INC (RS)**  
443-388-4158

▶ **THE LISA VOGEL AGENCY (RS, NR)**  
410-363-7770

▶ **THE LOVING ANGELS HOME HEALTH CARE (RS)**  
404-429-3421

▶ **THE NURSE BANK OF MARYLAND (NR)**  
410-486-3350

▶ **THOMPSON'S LOVING TOUCH HOMEHEALTH, LLC (RS, NR)**  
443-616-4316

▶ **TOTAL ACCESS HOME HEALTHCARE INC (RS)**  
443-278-3997

▶ **TREASURE HEALTH CARE, INC. (RS)**  
410-800-4484

▶ **TRIBUTE HOME CARE, LLC (RS)**  
410-946-8400

▶ **TRINITY CARE, INC. (RS)**  
443-478-8371

▶ **TRUCARE RESIDENTIAL SERVICES AGENCY, LLC (RS)**  
410-878-2273

▶ **TRULIFE HEALTH SERVICES, LLC (RS)**  
410-298-3431

▶ **TRUSTED HANDS TENDER HEARTS, LLC (NR)**  
443-674-7501

▶ **TRUSTED HEARTS HOMECARE SOLUTIONS, LLC (RS)**  
301-490-3168

▶ **TRUSTWORTHY STAFFING SOLUTIONS, LLC (RS)**  
410-484-4156

▶ **UK NURSING SERVICES, INC (RS)**  
443-453-2069

▶ **UNIQUE HEALTH CARE SOLUTIONS (RS)**  
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▶ **UNIQUE RESIDENTIAL HEALTHCARE SERVICES, INC (RS)**  
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# H

## HOME HEALTH SERVICES - HOMELESS SERVICES

► **UNITED MEDICAL CARE (RS)**  
443-986-2606

► **UNIVERSAL HOME CARE, INC (RS)**  
443-315-5143

► **VASTLAND HEALTH SERVICES (RS, NR)**  
202-460-0403

► **VERSATILE HOME HEALTHCARE, LLC (RS)**  
410-889-0727

► **VICENZA HOME CARE SERVICES, INC (RS)**  
410-882-0568

► **VICTABOL HEALTHCARE, LLC (RS)**  
410-988-0758

► **VICTOIRE HEALTH SERVICES (RS)**  
410-444-0461

► **VISITING ANGELS - BALTIMORE EAST (RS)**  
410-882-8201

► **VISITING ANGELS - PIKESVILLE (RS)**  
410-218-9506

► **VISITING ANGELS - TOWSON (RS)**  
410-337-7838

► **VISITING NURSE ASSOCIATION OF MARYLAND (HH)**  
410-594-2600

► **VIVID HOME CARE SERVICE, INC (RS)**  
443-677-3417

► **WATERMARK HEALTH SERVICES (RS)**  
410-230-1840

► **WE CARE PRIVATE DUTY SERVICES, INC (RS, NR)**  
410-602-3993

► **WELLPOINT NURSING SERVICES, INC (RS)**  
443-985-6492

► **XAVIER, LLC (RS)**  
410-484-0062

► **ZENITH HOME HEALTHCARE RESOURCES (RS)**  
410-662-2919

### HOME CARE (NON-MEDICAL)

These agencies have no licensing requirements. They provide services such as light chores, grocery shopping, errand running, companionship, and more, but without a medical component. Follow the previous guidelines for bringing a care provider into your home regarding payment, Workers Compensation, background checks and bonding.

► **BRIGHTSTAR HEALTHCARE OF BALTIMORE CITY/COUNTY**  
443-275-2796 (24-Hour Service)  
www.brightstarcare.com/baltimore-city-county  
Private duty, CNA, LPN, RNs.  
Accepted by all LTC insurance.

### HOME CARE / ALZHEIMER'S - DEMENTIA

See Home Health Services and Home Care (Non-Medical).

► **BRIGHTSTAR HEALTHCARE OF BALTIMORE CITY/COUNTY**  
443-275-2796 (24-Hour Service)  
www.brightstarcare.com/baltimore-city-county  
Private duty, CNA, LPN, RNs.  
Accepted by all LTC insurance.

► **RIGHT AT HOME**  
443-835-4413  
www.rahbaltimore.com  
Providing companionship, physical assistance, hygiene care, medication management and administration.

### HOME CARE/WOUND CARE

See Home Health Services and Home Care (Non-Medical).

► **BRIGHTSTAR HEALTHCARE OF BALTIMORE CITY/COUNTY**  
443-275-2796 (24-Hour Service)  
www.brightstarcare.com/baltimore-city-county  
Private duty, CNA, LPN, RNs.  
Accepted by all LTC insurance.

► **JERRY'S CARING HANDS, INC (RS)**  
410-444-4106  
410-900-4201  
www.jerryscaringhands.com  
Providing nursing care, therapy, respite, wound care and house-keeping.

► **RIGHT AT HOME**  
443-835-4413  
www.rahbaltimore.com  
Providing companionship, physical assistance, hygiene care, medication management and administration.

### HOMELESS SERVICES

► **BALTIMORE COUNTY DEPARTMENT OF SOCIAL SERVICES**  
410-887-8463 (Weekdays)  
410-583-9398 (Evenings/Weekends)  
A central phone line for individuals and families experiencing or about to experience homelessness in Baltimore County. Assistance with information, resources, and referrals for emergency shelter.

► **FAMILY CRISIS CENTER**  
410-828-6390 (24-Hour Hotline)  
410-285-7496 (Domestic Violence Shelter Only)  
Counseling, shelter and assistance for individuals experiencing domestic violence.

► **PROLOGUE HOMELESS OUTREACH**  
410-653-6190  
Homeless Outreach Program and drop-in center for individual's currently experiencing homelessness and mental health disabilities.

► **TURNAROUND, INC.**  
443-279-0379 (24-Hour Hotline)  
410-377-8111 (Office)  
Services and referral to shelter for victims of sexual assault, rape, incest and trafficking.

### HOME REPAIRS, MODIFICATIONS AND ASSISTANCE

See Assistive Technology, Disability Assistance and Home Ownership and Home Improvement Initiatives.

► **ACCESSIBLE HOMES FOR SENIORS**  
Maryland Access Point of Baltimore County  
410-887-2594  
Baltimore City Health Department, Division of Aging at Maryland Access Point 410-396-2273  
Home modification loans for housing accessibility features. Interest-free, 30 year loans for income eligible individuals 55 and older.

# H

## HOME REPAIRS, MODIFICATIONS AND ASSISTANCE

### ► ASSISTIVE TECHNOLOGY GUARANTEED LOAN PROGRAM

410-554-9230

800-832-4827

866-881-7488 (TTY)

Low interest loans for home modifications and assistive devices for persons with disabilities.

### ► BALTIMORE CITY DEPARTMENT OF HOUSING AND COMMUNITY DEVELOPMENT REHABILITATION SERVICES

410-396-3023 (Request

Application)

Loan financing to assist low and moderate income homeowners with emergency repairs to their home. Depending on eligibility, loans are provided in the form of deferred, forgivable or below market rates.

### ► BALTIMORE CITY DEPARTMENT OF TRANSPORTATION, YOUTH SNOW PROGRAM

443-984-4095

Offers a snow removal service for Baltimore City residents 65 years and older and/or legally disabled.

### ► BALTIMORE ENERGY CHALLENGE

410-929-6139

Energy reduction education and energy efficient products for Baltimore City residents.

### ► BGE SMART ENERGY SAVERS PROGRAM

800-845-6195

Eligible homeowners can receive free home energy audit and assistance to increase energy efficiency.

### ► CHAI: COMPREHENSIVE HOUSING ASSISTANCE INC.

410-500-5300

### ► CIVIC WORKS

410-366-8533

### ► EMPOWER MARYLAND LOW INCOME ENERGY EFFICIENCY PROGRAM (LIEEP)

855-583-8976

Assists eligible households by providing improvements to the home to lower utility bills.

### ► ENHANCED WEATHERIZATION PROGRAM

844-400-3423

800-756-0119

Provides grants for weatherization, health and safety repairs to Baltimore County homeowners who meet income guidelines.

### ► HOUSING ACCESSIBILITY MODIFICATION PROGRAM (HAMP)

410-887-6055 (HAMP)

410-887-3317 (Commission on Disabilities)

Provides financial assistance to Baltimore County residents with disabilities so their rental units can be modified to meet their accessibility needs.

### ► HOUSING OPPORTUNITIES

410-887-3124 (County)

410-396-4151 (City)

Housing Rehabilitation, and Residential Accessibility Modification Program for income eligible residents through low interest loans.

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**H HOME REPAIRS,  
MODIFICATIONS  
AND ASSISTANCE**

► **HOUSING UPGRADES TO BENEFIT SENIORS (HUBS)**

443-470-9871 (City)  
Helps older Baltimore City residents receive aging-in-place home modifications such as grab bars, handrails and structural repairs.

► **KESWICK**

410-235-8860  
410-662-4363  
[www.choosekeswick.org](http://www.choosekeswick.org)  
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[www.kitchensaver.com](http://www.kitchensaver.com)  
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► **LEAD SAFE BALTIMORE COUNTY**

410-887-3668  
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► **LEAFGUARD OF DC**

240-568-0010  
MHIC# 116693  
[www.englertgutter.com/dc](http://www.englertgutter.com/dc)  
12104-G Indian Creek Court  
Beltsville 20705

► **LIGHT PROGRAM: LEADING INNOVATION FOR A GREEN AND HEALTHY TOMORROW**

410-396-3023  
Screening Baltimore City residents for 50 plus programs and benefits which include home repair, energy conservation, healthy home improvements, tax credits, employment assistance, health care access and others.

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# H

## HOME REPAIRS, MODIFICATIONS AND ASSISTANCE - HOSPICE SERVICES

### ► MARYLAND HOME IMPROVEMENT COMMISSION

410-230-6309  
Licenses and regulates home improvement contractors and subcontractors.

### ► MID-ATLANTIC MEDICAL SUPPLY AND EQUIPMENT

410-363-2279  
www.suppliesforliving.com  
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Reisterstown 21136  
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### ► NEIGHBORHOOD REHABILITATION LOAN PROGRAM - PARK HEIGHTS RENAISSANCE

410-664-4890  
Loans to residents in the Park Heights area to provide repairs on aging and slightly distressed homes.

### ► REBUILDING TOGETHER

410-889-2710

### ► WEATHERIZATION ASSISTANCE PROGRAM (WAP)

855-583-8976  
Assistance for low income households with installation of free energy conservation materials to help reduce energy costs. Application also accepted through local agencies.  
**Baltimore County Community Assistance Network**  
410-285-4674  
**Diversified Housing Development**  
410-496-1214  
**Baltimore City Weatherization Assistance Program**  
443-984-1066

### CERTIFIED AGING IN PLACE SPECIALISTS (CAPS)

► **HOME BUILDERS ASSOCIATION OF MARYLAND**  
410-265-7400 (CAPS Information)

► **AGEWELL HOME DESIGN**  
443-635-0234  
www.agewelldesign.com  
2501 Popular Drive  
Baltimore 21207  
Empowering seniors to remain in the home they love.

### HOSPICE SERVICES

Hospice provides non-curative medical and support services for those with a terminal illness. Services may be provided in the home or in a facility. Insurance may cover most costs. This list from OHCQ is current as of November 2019. Supplemental information is from the Maryland Health Care Commission. For additional services/information call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging at Maryland Access Point at 410-396-2273. Please note hospice services below are all authorized to serve Baltimore County and City; they may elect to decline serving all jurisdictions.

► **AMEDISYS HOSPICE OF GREATER CHESAPEAKE**  
410-686-5635

► **CARROLL HOSPICE**  
410-871-8000

► **GILCHRIST HOSPICE CARE-JOSEPH RICHEY HOUSE**  
443-849-8200

► **HEARTLAND HOSPICE SERVICES**  
410-719-8670

► **PROFESSIONAL HEALTHCARE RESOURCES (PHR) OF BALTIMORE**  
410-368-2825

► **SEASONS HOSPICE & PALLIATIVE CARE OF MARYLAND/SERVICE ZIP CODE SPECIFIC**  
410-689-7400

► **STELLA MARIS**  
410-252-4500, Ext. 7294  
www.stellamaris.org  
Provides a range of medical services throughout the Baltimore region.

### ASSISTED LIVING FACILITIES OFFERING HOSPICE SUPPORT

For additional services/information call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging at Maryland Access Point at 410-396-2273.



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### ► SPRINGWELL SENIOR LIVING

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www.springwellseniorliving.com  
2211 West Rogers Avenue  
Baltimore 21209  
Springwell's Homestead offers beautifully appointed residences in a vibrant community.

### NURSING AGENCIES OFFERING HOSPICE SUPPORT

See Home Health Services and Home Care (Non-Medical).

### ► BRIGHTSTAR HEALTHCARE OF BALTIMORE CITY/COUNTY

443-275-2796 (24-Hour Service)  
www.brightstarcare.com/  
baltimore-city-county  
1615 York Road, Suite 205  
Lutherville-Timonium 21093  
Private duty, CNA, LPN, RNs.  
Accepted by all LTC insurance.

### ► RIGHT AT HOME

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physical assistance, hygiene  
care, medication management  
and administration.

### NURSING HOMES OFFERING HOSPICE SUPPORT

For additional services/  
information call Maryland  
Access Point of Baltimore  
County at 410-887-2594  
or the Baltimore City Health  
Department, Division of Aging  
at Maryland Access Point at  
410-396-2273.

## HOSPITALS

### ► ASCENSION SAINT AGNES

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Baltimore 21204

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1800 Orleans Street  
Baltimore 21287

### ► LEVINDALE HEBREW GERIATRIC CENTER AND HOSPITAL

410-601-2400  
2434 West Belvedere Avenue  
Baltimore 21215

### ► MEDSTAR FRANKLIN SQUARE MEDICAL CENTER

443-777-7000  
9000 Franklin Square Drive  
Baltimore 21237

### ► MEDSTAR GOOD SAMARITAN HOSPITAL

443-444-8000  
5601 Loch Raven Boulevard  
Baltimore 21239

### ► MEDSTAR HARBOR HOSPITAL & HARBOR HOSPITAL LIFE RESOURCE CENTER

410-350-3200  
3001 South Hanover Street  
Baltimore 21225

### ► MEDSTAR UNION MEMORIAL HOSPITAL

410-554-2000  
201 East University Parkway  
Baltimore 21218

### ► MERCY MEDICAL CENTER

410-332-9000  
301 Saint Paul Place  
Baltimore 21202

### ► NORTHWEST HOSPITAL CENTER

410-521-2200  
5401 Old Court Road  
Randallstown 21133

### ► SINAI HOSPITAL

410-601-9000  
2401 West Belvedere Avenue  
Baltimore 21215

### ► UNIVERSITY OF MARYLAND MEDICAL CENTER

800-492-5538  
22 South Greene Street  
Baltimore 21201

### ► UNIVERSITY OF MARYLAND MIDTOWN CAMPUS

410-225-8000  
827 Linden Avenue  
Baltimore 21201

### ► UNIVERSITY OF MARYLAND REHABILITATION & ORTHOPAEDIC INSTITUTE

888-4KERNAN  
2200 Kernan Drive  
Baltimore 21207

### ► UNIVERSITY OF MARYLAND ST. JOSEPH MEDICAL CENTER

410-337-1000  
www.umstjoseph.org  
7601 Osler Drive  
Towson 21204

### ► VA MEDICAL CENTER

410-605-7000  
10 North Green Street  
Baltimore 21201

## HOSPITAL SUBSPECIALTIES

### ► ASCENSION SAINT AGNES

667-234-6000  
www.teamsaintagnes.com  
900 South Caton Avenue  
Baltimore 21229  
Get personalized care that's  
right for you at Saint Agnes.

### ► GBMC SENIOR SERVICES

443-849-3714  
www.gilchristcares.org  
6701 North Charles Street,  
Suite 4501  
Baltimore 21204  
Full spectrum of care-office  
visits, emergency and hospital  
care.

### ► MEDSTAR CENTER FOR SUCCESSFUL AGING

443-444-4720  
www.medstargoodsam.org/  
geriatrics  
Morgan Building  
5601 Loch Raven Boulevard,  
Suite 502  
Baltimore 21239  
A dedicated team supporting  
patients/caregivers with all age-  
related needs.

### ► VASCULAR SURGERY ASSOCIATES, LLC

855-648-9982  
www.vascularsurgery  
associates.net  
An "A-Z" vascular group serving  
Harford, Cecil, Baltimore,  
Carroll counties.

### HOTLINES

► **2-1-1 MARYLAND AT FIRST CALL FOR HELP**

2-1-1

The 24/7 telephone number for accessing information about health and human services.

► **BALTIMORE CITY ADULT PROTECTIVE SERVICES**

410-361-5000 (Adult)  
410-361-2235 (Child)

► **BALTIMORE CITY CRISIS RESPONSE INFORMATION AND REFERRAL**

410-433-5255

► **BALTIMORE COUNTY CRISIS RESPONSE SYSTEMS**

410-931-2214

Twenty-four hour crisis and suicide prevention hotline with linkage to community treatment and support.

► **BALTIMORE COUNTY DEPARTMENT OF SOCIAL SERVICES, 24-HOUR SEXUAL ASSAULT/ DOMESTIC VIOLENCE CRISIS HOTLINE**

410-828-6390

Hotline responding to sexual assault, domestic violence and human trafficking calls.

► **BALTIMORE COUNTY DEPARTMENT OF SOCIAL SERVICES (SCREENING UNIT)**

410-887-8463 (TIME)

Advocates and provides protective services for residents of all ages through assessments, case management, residential and financial services. Provides information, assistance and referral for emergency shelter for homeless individuals.

► **FEDERAL CITIZEN INFORMATION CENTER (FCIC)**

800-FED-INFO

► **FEDERAL COMMUNICATION COMMISSION (FCC)**

888-225-5322 (Toll-Free Voice)

888-835-5322 (Toll-Free TTY)

► **HOUSE OF RUTH**

410-889-0840

► **INTERNET CRIME COMPLAINT CENTER**

[www.ic3.gov](http://www.ic3.gov)

► **MARYLAND CRISIS HOTLINE**

800-422-0009

Crisis hotline for people of all ages.

► **NATIONAL CONSUMER LEAGUE FRAUD INFORMATION CENTER**

202-835-3323, Ext. 815

► **NATIONAL DOMESTIC VIOLENCE HOTLINE**

800-799-7233 (SAFE)

800-787-3224 (TTY)

► **NATIONAL DO NOT CALL REGISTRY**

888-382-1222

► **NATIONAL SEXUAL ASSAULT HOTLINE**

800-656-4673 (HOPE)

► **POISON CENTER**

800-222-1222

► **TREVOR PROJECT, THE**

866-488-7386 (24-Hour Hotline)  
Crisis intervention and suicide prevention services to lesbian, gay, bisexual, transgender and questioning (LGBTQ) young people.

► **TURNAROUND, INC.**

443-279-0379 (24-Hour Hotline)

410-377-8111 (Office)

Counseling and services to victims of rape, incest, sexual assault, domestic violence and human trafficking.

► **VETERANS SUICIDE PREVENTION**

800-273-8255

### HOUSEKEEPING

See Home Health Services and Home Care (Non-Medical). Additional services may be required. Please discuss specific service requirements with agency.

► **HEMOCENTRIS HEALTHCARE**

410-486-5330

833-9-HOMECARE

[www.homecentris.com](http://www.homecentris.com)

Helping you remain at home, where you want to be.

### HOUSING

For additional services/ information call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging at Maryland Access Point at 410-396-2273. Please also refer to [www.baltimorecountymd.gov/Agencies/aging/housing](http://www.baltimorecountymd.gov/Agencies/aging/housing) and [www.mdhousingsearch.org](http://www.mdhousingsearch.org).

### APARTMENTS FOR SENIORS

Eligibility for these apartments is based on income. Most units are for persons age 62 and older, although a few accept younger persons with disabilities. There are usually no supportive services. The Eating Together program is on-site at designated (\*) apartments. Rents are below market value and may vary based on building type, resident's income and apartment size. Waiting lists are typical. Contact each facility for application information. Some buildings are equipped with mobility impaired apartments.

► **ABUNDANT LIFE TOWERS\***

410-367-5433

3915 Callaway Avenue

Baltimore 21215

99 units, one/two bedrooms.

► **ABUNDANT LIFE TOWERS II\***

410-233-2002

5110 Baltimore National Pike

Baltimore 21229

60 units, efficiencies/

one-bedroom.

► **AHEPA SENIOR HOUSING**

410-732-1275

1351 South Clinton Street

Baltimore 21231

57 units, one/two bedrooms.



### ▶ AIGBURTH VALE SENIOR COMMUNITY

Managed by St. Ambrose Housing  
410-296-6695  
410-296-1320  
[www.stambros.org/pages/rentalservices.html](http://www.stambros.org/pages/rentalservices.html)  
212 Aigburth Road  
Towson 21286  
6 one-bedroom mansion building apartments; 64 one-bedroom apartments. Affordable housing and gracious living in a convenient park-like setting with elevators offering wheelchair accessibility.

### ▶ ALCOTT PLACE

410-466-4960  
2702 Keyworth Avenue  
Baltimore 21215  
45 units.

### ▶ APOSTOLIC TOWERS

410-342-1353  
201 North Washington Street  
Baltimore 21231  
149 units, one/two bedrooms.

### ▶ ARLINGTON ESTATES CO-OP

800-362-0548  
4601 West Northern Parkway  
Baltimore 21215  
68 units, one-bedroom.

### ▶ ATRIUM VILLAGE

410-363-0330  
[www.seniorlifestyles.com/property/atrium-village/](http://www.seniorlifestyles.com/property/atrium-village/)  
4730 Atrium Court  
Owings Mills 21117  
Rental senior living community. Independent, assisted living and memory care.

### ▶ BASILICA PLACE-CATHOLIC CHARITIES\*

667-600-3300  
124 West Franklin Street  
Baltimore 21201  
200 units, one/two bedrooms.

### ▶ BELLEVIEW MANCHESTER APARTMENTS

410-462-4186  
342 Bloom Street  
Baltimore 21217  
48 units, one-bedroom.

### ▶ BELVEDERE GREEN\*

410-433-7255  
1651 East Belvedere Avenue  
Baltimore 21239  
165 units, efficiencies/  
one-bedroom.

### ▶ BOLTON HOUSE APARTMENTS

410-728-3100  
1100 Bolton Street  
Baltimore 21201  
104 units, efficiencies, one/  
two bedrooms.

### ▶ BOLTON NORTH\*

410-462-5433  
1600 West Mount Royal Avenue  
Baltimore 21217  
208 units, one-bedroom.

### ▶ BON SECOURS BENET HOUSE

410-566-0701  
400 Millington Avenue  
Baltimore 21223  
101 units, efficiencies/  
one-bedroom.

### ▶ BON SECOURS HOLLINS TERRACE

410-566-2701  
1800 Hollins Street  
Baltimore 21223  
84 units, efficiencies/  
one-bedroom.

### ▶ BON SECOURS SMALLWOOD SUMMIT

410-566-5792  
2 North Smallwood Street  
Baltimore 21223  
90 units, one/two bedrooms.

### ▶ BOWLEYS GARDEN VILLA CO-OP

800-362-0548  
5200 Bowleys Lane  
Baltimore 21206  
78 units, one-bedroom.

### ▶ BROADWAY COURT

410-844-0913  
925 North Broadway  
Baltimore 21205  
47 units.

### ▶ CENTER PLACE APARTMENTS

410-285-6666  
101 Center Place  
Dundalk 21222  
160 units, one/two bedrooms.

### ▶ CHAPEL SPRINGS

410-352-7440  
9630 Dietz Place  
Perry Hall 21128  
127 units, one/two bedrooms.

### ▶ CHARLES R. UNCLES SENIORS PLAZA

410-523-3890  
607 North Pennsylvania Avenue  
Baltimore 21201  
47 units, one/two bedrooms.

### ▶ CHERRY HILL SENIOR MANOR\*

410-354-3740  
901 Cherry Hill Road  
Baltimore 21225  
80 units, one/two bedrooms.

### ▶ CHRIST CHURCH HARBOR APARTMENTS

410-837-1010  
600 Light Street  
Baltimore 21230  
288 units, efficiencies/  
one-bedroom.

### ▶ COEL-GRANT-HIGGS SENIOR CENTER

410-435-4600  
1700 North Gay Street  
Baltimore 21213  
58 units, efficiencies/  
one-bedroom.



1-bedroom and efficiency apartments for seniors age 62 and over



- Clean, affordable, safe city living
- Inner Harbor, across from Science Center
  - Balcony views
  - Walk to Federal Hill & Harbor
    - Bus stop on doorstep
- Full-time Activities Coordinator
  - HUD-Subsidized Rents

See our website for more info and an application

[www.cchaseniorhousing.org](http://www.cchaseniorhousing.org) or call  
410-837-1010, ext.2

600 Light Street | Baltimore, MD 21230

Rent based upon income - maximum income limits



# H

## HOUSING

### ► COURSEY STATION-CATHOLIC CHARITIES

410-242-6167  
200 First Avenue  
Baltimore 21227  
49 units, efficiencies/  
one-bedroom, 6 disabled.

### ► COVE POINT APARTMENTS

410-288-2344  
7801 Peninsula Expressway  
Dundalk 21222  
100 units, one/two bedrooms.

### ► COVE POINT II APARTMENTS

410-288-2344  
7795 Peninsula Expressway  
Dundalk 21222  
47 units, one/two bedrooms.

### ► DAY VILLAGE

410-284-7100  
511 North Avondale Road  
Dundalk 21222  
20 units, one-bedroom.

### ► DEPAUL HOUSE-CATHOLIC CHARITIES\*

667-600-2685  
3300 Benson Avenue  
Baltimore 21227  
109 units, one/two bedrooms.

### ► EDNOR APARTMENTS

410-243-0180  
1040 East 33<sup>rd</sup> Street  
Baltimore 21218  
110 units, one/two bedrooms.

### ► EDNOR APARTMENTS II

410-243-4301  
1050 East 33<sup>rd</sup> Street  
Baltimore 21218  
85 units, one/two bedrooms.

### ► EPIPHANY HOUSE\*

410-323-3040  
5610 York Road  
Baltimore 21212  
33 units, efficiencies.

### ► ESSEX CO-OP APARTMENTS\*

410-391-7616  
1000 Franklin Avenue  
Essex 21221  
209 units, one-bedroom.

### ► EVERALL GARDENS-CATHOLIC CHARITIES

410-444-5850  
6100 Everall Avenue  
Baltimore 21206  
69 units, one-bedroom.

### ► EVERGREEN SENIOR APARTMENTS

410-780-4888  
1600 Evergreen Way  
Essex 21221  
81 units, one/two bedrooms.

### ► FAIRSPRING APARTMENTS

410-869-8740  
1121 Saint Agnes Lane  
Baltimore 21207  
100 units, one/two bedrooms.

### ► FELS POINT FLATS

410-732-1275  
1627 Eastern Avenue  
Baltimore 21231  
20 units, efficiencies/  
one-bedroom.

### ► FOXWELL MEMORIAL

410-728-4550  
3700 Greenspring Avenue  
Baltimore 21211  
155 units, one/two bedrooms.

### ► FRANKLIN SQUARE SCHOOL APARTMENTS

410-947-9000  
229 North Mount Street  
Baltimore 21223  
65 units, one-bedroom.

### ► GALLAGHER MANSION\*

410-435-4416  
431 Notre Dame Lane  
Baltimore 21212  
40 units, one-bedroom.

### ► GOLDEN RING CO-OP\*

800-362-0548  
8620 Kelso Drive  
Essex 21221  
154 units, one bedroom.

### ► GREATER NEW HOPE APARTMENTS

410-225-0003  
725 Walbrook Avenue  
Baltimore 21216  
80 units, efficiencies/  
one-bedroom.

### ► GREENS AT ENGLISH COUNSEL, THE

410-789-3000  
4120 Oak Road  
Halethorpe 21227  
90 units, one/two bedrooms.

### ► GREENS AT LIBERTY ROAD, THE

410-655-1100  
9707 Liberty Road  
Randallstown 21133  
105 units, one/two bedrooms.

### ► GREENS AT LOGAN FIELD, THE

410-288-2000  
3455 Dundalk Avenue  
Dundalk 21222  
102 units, one/two bedrooms.

### ► GREENS AT ROLLING ROAD, THE

410-744-9988  
1505 North Rolling Road  
Catonsville 21228  
83 units, one/two bedrooms.

### ► HANOVER SQUARE APARTMENTS\*

410-962-1131  
1 West Conway Street  
Baltimore 21201  
199 units, one-bedroom.

### ► HARLEM GARDENS

410-728-4009  
1700 Edmondson Avenue  
Baltimore 21223  
94 units, one/two bedrooms.

### ► HARVEY JOHNSON TOWERS

410-728-1166  
1510 West Mosher Street  
Baltimore 21217  
120 units, efficiencies/  
one-bedroom.



For rental information, call  
**(800) 362-0548**

or visit our website  
[www.csi.coop](http://www.csi.coop)





### AFFORDABLE RENTAL COMMUNITIES FOR SENIORS

CSI Support & Development is a resident/member controlled organization that utilizes a cooperative management system and engages its resident membership in decision-making at every level of its operations.

For nearly 50 years as a mission-driven non-profit, we exist solely to provide the highest quality, affordable housing communities possible for seniors.

<p><b>Arlington Estates Co-op</b> 4601 W. Northern Parkway Baltimore, MD 21215</p> <p><b>Bowleys Garden Villa Co-op</b> 5200 Bowleys Lane Baltimore, MD 21206</p> <p><b>Essex Co-op</b> 1000 Franklin Avenue Essex, MD 21221</p> <p><b>Golden Ring Co-op</b> 8620 Kelso Drive Essex, MD 21221</p> <p><b>Highlandtown Plaza Co-op</b> 155 Grundy Street Highlandtown, MD 21224</p>	<p><b>Randallstown Campus Co-ops</b> 5105/5107/5109 Old Court Road Randallstown, MD 21133</p> <p><b>Terrace Garden Co-op</b> 751 W. Saratoga Street Baltimore, MD 21201</p> <p><b>Walker Co-op</b> 1 Cooperative Drive Baltimore, MD 21212</p> <p><b>Wabash Estates Co-op</b> 5500 Wabash Avenue Baltimore, MD 21215</p>
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# H

## HOUSING

### ► HERITAGE RUN AT STADIUM PLACE

410-431-1830  
1080 East 33<sup>rd</sup> Street  
Baltimore 21218  
34 units.

### ► HIGHLANDTOWN PLAZA CO-OP

800-362-0548  
155 Grundy Street  
Baltimore 21224  
74 units, one-bedroom.

### ► HOLY KOREAN MARTYRS-CATHOLIC CHARITIES

410-944-5959  
5500 Lexington Road  
Baltimore 21207  
74 units, one-bedroom.

### ► HOPKINS VILLAGE

410-687-2828  
3 Brett Court  
Essex 21221  
164 units, one-bedroom.

### ► INDECCO HOUSING

410-276-5114  
940 South Lakewood Avenue  
Baltimore 21224  
45 units, efficiencies/  
one-bedroom.

### ► IRVINGTON MEWS

410-644-4487  
4300 Frederick Avenue  
Baltimore 21223  
100 units.

### ► IRVINGTON PLACE APARTMENTS

410-644-0589  
4025 Frederick Avenue  
Baltimore 21223  
41 units, one-bedroom studios.

### ► JOHNSON SENIOR APARTMENTS

410-837-3383  
501 East Preston Street  
Baltimore 21202  
217 units, efficiencies, one/  
two bedrooms.

### ► KESSLER PARK- CATHOLIC CHARITIES

410-247-9244  
4230 Hollins Ferry Road  
Lansdowne 21227  
64 units, efficiencies, one/  
two bedrooms.

### ► KIRKWOOD\*

410-323-8910  
6401 Loch Raven Boulevard  
Baltimore 21239  
262 units, one-bedroom.

### ► LAKEWOOD APARTMENTS\*

410-522-7444  
1401 North Lakewood Avenue  
Baltimore 21213  
101 units, efficiencies, one/  
two bedrooms.

### ► LANVALE TOWERS

410-685-4600  
1300 East Lanvale Street  
Baltimore 21213  
184 units, efficiencies, one  
to four bedrooms.

### ► LEMKO HOUSING

410-342-7200  
603 South Ann Street  
Baltimore 21231  
110 units, efficiencies, one-  
bedroom.

### ► LIBERTY VILLAGE SENIOR HOUSING

410-523-1113  
3000 Towanda Avenue  
Baltimore 21215  
84 units, one/two bedrooms.

### ► LINDEN PARK APARTMENTS IN BOLTON HILL

410-523-0013  
301 McMechen Street  
Baltimore 21217  
268 units, efficiency, one/  
two bedroom units.



a PRESBYTERIAN SENIOR LIVING community

EXCEPTIONAL *Value.*  
*Winning* LOCATION.

Here you will live life to the fullest in a well-appointed, maintenance-free apartment, surrounded by services, amenities and most of all, legendary sporting history.

- No entrance fee and no income limits
- Fully-equipped kitchens and in-unit laundry
- All basic utilities – heat, electric, water, sewer
- Off-street parking
- Scheduled transportation services
- Pet-friendly and tobacco-free community
- On-site fitness center, community room and more



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It is our policy to admit residents without regard to race, color, religion, sex, handicap or national origin and any other federal, state or local fair housing protections. Note: Housing for Older Persons is exempt from the prohibitions against age or familial status.



► **MARLBOROUGH APARTMENTS**

410-669-3005  
1701 Eutaw Place  
Baltimore 21217  
227 units, efficiencies/  
one-bedroom.

► **MEADOWS OF REISTERSTOWN, THE**

410-526-3380  
300 Cantata Court  
Reisterstown 21136  
80 units.

► **MEADOWS OF REISTERSTOWN II, THE**

410-526-3380  
302 Cantata Court  
Reisterstown 21136  
76 units.

► **MESSIAH HALL**

410-732-1275  
1024 South Decker Avenue  
Baltimore 21224  
17 units, efficiencies/  
one-bedroom.

► **MONTEVERDE**

410-728-4422  
2501 & 2503 Violet Avenue  
Baltimore 21215  
301 units, one/two bedrooms.

► **MORNINGSIDE SENIOR APARTMENTS**

410-356-4798  
104 Pleasant Ridge Drive  
Owings Mills 21117  
82 units, one/two bedrooms.

► **MORRELL PARK APARTMENTS**

410-644-2334  
1820 Spence Street  
Baltimore 21230  
99 units, one/two bedrooms.

► **MT. CLARE OVERLOOK APARTMENTS\***

410-727-4477  
833 West Pratt Street  
Baltimore 21201  
110 units, one/two bedrooms.

► **N.M. CARROLL MANOR\***

410-669-4270  
701 North Arlington Avenue  
Baltimore 21217  
99 units, one/two bedrooms.

► **NEW SHILOH VILLAGE APARTMENTS**

410-523-1649  
1901 Elgin Avenue  
Baltimore 21217  
80 units, one/two bedrooms.

► **OAKS AT LIBERTY**

410-466-9267  
3501 Howard Park Avenue  
Baltimore 21207  
75 units, one/two bedrooms.

► **OLD COURT ESTATES CO-OP**

800-362-0548  
5105 Old Court Road  
Randallstown 21133  
51 units, one-bedroom.

► **OLIVER PLAZA APARTMENTS**

410-347-9694  
1401 East Oliver Street  
Baltimore 21213  
45 units, efficiencies/  
one-bedroom.

► **OUR LADY OF FATIMA I-CATHOLIC CHARITIES\***

410-631-3555  
6424 East Pratt Street  
Baltimore 21224  
54 units, one-bedroom.

► **OUR LADY OF FATIMA II-CATHOLIC CHARITIES**

410-631-6191  
200 Kane Street  
Baltimore 21224  
51 units, one-bedroom.

► **OVERBROOK APARTMENTS**

410-465-8611  
5717 Edmondson Avenue  
Catonsville 21228  
67 units, studio/one to  
three bedrooms.



► **OWINGS MILLS NEW TOWN-CATHOLIC CHARITIES**

410-902-8222  
9773 Groffs Mill Drive  
Owings Mills 21117  
68 units, one-bedroom.

► **PARK HEIGHTS AVENUE APARTMENTS**

410-367-5959  
5900 Parks Heights Avenue  
Baltimore 21215  
100 units, one-bedroom.

► **PARK HEIGHTS PLACE**

410-578-3445  
5430 Park Heights Avenue  
Baltimore 21215  
84 units, one-bedroom.

► **PARK VIEW AT ASHLAND TERRACE\***

410-276-6440  
1705 East Eager Street  
Baltimore 21205  
74 units, one/two bedrooms.

► **PARK VIEW AT CATONSVILLE\***

410-719-9464  
303 Maiden Choice Lane  
Catonsville 21228  
101 units, one-bedroom.

► **PARK VIEW AT COLDSRING\***

410-542-4400  
4803 Tamarind Road  
Baltimore 21209  
99 units, one/two bedrooms.

► **PARK VIEW AT DUNDALK\***

410-288-5483  
103 Center Place  
Dundalk 21222  
101 units, one-bedroom.

► **PARK VIEW AT FULLERTON**

410-663-0665  
4300 Cardwell Avenue  
Nottingham 21236  
90 units, one-bedroom.

► **PARK VIEW AT MIRAMAR LANDING**

410-391-8375  
705 Compass Road  
Middle River 21220  
100 units, one/two  
bedrooms.

► **PARK VIEW AT RANDALLSTOWN**

410-655-5673  
3530 Resource Drive  
Randallstown 21133  
103 units, one-bedroom.

► **PARK VIEW AT ROSEDALE**  
410-866-1886  
1315 Chesaco Avenue  
Rosedale 21237  
109 units.

► **PARK VIEW AT TAYLOR**  
410-663-0363  
4102 Taylor Avenue  
Baltimore 21236  
100 units, one/two bedrooms.

► **PARK VIEW AT TOWSON\***  
410-828-7185  
20 Dunvale Road  
Towson 21204  
112 units.

► **PARK VIEW AT WOODLAWN**  
410-281-1120  
2020 Featherbed Lane  
Woodlawn 21207  
101 units, one/two bedrooms.

► **PENN-NORTH PLAZA 8\***  
410-383-8595  
1520 West North Avenue  
Baltimore 21217  
66 units, efficiencies, one/  
two bedrooms.

► **RANDALLSTOWN PAVILION CO-OP**  
800-362-0548  
5109 Old Court Road  
Randallstown 21133  
76 units, one-bedroom.

► **RANDALLSTOWN VILLA CO-OP**  
800-362-0548  
5107 Old Court Road  
Randallstown 21133  
72 units, one-bedroom.

► **REISTER'S CLEARING-CATHOLIC CHARITIES**  
410-517-4994  
304 Cantata Court  
Reisterstown 21136  
68 units, one-bedroom.

► **REISTER'S VIEW-CATHOLIC CHARITIES\***  
410-517-4994  
306 Cantata Court  
Reisterstown 21136  
72 units, one-bedroom.

► **RIVER POINT**  
410-780-2881  
1900 Grove Manor Drive  
Essex 21221  
120 units, one/two bedrooms.

► **ROLAND VIEW TOWERS EAST**  
410-235-3939  
3939 Roland Avenue  
Baltimore 21211  
250 units, efficiencies/one/two  
bedrooms.

► **ROLAND VIEW TOWERS WEST**  
410-889-8255  
3838 Roland Avenue  
Baltimore 21211  
150 units, one/two bedrooms.

► **RUSCOMBE GARDENS APARTMENTS**  
410-664-4800  
4800 Yellowwood Avenue  
Baltimore 21209  
150 units, one-bedroom.

► **SALONY HOUSE SENIOR LIVING**  
410-833-0077  
300 Salony Drive  
Reisterstown 21136  
60 units, one-bedrooms.

► **SHARP-LEADENHALL COURT**  
410-727-2677  
911 Leadenhall Street  
Baltimore 21230  
192 units, one to four  
bedrooms.

# R | home

Residents First

We Turn Addresses  
*into homes*

## MOST COMMUNITIES ARE 62 AND BETTER

### ANNE ARUNDEL COUNTY

The Greens at Hammonds Lane: 410-636-1141  
Park View at Furnace Branch: 410-761-4150  
Park View at Severna Park: 410-544-3411

### BALTIMORE CITY

Ednor Apartments I: 410-243-0180  
Ednor Apartments II: 410-243-4301  
The Greens at Irvington Mews: 410-644-4487  
Park Heights Place: 410-578-3445  
Park View at Ashland Terrace: 410-276-6440  
Park View at Coldspring: 410-542-4400

### BALTIMORE COUNTY

Cove Point Apartments I: 410-288-2344  
Cove Point Apartments II: 410-288-1660  
Evergreen Senior Apartments: 410-780-4888

### BALTIMORE COUNTY (CONT.)

The Greens at English Consul: 410-789-3000  
The Greens at Liberty Road: 410-655-1100  
The Greens at Logan Field: 410-288-2000  
The Greens at Rolling Road: 410-744-9988  
Park View at Catonsville: 410-719-9464  
Park View at Dundalk: 410-288-5483  
• 55 & Better  
Park View at Fullerton: 410-663-0665  
Park View at Miramar Landing: 410-391-8375  
Park View at Randallstown: 410-655-5673  
Park View at Rosedale: 410-866-1886  
Park View at Taylor: 410-663-0363  
Park View at Towson: 410-828-7185  
Park View at Woodlawn: 410-281-1120

### EASTERN SHORE

Park View at Easton: 410-770-3070

### HARFORD COUNTY

Park View at Bel Air: 410-893-0064  
Park View at Box Hill: 410-515-6115

### HOWARD COUNTY

Park View at Colonial Landing: 410-796-4399  
Park View at Columbia: 410-381-1118  
Park View at Ellicott City: 410-203-9501  
Park View at Ellicott City II: 410-203-2096  
Park View at Emerson: 301-483-3322  
Park View at Snowden River: 410-290-0384

### PRINCE GEORGE'S COUNTY

Park View at Bladensburg: 301-699-9785  
• 55 & Better  
Park View at Laurel: 301-490-1526  
Park View at Laurel II: 301-490-9730

Call the community of interest to you to inquire about eligibility requirements and to arrange a personal tour.

[www.rhomecommunities.com](http://www.rhomecommunities.com)



PET-FRIENDLY



# H

## HOUSING

### ► SOUTHERN HIGH SCHOOL APARTMENTS

410-528-1195  
201 Warren Avenue  
Baltimore 21230  
49 units, efficiencies/  
one-bedroom.

### ► ST. CHARLES HOUSE-CATHOLIC CHARITIES

410-484-6125  
11 Church Lane  
Pikesville 21208  
24 units, efficiencies/  
one-bedroom, 3 disabled.

### ► ST. ELIZABETH HALL \*

410-252-4500, Press 5, then  
Ext. 7385  
2300 Dulaney Valley Road  
Timonium 21093  
200 units, one-bedroom, 10  
disabled.

### ► ST. ELIZABETH SENIOR HOUSING

410-732-1275  
35 North Lakewood Avenue  
Baltimore 21224  
20 units, efficiencies/  
one-bedroom.

### ► ST. JAMES TERRACE APARTMENTS

410-669-0862  
827 Arlington Avenue  
Baltimore 21217  
151 units, efficiencies/  
one-bedroom.

### ► ST. JOACHIM HOUSE-CATHOLIC CHARITIES

667-600-2685  
3310 Benson Avenue  
Baltimore 21227  
90 units, efficiencies/  
one-bedroom.

### ► ST. LUKE'S PLACE APARTMENTS-CATHOLIC CHARITIES\*

410-477-3661  
2825 Lodge Farm Road  
Edgemere 21219  
125 units, one-bedroom.

### ► ST. MARK'S APARTMENTS-CATHOLIC CHARITIES

410-788-0972  
19 Winters Lane  
Catonsville 21228  
20 units, one-bedroom.

### ► TABCO TOWERS\*

410-821-9220  
305 East Joppa Road  
Towson 21286  
200 units, efficiencies/  
one-bedroom.

### ► TERRACE GARDEN CO-OP

800-362-0548  
751 West Saratoga Street  
Baltimore 21201  
92 units, one/two-bedrooms.

### ► TRINITY HOUSE-CATHOLIC CHARITIES\*

410-825-5288  
409 Virginia Avenue  
Towson 21286  
82 units, one-bedroom.

### ► VENABLE APARTMENTS @ STADIUM PLACE

410-338-0661  
1030 East 33<sup>rd</sup> Street  
Baltimore 21218  
74 units, one-bedroom.

### ► VILLAGE CROSSROADS I-CATHOLIC CHARITIES\*

410-882-5431  
4313-A Fitch Avenue  
Nottingham 21236  
94 units, one-bedroom.

### ► VILLAGE CROSSROADS II-CATHOLIC CHARITIES

410-882-2934  
4313-B Fitch Avenue  
Nottingham 21236  
86 units.

### ► VILLAGE OAKS APARTMENTS\*

410-747-1344  
815 Winters Lane  
Catonsville 21228  
181 units, one-bedroom.

### ► VIRGINIA TOWERS

410-321-9661  
500 Virginia Avenue  
Towson 21286  
150 units.

### ► WABASH ESTATES CO-OP

800-362-0548  
5500 Wabash Avenue  
Baltimore 21215  
57 units, one-bedroom.

### ► WALKER CO-OP

800-362-0548  
1 Cooperative Drive  
Baltimore 21212  
88 units, one-bedroom.

### ► WALKER DANIELS HOUSE

410-462-4186  
2100-02 Madison Avenue  
Baltimore 21217  
23 units, efficiencies/  
one-bedroom.

### ► WALKER MEWS\*

410-323-8507  
6225 York Road  
Baltimore 21212  
166 units, one-bedroom.

### ► WALKER SENIOR CO-OP

410-377-0200  
711 Walker Avenue  
Baltimore 21212  
88 units, one-bedroom.

### ► WARREN PLACE SENIOR APARTMENTS

410-666-1030  
10535 York Road  
Cockeysville 21030  
121 units, one-bedroom,  
elevator.

### ► WATERS TOWERS\*

410-342-6240  
1400 East Madison Street  
Baltimore 21205  
203 units, one-bedroom.

### ► WAYLAND VILLAGE SENIOR APARTMENTS

410-542-4580  
3020 Garrison Boulevard  
Baltimore 21216  
90 units, one/two bedrooms.

### ► WEINBERG COURT AT STADIUM PLACE

410-235-0500  
1020 East 33<sup>rd</sup> Street  
Baltimore 21218  
70 units, one-bedroom.

### ► WEINBERG GARDENS\*

410-602-8200  
1500 Bedford Avenue  
Pikesville 21208  
85 units, one-bedroom.

### ► WEINBERG HOUSE\*

410-602-2405  
16 Old Court Road  
Pikesville 21208  
116 units, one-bedroom.

### ► WEINBERG MANHATTAN PARK APARTMENTS

410-466-8080  
5715 Park Heights Avenue  
Baltimore 21215  
123 units, efficiencies, one/  
two bedrooms.

### ► WEINBERG MANOR EAST

410-358-5581  
3601 Fords Lane  
Baltimore 21215  
186 units, efficiencies, one/  
two bedrooms.

### ► WEINBERG MANOR SOUTH

410-783-7333  
3617 Fords Lane  
Baltimore 21215  
90 units, one/one with den/  
two bedrooms.

### ► WEINBERG MANOR WEST

410-358-9393  
3615 Fords Lane  
Baltimore 21215  
108 units, one/two  
bedrooms.

### ► WEINBERG PLACE\*

410-542-4111  
2500 West Belvedere Avenue  
Baltimore 21215  
231 units, efficiencies/  
one-bedroom.

# H

## HOUSING

► **WEINBERG TERRACE\***  
410-602-3950  
1450 Bedford Avenue  
Pikesville 21208  
86 units, one-bedroom.

► **WEINBERG VILLAGE I\***  
410-581-7878  
3420 Associated Way  
Owings Mills 21117  
75 units, one-bedroom.

► **WEINBERG VILLAGE II**  
410-581-3800  
3440 Associated Way  
Owings Mills 21117  
81 units, one/two-bedrooms,  
one-bedroom w/den.

► **WEINBERG VILLAGE III\***  
410-363-1600  
3414 Associated Way  
Owings Mills 21117  
100 units, one-bedroom.

► **WEINBERG VILLAGE IV**  
410-363-8866  
3410 Associated Way  
Owings Mills 21117  
100 units.

► **WEINBERG VILLAGE V**  
410-356-4660  
3430 Associated Way  
Owings Mills 21117  
86 units.

► **WEINBERG WOODS**  
410-318-6625  
3211 Clarks Lane  
Baltimore 21215  
72 units, one-bedroom.

► **WESTMINSTER HOUSE**  
410-837-0180  
524 North Charles Street  
Baltimore 21218  
168 units, efficiencies/  
one-bedroom.

► **WOODBOURNE WOODS**  
410-433-7255  
1650 Woodbourne Avenue  
Baltimore 21239  
165 units, efficiencies/  
one-bedroom.

► **ZION TOWERS\***  
410-669-3900  
1100 Pennsylvania Avenue  
Baltimore 21201  
210 units, one-bedroom.

► **DEPAUL HOUSE-  
CATHOLIC CHARITIES\***  
667-600-2685

► **N.M. CARROLL  
MANOR\***  
410-669-4270

► **ST. ELIZABETH HALL\***  
410-252-4500, Press 5, Then  
Ext. 7385

► **ST. JOACHIM-CATHOLIC  
CHARITIES\***  
667-600-2685

► **ST. LUKE'S PLACE  
APARTMENTS-CATHOLIC  
CHARITIES\***  
410-477-3661

► **TRINITY HOUSE-  
CATHOLIC CHARITIES\***  
410-825-5288

► **VILLAGE CROSSROADS  
I-CATHOLIC CHARITIES\***  
410-882-5431

► **WEINBERG PLACE\***  
410-542-4111

► **WEINBERG TERRACE\***  
410-602-3950

► **WOODBOURNE WOODS**  
410-433-7255

See previous section (Housing  
Apartments for Seniors) for  
addresses.

### HOUSING - CONGREGATE HOUSING

### APARTMENTS TO MEET SPECIAL NEEDS

Residents live in their own  
apartments located in senior  
rental apartment buildings and  
receive additional services for a  
fee. Subsidies are available to  
those who are asset and income  
eligible. Residents must be able  
to live independently with the  
supportive services provided.

► **BASILICA PLACE-  
CATHOLIC CHARITIES\***  
667-600-3292

► **BELVEDERE GREEN\***  
410-433-7255

► **BERNARD MASON**  
410-231-7090



**WESTMINSTER HOUSE  
APARTMENTS**  
Affordable Senior  
Living in Historic  
Mount Vernon

**ALL APPLICANTS MUST BE  
SENIORS (62+)  
AND INCOME QUALIFIED.**

#### Our Community Offers The Following:

- Newly Remodeled Building
- Utilities Included, Except Telephone And Cable
  - Cable And Internet Ready
- 24- Hour Front Desk Concierge
  - On-Call Maintenance
- Easy Access To Public Transportation
- Walking Distance To Area Hospitals,  
Churches, Grocery Stores, Restaurants,  
Theaters, Etc

Call the Leasing Office at **410-837-0180**  
today for an appointment to tour or further information.

[www.westminsterhouseapts.com](http://www.westminsterhouseapts.com)



# Amazing & Affordable!

CHAI's Weinberg Senior Living Communities provide quality, affordable apartments for 62+ seniors and younger residents with disabilities\*.

Our community amenities include:

- Common Area Dining Room
- Library, TV/Media Room
- Relaxing Sitting Areas
- Beautiful Landscaping
- Onsite Laundry Facilities
- Social Activities
- Eating Together Program
- Smoke-Free Building
- Service Coordinator
- Onsite Management
- 24-Hour Emergency Maintenance
- Controlled Access Entry
- Educational Classes & Programs
- Shuttle Van for Group Trips



Weinberg Senior Living communities are owned by Comprehensive Housing Assistance, Inc. (CHAI), a local non-profit organization. CHAI's mission is to develop and support thriving, stable communities in Northwest Baltimore.

**Weinberg Village Community**

3430 Associated Way  
Owings Mills, MD 21117  
410-356-4660

**Weinberg Gardens**

1500 Bedford Ave.  
Pikesville, MD 21208  
410-602-8200

**Weinberg House**

16 Old Court Road  
Pikesville, MD 21208  
410-602-2405

**Weinberg Manhattan Park\***

5715 Park Heights Ave.  
Baltimore, MD 21215  
410-466-8080

**Weinberg Manor West\***

3615 Fords Lane  
Baltimore, MD 21215  
410-358-9393

**Weinberg Manor South**

3617 Fords Lane  
Baltimore, MD 21215  
410-783-7333

**Weinberg Place\***

2500 West Belvedere  
Baltimore, MD 21215  
410-542-4111

**Weinberg Terrace**

1450 Bedford Ave.  
Pikesville, MD 21208  
410-602-3950

**Weinberg Manor East**

601 Fords Lane  
Baltimore, MD 21215  
410-358-5581

**Weinberg Park Assisted Living\***

5833 Park Heights Ave.  
Baltimore, MD 21215  
410-664-0100

**Weinberg Woods**

3211 Clarks Lane  
Baltimore, MD 21215  
410-318-6625

[www.chaicomunities.org](http://www.chaicomunities.org)

Income Limits  
May Apply



*\*Only certain communities accept younger residents with disabilities.*

# H

## HOUSING - ASSISTED LIVING

### HOUSING - ASSISTED LIVING PROGRAMS

Provides housing and supportive services, supervision, personalized assistance and/or health-related services to meet the needs of residents who are unable to perform activities of daily living independently, or who need assistance. All Assisted Living (AL) Programs are regulated by the Maryland Department of Health, Office of Health Care Quality. They are licensed to provide a specific level of care, as follows:

\* **Level 1: Low Level of Care**

\* **Level 2: Moderate Level of Care**

\* **Level 3: High Level of Care**

\* **Most facilities also accept residents at a level of care lower than the maximum for which they are licensed.**

Levels of care are determined by a functional assessment. For additional services/information call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging at Maryland Access Point at 410-396-2273.

All Maryland Assisted Living programs are required by law to include a Disclosure Statement in their marketing materials and to provide information upon request. The Disclosure Statement outlines the services and policies of the assisted living program. Each facility uses the same standardized form which allows consumers to easily compare services.

Visit [www.health.maryland.gov/ohcq](http://www.health.maryland.gov/ohcq). Click on *Assisted Living*, then click on *Consumer Information Page*. This will provide links to the Provider Service Disclosure Form and a list of licensed assisted facilities as well as additional information.

### ASSISTED LIVING: 1-4 RESIDENTS

For a list of homes which house 1 - 4 residents in Baltimore County, call the Maryland Department of Health, Office of Health Care Quality at 410-402-8217, or visit the website at [www.health.maryland.gov/ohcq](http://www.health.maryland.gov/ohcq) (Licensee Directory). Please refer to Baltimore City's listing in the directory which provides 1-4 resident facilities add page number on page 74 .

### HOUSING - ASSISTED LIVING: 5-15 RESIDENTS

Live-in residents must be age 18 or older, requiring a level of care for which an Assisted Living is licensed. The Maryland Department of Health, Office of Health Care Quality surveys homes to ensure compliance with the Code of Maryland regulations for Assisted Living programs. In addition, the Baltimore County Health Department provides Environmental Surveys for county locations only. Senior Assisted Housing subsidy (indicated by \*) and Medicaid Home and Community Based Services Programs payment may be available, pending grant funds. This list, from OHCQ, is effective as of December 2019.

#### ▶ 1 STOP ASSISTED LIVING 5

443-629-2526  
2306 West Lanvale Street  
Baltimore 21216  
Level unavailable.

#### ▶ 1 STOP ASSISTED LIVING 6

443-629-2526  
149 South Hilton Street  
Baltimore 21229  
Level unavailable.

#### ▶ 303 N. ROLLING ROAD, LLC\*

410-788-6612  
303 North Rolling Road  
Catonsville 21228  
Level 3

#### ▶ A & W ASSISTED LIVING

410-419-7322  
6600 Liberty Road  
Baltimore 21207  
Level unavailable.

#### ▶ ACCESS ASSISTED LIVING

443-690-2544  
2611 Elsinore Avenue  
Baltimore 21216  
Level unavailable.

#### ▶ AFFLUENT LIVING

410-365-6629  
4106 Maine Avenue  
Baltimore 21207  
Level unavailable.

#### ▶ AGAPE ASSISTED LIVING HOME I

410-325-5940  
5706 Denwood Avenue  
Baltimore 21206  
Level 3

#### ▶ AGAPE ASSISTED LIVING HOME II

410-488-6926  
4610 Eugene Avenue  
Baltimore 21206  
Level 3

#### ▶ ALHAMBRA ASSISTED LIVING FACILITY

410-486-8650  
5503 Alhambra Avenue  
Baltimore 21212  
Level 3

#### ▶ ALL THE BEST CARE ASSISTED LIVING, INC. \*

410-205-7353  
6 Clarendon Avenue  
Pikesville 21208  
Level 3

#### ▶ ALL TOGETHER NETWORK, INC.

410-486-8650  
643 Tunbridge Road  
Baltimore 21212  
Level 3

#### ▶ ALMOST HOME II ASSISTED LIVING, INC. \*

443-200-3324  
4813 Gwynn Oak Avenue  
Baltimore 21207  
Level 3

#### ▶ ALMOST LIKE HOME

410-367-5521  
4202 Maine Avenue  
Baltimore 21207  
Level 3

#### ▶ AMBROZEAN ASSISTED LIVING CARE CENTER, INC.

410-367-8800  
3800 West Rogers Avenue  
Baltimore 21215  
Level 3

#### ▶ AMELIA'S MANOR

410-842-3050  
5529 Moravia Road  
Baltimore 21206  
Level unavailable.

#### ▶ AMERICAN HOME CARE AND HEALTH SERVICES ASSISTED

410-563-1460  
2914 East Federal Street  
Baltimore 21213  
Level 3

#### ▶ AMY'S COMPASSIONATE CARE ASSISTED LIVING

443-538-6932  
4415 Buchanan Avenue  
Baltimore 21211  
Level unavailable.

#### ▶ ANGEL CORE HOME OF CARE AT PARKMONT

410-485-0605  
4304 Parkmont Avenue  
Baltimore 21206  
Level 2



# H

## HOUSING - ASSISTED LIVING

▶ **ANGELIC HANDS ASSISTED LIVING**

410-878-0374  
5801 Clover Road  
Baltimore 21215  
Level 3

▶ **ANGELS AMONG US\***

410-365-1633  
12820 Eastern Avenue  
Baltimore 21220  
Level 3

▶ **ANNIE'S HEART OF LOVE**

410-689-8111  
5410 Hamlet Avenue  
Baltimore 21214  
Level unavailable.

▶ **APRIL SHOWERS ASSISTED LIVING FACILITY, INC**

443-801-2920  
3621 Gibbons Avenue  
Baltimore 21214  
Level unavailable.

▶ **ARDENT LIVING**

443-850-4779  
821 Nottingham Road  
Baltimore 21229  
Level 3

▶ **ARISING CARE INCORPORATED**

301-728-9987  
2749 West North Avenue  
Baltimore 21216  
Level 3

▶ **ASSISTED LIVING AT BUCKINGHAM MANOR**

410-205-7568  
4010 Buckingham Road  
Baltimore 21207  
Level unavailable.

▶ **ASSURANCE CARE PROVIDER SERVICES, LLC**

443-857-5012  
9100 Meadow Heights Road  
Randallstown 21133  
Level Unavailable.

▶ **AT EASE AND RENEWED, LLC**

410-444-3489  
4002 Glenmore Avenue  
Baltimore 21206  
Level unavailable.

▶ **AT MAJESTIC CARE II**

443-766-5951  
48 South Kossuth  
Baltimore 21215  
Level 3

▶ **AUNT SHUG'S ASSISTED LIVING #2**

410-367-0517  
4313 Belvieu Avenue  
Baltimore 21215  
Level 2

▶ **AUNT SHUG'S ASSISTED LIVING, INC.**

410-367-2166  
4311 Belvieu Avenue  
Baltimore 21215  
Level unavailable.

▶ **AURORA SPRING**

410-892-3716  
4711 Hampnett Avenue  
Baltimore 21214  
Level unavailable.

▶ **BALMAINE MANOR**

410-358-4400  
7117 Campfield Road  
Baltimore 21207  
Level unavailable.

▶ **BEA'S BEAUTIFUL BLESSING, LLC**

443-873-6986  
3224 Woodring Avenue  
Baltimore 21234  
Level 3

▶ **BECAUSE WE CARE, LLC**

443-629-9311  
511 Rossiter Avenue  
Baltimore 21212  
Level unavailable.

▶ **BEECHWOOD ASSISTED LIVING, LLC\***

410-455-0492  
101 North Beechwood Avenue  
Catonsville 21228  
Level 3

▶ **BEST CARE ASSISTED LIVING, LLC\***

410-596-5863  
639 Main Street  
Reisterstown 21136  
Level 3

▶ **BETTY'S & DEBBIE'S FAMILY PLACE I\***

410-254-5828  
5411 Walther Avenue  
Baltimore 21214  
Level 3

▶ **BEYOND LOVING CARE, LLC**

410-245-0439  
4134 West Forest Park Avenue  
Baltimore 21207  
Level unavailable.

▶ **BLESSED HANDS ASSISTED LIVING, LLC**

443-527-9200  
1611 Ramblewood Road  
Baltimore 21239  
Level unavailable.

▶ **BLESSED HEART, LLC**

443-642-7266  
1812 East 29<sup>th</sup> Street  
Baltimore 21218  
Level unavailable.

▶ **BLESSING AWAY FROM HOME 2, LLC, A**

410-908-1085  
3512 Menlo Drive  
Baltimore 21215  
Level unavailable.

▶ **BLESSING AWAY FROM HOME 3, LLC, A**

410-908-1085  
3514 Menlo Drive  
Baltimore 21215  
Level 3

▶ **B-MORE ASSISTED LIVING**

410-233-6747  
1933 West Lexington Street  
Baltimore 21223  
Level unavailable.

▶ **BRIDGECARE ASSISTED LIVING, LLC**

410-233-5963  
4405 Rokeby Road  
Baltimore 21229  
Level unavailable.

▶ **BRINKLEY CARE ALF, INC.**

443-983-1506  
2822 Fleetwood Avenue  
Baltimore 21214  
Level unavailable.

▶ **C & L QUALITY HOME CARE I**

410-532-6829  
1001 Evesham Avenue  
Baltimore 21212  
Level unavailable.

▶ **CALMING ACRES II**

410-655-1202  
7205 Glenoak Avenue  
Baltimore 21234  
Level 3

▶ **CANTYS HELPING HANDS ASSISTED LIVING, LLC**

410-900-7900  
3511 Edgewood Road  
Baltimore 21215  
Level unavailable.

▶ **CARE BLESSINGS ASSISTED LIVING, LLC**

410-262-6657  
3008 Glenmore Avenue  
Baltimore 21214  
Level unavailable.

▶ **CARE MATTERS, LLC**

410-664-0462  
3604 Grantley Road  
Baltimore 21215  
Level unavailable.

▶ **CARE MATTERS ASSISTED LIVING**

410-653-0846  
4003 Buckingham Road  
Baltimore 21207  
Level unavailable.

▶ **CARING CORNERS III**

410-496-9843  
9208 Allenwood Road  
Randallstown 21133  
Level 3

# ASSISTED LIVING FACILITIES FOR 1-4 RESIDENTS IN BALTIMORE CITY

Information provided courtesy of  
the Baltimore City Health Department, Division of Aging  
For additional information, please contact  
**Baltimore City MAP at 410-396-2273.**

## 21201

**Comfort City Assisted Living**  
240-444-9606

## 21205

**Golden Gatz**  
410-522-3519

**M & G's Total Tender Loving Care**  
410-342-8152

**Norma's House**  
410-675-9307

## 21206

**All About You Assisted Living**  
410-963-5878

**Butterfly Nest Assisted Living**  
410-336-5423

**C&L Quality Home Care III**  
410-488-4025

**Dee's House Of Care**  
410-426-3465

**House Of TLC**  
443-759-5346

**Irene's Manor**  
667-239-3138

**Just Like Home**  
443-616-9784

**Keeping People Smiling**  
443-552-6216

**Lacy's Assisted Living**  
410-483-0198

**Margaret's Manor**  
443-708-3717

**New Horizon, LLC**  
443-682-8644

**Norma's Place**  
410-325-3847

**Pleasant Care**  
410-325-8174

**Sabbath Place**  
443-844-7815

**Uhh Wee, We Care**  
410-325-7256

## 21207

**Lashae Gloria Home Care**  
410-370-0705

**Prayer Changes Everything**  
410-542-0583

**Touch Of Love**  
410-369-6327

## 21212

**Because We Care LLC**  
443-629-9311

**Better Ways Assisted Living**  
410-617-8913

**C & L Quality Home Care**  
410-532-6829

**Destiny's Place**  
443-386-5323

**Third Generation Care**  
410-323-4989

## 21213

**1 Stop Assisted Living**  
443-762-2603

**All About Caring**  
410-327-6023

**Angelic Care**  
410-325-1009

**Caring For You 2 & 3**  
410-401-0341  
443-857-6731

**Charlie's Angels Assisted Living 1, 2 & 3**  
443-276-0956

**Elaine's Home**  
443-378-9079

**Heart Of Angels**  
443-768-5330

**Latisha Thomson Assisted Living Care**  
443-230-6319

**My Daughter's Place**  
443-913-5119

**Sensitive Hearts Assisted Living**  
443-545-8340

**Strength To Love**  
667-930-3625

**Treasured Loved Ones Home Care LLC**  
443-559-2150

## 21214

**Brinkley Care Assisted Living**  
443-872-4302

**Cozy House**  
410-319-7400

**Justin's Assisted Living**  
410-804-7024

**Westfield**  
443-622-7576

## 21215

**ADAL**  
336-655-2667

**All In The Family**  
443-204-2290

**Ann's Place**  
410-664-2633

**Aunt Shug's Assisted Living**  
410-367-2166

**Best Care**  
410-542-4842

**Harmony House I**  
410-664-8034

**Harrison's Home Care**  
410-952-9521

**Home Away From Home 2**  
443-570-9925

**Joy Assisted Living**  
410-578-1230

**Keemer Kare**  
410-504-9601

**Mumsey's Assisted Living**  
410-655-1555

**Reliable Quality Care**  
443-983-3036

**Shelton Personal Care**  
410-542-6545

# ASSISTED LIVING FACILITIES FOR 1-4 RESIDENTS IN BALTIMORE CITY

Information provided courtesy of  
the Baltimore City Health Department, Division of Aging

For additional information, please contact  
**Baltimore City MAP at 410-396-2273.**

## 21216

**Allen House**  
410-485-1631

**AW Quality Care II**  
443-271-8159

**House Of Loving  
Hands**  
410-945-1594

**Karima's Place II**  
410-233-5500

**Key To Heart**  
443-226-6902

**Passionate Pursuits**  
410-466-2356

**PHO Assisted Living**  
410-233-6346

**Rose's Of Life**  
410-601-0150

**We Care Home Care**  
443-278-5241

## 21217

**1 Stop Assisted Living 4**  
443-629-2526

**Gaddy's Assisted  
Living**  
410-207-6174

**Open Arms Assisted  
Living LLC**  
443-938-7878

## 21218

**Comfort Zone  
Assisted Living**  
410-814-2855

**Easter Adult Care, Inc.**  
443-463-7717

**Hanson's Home Care  
I & II**  
410-598-0901  
410-235-1895

**House Of Nobles**  
443-615-1540

**Kinfolk Assisted Living**  
410-243-3076

**Patricia's Assisted  
Love Care Home**  
410-338-0328

**Sel's Place**  
410-366-7781

**Step From Home**  
443-414-2503

## 21223

**B-More Assisted  
Living**  
410-233-6747

**Just Like Home**  
410-800-9957

**Love & Faith Home  
Care**  
443-802-0991

**Passionate Care**  
443-869-3778

## 21229

**ABH Assisted Living**  
410-804-0573

**A Place For Me**  
410-362-3917

**Caring Hearts Senior  
Living**  
443-603-5365

**Cozy Cove Home Care**  
410-500-4591

**Edna W. Cox Tranquil  
Pathway House 1 & 2**  
410-947-5755  
410-842-3661

**Gneale Home Care**  
443-570-1808

**He Ain't Heavy  
Assisted Living**  
410-258-7632

**Lily Ridge Assisted  
Living**  
443-835-3142

**Linz Assisted Living**  
410-566-4969

**My Second Home II**  
410-362-6409

**NU Direction  
Assisted Living**  
410-617-0331

**Unity House Assisted  
Living**  
443-708-3462

## 21231

**Holly's Haven**  
443-633-1768

## 21234

**Hawkins House**  
410-426-4985

## 21239

**C & L Quality Home  
Care II**  
410-296-8793

**For Those Who Serve**  
410-236-1875

**Golden Age Inn**  
410-464-0796

**Heavenly Grace  
Assisted Living**  
443-271-0884

**Jenny's Home Care**  
410-632-7524

**Peachtree Manor**  
410-433-3622

**Pinkett's Assisted  
Living LLC**  
410-233-5231

**Sara's Christian Home**  
410-433-8323

**Tamara Loving Care**  
410-435-8549

**Tender Touch Assisted  
Living**  
443-438-6099

**For A Complete List Of Assisted Living Facilities, Please Contact  
The Maryland Department Of Health  
– Office Of Health Care Quality (OHCQ)  
410-402-8015, 887-402-8218 Or 800-735-2258 (TTY)  
[www.health.maryland.gov/ohcq](http://www.health.maryland.gov/ohcq)**



The LIGHT Intake & Assessment Unit provides a one-stop shop to access the services of Baltimore Housing and Community Development's Division of Homeownership & Housing Preservation. You can apply for any of the three grant and loan programs listed below with a single LIGHT Pre-application. When you do, you'll be screened for more than sixty other programs and benefits offered by public and nonprofit agencies. Then, a LIGHT case manager will help connect you to and coordinate the services for which you are eligible, and which match your needs.

<b>Services</b>	<b>Eligibility Requirements</b>
-----------------	---------------------------------

### Weatherization

Energy-efficiency improvements that lower utility bills and make homes safer and more comfortable.

- Attic insulation
- Caulking/air sealing
- Weather stripping doors/windows
- Heating system tune-up/repair
- Pipe and hot water heater wraps
- Compact fluorescent light bulbs

Household Size	Annual Income
1	\$24,980
2	\$33,820
3	\$42,660
4	\$51,500
5	\$60,340
6	\$69,180
7	\$78,020
8	\$86,860

### Lead Hazard Reduction

Lead remediation for eligible owner- and tenant-occupied properties. Household must include a pregnant woman or child age under 6.

- Door and window treatment and replacement
- Floor treatment
- Paint removal, stabilization and repainting
- Heating system tune-up/repair
- Other measures to reduce the risk of lead paint

Household Size	Annual Income
1	\$52,850
2	\$60,400
3	\$67,950
4	\$75,500
5	\$81,550
6	\$87,600
7	\$93,650
8	\$99,700

### Housing Rehabilitation

Repairs that address emergencies, code violations, and health and safety issues for owner-occupied properties.

- Roof repair
- Water and sewer line repair
- Furnace replacement
- Electrical repair
- Disability accessibility
- Plumbing repair

Household Size	Annual Income
1	\$52,850
2	\$60,400
3	\$67,950
4	\$75,500
5	\$81,550
6	\$87,600
7	\$93,650
8	\$99,700

For an application or questions please contact the LIGHT Intake & Assessment Unit at  
**410-396-3023** <https://dhcd.baltimorecity.gov/hho/light>



Bernard C. "Jack" Young  
Mayor of Baltimore City



Michael Braverman  
Commissioner

# BUY A HOME IN BALTIMORE CITY!



The Baltimore Homeownership Incentive Program is specifically tailored for Baltimore City homebuyers. From Vacants to Value Booster to Live Near Your Work to Buying Into Baltimore, there's an incentive for everyone. What's also nice about B-HiP is that eligible homebuyers can layer incentive programs.

Now that's something to get excited about!

## HERE ARE THE DETAILS:

### V2V \$10,000 HOMEOWNERSHIP PROGRAM

Eligible homebuyers can get \$10,000 towards closing costs for the purchase of a formerly vacant home. Home must have had a vacant building notice for at least one year prior to rehabilitation. In addition, Seller must provide a Use and Occupancy Certificate before settlement.

Email: [Earnestine.Carter@baltimorecity.gov](mailto:Earnestine.Carter@baltimorecity.gov)

### BUYING INTO BALTIMORE PROGRAM

The Buying into Baltimore incentive has been increased from \$4,000 to \$5,000. LiveBaltimore conducts 4 Buy Into Baltimore tours each year distributing 25 loans per event. The number of incentives awarded has been increased to 100 per year. Visit: [www.LiveBaltimore.com](http://www.LiveBaltimore.com)

Email: [Earnestine.Carter@baltimorecity.gov](mailto:Earnestine.Carter@baltimorecity.gov)

### LIVE NEAR YOUR WORK (LNYW)

The City of Baltimore matches participating employers up to \$2,500.

Email: [Daibeth.Saunders@baltimorecity.gov](mailto:Daibeth.Saunders@baltimorecity.gov)

### COMMUNITY DEVELOPMENT BLOCK GRANT

For first-time home buyers with total family income at or below 80% of the area median income, \$5,000 in down payment and closing cost assistance is available.

Email: [Brenda.Winston@baltimorecity.gov](mailto:Brenda.Winston@baltimorecity.gov)

### BALTIMORE CITY EMPLOYEE HOMEOWNERSHIP PROGRAM

The incentive for City employees has been increased from \$3,000 to \$5,000.

Email: [Tanika.Owens@baltimorecity.gov](mailto:Tanika.Owens@baltimorecity.gov)

For more information about B-HiP, call **410-396-3124** or visit **[vacantstoalvalue.org](http://vacantstoalvalue.org)** or **[LiveBaltimore.com](http://LiveBaltimore.com)**.



# H

## HOUSING - ASSISTED LIVING

### ► CARING FOR YOU ASSISTED LIVING, LLC

410-233-6380  
10 South Gilmore Street  
Baltimore 21223  
Level 2

### ► CARING HEARTS AT HARFORD, LLC

443-919-7388  
4532 Harford Road  
Baltimore 21214  
Level unavailable.

### ► CARING HEARTS SENIOR LIVING

443-603-5365  
620 Wildwood Parkway  
Baltimore 21229  
Level 3

### ► CASSIE'S CORNER

443-865-6665  
7007 Brompton Road  
Baltimore 21207  
Level unavailable.

### ► CHANGING TIMES ASSISTED LIVING, LLC

443-570-4331  
5907 Arabia Avenue  
Baltimore 21214  
Level unavailable.

### ► CHELSEA MANOR, INC.

443-465-4247  
2309 Chelsea Terrace  
Baltimore 21216  
Level 3

### ► CHERYL'S PLACE #1

410-365-1633  
8707 Trumps Mill Road  
Baltimore 21237  
Level 3

### ► CLEM AND DOLL II

443-804-9556  
8335 Liberty Road  
Baltimore 21244  
Level 3

### ► CLEM AND DOLL ASSISTED LIVING I

443-804-9556  
8337 Liberty Road  
Baltimore 21244  
Level 3

### ► COMFORTS OF HOME III

443-857-5230  
9917 Liberty Road  
Randallstown 21133  
Level unavailable.

### ► CONCORD MEADOWS

443-527-5273  
1128 North Calhoun Street  
Baltimore 21217  
Level unavailable.

### ► CORDELIA MANOR

443-839-8871  
2817 East Federal Street  
Baltimore 21213  
Level unavailable.

### ► DEAR NOLITA ASSISTED LIVING, LLC

424-653-7663  
5010 Rimmell Avenue  
Baltimore 21206  
Level 3

### ► DESKY ASSISTED LIVING, LLC

410-530-4419  
4307 Willshire Avenue  
Baltimore 21206  
Level unavailable.

### ► DIVINE CARE ASSISTED LIVING, INC.

410-444-1294  
4603 Frankford Avenue  
Baltimore 21206  
Level unavailable.

### ► DIVINE ENLARGEMENT I

410-804-5806  
3127 Clifftmont Avenue  
Baltimore 21213  
Level unavailable.

### ► DIVINE ENLARGEMENT II, LLC

410-804-5806  
531 Mande Avenue  
Baltimore 21215  
Level 3

### ► DIVINE LIVING, LLC

443-682-3762  
202 East Lanvale Street  
Baltimore 21202  
Level 3

### ► DULANEY VALLEY ASSISTED LIVING AT HUNT VALLEY\*

410-592-2749  
10815 Powers Avenue  
Cockeysville 21030  
Level 3

### ► DULANEY VALLEY ASSISTED LIVING, INC.\*

410-252-3430  
5001 Carroll Manor Road  
Baldwin 21013  
Level 3

### ► EASY LIKE SUNDAY MORNING

410-281-9616  
4402 Maine Avenue  
Baltimore 21207  
Level unavailable.

### ► EBENEZER HOUSE, LLC

410-812-8415  
5008 Walther Avenue  
Baltimore 21214  
Level 3

### ► EDEN CARE

443-889-7459  
6900 Schissler Avenue  
Woodlawn 21207  
Level 3

### ► ELEMENTS OF RESCUE LIVING

443-759-2203  
1228 Sheridan Avenue  
Baltimore 21239  
Level unavailable.

### ► EMPOWERING LIVES

410-225-7447  
1716 Harlem Avenue  
Baltimore 21217  
Level 3

### ► ERIKA & ERIC HOME OF CARE II

410-233-5546  
2400 Roslyn Avenue  
Baltimore 21216  
Level 3

### ► ESTHER'S PLACE AT MONTEBELLO

410-254-1010  
2831 Montebello Terrace  
Baltimore 21214  
Level 3

### ► EVERGREEN VALLEY ASSISTED LIVING

410-252-3430  
3009 Evergreen Avenue  
Baltimore 21214  
Level 3

### ► EXALT, LLC

919-473-3429  
1703 Montpelier Street  
Baltimore 21218  
Level unavailable.

### ► FERNHILL ASSISTED LIVING

443-801-3319  
4002 Fernhill Avenue  
Baltimore 21215  
Level unavailable.

### ► FLORINE M WALKER ASSISTED LIVING

443-726-1075  
1027 North Mount Street  
Baltimore 21217  
Level unavailable.

### ► FRIENDLY BEST (805)

443-244-2777  
805 Beaumont Avenue  
Baltimore 21212  
Level unavailable.

### ► FRIENDLY BEST CARE

877-412-1222  
801 Beaumont Avenue  
Baltimore 21212  
Level unavailable.

### ► GARRISON ESTATES ASSISTED LIVING II, LLC

443-759-8403  
2702 Garrison Boulevard  
Baltimore 21216  
Level unavailable.

### ► GARRISON ESTATES ASSISTED LIVING, LLC

443-857-1050  
2700 Garrison Boulevard  
Baltimore 21216  
Level unavailable.

# H

## HOUSING - ASSISTED LIVING

▶ **GENERATIONAL GIFTS, LLC**

410-367-1790  
2300 Elsinore Avenue  
Baltimore 21216  
Level unavailable.

▶ **GENTAL TOUCH ASSISTED LIVING, LLC**

443-794-0499  
3609 East Northern Parkway  
Baltimore 21206  
Level unavailable.

▶ **GEORGIE & JETTA LOVING CARE HOME**

443-769-7573  
720 East 35<sup>th</sup> Street  
Baltimore 21218  
Level 3

▶ **GIFTED HANDS ASSISTED LIVING, THE**

347-433-2385  
2417 Reisterstown Road  
Baltimore 21217  
Level unavailable.

▶ **GLORIA FRIEND'S HOME, INC.\***

410-686-0448  
929 Back River Neck Road  
Baltimore 21221  
Level 3

▶ **GLORY HOUSE ASSISTED LIVING, LLC**

443-850-5839  
4404 Maine Avenue  
Baltimore 21207  
Level 3

▶ **GOLDEN HEARTS ASSISTED LIVING**

410-953-9160  
2542 West Lanvale Street  
Baltimore 21216  
Level unavailable.

▶ **GOLDEN VIEW ASSISTED LIVING**

410-485-1604  
4407 Frankford Avenue  
Baltimore 21206  
Level unavailable.

▶ **GOOD LIFE ASSISTED LIVING, LLC**

443-202-3561  
4008 Belle Avenue  
Baltimore 21215  
Level 3

▶ **GRACE & MERCY HOME CARE**

443-858-8390  
4131 West Forest Park Avenue  
Baltimore 21207  
Level 3

▶ **GRAND OASIS ALF**

410-248-0661  
1810 Landrake Road  
Towson 21204  
Level unavailable.

▶ **HABAKKUK 2:3 ASSISTED LIVING**

443-627-8498  
3817 Reisterstown Road  
Baltimore 21215  
Level unavailable.

▶ **HAMPTON MEADOWS, LLC\***

410-825-1743  
1412 Providence Road  
Towson 21286  
Level 3

▶ **HAVEN OF REFUGE ASSISTED LIVING, LLC**

443-438-5926  
701 East 43<sup>rd</sup> Street  
Baltimore 21212  
Level unavailable.

▶ **HAWKINS CHRISTIAN CARE HOME**

410-947-5003  
802 Walnut Avenue  
Baltimore 21229  
Level 3

▶ **HEARTFELT CARE PROVIDERS, LLC**

443-759-6132  
3505 Windsor Mill Road  
Baltimore 21216  
Level 3

▶ **HEARTFELT CARE PROVIDERS AT WENWORTH 2**

443-348-5127  
4413 Wentworth Road  
Baltimore 21207  
Level unavailable.

▶ **HEAVEN SENT ASSISTED LIVING, LLC**

443-835-3237  
4411 Frankford Avenue  
Baltimore 21206  
Level unavailable.

▶ **HEAVENLY GRACE ASSISTED LIVING #2\***

443-271-0884  
3201 Windsor Avenue  
Baltimore 21216  
Level 3

▶ **HELPFUL HANDS, LLC**

410-390-8055  
3403 Southern Avenue  
Baltimore 21214  
Level unavailable.

▶ **HELPING HANDS RESIDENTIAL CARE**

443-630-2900  
1812 Guilford Avenue  
Baltimore 21202  
Level unavailable.

▶ **HOLBROOK ESTATES AT 1638 RUXTON AVENUE**

202-651-1857  
1638 Ruxton Avenue  
Baltimore 21217  
Level 3

▶ **HOME AWAY FROM HOME, A**

443-854-8835  
4309 Liberty Heights Avenue  
Baltimore 21207  
Level unavailable.

▶ **HOME CARE SERVICES, LLC**

443-909-9567  
3509 Greenmount Avenue  
Baltimore 21218  
Level unavailable.

▶ **HOME OF TENDER CARE, LLC**

410-448-5685  
5315 Norwood Road  
Baltimore 21207  
Level 3

▶ **HOMES WITH CARE**

443-844-1496  
5213 Windsor Mill Road  
Baltimore 21207  
Level 3

▶ **HOMES WITH CARE**

443-844-1496  
5213 Windsor Mill Road  
Baltimore 21207  
Level 3

▶ **HONOR & CHERISH**

410-466-2144  
3615 Gwynn Oak Avenue  
Baltimore 21207  
Level unavailable.

▶ **HOPE A HOME OFFERS OPPORTUNITY FOR EACH OTHER, INC.**

443-204-2290  
607 Woodbourne Avenue  
Baltimore 21212  
Level 3

▶ **HOPPE HOUSE**

443-447-5184  
3414 Springdale Avenue  
Baltimore 21216  
Level unavailable.

▶ **HOUSE OF HELPING HANDS, LLC**

443-310-0047  
1804 Ashburton Street  
Baltimore 21216  
Level 2

▶ **HOUSE OF HELPING HANDS II**

443-310-0047  
1800 Ashburton Street  
Baltimore 21216  
Level unavailable.

▶ **HOUSE OF PEACE**

410-542-1797  
3725 Belle Avenue  
Baltimore 21215  
Level 3

▶ **HOUSE OF VICTORY  
APOSTOLIC HOME CARE**

410-732-3105  
3001 Belair Road  
Baltimore 21213  
Level 3

▶ **HOWELL'S CARE**

443-762-3211  
3418 Piedmont Avenue  
Baltimore 21216  
Level unavailable.

▶ **INDIA & HEARTS, LLC**

443-629-9697  
5303 Sipple Avenue  
Baltimore 21206  
Level unavailable.

▶ **ISAIAH 43:19  
ASSISTED LIVING**

410-457-7446  
2631 Quantico Avenue  
Baltimore 21215  
Level 3

▶ **J.L. CARE  
ENTERPRISES, LLC\***

410-719-8520  
601 Aldershot Road  
Baltimore 21229  
Level 3

▶ **JOHN 8:12 ASSISTED  
LIVING**

410-457-7446  
2535 Park Heights Terrace  
Baltimore 21215  
Level 3

▶ **JONES-WILLIAMS  
FAMILY CARE, INC.**

410-462-1542  
3716 Park Heights Avenue  
Baltimore 21215  
Level 3

▶ **JOSHUA 14-15  
ASSISTED LIVING**

410-457-7446  
2533 Park Heights Terrace  
Baltimore 21215  
Level unavailable.

▶ **JOSHUA 22-5  
ASSISTED LIVING**

410-457-7446  
1308 North Linwood Avenue  
Baltimore 21213  
Level unavailable.

▶ **JOY VILLA**

443-415-8427  
506 Cording Avenue  
Baltimore 21212  
Level 2

▶ **JOYOUS LIVING, INC.\***

410-344-0020  
11130 Philadelphia Road  
White Marsh 21162  
Level 3

▶ **JOY'S BLESSING II**

410-496-2135  
4122 Tiverton Road  
Randallstown 21133  
Level 3

▶ **JULIE'S MANOR**

443-447-2583  
2901 Gibbons Avenue  
Baltimore 21214  
Level unavailable.

▶ **K & A ASSISTED LIVING**

410-365-8625  
1311 North Luzerne  
Avenue  
Baltimore 21213  
Level 3.

▶ **K AND R'S ASSISTED  
LIVING**

443-310-8586  
1660 Roundhill Road  
Baltimore 21218  
Level unavailable.

▶ **KARIMA'S PLACE II**

410-233-5500  
2431 Arunah Avenue  
Baltimore 21216  
Level 2

▶ **LIFESPRING, LLC\***

410-744-0934  
2200 Pleasant Villa Avenue  
Catonsville 21228  
Level 3

▶ **LIFETIME SERENITY  
ASSISTED LIVING**

410-358-4400  
3304 Menlo Drive  
Baltimore 21215  
Level unavailable.

▶ **LILLY'S QUALITY CARE**

443-200-5636  
5323 Wesley Avenue  
Baltimore 21207  
Level 3

▶ **LITCHFIELD ASSISTED  
LIVING**

443-469-5964  
5000 Litchfield Avenue  
Baltimore 21215  
Level 3

▶ **LIVE WELL ASSISTED  
LIVING SPRINGDALE**

443-869-4004  
4212 Springdale Avenue  
Baltimore 21207  
Level 3

▶ **LOVE 2 CARE**

443-438-7105  
3810 Fernhill Avenue  
Baltimore 21215  
Level unavailable.

▶ **LUCILLE ASSISTED  
LIVING**

410-624-7140  
3506 Lucille Avenue  
Baltimore 21215  
Level unavailable.

▶ **LYLA HAVEN SOUTH**

443-250-5043  
925 Bridgeview Road  
Baltimore 21225  
Level unavailable.

▶ **MA MAISON\***

410-248-0545  
9404 Belair Road  
Baltimore 21236  
Level 3

▶ **MA MAISON II\***

410-248-0545  
9412 Belair Road  
Baltimore 21236  
Level 3

▶ **MA MAISON III\***

410-248-0545  
9412 Belair Road  
Baltimore 21236  
Level 3

▶ **MABEL'S HOUSE  
ASSISTED LIVING**

443-983-1188  
4205 Liberty Heights Avenue  
Baltimore 21215  
Level unavailable.

▶ **MAGNOLIA MANOR**

410-788-9146  
900 South Rolling Road  
Catonsville 21228  
Level 3

▶ **MAINE MANOR, LLC**

732-668-6258  
4511 Maine Avenue  
Baltimore 21207  
Level unavailable.

▶ **MAPLEBROOK HOME,  
THE**

410-922-4646  
8912 Maplebrook Road  
Randallstown 21133  
Level 3

▶ **MARIE'S COMFORT &  
CARE II, LLC**

410-292-2090  
3925 Maine Avenue  
Baltimore 21207  
Level 3

▶ **MARLEA MANOR**

410-592-8418  
4405 Raspe Avenue  
Baltimore 21206  
Level 3

▶ **MARLYN PLACE ALF,  
LLC\***

410-365-1633  
951 North Marlyn Avenue  
Baltimore 21221  
Level 3

▶ **MARYLAND LIVING, INC.**

443-680-7231  
4610 Springdale Avenue  
Baltimore 21207  
Level 3

▶ **MARYLAND LIVING, A**

443-680-7231  
4013 Kathland Avenue  
Baltimore 21207  
Level unavailable.



# H

## HOUSING - ASSISTED LIVING

► **MASONS PARADISE MANOR ASSISTED LIVING**

443-438-4735  
3300 Alto Road  
Baltimore 21216  
Level unavailable.

► **MATTHEW 6-14 ASSISTED LIVING**

410-457-7446  
1510 North Ellwood Avenue  
Baltimore 21213  
Level unavailable.

► **MAYFIELD HOUSE**

410-788-9919  
123 Fairfield Drive  
Catonsville 21228  
Level 3

► **MEN ON THE MOVE ASSISTED LIVING**

301-512-0749  
1010 Walnut Avenue  
Baltimore 21229  
Level unavailable.

► **MEN ON THE MOVE ASSISTED LIVING II**

301-512-0749  
2909 Halcyon Avenue  
Baltimore 21214  
Level 3

► **MILFORD MANOR**

443-873-8841  
3623 Milford Avenue  
Baltimore 21207  
Level unavailable.

► **MILLENNIUM ASSISTED LIVING, THE**

443-983-3581  
1419 Kitmore Road  
Baltimore 21239  
Level unavailable.

► **MISSION POSSIBLE**

443-708-2954  
3715 Gwynn Oak Avenue  
Baltimore 21207  
Level unavailable.

► **MISSION POSSIBLE 2**

443-388-9938  
4012 Springdale Avenue  
Baltimore 21207  
Level 2

► **MOHAWK ESTATE, LLC, THE**

443-348-5235  
2814 Mohawk Avenue  
Baltimore 21202  
Level 3

► **MOHAWK MANOR 2**

443-226-0139  
5611 Magnolia Avenue  
Baltimore 21215  
Level unavailable.

► **MOHAWK MANOR 3**

443-226-0139  
3602 Mohawk Avenue  
Baltimore 21207  
Level unavailable.

► **MOHAWK MANOR 4**

443-226-0139  
4000 Spruce Avenue  
Baltimore 21215  
Level unavailable.

► **MOHAWK MANOR 5**

443-226-0139  
5601 Magnolia Avenue  
Baltimore 21215  
Level unavailable.

► **MOHAWK MANOR**

443-226-0139  
3616 Gwynn Oak  
Baltimore 21207  
Level unavailable.

► **MORELAND ASSISTED LIVING**

443-866-4389  
1628 Moreland Avenue  
Baltimore 21216  
Level unavailable.

► **MOSLEY CARE PROVIDER, INC.**

410-655-2685  
3515 Melody Lane  
Baltimore 21244  
Level unavailable.

► **MSC FAMILY CARE**

410-814-3302  
4400 Belvieu Avenue  
Baltimore 21215  
Level 3

► **MUMSEY'S RESIDENTIAL CARE**

410-466-3293  
3512 Devonshire Drive  
Baltimore 21215  
Level unavailable.

► **MY CARING ASSISTED LIVING**

410-466-4597  
4008 Boarman Avenue  
Baltimore 21215  
Level 3

► **MY CARING HANDS, LLC**

443-739-9922  
4707 Renwick Avenue  
Baltimore 21206  
Level unavailable.

► **MY HOUSE 2**

410-484-8720  
6612 Dalton Drive  
Baltimore 21207  
Level unavailable.

► **NA'S PLACE, A HAVEN OF REST, INC.\***

410-682-3540  
1604 Browns Road  
Baltimore 21221  
Level 3

► **NATIONAL CULTURAL LIVING, LLC**

443-682-4407  
4205 Penhurst Avenue  
Baltimore 21215  
Level unavailable.

► **NATIONAL CULTURAL LIVING, LLC**

443-682-4407  
4205 Penhurst Avenue  
Baltimore 21215  
Level unavailable.

► **NEW HOPE ASSISTED LIVING**

443-768-1736  
5502 Seward Avenue  
Baltimore 21206  
Level 3

► **NEW HORIZONS ALF**

443-807-9878  
2726 Reisterstown Road  
Baltimore 21225  
Level unavailable.

► **NEWTON MANOR ASSISTED LIVING**

443-449-1794  
4106 Fernhill Avenue  
Baltimore 21215  
Level unavailable.

► **NEWTON MANOR ASSISTED LIVING 2, LLC**

443-449-1794  
5706 Woodcrest Avenue  
Baltimore 21215  
Level unavailable.

► **NEXT OF KIN ASSISTED LIVING**

410-949-6099  
3325 West Northern Parkway  
Baltimore 21215  
Level unavailable.

► **NORTH OAKS RETIREMENT COMMUNITY**

410-602-0300  
725 Mount Wilson Lane  
Baltimore 21208  
Level 3

► **NOTTINGHAM PLACE**

667-309-6810  
3824 Deckerts Lane  
Baltimore 21236  
Level unavailable.

► **NUTURING HAND ASSISTED LIVING, LLC, A**

443-983-3036  
3509 Ingleside Avenue  
Baltimore 21215  
Level 3

► **OK FAMILY CARE ASSISTED LIVING**

667-210-2461  
6650 Belair Road  
Baltimore 21206  
Level unavailable.

▶ **OLIVE LIVING ASSISTED LIVING, LLC**

443-762-0314  
4802 Wendel Avenue  
Baltimore 21206  
Level 3

▶ **OPENING HANDS WITH CARE**

410-504-3713  
3612 Howard Park Avenue  
Baltimore 21207  
Level unavailable.

▶ **OUR HOUSE IS A HOME**

410-660-1043  
1029 Rockhill Avenue  
Baltimore 21229  
Level unavailable.

▶ **OUR LOVING ARMS, LLC**

443-854-3124  
2401 Harlem Avenue  
Baltimore 21216  
Level 3

▶ **PALMER HOME CARE FACILITY, INC.**

410-542-8511  
3820 West Coldspring Lane  
Baltimore 21215  
Level 3

▶ **PARK HEIGHTS ASSISTED LIVING**

443-271-2606  
3827 Park Heights Avenue  
Baltimore 21215  
Level unavailable.

▶ **PASSIONATE ASSISTED LIVING**

410-790-2712  
5911 Loch Raven  
Baltimore 21239  
Level unavailable.

▶ **PEACE AND LOVE ASSISTED LIVING CENTER, LLC**

410-800-6545  
3913 Fairview Avenue  
Baltimore 21216  
Level unavailable.

▶ **PEACE AND SERENITY ASSISTED LIVING**

410-262-4129  
4010 Southern Avenue  
Baltimore 21206  
Level 1

▶ **PERFECT FIT ASSISTED LIVING, A**

410-521-2650  
9700 Ames Court  
Randallstown 21133  
Level unavailable.

▶ **PHIL 4:13 ASSISTED LIVING**

410-457-7446  
3825 Park Heights Avenue  
Baltimore 21215  
Level 3

▶ **PHIL 4:6-7 ASSISTED LIVING**

410-457-7446  
1511 North Ellwood Avenue  
Baltimore 21213  
Level unavailable.

▶ **PHO ASSISTED LIVING II**

410-225-3790  
3125 Gwynns Falls Parkway  
Baltimore 21216  
Level 3

▶ **PHO ASSISTED LIVING III**

410-566-2069  
1116 North Bentalou Street  
Baltimore 21216  
Level 3

▶ **PHOENIX RISING ASSISTED LIVING, INC.**

410-444-9992  
6511 Rosemont Avenue  
Baltimore 21206  
Level 3

▶ **P.J.'S HOUSE OF CARE**

410-466-9022  
2909 Woodland Avenue  
Baltimore 21215  
Level 3

▶ **PLEASANT CARE 1**

443-708-0759  
3210 Harford Road  
Baltimore 21218  
Level unavailable.

▶ **PLEASANT GARDEN-CLOVER**

410-870-0758  
5426 Clover Road  
Baltimore 21215  
Level 3

▶ **PLEASANT GARDEN-GLENMORE**

410-870-0758  
3603 Glenmore Avenue  
Baltimore 21206  
Level 3

▶ **PLEASANT GARDEN-PINEWOOD**

410-868-7568  
3711 Pinewood Avenue  
Baltimore 21206  
Level 3

▶ **PLEASANT GARDEN I**

410-870-0758  
409 South Chapelgate Lane  
Baltimore 21229  
Level 3

▶ **PLEASANT GARDEN II**

410-870-0758  
411 South Chapelgate Lane  
Baltimore 21229  
Level 3

▶ **POPLAR GROVE ASSISTED LIVING**

717-487-7945  
1107 Poplar Grove Street  
Baltimore 21216  
Level unavailable.

▶ **PRAYER CHANGES EVERYTHING ASSISTED LIVING II**

410-542-0583  
4305 Penhurst Avenue  
Baltimore 21215  
Level 3

▶ **QUALITY CARE AT BUCKINGHAM MANOR ASSISTED LIVING**

443-898-8152  
4012 Buckingham Road  
Gwynn Oak 21207  
Level 3

▶ **QUALITY OF LIFE ASSISTED LIVING FACILITY**

410-365-4222  
2125 Homewood Avenue  
Baltimore 21218  
Level 3

▶ **QUANTICO ASSISTED LIVING**

443-271-2606  
2606 Quantico Avenue  
Baltimore 21215  
Level unavailable.

▶ **QUEENSBURY ASSISTED LIVING**

443-866-4389  
5028 Queensbury Avenue  
Baltimore 21215  
Level unavailable.

▶ **R & L ASSISTED LIVING, LLC**

410-361-0323  
2504 West Forest Park Avenue  
Baltimore 21215  
Level unavailable.

▶ **RAY OF LIGHT, LLC, A**

410-493-6133  
11 South Abington Avenue  
Baltimore 21229  
Level 3

▶ **RENEWED EASE - A CHRISTIAN HOME, LLC**

410-435-0083  
712 Cator Avenue  
Baltimore 21218  
Level 3

▶ **RISING SUN ASSISTED LIVING I**

443-271-9541  
8419 Allenswood Road  
Randallstown 21216  
Level unavailable.

▶ **RISING SUN ASSISTED LIVING II**

443-271-9541  
7204 Barlow Court  
Windsor Mill 21244  
Level unavailable.

# H

## HOUSING - ASSISTED LIVING

► **RIISING SUN ASSISTED LIVING III**

443-271-9541  
4816 Old Court Road  
Randallstown 21133  
Level unavailable.

► **RONNIE'S PLACE, LLC**

443-610-1426  
2714 Berwick Avenue  
Baltimore 21234  
Level unavailable.

► **ROYAL HEART ASSISTED LIVING FACILITY**

443-570-2706  
3604 White Avenue  
Baltimore 21206  
Level unavailable.

► **ROYAL STAR ASSISTED LIVING**

267-455-3365  
1611 Chilton Street  
Baltimore 21218  
Level unavailable.

► **RUTH'S COMFORT & CARE ASSISTED LIVING**

410-466-6887  
5808 Merville Avenue  
Baltimore 21215  
Level 3

► **SECOND GENESIS III**

443-463-0449  
3737 Courtleigh Drive  
Randallstown 21133  
Level 3

► **SEFTON HOME CARE**

410-426-4869  
6007 Sefton Avenue  
Baltimore 21214  
Level 3

► **SENIORITY LIVING**

443-674-3081  
3605 Hillsdale Road  
Baltimore 21207  
Level unavailable.

► **SERENITY GARDEN MANOR CORPORATION**

410-362-8832  
2311 Roslyn Avenue  
Baltimore 21216  
Level 3

► **SERENITY GRACE ASSISTED LIVING**

660-349-7921  
6025 Alta Avenue  
Baltimore 21206  
Level unavailable.

► **SERENITY MANOR AT GWYNN OAK**

443-801-3134  
5216 Gwynn Oak Avenue  
Baltimore 21207  
Level unavailable.

► **SHEILA'S PLACE**

443-762-2603  
5813 Eurith Avenue  
Baltimore 21206  
Level unavailable.

► **SHINING MOON'S ELDER CARE ALF**

410-337-0525  
1310 Dulaney Valley Road  
Towson 21286  
Level 3

► **SOMEONE ALWAYS WATCHING OVER YOU, LLC**

443-708-7475  
5805 Bland Avenue  
Baltimore 21215  
Level unavailable.

► **ST. CHARLES PLACE, INC.**

410-664-2196  
5246 Saint Charles Avenue  
Baltimore 21215  
Level 3

► **ST. PAUL ASSISTED LIVING**

443-812-6161  
2128 Saint Paul Street  
Baltimore 21218  
Level 3

► **STEPPING STONE ASSISTED LIVING**

443-794-2253  
3410 Woodbine Avenue  
Baltimore 21207  
Level unavailable.

► **STUMP'S HOME, INC.**

410-367-5513  
2301 Oswego Avenue  
Baltimore 21215  
Level 3

► **SUNSHYNE HOMES ASSISTED LIVING, LLC**

667-309-6349  
5256 Cordelia Avenue  
Baltimore 21215  
Level unavailable.

► **SWEET REST AND CARE II, INC.**

410-669-7200  
3010 Clifton Avenue  
Baltimore 21216  
Level 3

► **SWEET P'S JOYCEFUL**

443-680-8644  
3603 Rexamere Road  
Baltimore 21212  
Level unavailable.

► **T&F ASSISTANT LIVING**

410-682-6987  
880 West Lombard Street  
Baltimore 21201  
Level unavailable.

► **T&T ASSISTED LIVING**

410-466-2551  
4309 Belvieu Avenue  
Baltimore 21215  
Level 3

► **T&T ASSISTED LIVING II**

443-794-2253  
4310 Belvieu Avenue  
Baltimore 21215  
Level unavailable.

► **TAMARA LOVING CARE, LLC**

410-435-8549  
1305 Sherwood Avenue  
Baltimore 21239  
Level unavailable.

► **TAYLOR & JACKIE ASSISTED LIVING II**

443-449-7024  
3503 Hamilton Avenue  
Baltimore 21214  
Level unavailable.

► **TAYLOR CARE II**

443-676-5999  
4115 Penhurst Avenue  
Baltimore 21215  
Level unavailable.

► **TAYLOR CARE III**

443-676-5999  
4208 Penhurst Avenue  
Baltimore 21215  
Level unavailable.

► **TAYLOR CARE IV**

443-676-5999  
4113 Penhurst Avenue  
Baltimore 21215  
Level unavailable.

► **TAYLOR CARE, LLC**

443-676-5999  
4119 Penhurst Avenue  
Baltimore 21215  
Level 3

► **TAYLOR GARDENS SENIOR LIVING**

443-768-3696  
3813 West Coldspring Lane  
Baltimore 21215  
Level unavailable.

► **TAYLOR MADE ASSISTED LIVING CENTER II**

410-299-2016  
1714 East 33<sup>rd</sup> Street  
Baltimore 21218  
Level 3

► **TENDER LOVE & CARE**

410-254-5948  
1629 East 31<sup>st</sup> Street  
Baltimore 21218  
Level 3

► **TRINITY ARMS ASSISTED LIVING**

443-708-1280  
4122 Duvall Avenue  
Baltimore 21216  
Level unavailable.

► **TRINITY ARMS ASSISTED LIVING II**

301-905-7578  
2800 Mosher Street  
Baltimore 21216  
Level 2

► **TYRELL'S HOUSING, LLP**

410-701-7702  
3425 Chapman Road  
Randallstown 21133  
Level 3

▶ **ULTIMATE CARE ASSISTED LIVING**

240-353-9509  
5005 Supple Avenue  
Baltimore 21206  
Level unavailable.

▶ **UNITED FAMILY ASSISTED LIVING I**

443-414-9092  
3919 Innerdale Court  
Randallstown 21133  
Level 3

▶ **VILLA AT CAMPFIELD, THE**

410-484-2478  
7117 Campfield Road  
Baltimore 21207  
Level 2

▶ **VISION CARE ASSISTED LIVING**

410-945-9510  
2127 Mount Holly Street  
Baltimore 21216  
Level unavailable.

▶ **VISION OF GLORY**

410-523-8698  
2235 Brookfield Avenue  
Baltimore 21217  
Level unavailable.

▶ **VORIZEN ASSISTED LIVING II**

410-580-1309  
825 Milford Mill Road  
Pikesville 21208  
Level 3

▶ **WASHINGTON'S NEST**

410-254-6407  
3006 Beverly Road  
Baltimore 21214  
Level 3

▶ **WE CARE FIRST, LLC**

443-846-2031  
2902 Bayonne Avenue  
Baltimore 21214  
Level unavailable.

▶ **WESTFIELD ASSISTED LIVING AT HILLENDALE**

443-622-7576  
1005 Sayward Avenue  
Parkville 21234  
Level 3

▶ **WEST WAY ASSISTED LIVING**

443-220-7193  
5252 Saint Charles Avenue  
Baltimore 21215  
Level 3

▶ **WHITELOCK ASSISTED LIVING**

443-271-2606  
831 Whitelock Street  
Baltimore 21212  
Level unavailable.

▶ **WOODHOLME MANOR, LLC\***

410-415-5873  
101 Woodholme Avenue  
Pikesville 21208  
Level 3

▶ **WYLIE ASSISTED LIVING**

410-555-5555  
3027 Wylie Avenue  
Baltimore 21215  
Level unavailable.

### HOUSING - ASSISTED LIVING - 16+ RESIDENTS

See Memory Care and Respite Care Services.

This category provides housing options for frail adults in facilities with 16 or more individuals. These facilities receive regular monitoring by state and local government agencies. See RETIREMENT COMMUNITIES for additional Assisted Living programs. Some facilities specialize in caring for residents with Alzheimer's disease or memory impairment. Information below was obtained from OHCQ. Please contact the facility for additional information.

▶ **ALL SETTLED INN, INC.**

410-367-1842  
4301 Belvieu Avenue  
Baltimore 21215  
16 Units, Level unavailable.

▶ **ARDEN COURTS OF PIKESVILLE**

410-415-5600  
8909 Reisterstown Road  
Pikesville 21208  
45 units, Level 3

▶ **ARDEN COURTS OF TOWSON**

410-847-9400  
8101 Bellona Avenue  
Towson 21204  
60 units, Level 3

▶ **ATRIUM VILLAGE**

410-363-0330  
[www.seniorlifestyle.com/property/atrium-village/](http://www.seniorlifestyle.com/property/atrium-village/)  
4730 Atrium Court  
Owings Mills 21117  
93 units, Level 3  
Rental senior living community. Independent, assisted living and memory care.

▶ **AUGSBURG LUTHERAN HOME MARYLAND**

410-486-4573  
6811 Campfield Road  
Baltimore 21207  
64 units, Level 3

▶ **BEST CARE ASSISTED LIVING, LLC, SITE 64**

410-596-5863  
64 Main Street  
Reisterstown 21136  
20 units, Level unavailable.

▶ **BLAKEHURST RETIREMENT COMMUNITY**

410-296-2900  
1055 West Joppa Road  
Towson 21204  
35 units, Level unavailable.

▶ **BRIGHTVIEW CATONSVILLE**

410-788-5001  
912 South Rolling Road  
Catonsville 21228  
95 units, Level 3

▶ **BRIGHTVIEW MAYS CHAPEL RIDGE**

410-628-2100  
12261 Roundwood Road  
Lutherville-Timonium 21093  
89 units, Level 3

▶ **BRIGHTVIEW PERRY HALL**

410-529-1903  
9657 Belair Road  
Nottingham 21236  
65 units, Level 3

▶ **BRIGHTVIEW ROLLING HILLS**

443-840-9154  
848 South Rolling Road  
Catonsville 21228  
69 units, Level unavailable.

▶ **BRIGHTVIEW TOWSON**

410-296-3320  
20 East Burke Avenue  
Baltimore 21286  
100 units, Level 3

▶ **BRIGHTVIEW WHITE MARSH**

410-668-1588  
8100 Rossville Boulevard  
Baltimore 21236  
99 units, Level 3

▶ **BROADMEAD, INC.**

443-578-8020  
13801 York Road  
Cockeysville 21030  
30 units, Level unavailable.

▶ **BROOKDALE PIKESVILLE**

410-580-0892  
1840 Reisterstown Road  
Pikesville 21208  
116 units, Level 3

▶ **BROOKDALE TOWSON**

410-377-2100  
6451 North Charles Street  
Towson 21212  
92 units, Level 3

▶ **CARITAS HOUSE ASSISTED LIVING**

410-646-6600  
3308 Benson Avenue  
Baltimore 21227  
60 units, Level 2

▶ **CHARLESTOWN RENAISSANCE GARDENS TERRACE**

410-737-8838  
709 Maiden Choice Lane  
Catonsville 21228  
199 units, Level 3

► **CHARLOTTE HALL  
VETERANS HOME**

301-884-8171  
240-577-7009 (Admissions  
Direct Line)  
www.charhall.org  
29449 Charlotte Hall Road  
Charlotte Hall 20622  
168 units, Level 3  
Income based assisted living,  
LTC nursing, rehabilitation and  
memory care.

► **COLLEGE MANOR**

410-252-0440  
300 West Seminary Avenue  
Lutherville 21093  
99 units, Level 3

► **COMMONWEALTH  
SENIOR LIVING OF  
COCKEYSVILLE 1**

410-683-2400  
10881 York Road  
Cockeysville 21030  
16 units, Level 3

► **COMMONWEALTH  
SENIOR LIVING OF  
COCKEYSVILLE 2**

410-683-2400  
10883 York Road  
Cockeysville 21030  
16 units, Level 3

► **COTTAGES OF PERRY  
HALL 9900, THE**

410-529-9400  
9900 Walther Boulevard  
Baltimore 21234  
16 units, Level unavailable.

► **COTTAGES OF PERRY  
HALL 9902, THE**

410-529-9400  
9902 Walther Boulevard  
Baltimore 21234  
16 units, Level unavailable.

► **COTTAGES OF PERRY  
HALL 9904, THE**

410-529-9400  
9904 Walther Boulevard  
Baltimore 21234  
16 units, Level unavailable.

► **EDENWALD**

410-339-6000  
800 Southerly Road  
Towson 21286  
88 units, Level 2

► **ESTHER'S PLACE AT  
STRATHMORE**

410-254-1010  
2901 East Strathmore Avenue  
Baltimore 21214  
16 units, Level 3

► **ESTHER'S PLACE, INC.**

410-254-1010  
2926 Harford Road  
Baltimore 21218  
40 units, Level 3

► **ESTHER'S PLACE -  
PINWOOD**

410-254-1010  
2802 Pinewood Avenue  
Baltimore 21214  
16 units, Level 3

► **GLEN MEADOWS  
RETIREMENT  
COMMUNITY**

410-319-5033  
11630 Glen Arm Road  
Glen Arm 21057  
48 units, Level 3

► **GLYNN TAFF, INC.**

410-744-4977  
5741 Edmondson Avenue  
Catonsville 21228  
47 units, Level 2

► **INSPIRATIONS  
MEMORY CARE OF  
LUTHERVILLE I**

717-458-3396  
1414 Front Avenue  
Lutherville 21093  
16 units, Level 3

► **INSPIRATIONS  
MEMORY CARE OF  
LUTHERVILLE II**

717-458-3396  
1420 Front Avenue  
Lutherville 21093  
16 units, Level 3

► **LAMPLIGHT INN OF  
BALTIMORE**

410-225-9337  
3855 Greenspring Avenue  
Baltimore 21211  
120 units, Level 3

► **LIGHTHOUSE SENIOR  
LIVING AT HOPKINS CREEK**

410-918-0400  
1813 Old Eastern Avenue  
Baltimore 21221  
97 units, Level 3

► **LIN'S LOVING CARE III**

443-835-3984  
4215 Bayonne Avenue  
Baltimore 21206  
16 units, Level 3

► **MAPLES OF TOWSON,  
THE**

410-296-8900  
7925 York Road  
Towson 21204  
80 units, Level 3

► **MARYLAND MASONIC  
HOMES**

410-764-2771  
300 International Circle  
Cockeysville 21030  
110 units, Level 2

► **MORNINGSIDE HOUSE  
AT SATYR HILL**

410-882-0700  
8800 Old Harford Road  
Parkville 21234  
125 units, Level 3

► **NEW GLENMORE**

667-212-3290  
3523 Glenmore Avenue  
Baltimore 21206  
16 Units, Level unavailable.

► **NEW LIFE HEALTHY  
LIVING, LLC**

410-944-1002  
7600 Clays Lane  
Windsor Mill 21244  
102 units, Level unavailable.

► **OAK CREST VILLAGE,  
INC.**

410-657-3599  
8830 Walther Boulevard  
Parkville 21234  
183 units, Level 2

► **PARADISE ASSISTED  
LIVING, LLC**

410-744-8433  
6348 Frederick Road  
Catonsville 21228  
45 units, Level 3

► **PEREGRINE'S LANDING  
AT TUDOR HEIGHTS**

410-318-8000  
7218 Park Heights Avenue  
Pikesville 21208  
68 units, Level unavailable.

► **PICKERSGILL  
RETIREMENT COMMUNITY**

410-825-7423  
615 Chestnut Avenue  
Towson 21204  
138 units, Level 2

► **ROLAND PARK PLACE,  
INC.**

410-243-5800  
830 West 40<sup>th</sup> Street  
Baltimore 21211  
41 units, Level 3

► **ROSEMARIE  
MANOR-ASHBURTON\***

410-664-7800  
3809 Belle Avenue  
Baltimore 21215  
16 units, Level 3

► **ROSEMARIE  
MANOR-LONGWOOD\***

410-493-2642  
3333 Alto Road  
Baltimore 21216  
16 units, Level unavailable.

► **SAINT MARTIN'S HOME**

410-744-9367  
601 Maiden Choice Lane  
Catonsville 21228  
18 units, Level 3

► **SERENITY MANOR, INC.**

410-728-3737  
1802 Eutaw Place  
Baltimore 21217  
26 units, Level 3

► **SPRINGHOUSE OF  
PIKESVILLE**

410-486-5500  
8911 Reisterstown Road  
Pikesville 21208  
105 units, Level 3

# H

## HOUSING - ASSISTED LIVING

### ► SPRINGWELL SENIOR LIVING

410-664-4006  
www.springwellseniorliving.com  
2211 West Rogers Avenue  
Baltimore 21209  
151 units, Level 3  
Springwell's Homestead offers beautifully appointed residences in a vibrant community.

### ► ST. STEPHEN'S GREEN AT MERCY RIDGE

410-561-0200  
www.mercyridge.com  
2525 Pot Spring Road  
Timonium 21093  
47 units, Level 3  
Maintain your independence by choosing the right assisted living community.

### ► STERLING CARE ASSISTED LIVING

410-318-8999  
3617 Seven Mile Lane  
Baltimore 21208  
16 units, Level unavailable.

### ► SUNRISE OF PIKESVILLE

410-602-0033  
3800 Old Court Road  
Pikesville 21208  
96 units, Level 3

### ► SYMPHONY MANOR PREMIER ASSISTED LIVING AND MEMORY

410-235-4301  
4301 Roland Avenue  
Baltimore 21210  
69 units, Level 3

### ► TUDOR HEIGHTS A SOLVERE COMMUNITY

410-313-8000  
7218 Park Heights Avenue  
Pikesville 21208  
68 units, Level unavailable.

### ► VICTORIAN INN, INC.

410-688-1433  
3216 Taylor Avenue  
Baltimore 21234  
16 units, Level 3

### ► WEINBERG PARK ASSISTED LIVING

410-664-0100  
5829-5833  
Park Heights Avenue  
Baltimore 21215  
40 units, Level 2

### ► WOODHOLME GARDENS ASSISTED LIVING AND MEMORY CARE

410-580-1400  
1700 Woodholme Avenue  
Pikesville 21208  
88 units, Level 3

### ► WOODLANDS ASSISTED LIVING COMMUNITY

707-687-1919  
1320 Windlass Drive  
Middle River 21220  
70 units, Level 3

## HOUSING - RETIREMENT COMMUNITIES

There are many types of communities dedicated to older residents. The age and criteria for entering these facilities varies.

## CONTINUING CARE RETIREMENT COMMUNITIES

Provides access to total care from independent living through assisted living and nursing home care. An up-front fee plus a monthly fee is usually required. Various contract options are available.

### ► AUGSBURG LUTHERAN HOME & VILLAGE

410-486-4573  
6811 Campfield Road  
Baltimore 21207



## Learn about senior living at **Charlestown** and **Oak Crest**.

Request your FREE brochure from the premier retirement communities in Baltimore County. Get the facts about our vibrant lifestyle, stylish apartment homes, expert health care, and so much more!



There's no risk in learning more! Call **1-866-989-0920** or visit **EricksonLiving.com**.



**Charlestown** | Catonsville

**Oak Crest** | Parkville

EricksonLiving.com



# H

## HOUSING - ASSISTED LIVING - RETIREMENT COMMUNITIES

► **BLAKEHURST**  
410-296-2900  
1055 West Joppa Road  
Towson 21204

► **BROADMEAD**  
410-527-1900  
13801 York Road  
Cockeysville 21030

► **CHARLESTOWN**  
410-737-8830  
711 Maiden Choice Lane  
Catonsville 21228

► **EDENWALD**  
410-823-1349  
800 Southerly Road  
Towson 21286

► **GLEN MEADOWS  
RETIREMENT COMMUNITY**  
410-592-5310  
11630 Glen Arm Road  
Glen Arm 21057

► **MARYLAND MASONIC  
HOMES**  
410-527-1111  
300 International Circle  
Cockeysville 21030

► **MERCY RIDGE**  
410-561-0200  
2525 Pot Spring Road  
Timonium 21093

► **NORTH OAKS SENIOR  
LIVING COMMUNITY**  
410-486-9090  
725 Mount Wilson Lane  
Baltimore 21208

► **OAK CREST**  
410-665-1000  
8800 Walther Boulevard  
Parkville 21234

► **PICKERSGILL  
RETIREMENT COMMUNITY**  
410-825-7423  
615 Chestnut Avenue  
Towson 21204

► **ROLAND PARK PLACE**  
410-243-5800  
830 West 40<sup>th</sup> Street  
Baltimore 21211

### SENIOR HOUSING RETIREMENT COMMUNITIES

Provides meals and limited services to keep residents living independently. Assisted living units are also available. There is a one-time application fee and a yearly rental lease.

► **ATRIUM VILLAGE**  
410-363-0330  
[www.seniorelifestyle.com/property/atrium-village/](http://www.seniorelifestyle.com/property/atrium-village/)  
4730 Atrium Court  
Owings Mills 21117  
Rental senior living community. Independent, assisted living and memory care.

► **BRIGHTVIEW MAYS  
CHAPEL RIDGE**  
410-628-2100  
12261 Roundwood Road  
Timonium 21093

► **LAMPLIGHT INN OF  
BALTIMORE**  
410-225-9337  
3855 Greenspring Avenue  
Baltimore 21211

► **SPRINGWELL SENIOR  
LIVING**  
410-664-4006  
[www.springwellseniorliving.com](http://www.springwellseniorliving.com)  
2211 West Rogers Avenue  
Baltimore 21209  
Springwell's Homestead offers beautifully appointed residences in a vibrant community.

### OTHER HOUSING OPTIONS

See Financial Counseling, Financial Resources and Reverse Mortgages.

► **ACCESSIBLE HOMES  
FOR SENIORS**  
301-429-7821  
800-638-7781  
[www.dhcd.maryland.gov/residents/pages/ahsp/default.aspx](http://www.dhcd.maryland.gov/residents/pages/ahsp/default.aspx)  
A 30-year deferred interest-free loan to finance accessibility improvements. See Financial Eligibility Guidelines.

► **BALTIMORE CITY  
HOUSING OFFICE**  
443-984-2222  
Rental assistance programs for eligible low income persons.

► **BALTIMORE COUNTY  
OFFICE OF HOUSING**  
410-887-2766  
[www.baltimorecountymd.gov/agencies/socserv/financialassistance/dssec8.html](http://www.baltimorecountymd.gov/agencies/socserv/financialassistance/dssec8.html)  
6401 York Road  
Baltimore 21212  
Rental assistance programs for eligible low-income persons.

► **CATHOLIC CHARITIES  
SENIOR COMMUNITIES**  
667-600-2280  
Affordable apartment communities for older adults.

► **CHAI: COMPREHENSIVE  
HOUSING ASSISTANCE,  
INC.**  
410-500-5300  
Housing and community development agency of The Associated.

► **DEPARTMENT OF  
SOCIAL SERVICES, ADULT  
FOSTER CARE**  
410-853-3511 (County)  
443-423-6600 (City)  
Services to older adults and/or persons with disabilities who do not require nursing home care and cannot live independently. Subsidies may be available.

► **DEPARTMENT OF  
SOCIAL SERVICES,  
PROJECT HOME**  
410-853-3511 (County)  
443-423-6600 (City)  
Supervised residential services for adults with chronic mental illness, persons with disabilities and frail older adults.

► **GREATER BALTIMORE  
COMMUNITY HOUSING  
RESOURCE BOARD, INC.**  
410-929-7640  
[www.gbchr.org](http://www.gbchr.org)  
P. O. Box 66180  
Baltimore 21239  
Provides Fair Housing education, training, and advocacy in Maryland, as well as "Choosing Housing: A Self Help Guide."

► **MARYLAND  
DEPARTMENT OF  
HOUSING AND  
COMMUNITY  
DEVELOPMENT,  
HOMEOWNERSHIP FOR  
INDIVIDUALS WITH  
DISABILITIES**  
301-429-7852  
Low interest rate mortgages to eligible homebuyers with disabilities.

► **MARYLAND HEALTH  
CARE COMMISSION**  
410-764-3460  
[www.mhcc.maryland.gov](http://www.mhcc.maryland.gov) (Click Consumers)  
Reviews and compares nursing homes, assisted living facilities with ten or more beds, health plans and hospitals.

► **MY SISTER'S PLACE  
WOMEN'S CENTER**  
410-727-3523  
Housing assistance, education and life skills training, case management, financial assistance and food to women and children.

# H - I

## HOUSING - INFORMATION AND REFERRAL SERVICES

► **NORTHWEST NEIGHBORS CONNECTING**  
410-662-6620  
Provides community support.

► **ST. AMBROSE HOMESHARING**  
410-366-6180  
[www.stambros.org/pages/homesharing.html](http://www.stambros.org/pages/homesharing.html)  
321 East 25<sup>th</sup> Street  
Baltimore 21218  
Housing for home providers and home seekers.

► **WWW.MDHOUSING SEARCH.ORG**  
Lists rental units with vacancies and other information. Updated daily.

### IDENTIFICATION PROGRAMS

See Medical Alert Systems.

► **MEDICALERT®**  
888-572-8566  
Identification bracelet or pendant containing medical history for use by emergency personnel.

► **MEDICALERT® + SAFE RETURN**  
888-572-8566  
Identification bracelet or pendant to be worn by memory-impaired individuals who may wander.

### IMMIGRANT AND REFUGEE SERVICES

► **ADELANTE FAMILIA**  
410-732-2176  
3734 Eastern Avenue  
Baltimore 21224  
Community outreach to prevent domestic violence and provide intervention services for Spanish speaking residents.

► **BALTIMORE CITY HEALTH DEPARTMENT, DIVISION OF AGING AND CARE SERVICES, LANGUAGE INTERPRETER SERVICE**  
410-396-2273

► **BALTIMORE CITY PUBLIC LIBRARIES -CENTRAL**  
410-396-5430  
To obtain library locations that have Spanish and Russian materials.

► **BALTIMORE COUNTY DEPARTMENT OF AGING, LANGUAGE INTERPRETER SERVICE**  
410-887-2594  
Maryland Access Point of Baltimore County utilizes a telephone language interpreter service for up to 140 different languages.

► **BALTIMORE COUNTY PUBLIC LIBRARY**  
(See also Libraries)  
[www.bcpl.info](http://www.bcpl.info)  
Books available in:  
Korean - Cockeysville, Parkville and Woodlawn  
Russian - Owings Mills, Pikesville and Reisterstown  
Spanish - Cockeysville, Essex, Owings Mills, Towson and Woodlawn.

► **BALTIMORE IMMIGRATION LEGAL CLINIC, WORLD RELIEF**  
410-244-0002  
Legal consultation provided in Spanish and English for immigration matters.

► **CASA DE MARYLAND: BALTIMORE WORKERS RIGHTS CENTER**  
410-732-2694

► **CATHOLIC CHARITIES IMMIGRATION LEGAL SERVICES AT THE ESPERANZA CENTER**  
410-534-8015  
Assists with immigration and naturalization issues, legal services, health care, employment, English and citizenship classes.

► **COMMUNITY COLLEGE OF BALTIMORE COUNTY, CONTINUING EDUCATION, ENGLISH AS A SECOND LANGUAGE**  
443-840-3748  
ESOL classes at various County locations.

► **GOVERNOR'S COMMISSION ON ASIAN/PACIFIC AMERICAN/SOUTH ASIA AFFAIRS**  
410-697-9276  
Information and referral for Asian and Pacific refugees and immigrants.

► **GOVERNOR'S COMMISSION ON HISPANIC AFFAIRS**  
410-697-9277  
Information and referral for Hispanic immigrants.

► **LUTHERAN SOCIAL SERVICE, REFUGEE & IMMIGRATION SERVICES**  
410-558-3168

► **MARYLAND OFFICE FOR REFUGEES AND ASYLEES (MORA)**  
410-327-1885  
Assists refugees in resettlement.

► **MARYLAND PUBLIC JUSTICE CENTER**  
410-625-9409

► **U.S. CITIZENSHIP AND IMMIGRATION SERVICES (CIS)**  
800-375-5283  
[www.uscis.gov](http://www.uscis.gov)  
Immigration information, forms and procedures for citizenship.

► **UNIVERSITY OF MARYLAND, IMMIGRATION LAW CLINIC**  
410-706-3295  
Student-attorneys provide pro bono immigration legal services.

### IN-HOME LAB SERVICES

For additional services/information call Maryland Access Point of Baltimore County at 410-887-2594, 844-627-5465 (Toll Free) or the Baltimore City Health Department, Division of Aging at Maryland Access Point at 410-396-2273.

### INCOME ASSISTANCE

See Financial Assistance.

### INFORMATION AND REFERRAL SERVICES

► **2-1-1 MARYLAND AT FIRST CALL FOR HELP**  
2-1-1  
24/7 telephone number for accessing information about health and human services.

► **ALZHEIMER'S ASSOCIATION**  
410-561-9099

► **BALTIMORE CITY HEALTH DEPARTMENT, DIVISION OF AGING, MARYLAND ACCESS POINT**  
410-396-2273





# I - L

## INFORMATION AND REFERRAL SERVICES - LEGAL SERVICES

### ► BALTIMORE COUNTY DEPARTMENT OF AGING, MARYLAND ACCESS POINT OF BALTIMORE COUNTY

410-887-2594

Help and information regarding resources available to older adults, persons with disabilities and their families. Assistance provided for financial applications, case management, caregiver resources and referrals made to other agencies as appropriate.

### ► BALTIMORE COUNTY FIRE DEPARTMENT

410-887-4500

### ► BALTIMORE COUNTY POLICE DEPARTMENT, YOUTH AND COMMUNITY SERVICES SECTION

410-887-5901

### ► CATHOLIC CHARITIES ANSWERS FOR THE AGING

667-600-2100

Free telephone counseling, information/referral service for older adults/caregivers.

### ► ELDERCARE LOCATOR

800-677-1116

National number to identify community resources for older adults.

### ► MARYLAND DEPARTMENT OF HUMAN SERVICES

800-332-6347

Applicants or enrollees in social service benefits may check their status and make inquiries.

### ► ST. MARY'S OUTREACH CENTER

410-366-3106

Connecting seniors in the Baltimore City community to find resources and programs. Financial eligibility may be required.

### INSURANCE COUNSELING, ADVOCACY AND RESOURCES

See Advocacy, Long Term Care Insurance, Medicare General Information, Medicare/Medigap and Medicare Advantage Plans.

### ► EMPLOYED INDIVIDUALS WITH DISABILITIES PROGRAM

410-767-7090

State program which allows eligible employed Marylanders with disabilities to pay a small fee and receive health care coverage.

### ► HEALTHCARE ACCESS MARYLAND

410-649-0500

Agency charged with helping residents in Baltimore City and County to learn about and apply for health insurance under the Affordable Care Act. Partners with other organizations to provide outreach, education, and enrollment assistance.

### ► MARYLAND ATTORNEY GENERAL'S OFFICE, PEOPLE'S INSURANCE COUNSEL DIVISION

410-576-6432

Helps to resolve complaints involving homeowners' insurance coverage.

### ► MARYLAND HEALTH CONNECTION

855-642-8572

855-642-8573 (TTY)

[www.marylandhealthconnection.gov](http://www.marylandhealthconnection.gov)

Marketplace in Maryland to compare health insurance options and enroll in a plan under the Affordable Care Act. Applications online, by phone, by mail or in person.

### ► MARYLAND INSURANCE ADMINISTRATION

410-468-2000

[www.insurance.maryland.gov](http://www.insurance.maryland.gov)

An independent state agency that regulates Maryland's insurance industry and protects consumers by enforcing insurance laws. Find information on the Medicare and Insurance Marketplaces, Medicare supplements (Medigap), Long Term Care Insurance and the Long Term Care Insurance Partnership program.

### ► STATE HEALTH INSURANCE ASSISTANCE PROGRAM (SHIP)

410-887-2059 (County)

410-396-2273 (City)

The State Health Insurance Assistance Program educates and counsels Medicare beneficiaries about Original Medicare, Medigaps, Medicare Advantage Plans and Part D Prescription Plans. Additionally, SHIP can assess eligibility for programs to assist with Medicare costs. These programs include Qualified Medicare Beneficiaries (QMB), Specified Low Income Medicare Beneficiaries (SLMB), Maryland Senior Prescription Drug Assistance Programs (SPDAP) and Social Security Extra Help. SHIP counselors provide education regarding Medicare Part A (Hospital), Part B (Medical), Part C (Health Plans), Part D (Drug Plans) and Medicare Supplements. During Annual Open Enrollment, October 15<sup>th</sup> through December 7<sup>th</sup>, SHIP can provide computer research assistance to help select Part D plans. Counselors assist with medical appeals for Medicare. SHIP services can generally be provided by phone and language accommodations are available. Please refer to the index for a summary of services and to learn more about SHIP.

### LEGAL SERVICES

See Advocacy Services.

### ATTORNEYS WHO MAKE HOUSE CALLS

For information about legal services, call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging at Maryland Access Point at 410-396-2273.

### DISABILITY AND SPECIAL NEEDS ATTORNEYS

For information about legal services, call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging at Maryland Access Point at 410-396-2273.



# Frank, Frank & Scherr, LLC

Elder Law, Estate & Special Needs Planning

**Medicaid Planning and Eligibility**

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**Trusts/Estate Planning and Administration**

**Wills/Powers of Attorney/Guardianship**

**Disability Planning/Special Needs Trusts**

**Veterans Benefits**

**410.337.8900**

**www.frankelderlaw.com**

**Offices in**

**Towson | Columbia | Easton**

# L

## LEGAL SERVICES

### ELDER LAW ATTORNEYS

#### ► FRANK, FRANK AND SCHERR, LLC

410-337-8900  
www.frankelderlaw.com  
1400 Front Avenue, Suite 200  
Lutherville 21093  
Focus on elder law and people with disabilities of all ages.

#### ► LAW OFFICES OF CRAIG BERMAN, LLC

410-308-0300  
www.bermanlaw.net  
9515 Deereco Road, Suite 801  
Timonium 21093  
An estate planning and elder law practice.

#### ► NOMIKI BOULOUBASSIS WEITZEL AND ASSOCIATES, LLC

Nomiki B. Weitzel  
www.elderlawmaryland.net  
**Baltimore County**  
410-663-9400  
Belair Beltway  
Professional Center  
7652 Belair Road  
Baltimore 21236  
**Harford County**  
410-638-7779  
The Professional Center  
728 Rock Spring Road  
Bel Air 21014  
Elder law, estates and trusts, asset preservation, special needs planning, Medicaid applications.

THE LAW OFFICES OF  
& NOMIKI BOULOUBASSIS WEITZEL  
ASSOCIATES, LLC

[www.ElderlawMaryland.net](http://www.ElderlawMaryland.net)

- Elder Law
- Guardianships
- Estate Planning, Wills & Trusts
- Asset Preservation and Medicaid Planning



### Estate & Trust Administration

The Law Offices of Nomiki Bouloubassis Weitzel and Associates represent people planning their estates and the unique legal needs of people as they age. Our focus is primarily in the areas of law traditionally referred to as Elder Law and Estate Planning.

We handle Estate Administration, Asset Preservation Planning, Medical Assistance, Medicaid Planning & Appeals, Guardianship, Trusts and Estates, Wills, Powers of Attorney, Advance Medical Directives, special needs trusts and review of nursing home, assisted living facility and retirement community contracts.



**Attorney: Nomiki Bouloubassis Weitzel**

### Baltimore Office

Belair Beltway  
Professional Center  
7652 Belair Road  
Baltimore, MD 21236  
**Tel (410) 663-9400**

### Harford County Office

The Professional Center  
728 Rock Spring Road  
Bel Air, MD 21014  
**Tel (410) 638-7779**

**Law Offices of Nomiki Bouloubassis Weitzel & Associates, LLC**

# L

## LEGAL SERVICES

### LEGAL SERVICES, GENERAL ATTORNEYS

For information about legal services, call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging at Maryland Access Point at 410-396-2273.

### LEGAL SERVICES, GOVERNMENT/ NON-PROFIT

See Advocacy Services and Mediation.

#### ► ATTORNEY GENERAL OF THE STATE OF MARYLAND, CONSUMER PROTECTION DIVISION

410-528-8662  
888-743-0023  
200 Saint Paul Place  
Baltimore 21202  
Investigates complaints regarding unfair and deceptive business practices. Mail complaints in writing to the Consumer Protection Division at the above address.

**Securities Division**  
410-576-6300  
888-743-0023

#### ► ATTORNEY GRIEVANCE COMMISSION OF MARYLAND

410-514-7051  
Regulates MD lawyers' professional conduct. Investigates complaints and oversees discipline.

#### ► BALTIMORE CITY DEPARTMENT OF SOCIAL SERVICES, EVICTION PREVENTION PROGRAM

410-878-8650  
Services to city residents under a court ordered eviction which includes assistance with the stay of eviction process and limited financial assistance when available. Also eviction prevention and budget counseling education.

#### ► BALTIMORE COUNTY HUMAN RELATIONS COMMISSION

410-887-5917  
Handles discrimination complaints in housing, education, employment, financing and public accommodation based on race, creed, color, national origin, sex, age, religion, physical/mental disability and marital status. Enforces the County's anti-discrimination law, Article 29 of the Baltimore County Code, 2003.

#### ► BALTIMORE COUNTY OFFICE OF THE PUBLIC DEFENDER

410-324-8900  
Legal services for low-income clients in criminal and traffic cases.

#### ► BAR ASSOCIATION, SIXTY-PLUS LEGAL PROJECT-LAWYER REFERRAL SERVICE

410-337-9100 (County)  
410-539-3112 (City)  
Low-cost legal services to individuals 60 and older who meet financial eligibility for wills, living wills, powers of attorney, estates of less than \$30,000 and deed changes.

#### ► BAR ASSOCIATION OF BALTIMORE CITY, PRO BONO PROJECT

410-539-5936  
Provides free legal support for clients 60 and older living in Baltimore City.

#### ► BAR ASSOCIATION OF BALTIMORE CITY, LEGAL SERVICES TO THE ELDERLY PROGRAM

410-396-1322  
Provides legal support for clients 60 years old or older living in Baltimore City.

#### ► CRIMINAL INJURIES COMPENSATION BOARD

410-585-3010  
Determines financial compensation for innocent victims of crime.

#### ► DISABILITY RIGHTS MARYLAND

410-727-6352  
www.disabilityrightsmd.org  
A non-profit legal advocacy organization mandated to advance the civil rights of people with disabilities. Free legal services to Marylanders of any age with all types of disabilities who live in facilities, in the community or who are homeless.

#### ► DISTRICT COURT SELF- HELP RESOURCE CENTER

410-260-1392  
Provides limited legal guidance to individuals without attorneys to help them represent themselves in civil District Court cases.

#### ► FEDERAL PUBLIC DEFENDER'S OFFICE

410-962-3962  
www.md.fd.org  
BankAmerica Tower II  
100 South Charles Street,  
Suite 900  
Baltimore 21201  
Provides free legal representation to indigent criminal defendants in federal cases when appointed by the Court.

#### ► HOMELESS PERSONS REPRESENTATION PROJECT, INC.

410-685-6589  
800-773-4340 (Maryland Only)  
www.hprplaw.org  
201 North Charles Street,  
Suite 1104  
Baltimore 21201  
Provides legal services and systemic advocacy on behalf of people who are homeless or at risk of homelessness.

**J** LAW OFFICE OF  
**JILL A. SNYDER, LLC**

40 York Road • Suite 300 • Towson, MD 21204  
410-864-8788 • [www.snyder-law.net](http://www.snyder-law.net)

- Probate Administration
- Wills
- Powers of Attorney
- Trusts
- Guardianships
- Mediation



**Providing high quality legal representation, personalized attention, and reasonable rates.**

# L

## LEGAL SERVICES - LESBIAN, GAY, BISEXUAL AND TRANSGENDER (LGBT)

### ► HOUSE OF RUTH DOMESTIC VIOLENCE LEGAL CLINIC

410-889-7884 (24-Hour Line)  
410-554-8463 (Legal Clinic)  
410-889-0840 (Administration)  
www.hruth.org  
2201 Argonne Drive  
Baltimore 21218  
Provides legal representation and advice through staff and volunteer lawyers for victims of domestic violence.

### ► KENNEDY KRIEGER INSTITUTE, PROJECT HEAL (HEALTH, EDUCATION, ADVOCACY AND LAW)

443-923-4416  
www.kennedykrieger.org/  
community/maryland-center-developmental-disabilities/  
project-heal  
716 North Broadway, Office 106  
Baltimore 21205  
Provides advocacy and legal services for children with intellectual and developmental disabilities.

### ► LAWYER REFERRAL & INFORMATION SERVICE OF THE BALTIMORE COUNTY AND CITY BAR ASSOCIATION (LRIS)

410-337-9100 (County)  
410-539-3112 (City)  
Referral service for names of paid attorneys.

### ► MARYLAND COMMISSION ON CIVIL RIGHTS

800-637-6247  
Ensures equal opportunity by the enforcement of Maryland law against discrimination in employment, housing, and public accommodations. Provides educational and outreach services.

### ► MARYLAND COMMISSION ON HUMAN RELATIONS - CITY GOVERNMENT OFFICE

410-767-8600

### ► MARYLAND LEGAL AID

410-427-1800 (County)  
410-951-7777 (City)  
Assists low-income individuals with certain non-fee generating civil legal problems.  
**Lawyer In The Library**  
443-451-2805  
Free civil legal services in local community libraries.  
**Long Term Care Assistance Project**  
866-635-2948  
Free legal assistance on long term care issues in Maryland.

### ► MARYLAND OFFICE OF PEOPLE'S COUNSEL

410-767-8150  
Public legal office helps utility customers with consumer complaints.

### ► MARYLAND SENIOR LEGAL HELPLINE

866-635-2948  
Free helpline for all Maryland residents age 60 and older to obtain answers, advice and referrals for civil legal problems. Call this same helpline for free legal assistance on long term care (nursing home) issues.

### ► MARYLAND VOLUNTEER LAWYER SERVICE (MVLS)

410-547-6537  
800-510-0050  
Civil cases only, including housing, consumer, bankruptcy, government benefits, accidents, wills, deeds, guardianship and tax disputes; income eligibility.

### ► MARYLAND'S PEOPLES LAW LIBRARY

www.peoples-law.org  
Legal and self-help information on Maryland and Federal law.

### ► NATIONAL ACADEMY OF ELDER LAW ATTORNEYS (NAELA)

www.naela.org  
A listing of elder law attorneys.

### ► PRO SE FAMILY LAW PROGRAM OF BALTIMORE COUNTY CIRCUIT COURT

410-887-3446  
Assists with completion of family law forms for unrepresented Baltimore County residents.

### ► PUBLIC JUSTICE CENTER, INC.

410-625-9409  
www.publicjustice.org  
1 North Charles Street, Suite 200  
Baltimore 21201  
Protects the legal rights of the under-represented through litigation, public education and legislation.

### ► ST. AMBROSE HOUSING, LEGAL SERVICES

410-366-8550, Ext. 228  
Legal representation when in danger of losing homes due to foreclosure, mortgage lenders or other reasons.

### ► UNIVERSITY OF BALTIMORE CIVIL ADVOCACY, FAMILY LAW CLINIC

410-837-5709 or 5706  
Law students assist low income clients in civil and family law matters with supervision.

### ► VICTIM/WITNESS ASSISTANCE UNIT

410-887-6650 (County)  
410-396-1897 (City)  
Information regarding status of criminal cases and other support services.

### ► WOMEN'S LAW CENTER

410-321-8761  
800-845-8550 (Family Law Hotline)  
Attorneys providing information on family law matters to those who meet income eligibility requirements.

## LESBIAN, GAY, BISEXUAL AND TRANSGENDER (LGBT)

### ► CHASE BREXTON LGBT HEALTH RESOURCE CENTER

410-837-2050, Ext. 1049  
Provides LGBT individuals and their families with access to health information and resources.

### ► CHASE BREXTON ELDER PRIDE

410-837-2050, Ext. 1107  
Provides LGBT individuals and caregivers with counseling, caregiver support, benefit resources, information, support groups and respite care.

### ► FREESTATE JUSTICE

410-625-5428  
Legal advocacy organization for low-income lesbian, gay, bisexual and transgender residents.

### ► GAY, LESBIAN AND STRAIGHT EDUCATION NETWORK BALTIMORE (GLSEN)

212-727-0135  
Advocates to ensure safe schools for all students, regardless of sexual orientation and gender identity.

### ► HEARTS & EARS, INC.

410-523-1694  
Support services for LGBTQ individuals with mental health issues.

### ► SERVICES & ADVOCACY FOR GLBT ELDERS (SAGE)

212-741-2247  
www.sageusa.org

# CONNECT WITH BCDA!

The Baltimore County Department of Aging (BCDA) would like to invite you to connect with key resources available in our region. As you know, being knowledgeable about resources and opportunities gives you the Power to optimize your life and your future.

## BCDA Website



Visit the Baltimore County Government website to discover resources and assistance available to County residents - [www.baltimorecountymd.gov](http://www.baltimorecountymd.gov).



## Facebook

“Friend” or “Follow” BCDA’s Facebook page [@BaltimoreCountyAging](https://www.facebook.com/BaltimoreCountyAging) to receive daily posts outlining Department activities in addition to valuable information on aging and resources. Also, “Like” the Get Ready! Get Set! Get Fit! 5K Run/Walk page to learn more about wellness.



## Instagram

Follow BCDA’s Instagram account using address [@baltcoaging](https://www.instagram.com/baltcoaging) to see daily visual snapshots of older adults in Baltimore County.



## Flickr

View and/or download BCDA’s photo from events and senior center activities which is a great way to see the fun happening.



## Community Resources

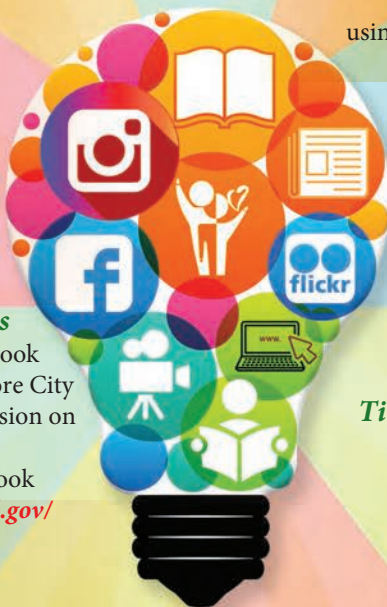
Utilize BCDA’s resource book created in partnership with Baltimore City and the Baltimore County Commission on Disabilities to find resources for a multitude of categories. View the book online at [www.baltimorecountymd.gov/communityresources](http://www.baltimorecountymd.gov/communityresources).



## The Time of Your Life

Watch BCDA’s

*The Time Of Your Life* on Channel 25: Baltimore County’s Comcast Cable Television to learn about the Department’s programs and services affecting older adults. You can also view the show on Verizon On-Demand and on the Baltimore County Government website - [www.baltimorecountymd.gov/videos](http://www.baltimorecountymd.gov/videos).



# KNOWLEDGE IS POWER!



## Time of Your Life Digest

Subscribe to the BCDA’s newspaper highlighting County activities and resources. For as low as \$5, the newspaper is delivered eight times a year. For details on getting a subscription or to advertise in the newspaper, call **410-887-3050**.

## Senior Center Newsletters



Join your local senior center and receive a monthly newsletter outlining activities in the center and programs available through the Department of Aging. Visit [www.baltimorecountymd.gov/Agencies/aging/centers/newsletters.html](http://www.baltimorecountymd.gov/Agencies/aging/centers/newsletters.html)



## Maryland Access Point (MAP) of Baltimore County

MAP serves as the entry point for obtaining information, referrals and options counseling for seniors, adults with disabilities, their families, caregivers and professionals. Calls are answered by a team of Certified Information and Assistance Specialists (CIRS), Monday through Friday, between the hours of 8:30 a.m. and 4:30 p.m.



**410-887-2594**

[aginginfo@baltimorecountymd.gov](mailto:aginginfo@baltimorecountymd.gov)



Baltimore County Executive John A. Olszewski, Jr.  
and the County Council

# L

## LESBIAN, GAY, BISEXUAL AND TRANSGENDER (LGBT) - LIVE-IN CAREGIVERS

### ► THE TREVOR PROJECT

866-488-7386 (24-Hour  
Hotline)  
Crisis intervention and suicide  
prevention services to lesbian,  
gay, bisexual, transgender and  
questioning (LGBTQ) young  
people.

### LIBRARIES

#### ► MARYLAND STATE LIBRARY FOR THE BLIND AND PHYSICALLY HANDICAPPED

410-230-2424  
800-964-9209

#### ► PUBLIC LIBRARY BRANCHES IN BALTIMORE COUNTY

www.bcpl.info

##### Arbutus

410-887-1451  
855 Sulphur Spring Road  
Arbutus 21227

##### Catonsville

410-887-0951  
1100 Frederick Road  
Catonsville 21228

##### Cockeysville

410-887-7750  
9833 Greenside Drive  
Cockeysville 21030

##### Essex

410-887-0295  
1110 Eastern Boulevard  
Essex 21221

##### Hereford

410-887-1919  
16940 York Road  
Hereford 21111

##### Lansdowne

410-887-5602  
500 Third Avenue  
Lansdowne 21227

##### Loch Raven

410-887-4444  
1046 Taylor Avenue  
Towson 21286

##### Mobile Library Services

www.bcpl.info (see website for  
hours and schedules)  
410-887-7586

##### North Point

410-887-7255  
1716 Merritt Boulevard  
Dundalk 21222

##### Owings Mills

410-887-2092  
10302 Grand Central Avenue  
Owings Mills 21117

##### Parkville

410-887-5353  
9509 Harford Road  
Parkville 21234

##### Perry Hall

410-887-5195  
9685 Honeygo Boulevard  
Perry Hall 21128

##### Pikesville

410-887-1234  
1301 Reisterstown Road  
Pikesville 21208

##### Randallstown

410-887-0770  
8604 Liberty Road  
Randallstown 21133

##### Reisterstown

410-887-1165  
21 Cockeys Mill Road  
Reisterstown 21136

##### Rosedale

410-887-0512  
6105 Kenwood Avenue  
Rosedale 21237

##### Sollers Point

410-887-2485  
323 Sollers Point Road  
Dundalk 21222

##### Towson

410-887-6166  
320 York Road  
Towson 21204

##### White Marsh

410-887-5097  
8133 Sandpiper Circle  
Nottingham 21236

##### Woodlawn

410-887-1336  
1811 Woodlawn Drive  
Woodlawn 21207

#### ► PUBLIC LIBRARY BRANCHES IN BALTIMORE CITY

##### Brooklyn Branch

410-396-1120  
300 East Patapsco Avenue  
Baltimore 21225

##### Canton Branch

410-396-8548  
1030 South Ellwood Avenue  
Baltimore 21224

##### Central Library

410-396-5430  
400 Cathedral Street  
Baltimore 21201

##### Cherry Hill Branch

410-396-1168  
606 Cherry Hill Road  
Baltimore 21225

##### Clifton Branch

410-396-0984  
2001 North Wolfe Street  
Baltimore 21213

##### Edmondson Avenue Branch

410-396-0946  
4330 Edmondson Avenue  
Perry Hall 21229

##### Forest Park Branch

410-396-0942  
3023 Garrison Boulevard  
Baltimore 21216

##### George Peabody Library

667-208-6715  
17 East Mount Vernon Place  
Baltimore 21202

##### Govans Branch

410-396-6098  
5714 Bellona Avenue  
Baltimore 21212

##### Hamilton Branch

410-396-6088  
5910 Harford Road  
Baltimore 21214

##### Hampden Branch

410-396-6043  
3641 Falls Road  
Baltimore 21211

##### Herring Run Branch

410-396-0996  
3801 Erdman Avenue  
Baltimore 21213

##### Langsdale Library

410-837-4260  
1415 Maryland Avenue  
Baltimore 21201

##### Light Street Branch

410-396-1096  
1251 Light Street  
Baltimore 21230

##### Milton S Eisenhower Library

410-516-8335  
3400 North Charles Street  
Baltimore 21218

##### Northwood Branch

410-396-6076  
4420 Loch Raven Boulevard  
Baltimore 21218

##### Orleans Street Branch

410-396-0970  
1303 Orleans Street  
Baltimore 21231

##### Patterson Park Branch

410-396-0983  
158 North Linwood Avenue  
Baltimore 21224

##### Peabody Institute of the Johns Hopkins University

667-208-6500  
1 East Mount Vernon Place  
Baltimore 21202

##### Pennsylvania Ave Branch

410-396-0399  
1531 West North Avenue  
Baltimore 21217

##### Reisterstown Road Branch

410-396-0948  
6310 Reisterstown Road  
Baltimore 21215

##### Roland Park Branch

410-396-6099  
5108 Roland Avenue  
Baltimore 21210

##### Southeast Anchor Branch

**Library**  
410-396-1580  
3601 Eastern Avenue  
Baltimore 21224

##### Walbrook Branch

410-396-0935  
3203 West North Avenue  
Baltimore 21216

##### Washington Village Branch

410-396-1099  
856 Washington Boulevard  
Baltimore 21230

##### Waverly Branch

410-396-6053  
400 East 33<sup>rd</sup> Street  
Baltimore 21218

### LIFE LINES

See Medical Alert Systems.

### LIVE-IN CAREGIVERS

See Home Health Services and  
Home Care (Non-Medical).

#### ► HOMECENTRIS HEALTHCARE

410-486-5330  
833-9-HOMECARE  
www.homecentris.com  
Helping you remain at home,  
where you want to be.

# L - M LOAN CLOSET FOR MEDICAL EQUIPMENT - MEDICAID HOME AND COMMUNITY BASED SERVICES

## LOAN CLOSET FOR MEDICAL EQUIPMENT

See Assistive Technology, Disabilities Assistance, Hearing Resources, Medical Equipment and Supplies, Personal Needs, Vision Resources.

### ► 9TH DISTRICT HEALTH COMMITTEE LOAN CLOSET

410-665-0898

Wheelchairs, walkers and other equipment for Baltimore County residents.

### ► AMERICAN CANCER SOCIETY LOAN CLOSET

410-931-6850

Free wigs. No durable equipment.

### ► BALTIMORE COUNTY DEPARTMENT OF AGING

410-887-2594

Loans wheelchairs, walkers, shower seats and other equipment. Offers individualized demonstrations of assistive devices. Available to Baltimore County residents age 60 and over.

### ► MARYLAND TECHNOLOGY ASSISTANCE PROGRAM (MDTAP)

800-832-4827

866-881-7488 (TTY)

Loans equipment for a limited time including equipment for daily living, mobility, recreation, computer and hearing. Low interest loans for purchasing equipment to MD residents with disabilities.

### ► MARYLAND TECHNOLOGY ASSISTANCE PROGRAM (MDTAP), EQUIPMENT LINK

[www.myatprogram.org](http://www.myatprogram.org)

Connects individuals with disability related equipment to sell or donate.

## LONG TERM CARE INSURANCE

### APPROVED PROVIDERS IN MARYLAND

Long term care insurance is purchased to provide assistance with the cost of a range of services for individuals with a prolonged illness, disability or cognitive disorder (such as Alzheimer's disease). Services may include help with daily activities at home such as bathing and dressing, adult day care, assisted living facilities, care management, home health, hospice, respice care and care in a nursing home.

### ► MARYLAND INSURANCE ADMINISTRATION

410-468-2000

800-492-6116 (Toll Free)

800-735-2258 (TTY)

[www.insurance.maryland.gov](http://www.insurance.maryland.gov)

200 Saint Paul Place, Suite 2700

Baltimore 21202

Provides a list of insurance companies approved to sell long term care insurance policies in Maryland. Also provides information about Maryland's Long-Term Care Partnership Program. Partnership policies provide an additional level of protection, when compared to a regular long-term care insurance policy.



## LONG TERM CARE (LTC) INSURANCE PRODUCERS (SALES PERSON)

When purchasing LTC insurance, please confirm the producer (sales person) is licensed to sell LTC insurance in Maryland. Please confirm the license number, Effective dates and line of business on the license with the Maryland Insurance Administration listed in this category. For information about LTC insurance products, please contact the Maryland Insurance Administration.

## MEAL PREPARATION

See Nutrition Services.

## MEDIATION, NON-PROFIT

See Legal Services-Government/Non-Profit.

A process in which solutions to disputes are negotiated with a mediator acting as a neutral party by helping participants reach their own voluntary agreement. Settles disputes between neighbors, family members, tenant/landlord and other community members.

### ► BALTIMORE COMMUNITY MEDIATION CENTER

410-467-9165 (City)

Program provides voluntary and confidential mediation sessions to assist City residents with resolutions of various issues and conflicts.

### ► CONFLICT RESOLUTION CENTER OF BALTIMORE COUNTY

410-527-4321

[www.crcbaltimorecounty.org](http://www.crcbaltimorecounty.org)  
Mediation, conflict resolution, trainings and community conferencing for Baltimore County residents.

## MEDICAID HOME AND COMMUNITY BASED SERVICES PROGRAMS

See Financial Resources, Housing: Assisted Living Programs and Nursing Homes.

Programs to help an eligible person receive services in the home rather than in an institution. Each program has different eligibility criteria and services. Individuals must meet medical, financial, and technical criteria. For further information and screening, please call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging at Maryland Access Point at 410-396-2273.

To learn more about the waiver programs in Maryland, eligibility requirements, and applications, visit <https://mmcp.health.maryland.gov/waiverprograms/pages/home.aspx>.

### ► BRAIN INJURY WAIVER

410-402-8476

For individuals with traumatic brain injuries who are currently residing in state psychiatric hospitals. The brain injury must have occurred between the ages of 22 and 64, and the individual must meet medical and financial criteria.

### ► COMMUNITY FIRST CHOICE

410-887-2594 (County)

410-396-2273 (City)

Enables individuals 18 and older, who have Community Medical Assistance and meet Medicaid's institutional level of care to remaining a community setting.

# M

## MEDICAID HOME AND COMMUNITY BASED SERVICES - MEDICARE

### ► COMMUNITY PATHWAYS

410-767-5600, Press 6  
Provides financially qualified individuals with developmental disabilities the opportunity to self-direct services.

### ► COMMUNITY PERSONAL ASSISTANCE SERVICES

410-887-2594 (County)  
410-396-4494 (City)  
Enables individuals 18 and older, who are financially eligible and meet Medicaid's long-term care admission criteria to remain in a community setting.

### ► EARLY INTERVENTION WAIVER FOR CHILDREN WITH AUTISM SPECTRUM DISORDER

410-767-0261

### ► EMPLOYED INDIVIDUALS WITH DISABILITIES (EID)

410-767-7090

### ► HOSPICE SERVICES: MEDICAID DIVISION LONG TERM CARE

410-767-6771

### ► MARYLAND DEPARTMENT OF HEALTH

410-767-6500

### ► MEDICAL DAY CARE SERVICES WAIVER

410-767-1444  
Offers qualified Medicaid Participants services in a day care center. Individuals must be at least 16 years old.

### ► MODEL WAIVER FOR MEDICALLY FRAGILE CHILDREN

410-987-1048

### ► PROGRAMS FOR OLDER ADULTS AND PEOPLE WITH DISABILITIES

410-767-1739

### ► RARE AND EXPENSIVE CASE MANAGEMENT (REM)

410-767-1903

### MEDICAL ALERT SYSTEMS

See Identification Programs, Medical Equipment and Supplies and Prescription Reminders.

Devices and programs that offer a variety of measures to promote safety and well-being of seniors and individuals with disabilities. For additional services/information call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging at Maryland Access Point at 410-396-2273.

### ► MEDICAL ALERT FOUNDATION

800-432-5378  
The Foundation maintains a database of members' medical information that is made available to medical authorities in the event of an emergency.

### ► SENIOR CALL CHECK

866-502-0560  
[www.aging.maryland.gov](http://www.aging.maryland.gov)  
Free daily telephonic service to check on Maryland residents over age 65. Apply online or by phone.

### MEDICAL EQUIPMENT AND SUPPLIES

See Personal Needs and Pharmacies Offering Home Delivery.

### ► JERRY'S CARING HANDS, INC

410-444-4106  
410-900-4201  
[www.jerryscaringhands.com](http://www.jerryscaringhands.com)  
7416 Harford Road  
Baltimore 21234  
Providing nursing care, therapy, respite, wound care and housekeeping.

### ► MID-ATLANTIC MEDICAL SUPPLY AND EQUIPMENT

410-363-2279  
[www.suppliesforliving.com](http://www.suppliesforliving.com)  
718 Main Street  
Reisterstown 21136  
Price-match promise, delivery, and insurance billing.

### MEDICARE

For additional services/information, call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging at Maryland Access Point at 410-396-2273. See Advocacy Services, Financial Assistance, Medicaid Home and Community Based Programs and Insurance Counseling, Advocacy and Resources.

### GENERAL INFORMATION

### ► CENTER FOR MEDICARE & MEDICAID SERVICES (CMS), MEDICARE HELPLINE

800-633-4227  
[www.medicare.gov](http://www.medicare.gov)  
Information and claims regarding Medicare Part A-Hospitalization, Part B - Medical and Durable Medical Equipment, Part C-Health Plans and Part D-Prescriptions. You must have your Medicare card number to access information.

### ► MARYLAND INSURANCE ADMINISTRATION

410-468-2000  
800-492-6116  
[www.insurance.maryland.gov](http://www.insurance.maryland.gov)  
An independent state agency that regulates Maryland's insurance industry and protects consumers by enforcing insurance laws. Find information on Medicare and Insurance Marketplaces, Medicare supplements (Medigap), Long Term Care Insurance and the Long Term Care Insurance Partnership Program and insurance agents/brokers.

### ► MARYLAND SENIOR PRESCRIPTION DRUG ASSISTANCE PROGRAM (SPDAP)

800-551-5995  
[www.marylandspdap.com](http://www.marylandspdap.com)  
**Request application**  
Call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging at Maryland Access Point at 410-396-2273. A state program that assists Medicare beneficiaries by paying part of their monthly Medicare Prescription Drug premiums for all of the Medicare Part D Plans.

### ► MYMEDICARE

[www.mymedicare.gov](http://www.mymedicare.gov)  
Register on-line to view your personal Medicare information that includes physician billing of Medicare payments and a schedule for preventive health services.





## ► QUALIFIED MEDICARE BENEFICIARY PROGRAM (QMB)

### Request application

Call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging at Maryland Access Point at 410-396-2273. This program helps to pay Medicare premiums, deductibles and coinsurance payments for older adults and persons with disabilities who are financially eligible.

## ► RAILROAD RETIREMENT BOARD MEDICARE OFFICE

888-355-9165  
www.palmettogba.com  
Beneficiaries only.

## ► SENIOR MEDICARE PATROL (SMP)

410-887-2059 (County)  
410-396-2273 (City)  
SMP provides information regarding what to do if you suspect Medicare fraud/abuse, or need to file a report with authorities. SMP can arrange speakers to address groups on how to protect themselves against identity theft, telemarketing, mail fraud scams, illegal or deceptive marketing of Medicare Advantage plans and prescription drug plans.

## ► SOCIAL SECURITY ADMINISTRATION

800-772-1213  
www.ssa.gov  
Information on various benefits and services. Enrollment in Medicare and replacement of Medicare card. On-line low-income subsidy Extra Help application with Medicare Prescription Drug costs.

## ► SPECIFIED LOW-INCOME MEDICARE BENEFICIARY (SLMB)

### Request application

Call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging at Maryland Access Point at 410-396-2273. Pays the Medicare Part B premium for persons whose income is slightly more than QMB criteria.

## ► STATE HEALTH INSURANCE ASSISTANCE PROGRAM (SHIP)

410-887-2059 (County)  
410-396-2273 (City)  
SHIP provides free, unbiased, confidential health insurance counseling for Medicare recipients and their caregivers. Helps consumers to understand Medicare, and the services it provides.

Additionally, SHIP can assess eligibility for programs to assist with Medicare costs. These programs include Qualified Medicare Beneficiaries (QMB), Specified Low Income Medicare Beneficiaries (SLMB), Maryland Senior Prescription Drug Assistance Programs (SPDAP) and Social Security Extra Help. SHIP counselors provide education regarding Medicare Part A (Hospital), Part B (Medical), Part C (Health Plans), Part D (Drug Plans) and Medicare Supplements. During Annual Open Enrollment, October 15<sup>th</sup> through December 7<sup>th</sup>, SHIP can provide computer research assistance to help select Part D prescription plans. Counselors assist with medical appeals for Medicare. SHIP services can generally be provided by phone and language accommodations are available. SHIP conducts free educational programs for groups about Medicare A, B, C, D and Medicare supplement plans. Please refer to the index for a summary of services and to learn more about SHIP.

## ► TRICARE FOR LIFE

866-773-0404  
Medicare supplemental coverage for retired uniformed service beneficiary or dependents. Must be currently enrolled in Medicare A & B and Defense Enrollment Eligibility Reporting System (DEERS).

## ► U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES, OFFICE OF THE INSPECTOR GENERAL, MEDICARE/MEDICAID FRAUD HOTLINE

800-447-8477  
National hotline to report health care fraud involving Medicare and Medicaid.

## MEDICARE PRESCRIPTION DRUG PLANS (PART D)

A Medicare benefit that assists with the cost of prescription drugs. Private companies contract with Medicare to offer Stand-Alone and Medicare Advantage Drug Plans. Additional assistance with Part D costs are available with Social Security Administration's Extra Help and Maryland Senior Prescription Drug Assistance Program (SPDAP). Please refer to [www.medicare.gov](http://www.medicare.gov) for a full list of Maryland Stand-Alone Prescription Drug Plans.



## KAISER PERMANENTE MEDICARE HEALTH PLANS

Want to learn more about Medicare and determine if you're eligible to enroll in a Kaiser Permanente Medicare health plan? Just give me a call.

### Pauline Gibbs

Kaiser Permanente Medicare Health Plan  
Licensed Sales Specialist

1-410-387-1878

[mykpagent.org/paulineg](http://mykpagent.org/paulineg)



Kaiser Permanente is an HMO plan with a Medicare contract. Enrollment in Kaiser Permanente depends on contract renewal. You must reside in the Kaiser Permanente Medicare health plan service area in which you enroll.

Kaiser Foundation Health Plan of the Mid-Atlantic States, Inc.  
2101 E. Jefferson St., Rockville, MD 20852  
Y0043\_N00005098\_CO\_GA\_HI\_MAS\_NW\_accepted

## ► CIGNA-HEALTHSPRING RX (PDP)

800-735-1459  
711 (TTY/TDD)  
8 am - 8 pm, 7 days a week  
[www.cignahealthspring.com](http://www.cignahealthspring.com)  
P.O. Box 269005  
Weston, FL 33326-9947  
Medicare Part D prescription drug coverage.

## MEDICARE PRESCRIPTION DRUG PLANS (PART D) INSURANCE BROKERS

Please visit Medicare's website at [www.medicare.gov](http://www.medicare.gov) for further information.

## MEDICARE ADVANTAGE

With most Medicare Advantage Plans, you can only visit physicians, specialists or hospitals on the plan's list except in an emergency. The plan may require you to choose a primary care physician and obtain referrals to see a specialist. These plans may offer extra benefits, lower premiums and require co-payments.

If you have Medicare Part A and Part B, you may join a Medicare Advantage Plan and receive your Medicare-covered benefits through the plan. Most plans include Medicare Part D benefits. Medicare Advantage annual open enrollment period begins October 15 - December 7. Plans can be a Health Maintenance Organization (HMO), Preferred Provider Organization (PPO) and Special Needs Plans (SNPs) or a Medicare Savings Account (MSA). Please visit Medicare's website at [www.medicare.gov](http://www.medicare.gov) for further information.

## ► CIGNA-HEALTHSPRING

800-821-7513  
711 (TTY/TDD)  
8 am - 8 pm, 7 days a week  
[www.cignahealthspring.com](http://www.cignahealthspring.com)  
3601 O'Donnell Street  
Baltimore 21224  
Provides hospital, medical and Medicare Part D prescription drug in one plan.

## ► KAISER PERMANENTE MEDICARE PLUS

410-387-1878  
800-579-3708  
[www.kaiserpermanente.org](http://www.kaiserpermanente.org)  
111 South Calvert Street, Suite 1850  
Baltimore 21202  
Provides hospital, medical and Medicare Part D prescription drug coverage.

## MEDICARE ADVANTAGE INSURANCE BROKERS

Please visit the Maryland Insurance Administration's website at [www.insurance.maryland.gov](http://www.insurance.maryland.gov) or call 410-468-2000 or 800-492-6116.



## MEDICARE SPECIAL NEEDS PLANS (SNPs)

Special Needs Plans (SNPs) may limit all or most of their membership to beneficiaries who have certain chronic or disabling conditions, or are dual eligible on Medicare and Medicaid or are institutionalized. SNPs must be designed to provide Medicare health care and services to people who can benefit from special expertise of the plan's providers and focused care management. SNPs must also provide Medicare prescription drug coverage. These plans may offer extra benefits, lower premiums and require co-payments. To join SNPs, beneficiaries must be enrolled in Medicare Part A and Part B. Please contact 800 Medicare or visit [www.medicare.gov](http://www.medicare.gov).

## MEDICARE/MEDIGAP SUPPLEMENTAL INSURANCE POLICIES

Medicare supplemental insurance policies cover some of the deductibles and co-insurances not paid by Medicare. A, B, D, G, K, L, M and N policies offer a different combination of standard benefits and are regulated by Federal and State law. The open enrollment period is the first six months from the date of enrollment in Medicare Part B. For a Medigap comparison chart, please contact the Maryland Insurance Administration at 410-468-2000 or visit [www.insurance.maryland.gov](http://www.insurance.maryland.gov). Carriers below represent approved individual Medicare supplement policies in Maryland as of November 26, 2019.

\*Rates are updated biannually.

► AETNA HEALTH AND LIFE INSURANCE COMPANY  
800-264-4000

► AETNA HEALTH INSURANCE COMPANY  
800-264-4000

► AMERICAN NATIONAL LIFE INSURANCE COMPANY OF TEXAS  
888-350-1488

► AMERICAN RETIREMENT LIFE INSURANCE COMPANY  
855-849-2711

► AMERICO FINANCIAL LIFE AND ANNUITY INSURANCE COMPANY  
800-231-0801

► ASSURED LIFE ASSOCIATION  
877-223-3666

► ATLANTIC COAST LIFE INSURANCE COMPANY  
844-442-3847

► BANKERS FIDELITY LIFE INSURANCE COMPANY  
800-241-1439

## ► CAREFIRST MEDPLUS (MEDIGAP)

An affiliate of CareFirst BlueCross BlueShield  
800-275-3802  
[www.carefirst.com](http://www.carefirst.com)  
10455 Mill Run Circle  
Owings Mills 21117  
Medicare supplement coverage.

## ► CIGNA HEALTH AND LIFE INSURANCE COMPANY

Cigna Supplemental Benefits  
855-569-8741  
[www.cigna.com](http://www.cigna.com)  
P.O. Box 26580  
Austin, TX 78755-0580  
Helps to pay 20% of Part B medical expenses that Medicare doesn't cover.

► COLONIAL PENN LIFE INSURANCE COMPANY  
888-910-3133

▶ **EQUITABLE NATIONAL LIFE INSURANCE COMPANY, INC.**  
888-352-5170

▶ **ERIE FAMILY LIFE INSURANCE COMPANY, INC.**  
800-458-0811

▶ **EVERANCE ASSOCIATION, INC.**  
800-348-7468

▶ **FIRST HEALTH LIFE AND HEALTH INSURANCE COMPANY**  
866-465-1023

▶ **GARDEN STATE LIFE INSURANCE COMPANY**  
888-350-1488

▶ **GCU**  
800-722-4428

▶ **GLOBE LIFE AND ACCIDENT INSURANCE COMPANY**  
800-801-6831

▶ **GPM HEALTH AND LIFE INSURANCE COMPANY**  
866-242-7573

▶ **GREAT SOUTHERN LIFE INSURANCE COMPANY**  
877-212-2346

▶ **GUARANTEE TRUST LIFE INSURANCE COMPANY**  
800-338-7452

▶ **HEARTLAND NATIONAL LIFE INSURANCE COMPANY**  
866-916-7971

▶ **HUMANADENTAL INSURANCE COMPANY**  
800-866-0581

▶ **HUMANA INSURANCE COMPANY**  
800-984-9095

▶ **INDIVIDUAL ASSURANCE COMPANY, LIFE, HEALTH & ACCIDENT**  
888-524-3629

▶ **LIBERTY BANKERS LIFE INSURANCE COMPANY**  
844-770-2400

▶ **LUMICO LIFE INSURANCE COMPANY**  
855-774-4491

▶ **NATIONAL GUARDIAN LIFE INSURANCE COMPANY**  
877-888-0352

▶ **NATIONAL HEALTH INSURANCE COMPANY**  
866-916-8816

▶ **OXFORD LIFE INSURANCE COMPANY**  
800-308-2318

▶ **PAN-AMERICAN LIFE INSURANCE COMPANY**  
855-777-0400

▶ **PHILADELPHIA AMERICAN LIFE INSURANCE COMPANY**  
877-368-4691

▶ **PHYSICIANS MUTUAL INSURANCE COMPANY**  
800-469-8157

▶ **PURITAN LIFE INSURANCE COMPANY OF AMERICA**  
855-323-8914

▶ **RENAISSANCE LIFE & HEALTH INSURANCE COMPANY OF AMERICA**  
844-202-4150

▶ **RESERVE NATIONAL INSURANCE COMPANY**  
800-654-9106

▶ **SENTINEL SECURITY LIFE INSURANCE COMPANY**  
800-247-1423

▶ **SHENANDOAH LIFE INSURANCE COMPANY**  
855-406-9085

▶ **SOUTHERN GUARANTY INSURANCE COMPANY**  
833-552-0828

▶ **STATE FARM MUTUAL AUTOMOBILE INSURANCE COMPANY**  
Contact your local agent.

▶ **S. USA LIFE INSURANCE COMPANY, INC.**  
Contact your local agent.

▶ **THRIVENT FINANCIAL FOR LUTHERANS**  
800-847-4836

▶ **TRANSAMERICA LIFE INSURANCE COMPANY**  
866-205-9120

▶ **TRANSAMERICA PREMIER LIFE INSURANCE COMPANY**  
800-322-7164

▶ **UNIFIED LIFE INSURANCE COMPANY**  
800-237-4463

▶ **UNITED AMERICAN INSURANCE COMPANY**  
800-331-2512

▶ **UNITEDHEALTHCARE INSURANCE COMPANY**  
866-465-0088


▶ **UNITED OF OMAHA LIFE INSURANCE COMPANY**  
800-667-2937

▶ **UNITED SECURITY INSURANCE COMPANY**  
833-552-0827

▶ **USAA LIFE INSURANCE COMPANY**  
800-531-8722



MAKING THE MOST OF EVERY DAY



Protect yourself and your savings with a CareFirst MedPlus Medicare Supplement plan. Stop by our booth to pick up our Medicare guide. To learn more call 800-275-3802 or visit [medplus.carefirst.com](https://medplus.carefirst.com)

In the District of Columbia and Maryland, CareFirst MedPlus is the business name of First Care, Inc. In Virginia, CareFirst MedPlus is the business name of First Care, Inc. of Maryland (used in Virginia by First Care, Inc.) Registered and trademarked of the Blue Cross and Blue Shield Association.

# M

## MEDICARE - MEMORY CARE

► **WESTERN UNITED LIFE ASSURANCE COMPANY**  
800-877-7703

### RATING SERVICES

The rating companies listed below are for Medicare Supplemental/Medigap and Long Term Care policies. Some may charge a fee for services. These services offer information to support educated purchasing decisions.

► **BEST'S INSURANCE REPORTS**  
[www.ambest.com](http://www.ambest.com)

► **MOODY'S**  
[www.moody's.com](http://www.moody's.com)

► **STANDARD AND POOR'S**  
[www.standardandpoors.com](http://www.standardandpoors.com)

► **WEISS RATINGS**  
[www.weissratings.com](http://www.weissratings.com)

### MEMORY CARE

See Adult Day Services, Case Management, Home Health Services, Home Care (Non-Medical), Housing - Assisted Living and Live-In Caregivers.

► **ATRIUM VILLAGE**  
410-363-0330  
[www.seniorlifestyle.com/property/atrium-village/](http://www.seniorlifestyle.com/property/atrium-village/)  
4730 Atrium Court  
Owings Mill 21117  
Rental senior living community. Independent, assisted living and memory care.

► **CHARLOTTE HALL VETERANS HOME**  
301-884-8171  
240-577-7009 (Admissions Direct Line)  
[www.charhall.org](http://www.charhall.org)  
29449 Charlotte Hall Road  
Charlotte Hall 20622  
Income based assisted living, LTC nursing, rehabilitation and memory care.

► **MEDSTAR CENTER FOR SUCCESSFUL AGING**  
443-444-4720  
[www.medstargoodsam.org/geriatrics](http://www.medstargoodsam.org/geriatrics)  
Morgan Building  
5601 Loch Raven Boulevard,  
Suite 502  
Baltimore 21239  
A dedicated team supporting patients/caregivers with all age-related needs.

► **SPRINGWELL SENIOR LIVING**  
410-664-4006  
[www.springwellseniorliving.com](http://www.springwellseniorliving.com)  
2211 West Rogers Avenue  
Baltimore 21209  
Springwell's Homestead offers beautifully appointed residences in a vibrant community.



### If you think a diagnosis of Alzheimer's means institutional care... think again!

Our community features warm accommodations, restaurant-style dining and opportunities to engage your loved one's interests, passions and purpose. Beautiful landscaped grounds, a walking path in a secure enclosed courtyard and minutes from Towson Town Center.



**See what families are saying:**  
*"I work in the geriatric field and work in many facilities, and this is the place I chose for my mother."* Testimony from a resident's family member



812 Regester Ave.,  
Baltimore, MD 21239



Call today for your personal tour: **410-377-8000**

[www.BlairHouseStoneleigh.com](http://www.BlairHouseStoneleigh.com)

**Create Life Again!** Ask about our dynamic program called "Peregrine Way"

## MENTAL HEALTH SERVICES

### COMMUNITY MENTAL HEALTH CENTERS

IF YOU HAVE AN IMMEDIATE MENTAL HEALTH EMERGENCY, PLEASE CALL 911. IN BALTIMORE COUNTY CONTACT THE 24 HOUR HOTLINE AT 410-931-2214; IN BALTIMORE CITY 410-433-5175. Eligibility criteria and service locations can be obtained by contacting the Baltimore County Department of Health at 410-887-3828; Baltimore City at Behavioral Health Systems at 410-637-1900.

► **ALLIANCE/MOSAIC Baltimore**  
410-453-9553

► **BEHAVIORAL HEALTH SYSTEMS BALTIMORE**  
410-637-1900  
One North Charles Street,  
Suite 1300  
Baltimore 21201

► **BUILDING COMMUNITIES TODAY**  
410-467-6600  
2901 Druid Park Drive  
Baltimore 21215

► **HARFORD-BELAIR COMMUNITY HEALTH**  
410-426-5650  
4308 Harford Road  
Baltimore 21206

► **INSTITUTE FOR FAMILY CENTERED SERVICES**  
410-455-4600  
www.md-mentor.com  
2525 Lord Baltimore Drive,  
Suite H  
Windsor Mill 21244  
Provides therapeutic foster care, medically fragile foster care, adoption services, family preservation, transitional services, mental health programs, education programs, wraparound services.

### ► KEY POINT HEALTH SERVICES

**Catonsville**  
410-869-7240  
500 North Rolling Road  
Catonsville 21228  
**Dundalk**  
443-216-4800  
1012 North Point Road  
Dundalk 21224

► **MAIN STREET COMMUNITY MENTAL HEALTH CENTER**  
410-526-7882  
37 Main Street  
Reisterstown 21136

► **MEDSTAR FRANKLIN SQUARE MEDICAL CENTER, OUTPATIENT PSYCHIATRY SERVICES**  
443-777-7878  
9105 Franklin Square Drive  
Rosedale 21237

► **MOSAIC BEHAVIORAL HEALTH CENTER**  
410-453-9553, Ext. 1107 (Intake)  
**Catonsville**  
27 Mellor Avenue  
Catonsville 21228  
**Timonium**  
1931 Greenspring Drive  
Timonium 21093

### COMMUNITY REHABILITATION PROGRAMS

See Community Mental Health Centers.

► **PROLOGUE, INC.**  
410-653-6190  
3 Milford Mill Road  
Pikesville 21208

### GERIATRIC MENTAL HEALTH SERVICES

► **HOPE HEALTH SYSTEMS – GERIATRIC SERVICES TEAM**  
410-265-8737  
6707 Whitestone Road,  
Suite 106  
Woodlawn 21207  
Geriatric outreach program that provides prevention, detection and treatment services to those 60 years of age and older, who are experiencing mental health problems and are not participating in treatment.

► **JOHNS HOPKINS MEMORY AND ALZHEIMER'S TREATMENT CENTER**  
410-550-6337

► **UNIVERSITY OF MARYLAND MEDICAL CENTER, GERIATRIC PSYCHIATRY**  
410-328-8415

### ADDITIONAL MENTAL HEALTH/ADDICTION SERVICES

► **ALLIANCE/MOSAIC**  
410-282-5900, Ext. 3231  
Case management for individuals of all ages with a chronic serious mental illness without private insurance.

► **BAKER STREET STATION**  
410-462-2585

► **BALTIMORE COUNTY CRISIS RESPONSE SYSTEM**  
410-931-2214  
Twenty-four hour hotline providing telephone triage and intervention, mobile crisis team, in-home intervention team and linkage to community treatment and support.

► **BALTIMORE COUNTY DEPARTMENT OF HEALTH RESOURCE, EDUCATION AND ADVOCACY**  
**County Helpline**  
410-88-REACH  
410-887-3224  
Substance use information for individuals and families in Baltimore County.

► **BEHAVIORAL HEALTH SYSTEMS BALTIMORE**  
410-637-1900

► **CHASE BREXTON HEALTH SERVICES Mt. Vernon**  
410-837-2050  
**Randallstown**  
410-496-6441  
Mental health services, drug and alcohol counseling, HIV and other health services.

► **FIRST STEP: A COMMUNITY COUNSELING & RESOURCE CENTER**  
410-526-7100  
Substance abuse and mental health counseling.

► **HARBEL PREVENTION AND RECOVERY CENTER**  
410-444-2100

► **HEALTH CARE ACCESS MARYLAND**  
410-949-2354, Ext. 4029  
410-649-0529 (Main Desk)

► **HEALTH CARE FOR THE HOMELESS**  
410-837-5533

► **INSPIRIT COUNSELING SERVICES**  
410-433-8861  
Non-profit agency with 20 locations. Accepts Medicare and insurance plans. Sliding fee.



## MENTAL HEALTH SERVICES - MOBILE PHONES

### ► JEWISH COMMUNITY SERVICES

410-466-9200  
Mental health, addiction and bereavement services.

### ► LOYOLA CLINICAL CENTER

410-617-1200  
Mental health counseling/behavioral health services provided by doctoral students. Sliding fee.

### ► MED OPTIONS, INC. - BEHAVIORAL HEALTH SERVICES

410-832-2729  
Multi-disciplinary group of mental health specialists.

### ► MENTAL HEALTH ASSOCIATION OF MARYLAND, METROPOLITAN BALTIMORE BRANCH

410-235-1178  
Advocates for the rights of persons with mental illnesses; offers public information and education programs.

### ► NATIONAL ALLIANCE ON MENTAL ILLNESS (NAMI), METRO BALTIMORE, INC.

410-435-2600  
Provides education, advocacy and support for individuals living with mental health conditions and their families.

### ► ON OUR OWN, INC.

410-282-1701  
Consumer-run drop-in centers, peer support groups and other social activities for individuals 18 and older utilizing mental health services. Locations include: Catonsville, Towson, Pikesville, Dundalk and various locations in Baltimore City. Call for details.

### ► PEERS: SENIORS IN PARTNERSHIP

443-901-1550, Ext. 213  
Community education, outreach and volunteer support to adults 60 and older with mental health problems in Baltimore County.

### ► PENN-NORTH NEIGHBORHOOD CENTER

410-728-2080  
► PEOPLE ENCOURAGING PEOPLE  
410-366-4299  
Rehabilitation and support services for persons with disabilities, including: mental health, vocational and housing assistance.

### ► PRO BONO COUNSELING PROJECT

410-825-1001  
Free mental health referral service to those financially eligible.

### ► PROLOGUE, INC.

410-653-6190  
Services for homeless persons with mental illness.

## PARTIAL HOSPITALIZATION PROGRAMS

Programs which provide intensive clinical mental health treatment on an outpatient basis.

### ► BAYVIEW COMMUNITY PSYCHIATRIC DAY HOSPITAL PROGRAM

410-550-0089

### ► LEVINDALE DAY PROGRAM - MENTAL HEALTH SERVICES

410-601-2358

### ► MEDSTAR UNION MEMORIAL HOSPITAL- COUNSELING CENTER PARTIAL HOSPITALIZATION AND INTENSIVE OUTPATIENT PROGRAMS

410-554-6444, Press 1

### ► SHEPPARD PRATT HEALTH SYSTEMS

410-938-3800 (Admissions)

### ► SHEPPARD PRATT HEALTH SYSTEMS, SULLIVAN DAY HOSPITAL

410-938-4700

## PSYCHIATRIC HOSPITALS

### ► SHEPPARD PRATT HOSPITAL

410-938-3000

### ► SHEPPARD PRATT AT ELLICOTT CITY

443-364-5500

### ► SPRING GROVE HOSPITAL

410-402-6000

## PSYCHIATRIC INPATIENT SERVICES IN HOSPITALS

### ► BON SECOURS CRISIS CENTER

410-362-3585

### ► JOHNS HOPKINS BAYVIEW MEDICAL CENTER

410-550-0074 (Inpatient)  
410-550-0016 (Outpatient)

### ► JOHNS HOPKINS HOSPITAL, MEYER BUILDING

410-955-5104 (Admissions)

### ► LEVINDALE HEBREW GERIATRIC CENTER AND HOSPITAL

410-601-2289 (Admissions)

### ► MEDSTAR FRANKLIN SQUARE HOSPITAL CENTER OUTPATIENT PSYCHIATRY

443-777-7878 (Intake)

### ► MEDSTAR UNION MEMORIAL HOSPITAL COUNSELING CENTER

410-554-6444 (Intake), Press 2

### ► SINAI HOSPITAL INPATIENT PSYCHIATRIC UNIT

410-601-5610 (Inpatient)  
410-601-5457 (Outpatient)

### ► UNIVERSITY OF MARYLAND - MIDTOWN CAMPUS PSYCHIATRIC UNIT

410-328-6231

### ► UNIVERSITY OF MARYLAND - ST. JOSEPH MEDICAL CENTER, PSYCHIATRIC UNIT

410-337-1580

## MOBILE PHONES

Programs are available that offer free phones and minutes to low income individuals who are enrolled in certain government benefits. The service is provided through selected vendors. Eligibility information and a full list of vendors can be found at [www.lifelinesupport.org](http://www.lifelinesupport.org).

### ► ASSURANCE WIRELESS

888-898-4888

### ► CINTEX WIRELESS

877-304-9183

### ► LIFELINE

888-641-8722

### ► SAFELINK WIRELESS

800-977-3768

# M - N MOVE COORDINATORS - NURSING HOMES

## MOVE COORDINATORS

These companies assist older adults with all aspects of downsizing and moving. Always check professional credentials, insurance, experience and request references. A written contract should be provided which documents all services and fees.

### ► NATIONAL ASSOCIATION OF SENIOR MOVE MANAGERS (NASMM) 877-606-2766

A non-profit professional association of organizations dedicated to helping older adults and families with the physical and emotional aspects of moving. Also provides businesses which specialize in hoarding services.

## NURSES, IN-HOME

See Home Health Services.



## NURSING HOMES

See Medicaid Home and Community Based Programs.

Nursing homes or long term care facilities provide services for individuals who need nursing care on a regular basis but do not need to be hospitalized. Facilities are regulated by state and local boards of health. Many nursing care facilities offer respite care, rehabilitation and other services of short duration. Always inquire about payment options.

Selecting a nursing home is an individual and personal decision. Each person's needs, likes, dislikes and personalities are different. These preferences should be taken into consideration when searching for a nursing home. To make a well informed selection, it is recommended that you make visits to determine whether a facility meets the specific needs of you or your loved one. Ask detailed questions and visit several facilities. For information about selecting a nursing home, please visit [www.baltimorecountymd.gov/agencies/aging/housing/nursinghomes.html](http://www.baltimorecountymd.gov/agencies/aging/housing/nursinghomes.html). This list from OHCQ is current as of November 2019.

### ► ARLINGTON WEST CARE CENTER 410-664-9535 3939 Penhurst Avenue Baltimore 21215

### ► AUGSBURG LUTHERAN HOME 410-486-4573 6811 Campfield Road Baltimore 21207

### ► AUTUMN LAKE HEALTHCARE AT ALICE MANOR 410-889-9700 2095 Rockrose Avenue Baltimore 21211

### ► AUTUMN LAKE HEALTHCARE AT BRIDGEPARK 410-542-5306 4017 Liberty Heights Avenue Baltimore 21207

### ► AUTUMN LAKE HEALTHCARE AT PIKESVILLE 410-486-8771 7 Sudbrook Lane Pikesville 21208

### ► AUTUMN LAKE HEALTHCARE AT RIVERVIEW 410-574-1400 1 Eastern Boulevard Essex 21221

### ► AUTUMN RIDGE AT NORTH OAKS 410-602-0302 725 Mount Wilson Lane Baltimore 21208

### ► BLUE POINT NURSING HEALTHCARE CENTER 410-367-9100 2525 West Belvedere Avenue Baltimore 21215

### ► BRINTON WOODS POST-ACUTE CARE CENTER 410-325-4000 5009 Frankford Avenue Baltimore 21206

### ► BROADMEAD 410-527-1900 13801 York Road Cockeysville 21030

### ► CHAPEL HILL NURSING CENTER 410-922-2443 4511 Robosson Road Randallstown 21133

### ► CHARLESTOWN COMMUNITY INC 410-247-9700 709 Maiden Choice Lane Catonsville 21228

### ► CHARLOTTE HALL VETERANS HOME 301-884-8171 240-577-7009 (Admissions Direct Line) [www.charhall.org](http://www.charhall.org) 29449 Charlotte Hall Road Charlotte Hall 20622 Income based assisted living, LTC nursing, rehabilitation and memory care.

### ► CHESTNUT GREEN HEALTH CENTER 410-296-2900 1055 West Joppa Road Towson 21204

### ► EDENWALD 410-616-8809 800 Southerly Road Towson 21286

### ► FAYETTE HEALTH AND REHAB CENTER 410-727-3947 1217 West Fayette Street Baltimore 21223

### ► FOREST HAVEN NURSING HOME AND REHAB CENTER 410-747-7425 701 Edmondson Avenue Catonsville 21228

### ► FREDERICK VILLA NURSING AND REHAB CENTER 410-788-3300 711 Academy Road Catonsville 21228



### ► FUTURECARE HEALTH AND MANAGEMENT CORPORATION

**Baltimore**  
410-532-5600  
1601 East Belvedere Avenue  
Baltimore 21239

**Canton Harbor**  
410-342-6644  
1300 South Ellwood Avenue  
Baltimore 21224

**Charles Village**  
2337 North Charles Street  
Baltimore 21218

**Cherrywood**  
410-833-3801  
12020 Reisterstown Road  
Reisterstown 21136

**Cold Spring**  
410-254-3300  
4700 Harford Road  
Baltimore 21214

**Courtland Gardens**  
410-521-3600  
7920 Scotts Level Road  
Baltimore 21208

**Homewood**  
410-554-6300  
2700 North Charles Street  
Baltimore 21218

**Irvington**  
410-947-3052  
22 South Athol Avenue  
Baltimore 21229

**Lochearn**  
410-358-3410  
4800 Seton Drive  
Baltimore 21215

**Northpoint**  
410-282-0100  
1046 North Point Road  
Baltimore 21224

**Old Court**  
410-922-3200  
5412 Old Court Road  
Randallstown 21133

**Sandtown-Winchester**  
410-669-2750  
1000 North Gilmore Street  
Baltimore 21217

### ► GENESIS HEALTHCARE

**Caton Manor**  
410-525-1544  
3330 Wilkens Avenue  
Baltimore 21229

**Catonsville Commons**  
410-747-1800  
16 Fusting Avenue  
Catonsville 21228

**Cromwell Center**  
410-661-5955  
8710 Emge Road  
Baltimore 21234

**Franklin Woods Center**  
410-391-2600  
9200 Franklin Square Drive  
Baltimore 21237

**Heritage Center**  
410-282-6310  
7232 German Hill Road  
Dundalk 21222

**Homewood Center**  
410-323-4223  
6000 Bellona Avenue  
Baltimore 21212

**Loch Raven Center**  
410-668-1961  
8720 Emge Road  
Baltimore 21234

**Long Green Center**  
410-435-9073  
115 East Melrose Avenue  
Baltimore 21212

**Multi-Medical Center**  
410-821-5500  
7700 York Road  
Towson 21204

**Patapsco Valley Center**  
410-655-7373  
9109 Liberty Road  
Randallstown 21133

**Perring Parkway Center**  
410-661-5717  
1801 Wentworth Road  
Baltimore 21234

**Powerback Rehabilitation**  
410-296-1990  
515 Brightfield Road  
Lutherville 21093

► **GLEN MEADOWS RETIREMENT COMMUNITY**  
410-592-5310  
11630 Glen Arm Road  
Glen Arm 21057

### ► GREATER BALTIMORE MEDICAL CENTER SUB ACUTE UNIT

443-849-2094  
6701 North Charles Street  
Baltimore 21204

### ► HOLLY HILL NURSING AND REHABILITATION CENTER

410-823-5310  
531 Stevenson Lane  
Towson 21286

### ► KESWICK

410-235-8860  
410-662-4363  
[www.choosekeswick.org](http://www.choosekeswick.org)  
700 West 40<sup>th</sup> Street  
Baltimore 21211  
Live well. Age well. Be well.

### ► KING DAVID NURSING AND REHABILITATION CENTER

410-486-1500  
4204 Old Milford Mill Road  
Baltimore 21208

### ► LEVINDALE HEBREW GERIATRIC CENTER AND HOSPITAL

410-601-2400  
[www.lifebridgehealth.org/levindale](http://www.lifebridgehealth.org/levindale)  
2434 West Belvedere Avenue  
Baltimore 21215  
The future of health care is here.

### ► LITTLE SISTERS OF THE POOR

410-744-9367  
601 Maiden Choice Lane  
Baltimore 21228

### ► LORIEN MAYS CHAPEL

410-252-0880  
12230 Roundwood Road  
Timonium 21093

### ► MANOR CARE HEALTH SERVICES

**Roland Park**  
410-662-8606  
4669 Falls Road  
Baltimore 21209

**Rossville**  
410-574-4950  
6600 Ridge Road  
Rosedale 21237

**Ruxton**  
410-337-8313  
7001 North Charles Street  
Towson 21204

**Towson**  
410-828-9494  
509 East Joppa Road  
Towson 21286

### ► MARIA HEALTH CARE CENTER

410-377-7774  
6401 North Charles Street  
Baltimore 21212

### ► MARYLAND BAPTIST AGED HOME

410-945-7650  
2801 Rayner Avenue  
Baltimore 21216

### ► MARYLAND MASONIC HOMES

410-527-1111  
300 International Circle  
Cockeysville 21030

### ► MEADOW PARK REHABILITATION AND HEALTHCARE CENTER

410-402-1200  
1525 North Rolling Road  
Catonsville 21228

### ► NORTHWEST HEALTHCARE CENTER

410-664-5551  
4601 Pall Mall Road  
Baltimore 21215

### ► NORTHWEST HOSPITAL CENTER SUB ACUTE UNIT

410-521-2200  
5401 Old Court Road  
Randallstown 21133





► **NURSING AND REHAB CENTER AT STADIUM PLACE, THE**  
410-554-9890  
1010 East 33<sup>rd</sup> Street  
Baltimore 21218

► **OAKWOOD CARE CENTER**  
410-687-1383  
1300 Windlass Drive  
Baltimore 21220

► **ORCHARD HILL REHAB AND HEALTHCARE CENTER**  
410-828-6500  
111 West Road  
Baltimore 21204

► **OVERLEA HEALTH AND REHABILITATION CENTER**  
410-426-1424  
6116 Belair Road  
Baltimore 21206

► **PICKERSGILL RETIREMENT COMMUNITY**  
410-825-7423  
615 Chestnut Avenue  
Towson 21204

► **RIDGEWAY MANOR NURSING AND REHAB CENTER**  
410-747-5250  
5743 Edmondson Avenue  
Catonsville 21228

► **ROLAND PARK PLACE**  
410-243-5800  
830 West 40<sup>th</sup> Street  
Baltimore 21211

► **ST. ELIZABETH REHABILITATION AND NURSING CENTER**  
667-600-2600  
3320 Benson Avenue  
Baltimore 21227

► **ST. JOSEPH'S NURSING HOME**  
410-747-0026  
1222 Tugwell Drive  
Catonsville 21228

► **STELLA MARIS**  
410-252-4500  
2300 Dulaney Valley Road  
Timonium 21093

► **SUMMITT PARK HEALTH AND REHABILITATION CENTER**  
410-747-3287  
1502 Frederick Road  
Catonsville 21228

► **TRANSITIONAL CARE SERVICES AT MERCY MEDICAL CENTER**  
410-332-9287  
301 Saint Paul Place  
Baltimore 21202

► **WESTGATE HILLS REHAB & HEALTHCARE CENTER**  
410-646-2100  
10 North Rock Glen Road  
Baltimore 21229

## NURSING HOMES - RELATED PROGRAMS

► **COMMUNITY FIRST CHOICE**  
410-887-2594 (County)  
410-396-2273 (City)  
Enables individuals 18 and older, who have Community Medical Assistance and meet Medicaid's institutional level of care to remain in a community setting. To begin the eligibility determination process, call MD Access Point for the Long Term Services and Supports Screen.

► **HOME AND COMMUNITY BASED OPTIONS WAIVER**  
410-887-2594 (County)  
410-396-2273 (City)  
Enables individuals 18 and older, who are financially eligible and meet Medicaid's long-term care admission criteria to remain in a community setting. To begin the eligibility determination process, call MD Access Point for the Long Term Services and Supports Screen. \*See Financial Eligibility Guidelines listed in publication.

► **KESWICK**  
410-235-8860  
410-662-4363  
[www.choosekeswick.org](http://www.choosekeswick.org)  
700 West 40<sup>th</sup> Street  
Baltimore 21211  
Live well. Age well. Be well.

► **LEGAL AID BUREAU, INC., NURSING HOME PROGRAM**  
410-951-7750, Press 8  
Free legal assistance for nursing home and assisted living residents who meet financial eligibility. Assists with legal problems related to their care in the facility.

► **LONG TERM CARE MEDICAL ASSISTANCE**  
410-455-7510 (County)  
855-458-2273 (City)  
Medicaid application for nursing home residents.

► **MARYLAND HEALTH CARE COMMISSION, NURSING HOME GUIDE**  
410-764-3460  
[www.mhcc.maryland.gov/consumerinfo/longtermcare](http://www.mhcc.maryland.gov/consumerinfo/longtermcare)  
Compares nursing home facilities.

► **NURSING HOME COMPARE**  
[www.medicare.gov/nhcompare/home.asp](http://www.medicare.gov/nhcompare/home.asp)

► **OFFICE OF HEALTH CARE QUALITY, NURSING HOMES, LONG TERM CARE UNIT**  
410-402-8201  
Ensures that State licensure and Medicare/Medicaid standards are maintained. Investigates complaints of resident abuse.

► **OMBUDSMAN PROGRAM**  
410-887-4200 (County)  
410-396-3144 (City)  
Advocates for long term care residents, provides resolution or referral of complaints concerning nursing homes and assisted living facilities.

## NUTRITION SERVICES

For additional services/information call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging at Maryland Access Point at 410-396-2273. See also Summary of Services –Eating Together Program.

## SENIOR CENTERS AND ADDITIONAL CONGREGATE MEAL PROGRAMS

The Eating Together Program provides meals at Senior Centers, Community Nutrition Sites or Congregate Housing locations in Baltimore County and Baltimore City. There is no charge for the meal; however, a confidential, voluntary donation is requested to help maintain the program. Advance reservations are required. Baltimore County Senior Center Councils also sponsor meals for special events; these meals may have additional fees. Contact sites directly for meal days and times.

B = Breakfast

E = Evening meals

I = Islamic meals only

K = Kosher meals only

L = Lunch meals

KOR = Korean meals only

## BALTIMORE COUNTY

► **ARBUTUS SENIOR CENTER (L)**  
410-887-1410

► **ATEAZE SENIOR CENTER (L)**  
410-887-7233

► **BYKOTA SENIOR CENTER (L)**  
410-887-3094

► **CATONSVILLE SENIOR CENTER (L)**  
410-887-0900

▶ **COCKEYSVILLE SENIOR CENTER (L)**  
410-887-7694

▶ **EDGEMERE SENIOR CENTER (L)**  
410-887-7530

▶ **ESSEX CO-OP APARTMENTS (E)**  
410-391-7616

▶ **ESSEX SENIOR CENTER (L)**  
410-887-0267

▶ **FLEMING SENIOR CENTER (L)**  
410-887-7225

▶ **GOLDEN RING APARTMENTS (E)**  
410-682-4094

▶ **HEREFORD SENIOR CENTER (L)**  
410-887-1923

▶ **ISLAMIC SOCIETY OF BALTIMORE (I) (L) (E)**  
410-747-4869

▶ **JACKSONVILLE SENIOR CENTER (L)**  
410-887-8208

▶ **LANSDOWNE/ BALTIMORE HIGHLANDS SENIOR CENTER (L)**  
410-887-1443

▶ **LIBERTY SENIOR CENTER (L)**  
410-887-0780

▶ **OVERLEA-FULLERTON SENIOR CENTER (L)**  
410-887-5220

▶ **PARK VIEW AT CATONSVILLE (E)**  
410-719-9464

▶ **PARK VIEW AT DUNDALK (E)**  
410-288-5483

▶ **PARK VIEW AT TOWSON (E)**  
410-828-7185

▶ **PARKVILLE SENIOR CENTER (L)**  
410-887-5338

▶ **PIKESVILLE SENIOR CENTER (K) (L)**  
410-887-1245

▶ **REISTERSTOWN SENIOR CENTER (L)**  
410-887-1143

▶ **REISTER'S VIEW (E)**  
410-517-4994

▶ **ROSEDALE SENIOR CENTER (L)**  
410-887-0233

▶ **SEVEN OAKS SENIOR CENTER (L)**  
410-887-5192

▶ **ST. LUKE'S PLACE (L)**  
667-600-3662

▶ **TABCO TOWERS (L)**  
410-821-9220

▶ **TRINITY HOUSE (L)**  
667-600-3735

▶ **VICTORY VILLA SENIOR CENTER (L)**  
410-887-0235

▶ **VILLAGE CROSSROADS (E)**  
667-600-2362

▶ **WEINBERG GARDENS (K) (E)**  
410-602-8200

▶ **WEINBERG HOUSE (K) (E)**  
410-602-2405

▶ **WEINBERG TERRACE (K)(E)**  
410-602-3950

▶ **WEINBERG VILLAGE I (K) (E)**  
410-581-7878

▶ **WEINBERG VILLAGE III (K) (E)**  
410-581-7878

▶ **WOODLAWN SENIOR CENTER (L)**  
410-887-6887

▶ **AUGSBURG LUTHERAN CHURCH (L)**  
410-542-6270

▶ **BASILICA PLACE (L)**  
667-600-3292

▶ **BELVEDERE GREEN (E)**  
410-433-7255

▶ **BERNARD E. MASON (L) (E)**  
410-396-0488

▶ **BOLTON NORTH (L)**  
410-462-5433

▶ **CHERRY HILL SENIOR CENTER (L)**  
410-396-3838

▶ **COLDSTREAM (L)**  
410-396-6746

▶ **CURTIS BAY REC. CENTER (L)**  
410-396-1811

▶ **DELTA SIGMA THETA SORORITY (L)**  
410-608-3344

▶ **DEPAUL HOUSE (L)**  
667-600-2685

▶ **EDGEWOOD RECREATION CENTER (L)**  
443-984-3105

▶ **EDWARD A. MYERBERG SENIOR CENTER (K) (L)**  
410-358-6856

▶ **ELLERSLIE APARTMENTS (L)**  
410-396-3005

▶ **EPIPHANY HOUSE (L)**  
410-323-3040

▶ **EVERALL GARDEN APARTMENTS (E)**  
410-444-5850

▶ **FORREST PARK SENIOR CENTER (L)**  
410-466-2124

▶ **FOSTER GRANDPARENTS UNION BAPTIST CHURCH CHILD CARE CENTER (E)**  
410-366-6356

▶ **GREENMOUNT SENIOR CENTER (KOR) (L)**  
410-396-3552

▶ **HANOVER SQUARE APARTMENTS (L)**  
410-962-1043

▶ **HARBOR APARTMENT (E)**  
410-837-1010

### Fresh, nutritious meals delivered with care



Our *more than a meal™* approach is designed to help you remain safe, healthy, and happy at home.

#### Homebound Meal Delivery:

- Hot, nutritious meals delivered to your door
- Temporary or long-term service
- Frozen meals for weekends, holidays, and shelf-stable food in case of inclement weather

#### Grocery Assistance:

- Grocery shopping service
- Assistance with nutrition & menu planning
- No delivery fee; pay only for items purchased

#### Client Support Services:

- Health & wellness checks
- Targeted case management
- Phone Pals & Companion Visitors
- Supplemental Nutrition Assistance Program
- Kibble Connection delivers pet food



(410) 558-0923  
mealsonwheelsmd.org

### BALTIMORE CITY

▶ **ABUNDANT LIFE TOWERS (L)**  
410-367-5433

▶ **APOSTOLIC TOWERS (L)**  
410-342-1353

▶ **ASHLAND TERRACE (L)**  
410-276-6440

# N - P

## NUTRITION SERVICES - PERSONAL NEEDS

▶ **HARFORD SENIOR CENTER (L)**  
410-426-4009

▶ **HATTON SENIOR CENTER (L)**  
410-396-9025

▶ **HIGHLANDTOWN PLAZA (E)**  
410-674-4460

▶ **IVY FAMILY SUPPORT CENTER (L)**  
410-367-6750

▶ **JOHN BOOTH SENIOR CENTER (L)**  
410-396-9202

▶ **KIRKWOOD HOUSE (L)**  
410-464-0106

▶ **LAKEWOOD APARTMENTS (L)**  
410-522-7444

▶ **LINDEN PARK APARTMENTS (E)**  
410-728-7806

▶ **MANHATTAN PARK APARTMENTS (L)**  
410-466-8080

▶ **MANORS WEST (K) (L)**  
410-396-6228

▶ **MCKIM CENTER HOMELESS SHELTER (L)**  
410-276-5519

▶ **MORAVIA PARK APARTMENTS (L)**  
410-325-3890

▶ **MOUNT CLARE OVERLOOK (L)**  
410-727-4477

▶ **N. M. CARROLL MANOR (L)**  
410-669-4270

▶ **OLIVER SENIOR CENTER (L)**  
410-545-6239

▶ **OUR LADY OF FATIMA (L)**  
410-631-3555

▶ **PARKVIEW APARTMENTS (E)**  
410-542-4400

▶ **PENN NORTH PLAZA (L)**  
410-383-8595

▶ **RENAISSANCE GARDENS (E)**  
410-685-7183

▶ **SANDTOWN WINCHESTER SENIOR CENTER (B) (L)**  
410-396-7724

▶ **SENIOR COMPANION (L)**  
410-396-8013

▶ **SENIOR NETWORK SENIOR CENTER (L)**  
410-323-7131

▶ **SMALLWOOD SUMMIT (L)**  
410-566-5792

▶ **STADIUM PLACE/ EDNOR HOUSE (L)**  
410-243-0180

▶ **WABASH COOPERATIVE APARTMENTS (L)**  
410-342-8003

▶ **WALKERS MEWS (E)**  
410-323-8507

▶ **WATERS TOWERS (L)**  
410-342-6240

▶ **WAXTER SENIOR CENTER (B) (L)**  
410-396-1331

▶ **WAYLAND VILLAGE (L)**  
410-578-9142

▶ **WEINBERG PLACE (K) (E)**  
410-542-4111

▶ **WESTMINSTER HOUSE (L)**  
410-837-0180

▶ **WOODBOURNE WOODS (E)**  
410-433-7255

▶ **ZETA COMMUNITY CENTER (L)**  
410-396-3535

### MEAL PREPARATION

See Home Health Services and Home Care (Non-Medical).

▶ **HOMECENTRIS HEALTHCARE**  
410-486-5330  
833-9-HOMECARE  
[www.homecentris.com](http://www.homecentris.com)  
Helping you remain at home, where you want to be.

### OTHER NUTRITION SERVICES

▶ **GBMC GECKLE DIABETES & NUTRITION CENTER**  
443-849-2036  
[www.gbmc.org/diabetes](http://www.gbmc.org/diabetes)  
Physicians Pavilion East  
6565 North Charles Street,  
Suite 507  
Baltimore 21204  
Education and support groups for those with nutrition-related conditions.

▶ **MEALS ON WHEELS OF CENTRAL MARYLAND, INC.**  
410-558-0827  
[www.mealsonwheelsmd.org](http://www.mealsonwheelsmd.org)  
Delivers two nutritious meals per day, Monday-Friday, to homebound individuals of any age. Kosher meals available on limited basis.

▶ **MOVEABLE FEAST**  
410-327-3420  
Home delivered meals to persons with cancer or HIV/AIDS. Program requires a referral from a physician.

▶ **OUR DAILY BREAD**  
667-600-3400

### OCCUPATIONAL THERAPY

See Therapy: Occupational, Physical and Speech.

### OPTICIANS/ OPTICAL SERVICES

See Physicians, Physician Referral Services, Physicians Who Make House Calls and Vision Resources.

### OTHER DISABILITY RESOURCES

See Disability Assistance.

### PERSONAL ALERT SYSTEMS

See Medical Alert Systems.

### PERSONAL EMERGENCY RESPONSE SYSTEMS

See Medical Alert Systems.

### PERSONAL NEEDS

See Medical Equipment and Supplies and Pharmacies Offering Home Delivery.

▶ **MID-ATLANTIC MEDICAL SUPPLY & EQUIPMENT**  
410-363-2279  
[www.suppliesforliving.com](http://www.suppliesforliving.com)  
718 Main Street  
Reisterstown 21136  
Price-match promise, delivery, insurance billing.

▶ **VASCULAR SURGERY ASSOCIATES, LLC**  
855-648-9982  
[www.vascularsurgeryassociates.net](http://www.vascularsurgeryassociates.net)  
An "A-Z" vascular group serving Harford, Cecil, Baltimore, Carroll counties.



# P

## PHARMACIES OFFERING HOME DELIVERY - PHYSICIANS

### PHARMACIES OFFERING HOME DELIVERY

In most cases, these pharmacies deliver free of charge but deliveries may be limited to prescription items only. Please call for services and delivery requirements.

#### ► PROFESSIONAL PHARMACY

410-687-8113  
www.propharmacyrx.net  
Seven Square Medical Facility  
9106 Philadelphia Road,  
Suite 100  
Rosedale 21237  
Delivery, compression  
stockings, Medicare Part D  
consultation, assisted living  
facilities.

### PHYSICAL THERAPY

See Therapy: Occupational  
Physical and Speech

### PHYSICIAN REFERRAL SERVICES

For additional services/  
information call Maryland  
Access Point of Baltimore  
County at 410-887-2594  
or the Baltimore City Health  
Department, Division of Aging  
at Maryland Access Point at  
410-396-2273.

#### ► ASCENSION SAINT AGNES

667-234-6000  
www.teamsaintagnes.com  
900 South Caton Avenue  
Baltimore 21229  
Get personalized care that's  
right for you at Saint Agnes.

#### ► MARYLAND MEDICAL ASSISTANCE BENEFICIARY SERVICES AND PHARMACY ACCESS HOTLINE

800-492-5231  
Names of physicians who  
accept Medical Assistance.

#### ► MARYLAND STATE MEDICAL SOCIETY (MEDCHI)

410-539-0872  
A referral service for physicians  
in Maryland.

#### ► MEDICARE

800-633-4227  
www.medicare.gov (Click  
Resource Locator, Then Click  
Physician Compare). To identify  
physicians who accept Medicare  
reimbursement.

### PHYSICIANS

See Community Mental  
Health, Health Clinics,  
Hearing Resources, Hospital  
Subspecialties, Physicians Who  
Make House Calls and Vision  
Resources.

#### ► ASCENSION SAINT AGNES

667-234-6000  
www.teamsaintagnes.com  
900 South Caton Avenue  
Baltimore 21229  
Get personalized care that's  
right for you at Saint Agnes.

## Center for Successful Aging

### Coordinated Care, Peace of Mind for Families

At MedStar Good Samaritan Hospital's Center for Successful Aging, a specialized team cares for people with complex, age-related medical and social concerns as well as provides an array of support services for both elderly patients and their caregivers—all in one convenient outpatient location. Many common problems can be treated, including:

- Dementia
- Confusion or memory problems
- Medication management
- Movement disorders, such as Parkinson's Disease
- Arthritis, joint pain, falls, or fractures
- Urinary incontinence and more

For a referral to the Center for Successful Aging, visit [MedStarGoodSam.org/SuccessfulAging](http://MedStarGoodSam.org/SuccessfulAging) or call toll-free **443-444-4720**.

 **MedStar Good Samaritan Hospital**

# P

## PHYSICIANS - PUBLICATIONS OF INTEREST

### ► CENTER FOR VEIN RESTORATION

www.centerforvein.com

#### **Catonsville**

410-525-1444  
800-349-5347  
1001 Pine Heights Avenue,  
Suite 303  
Baltimore 21229

#### **Columbia**

410-730-2784  
800-349-5347  
11055 Little Patuxent Parkway,  
Suite 209  
Columbia 21044

#### **Owings Mills**

410-998-9200  
800-349-5347  
20 Crossroads Drive,  
Suite 212  
Owings Mills 21117

#### **Rosedale**

443-815-3730  
800-349-5347  
9110 Philadelphia Road,  
Suite 306  
Rosedale 21237

#### **Lutherville**

410-296-4876  
800-349-5347  
1205 York Road,  
Suite 34  
Lutherville 21093  
Feel better. Live better. Look better.

### ► MEDSTAR CENTER FOR SUCCESSFUL AGING

443-444-4720  
www.medstargoodsam.org/  
geriatrics  
Morgan Building  
5601 Loch Raven Boulevard,  
Suite 502  
Baltimore 21239  
A dedicated team supporting  
patients/caregivers with all  
age-related needs.

### ► VASCULAR SURGERY ASSOCIATES, LLC

855-648-9982  
www.vascularsurgery  
associates.net  
An "A-Z" vascular group serving  
Harford, Cecil, Baltimore,  
Carroll counties.

### PHYSICIANS WHO MAKE HOUSE CALLS

For additional services/  
information call Maryland  
Access Point of Baltimore  
County at 410-887-2594,  
or the Baltimore City Health  
Department, Division of Aging  
at Maryland Access Point at  
410-396-2273.

### PODIATRISTS

For referral services, please  
review physicians and the  
physicians Who Make House  
Calls category or contact  
Maryland Access Point of  
Baltimore County at 410-887-  
2594, 844-627-5465 (Toll  
Free) or the Baltimore City  
Health Department, Division  
of Aging at Maryland Access  
Point at 410-396-2273.

### PUBLICATIONS OF INTEREST

For additional services/  
information call Maryland  
Access Point of Baltimore  
County at 410-887-2594  
or the Baltimore City Health  
Department, Division of Aging  
at Maryland Access Point at  
410-396-2273.

► **BALTIMORE CITY  
HEALTH DEPARTMENT**  
410-396-4398

► **BALTIMORE CITY  
HEALTH DEPARTMENT,  
DIVISION OF AGING,  
MARYLAND ACCESS  
POINT, GOLD CARD,  
CARE BROCHURES**  
410-396-2273



## Bringing the primary care doctor to your door

MedStar House Call Program provides compassionate and personal health care to older adults in the comfort of their homes at no additional cost.

Our team of doctors, nurse practitioners, and social workers provide patient-centered care in the Baltimore and Washington, D.C., region. For more information, please call **443-444-6100**.

**MedStarHouseCall.org**

# P - R

## PUBLICATIONS OF INTEREST - RECREATION AND LEISURE ACTIVITIES

### ► BALTIMORE COUNTY DEPARTMENT OF AGING PUBLICATIONS

410-887-2594  
(Maryland Access Point of Baltimore County)  
Produces publications and other informational media that are primarily available at no cost. Contact Maryland Access Point of Baltimore County for information.

- **Consumer Reference Guide - Community Resources 2021**

- **The Power of Age Program Guide**

- available in September.

**Time of Your Life Digest\*** (subscription fee applies)

Publications are also available at 20 Baltimore County senior centers, Baltimore County public libraries and through Project DOCS, a partnership with local hospitals. To view senior center newsletters online visit: <http://www.baltimorecountymd.gov/agencies/aging/centers/newsletters.html>.

### ► CAREGIVER CONNECTION

410-887-4724  
A free newsletter for caregivers by mail or e-mail. To subscribe, visit [www.baltimorecountymd.gov/subscribe/caregiver](http://www.baltimorecountymd.gov/subscribe/caregiver).

### ► COUNTY CONNECTION

An e-newsletter from the County Executive's office. To subscribe, visit [www.baltimorecountymd.gov/subscribe/index.html](http://www.baltimorecountymd.gov/subscribe/index.html).

### ► EMERGENCY CARD

**Orange Card -**  
410-887-2594 (County)  
**Gold Card -**  
410-396-2273 (City)  
This card could save your life. This card lists all of your medications and other medical information. Emergency medical personnel look for this card on refrigerators in an emergency.

### ► TIME OF YOUR LIFE

**DIGEST\***  
410-887-3050  
[www.baltimorecountymd.gov/Agencies/aging/publications/timeofyourlifedigest.html](http://www.baltimorecountymd.gov/Agencies/aging/publications/timeofyourlifedigest.html)  
A newspaper filled with information and interests pertaining to older adults, baby boomers, caregivers, families, persons with disabilities and professionals. Published eight times annually by the Baltimore County Department of Aging. Cost is \$5 per year for subscribers 60 and older who live in Baltimore County; \$7 per year for all other subscribers. Advertising opportunities available. Please phone for pricing.

### REALTORS, REAL ESTATE AGENTS

For additional services/information call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging at Maryland Access Point at 410-396-2273.

### RECREATION AND LEISURE ACTIVITIES

#### ► BALTIMORE ADAPTIVE RECREATION AND SPORTS (BARS)

478-BARS-FUN (227-7386)  
[www.barsinfo.org](http://www.barsinfo.org)  
P.O. Box 631  
Parkton 21120  
Offers year-round recreational opportunities to individuals with disabilities of all ages. Hosts annual snow skiing clinic at a nearby ski resort, in addition to water skiing, canoeing, cycling, kayaking, camping, wheelchair tennis and more.

► **BALTIMORE CITY  
RECREATION AND PARKS**  
410-396-7900  
410-396-1550 (Therapeutic)  
Persons with disabilities call therapeutic number.

► **BALTIMORE CITY  
RECREATION AND PARKS,  
SENIOR CITIZENS  
DIVISION GOLDEN AGE  
CLUBS**  
410-396-2920

► **BALTIMORE COUNTY  
DEPARTMENT OF  
RECREATION AND PARKS**  
410-887-3871  
Recreation and leisure opportunities in County.  
**Office of Therapeutic  
Recreation Services**  
410-887-5370  
410-887-5319 (TTY)  
[www.baltimorecountymd.gov/Agencies/recreation/programdivision/therapeutic/index.html](http://www.baltimorecountymd.gov/Agencies/recreation/programdivision/therapeutic/index.html)  
1801 Glen Keith Blvd  
Parkville 21234  
Offers a variety of recreational opportunities and services for individuals with disabilities county-wide.

► **BALTIMORE COUNTY  
OFFICE OF TOURISM**  
410-887-2849

► **BALTIMORE COUNTY  
SENIOR CENTERS**  
(See "Senior Centers")

► **CHESAPEAKE REGION  
ACCESSIBLE BOATING  
(CRAB)**  
410-266-5722  
[www.crabsailing.org](http://www.crabsailing.org)  
177 Defense Highway, Suite 9  
Annapolis 21401  
Offers sailing for physically and/or developmentally-challenged individuals and wounded veterans.

► **DOWNTOWN SAILING  
CENTER**  
410-727-0722  
[www.downtownsailing.org](http://www.downtownsailing.org)  
1425 Key Highway, Suite 110  
Baltimore 21230  
Offers educational and recreational sailing programs.

► **KESWICK**  
410-235-8860  
410-662-4363  
[www.choosekeswick.org](http://www.choosekeswick.org)  
700 West 40<sup>th</sup> Street  
Baltimore 21211  
Live well. Age well. Be well.

► **LEAGUE OF DREAMS—  
BASEBALL AND SOFTBALL**  
410-719-1641  
[www.leagueofdreams.org](http://www.leagueofdreams.org)  
1901 Clifton Road  
Baltimore 21228  
Provides all individuals, regardless of their physical or mental capacities, the opportunity to participate in the games of baseball and softball.



# R

## RECREATION AND LEISURE ACTIVITIES - RESPITE CARE SERVICES

### ► MARYLAND COUNCIL FOR SPECIAL EQUESTRIANS

443-487-1347  
2501 Frederick Road  
Catonsville 21228  
Offers therapeutic horseback riding for individuals with disabilities.

### ► MARYLAND RAVENS, INC.

410-825-5359  
www.marylandravens.org  
1413 Glendale Road  
Baltimore 21239  
Promotes abilities utilizing physically challenged participants through athletics, lectures and community service.

### ► MARYLAND SENIOR OLYMPICS

240-777-4930  
www.mdseniorolympics.org  
Competitions for people age 50 and over in archery, bowling, cycling, golf, horseshoes, track and field and more.

### ► SPECIAL OLYMPICS MARYLAND – BALTIMORE COUNTY

410-242-1515  
800-541-7544 (Toll Free In Maryland)  
www.somd.org  
3701 Commerce Drive,  
Suite 103  
Baltimore 21227  
Offers year-round sports including 24 sports ranging from aquatics and alpine skiing to soccer and sailing. Check the website for the annual calendar.

### ► SENIOR BOX OFFICE

410-887-5399  
www.seniorboxoffice.org  
Volunteer program that distributes discounted event tickets to members. Travel opportunities also available without membership.

### ► TALMAR GARDENS AND THERAPEUTIC CENTER

410-825-2020  
www.talmar.org  
1994 Cromwell Bridge Road  
Baltimore 21234  
Provides vocational and horticultural therapy programming to youth and adults in collaboration with Baltimore County Department of Recreation and Parks, Office of Therapeutic Recreation Services.

### ► TOWSON UNIVERSITY, INSTITUTE FOR WELL-BEING WELLNESS CENTER

410-704-4555  
Offering a focus on medical fitness and exercise for seniors.

### GOLF COURSES, BALTIMORE CITY

Carroll Park  
410-685-8344  
Clifton Park  
410-243-3500  
Forest Park  
410-448-4653  
Mount Pleasant  
410-254-5100  
Pine Ridge  
410-252-1408

### GOLF COURSES, BALTIMORE COUNTY

410-887-GOLF (4653)  
www.baltimoregolfing.com  
Diamond Ridge  
410-887-1349  
Greystone  
410-887-1945  
Fox Hollow  
410-887-7735  
Rocky Point  
410-887-0215  
The Woodlands  
410-887-1349

### AQUATIC PROGRAMS FOR OLDER ADULTS AND PERSONS WITH PHYSICAL DISABILITIES

Recreational water programs led by trained instructors. Ability to swim not required. Fees vary.

### ► LEAGUE FOR PEOPLE WITH DISABILITIES, WELLNESS PROGRAM

410-323-0500, Ext. 314  
www.leagueforpeople.org  
Recreational and wellness activities for persons with disabilities.

### ► MULTIPLE SCLEROSIS SOCIETY OF MARYLAND

443-641-1200  
Maintains current listing of swimming programs for persons with disabilities.

### RESPITE CARE SERVICES

See Assisted Living Programs, Home Health Services, Home Care (Non-Medical), Home Care/Alzheimer's Dementia, Memory Care and Nursing Homes.

### ► BRIGHTSTAR HEALTHCARE OF BALTIMORE CITY/COUNTY

443-275-2796  
(24-Hour Service)  
www.brightstarcare.com/  
baltimore-city-county  
1615 York Road, Suite 205  
Lutherville-Timonium 21093  
Private duty, CNA, LPN, RNs.  
Accepted by all LTC insurance.

### ► HOMECENTRIS HEALTHCARE

410-486-5330  
833-9-HOMECARE  
www.homecentris.com  
10 Crossroads Drive,  
Suite 110  
Owings Mills 21117  
Helping you remain at home,  
where you want to be.

### ► JERRY'S CARING HANDS, INC

410-444-4106  
410-900-4201  
www.jerryscaringhands.com  
7416 Harford Road  
Baltimore 21234  
Providing nursing care, therapy, respite, wound care and house-keeping.

### ► KESWICK

410-235-8860  
410-662-4363  
www.choosekeswick.org  
700 West 40<sup>th</sup> Street  
Baltimore 21211  
Live well. Age well. Be well.



# R

## RESPITE CARE SERVICES - - REVERSE MORTGAGES



### ▶ RIGHT AT HOME

443-835-4413  
www.rahbaltimore.com  
3455 Wilkens Avenue,  
Suite 200  
Baltimore 21229  
Providing companionship,  
physical assistance, hygiene  
care, medication management  
and administration.

### ▶ STELLA MARIS

410-252-4500  
www.stellamaris.org  
2300 Dulaney Valley Road  
Timonium 21093  
Provides a range of medical  
services throughout the  
Baltimore region.



### REVERSE MORTGAGES

For additional services/  
information call Maryland  
Access Point of Baltimore  
County at 410-887-2594  
or the Baltimore City Health  
Department, Division of Aging  
at Maryland Access Point at  
410-396-2273.

Reverse mortgage counseling  
is a mandatory part of the  
application process.

▶ **U.S. HOUSING AND  
URBAN DEVELOPMENT,  
HOME EQUITY  
CONVERSION  
MORTGAGE PROGRAM**  
800-569-4287  
www.hud.gov  
Lists housing counseling  
agencies.



## STELLA MARIS

*A Heart of Compassion. A Lifetime of Caring.*

Stella Maris is regionally recognized for:

**Rehabilitation Services** – Helping patients return to daily life  
and functional independence  
*Short Term, Outpatient and Home Health Rehabilitation available*

**Home Health Care** – Teaching patients how to manage and adapt  
to their medical condition

**Long Term Care** – Serving the needs of residents with chronic  
conditions, including dementia

**Hospice Care** – Caring for end-of-life needs  
*Home Hospice – Available in home or wherever the patient resides*  
*Inpatient Hospice – End-of-life care at Stella Maris*

*Stella Maris*

410.252.4500  
stellamaris.org







# SENIOR CENTERS

## SENIOR CENTERS

### BALTIMORE COUNTY

410-887-2040

[www.baltimorecountymd.gov/seniorcenters](http://www.baltimorecountymd.gov/seniorcenters)

Energize Your Life! at a Baltimore County Senior Center. Baltimore County Department of Aging's 20 senior centers provide opportunities for persons 60 years of age and older (sites with a # are open to individuals age 50 and older) to get energized by participating in a diverse array of events, classes, and other activities. Chances for leadership, lifelong learning, volunteerism, skill development, and socialization abound, with trips, social events, sports, exercise, art, dance, drama, health screenings, music and evidence-based wellness programs offered on a daily basis. Thirteen senior centers offer access to fitness equipment for an additional fee. A lunch-time "Eating Together" program is available at all senior centers (see Nutrition Services), while a Center Connection program for individuals needing some additional support is offered at eight sites. The senior centers also offer information and assistance for caregivers and resources to assist older adults to remain independent in the community.

### CENTER CONNECTION

A senior center service that supports and links individuals to senior center programs. Available at eight senior centers marked by asterisk\*.

#### ▶ ARBUTUS SENIOR CENTER

410-887-1410

[www.baltimorecountymd.gov/arbutus](http://www.baltimorecountymd.gov/arbutus)  
855A Sulphur Spring Road  
Baltimore 21227

#### ▶ ATEAZE SENIOR CENTER\*

410-887-7233

410-284-3273 (Council)  
410-285-0481 (Travel Desk)  
[www.baltimorecountymd.gov/ateaze](http://www.baltimorecountymd.gov/ateaze)  
7401 Holabird Avenue  
Dundalk 21222

#### ▶ BYKOTA SENIOR CENTER\*

410-887-3094

410-887-1691 (Travel Desk)  
[www.baltimorecountymd.gov/bykota](http://www.baltimorecountymd.gov/bykota)  
611 Central Avenue  
Towson 21204

#### ▶ CATONSVILLE SENIOR CENTER\*

410-887-0900

410-744-0170 (Travel Desk)  
[www.baltimorecountymd.gov/catonsville](http://www.baltimorecountymd.gov/catonsville)  
501 North Rolling Road  
Catonsville 21228

#### ▶ COCKEYSVILLE SENIOR CENTER\*

(at Warren Place Apts.)

410-887-7694

410-666-0896 (Travel Desk)  
[www.baltimorecountymd.gov/cockeysville](http://www.baltimorecountymd.gov/cockeysville)  
10535 York Road  
Cockeysville 21030

#### ▶ EDGEMERE SENIOR CENTER

410-887-7530

410-477-2141 (Travel Desk)  
[www.baltimorecountymd.gov/edgemere](http://www.baltimorecountymd.gov/edgemere)  
6600 North Point Road  
Edgemere 21219

#### ▶ ESSEX SENIOR CENTER\*

410-887-0267

410-887-3909 (Travel Desk)  
[www.baltimorecountymd.gov/essex](http://www.baltimorecountymd.gov/essex)  
600 Dorsey Avenue  
Essex 21221

#### ▶ FLEMING SENIOR CENTER#

410-887-7225

[www.baltimorecountymd.gov/fleming](http://www.baltimorecountymd.gov/fleming)  
641 Main Street  
Dundalk 21222

#### ▶ HEREFORD SENIOR CENTER#

410-887-1923

[www.baltimorecountymd.gov/hereford](http://www.baltimorecountymd.gov/hereford)  
510 Monkton Road,  
2nd Floor  
Hereford 21111

#### ▶ JACKSONVILLE SENIOR CENTER

410-887-8208

[www.baltimorecountymd.gov/jacksonville](http://www.baltimorecountymd.gov/jacksonville)  
3605A Sweet Air Road  
Phoenix 21131

#### ▶ LANSDOWNE/BALTIMORE HIGHLANDS SENIOR CENTER#

410-887-1443

[www.baltimorecountymd.gov/lansdowne](http://www.baltimorecountymd.gov/lansdowne)  
424 Third Avenue  
Lansdowne 21227

#### ▶ LIBERTY SENIOR CENTER\*

410-887-0780

[www.baltimorecountymd.gov/liberty](http://www.baltimorecountymd.gov/liberty)  
3525 Resource Drive  
Randallstown 21133

#### ▶ OVERLEA-FULLERTON SENIOR CENTER

410-887-5220

[www.baltimorecountymd.gov/overleafullerton](http://www.baltimorecountymd.gov/overleafullerton)  
4314 Fullerton Avenue  
Overlea 21236

#### ▶ PARKVILLE SENIOR CENTER\*

410-887-5338

410-882-6087 (Travel Desk)  
[www.baltimorecountymd.gov/parkville](http://www.baltimorecountymd.gov/parkville)  
8601 Harford Road  
Parkville 21234

#### ▶ PIKESVILLE SENIOR CENTER\*

410-887-1245

410-484-5285 (Council/Travel Desk)  
[www.baltimorecountymd.gov/pikesville](http://www.baltimorecountymd.gov/pikesville)  
1301 Reisterstown Road  
Pikesville 21208

#### ▶ REISTERSTOWN SENIOR CENTER

410-887-1143

410-887-6958 (Travel Desk)  
[www.baltimorecountymd.gov/reisterstown](http://www.baltimorecountymd.gov/reisterstown)  
12035 Reisterstown Road  
Reisterstown 21136

#### ▶ ROSEDALE SENIOR CENTER

410-887-0233

410-574-4125 (Travel Desk)  
[www.baltimorecountymd.gov/rosedale](http://www.baltimorecountymd.gov/rosedale)  
1208 Neighbors Avenue  
Rosedale 21237

#### ▶ SEVEN OAKS SENIOR CENTER

410-887-5192

443-608-0613 (Travel Desk)  
[www.baltimorecountymd.gov/sevenoaks](http://www.baltimorecountymd.gov/sevenoaks)  
9210 Seven Courts Drive  
Nottingham 21236

► **VICTORY VILLA SENIOR CENTER**

410-887-0235  
410-686-1352 (Travel)  
www.baltimorecountymd.gov/victoryvilla  
403 Compass Road  
Middle River 21220

► **WOODLAWN SENIOR CENTER**

410-887-6887  
410-887-5590 (Travel Desk)  
www.baltimorecountymd.gov/woodlawn  
2120 Gwynn Oak Avenue  
Woodlawn 21207

## BALTIMORE CITY

Healthy and Active Aging is the theme of Baltimore City's thirteen (13) senior centers. Eight (8) of the thirteen are operated by Baltimore City. Centers are strategically located throughout the city offering a range of services, programs and activities that help meet the social, physical and intellectual needs of older adults.

Each center provides opportunities for adults, age 55 and older to engage in activities that are stimulating, enhancing and culturally diverse. Participants can choose from an array of choices and options that foster skill development, lifelong learning, art creativity, and cultural exchange. In addition, centers provide nutritional health, education, screening and a safe, embracing environment for socialization within the community, and also opportunities for volunteerism.

Baltimore City welcomes you to connect with any one of the thirteen (13) centers and find what interests you to maintain a healthy and active aging lifestyle.

► **ACTION IN MATURITY**  
410-889-7915  
700 West 40<sup>th</sup> Street  
Baltimore 21211

► **CHERRY HILL SENIOR CENTER**  
410-396-2920  
3301 Waterview Avenue  
Baltimore 21230

► **EDWARD A. MYERBERG SENIOR CENTER**  
410-358-6856  
3101 Fallstaff Road  
Baltimore 21209

► **FOREST PARK SENIOR CENTER**  
410-466-2124  
4801 Liberty Heights Avenue  
Baltimore 21207

► **GREENMOUNT SENIOR CENTER**  
410-396-3552  
425 East Federal Street  
Baltimore 21202

► **HARFORD SENIOR CENTER**  
410-426-4009  
4920 Harford Road  
Baltimore 21214

► **HATTON SENIOR CENTER**  
410-396-9025  
2825 Fait Avenue  
Baltimore 21224

► **JOHN BOOTH SENIOR CENTER**  
410-396-9202  
2601-A East Baltimore Street  
Baltimore 21224

► **OLIVER SENIOR CENTER**  
410-396-3861  
1700 North Gay Street  
Baltimore 21213

► **SANDTOWN-WINCHESTER SENIOR CENTER**  
410-396-7725  
1601 Baker Street  
Baltimore 21217

► **SENIOR NETWORK OF NORTH BALTIMORE**  
410-323-7131  
5828 York Road  
Baltimore 21212

► **WAXTER SENIOR CENTER**  
410-396-1324  
1000 Cathedral Street  
Baltimore 21201

► **ZETA CENTER FOR HEALTHY AND HEALTHY LIVING**  
410-396-3535  
4501 Reisterstown Road  
Baltimore 21215

## SOCIAL WORK

See Case Management.

## SPEECH THERAPY

See Therapy: Occupational, Physical and Speech.

## SUICIDE HOTLINES

See Hotlines.

## SUPPORT GROUPS

### ALCOHOLISM

► **AL-ANON FAMILY GROUP**  
410-832-7094

► **ALCOHOLICS ANONYMOUS**  
410-663-1922

### ALZHEIMER'S DISEASE

► **ALZHEIMER'S ASSOCIATION**  
410-561-9099  
www.alz.org/maryland  
Provides support groups for various stages of Alzheimer's Disease. Maintains listing of other support groups.

### AMPUTEE SUPPORT

► **GOOD SAMARITAN HOSPITAL**  
443-444-4100

► **UNIVERSITY OF MARYLAND REHABILITATION & ORTHOPAEDIC INSTITUTE**  
410-448-6731

### ARTHRITIS

► **ARTHRITIS FOUNDATION**  
443-274-7480

### ASTHMA

► **AMERICAN LUNG ASSOCIATION**  
800-586-4872

► **ASTHMA AND ALLERGY FOUNDATION**  
800-727-8462



# S

## SUPPORT GROUPS

### BEREAVEMENT/ GRIEF

► **BALTIMORE CANCER SUPPORT GROUP AT ST. PETER'S LUTHERAN CHURCH**

410-668-1762

Adults, not limited to cancer.

► **BEREAVED PARENTS USA**

410-321-7053

Bereaved parents/grandparents.

► **COMMUNITY HOSPICE OF MARYLAND**

866-234-7742

► **COUNSELING CENTER AT STELLA MARIS**

410-252-4500, Ext. 7291

Individual counseling and support groups.

► **GILCHRIST HOSPICE CARE**

443-849-8251

General adult support groups.

► **HEARTLAND HOSPICE**

410-719-8670

► **HOPEWELL CANCER SUPPORT**

410-832-2719

For adults/children.

### CANCER

► **AMERICAN CANCER SOCIETY**

410-931-6850

► **BALTIMORE CANCER SUPPORT GROUP, ST. PETER'S LUTHERAN CHURCH**

410-668-1762

Patients, caregivers and bereavement.

► **CANCER INFORMATION SERVICE**

800-4-CANCER

► **GBMC ONCOLOGY SUPPORT PROGRAMS**

443-849-2961

► **HOPEWELL CANCER SUPPORT**

410-832-2719

► **SAINT AGNES HOSPITAL'S CANCER INSTITUTE**

410-368-2970

► **UNION MEMORIAL HOSPITAL ARM-IN-ARM BREAST CANCER SUPPORT GROUP**

410-554-6505

► **UNIVERSITY OF MARYLAND - ST. JOSEPH CANCER INSTITUTE SUPPORT SERVICES**

410-427-2569

### CAREGIVERS

See Caregivers / Grandparent Support.

► **BALTIMORE CITY HEALTH DEPARTMENT OFFICE OF AGING FAMILY CAREGIVERS SUPPORT PROGRAM**

410-396-4932



► **HOPKINS ELDERPLUS CAREGIVER SUPPORT GROUP**

410-550-8093 (Information)

Mason F. Lord Building, East Tower, First Floor  
5200 Alpha Commons Drive  
Baltimore 21224

Meetings are held the 2<sup>nd</sup> Tuesday of each month,  
12:30 p.m. - 2 p.m.

► **UNIVERSITY OF MARYLAND REHABILITATION & ORTHOPAEDIC INSTITUTE, CAREGIVERS SUPPORT GROUP**

410-448-6311

### DIABETES

► **AMERICAN DIABETES ASSOCIATION**

410-265-0075

► **UNIVERSITY OF MARYLAND - ST. JOSEPH MEDICAL CENTER**

410-337-1000

### DIVORCE

► **CHANGING FOCUS**

410-721-0992

### EATING DISORDERS

► **OVEREATERS**

ANONYMOUS

443-475-0443

### EPILEPSY

► **EPILEPSY FOUNDATION OF THE CHESAPEAKE REGION**

301-918-2100

### HEARING

► **HASA | THE HEARING AND SPEECH AGENCY**

410-318-6780

### LOW VISION

► **BLIND INDUSTRIES AND SERVICES OF MARYLAND**

410-737-2600

### MENTAL HEALTH

► **INSIGHTS IN AGING - GERIATRIC SERVICES GROUP**

Ateaze Senior Center  
410-887-7233

Bykota Senior Center  
410-887-3094  
Catonsville Senior Center  
410-887-0900

Essex Senior Center  
410-887-0267

Liberty Senior Center  
410-887-0780

Pikesville Senior Center  
410-887-1245

► **NAMI - METRO BALTIMORE**

410-435-2600

### MESOTHELIOMA

► **MESOTHELIOMA**

CENTER  
844-245-1409

### MULTIPLE SCLEROSIS

► **LEAGUE FOR PEOPLE WITH DISABILITIES, THE MS DAY PROGRAM**

410-323-0500

► **NATIONAL MULTIPLE SCLEROSIS SOCIETY**

Maryland Chapter  
443-641-1200

# S - T

## SUPPORT GROUPS - TAX INFORMATION AND ASSISTANCE

### PARKINSON'S DISEASE

▶ **JOHNS HOPKINS PARKINSON'S DISEASE AND MOVEMENT DISORDER CENTER**  
410-955-8795

▶ **PROGRESSIVE SUPRANUCLEAR PALSY, SOCIETY FOR**  
800-457-4777

▶ **UNIVERSITY OF MARYLAND PARKINSON'S DISEASE AND MOVEMENT DISORDERS CENTER**  
410-328-7809

### SPINAL CORD INJURY

▶ **UNIVERSITY OF MARYLAND REHABILITATION & ORTHOPAEDIC INSTITUTE, SPINAL CORD INJURY SUPPORT GROUP FOR SURVIVORS/FAMILIES**  
410-448-6307  
410-448-6311

### STROKE/BRAIN INJURY

▶ **MEDSTAR GOOD SAMARITAN HOSPITAL, STROKE SUPPORT GROUP**  
443-444-5500

▶ **RETURN PROGRAM AT SINAI HOSPITAL**  
410-601-6080  
Any type of brain injury.

▶ **TOWSON UNIVERSITY, INSTITUTE FOR WELL-BEING STROKE SURVIVOR GROUP**  
410-704-3095  
Monthly group meetings for survivors and family members.

▶ **UNIVERSITY OF MARYLAND REHABILITATION & ORTHOPAEDIC INSTITUTE, BRAIN INJURY SUPPORT GROUP FOR SURVIVORS/FAMILIES**  
410-448-6320  
410-371-7117 (Addiction Group)

▶ **UNIVERSITY OF MARYLAND REHABILITATION & ORTHOPAEDIC INSTITUTE STROKE SUPPORT GROUP FOR SURVIVORS AND FAMILY**  
410-448-6320

### SUICIDE, FAMILIES OF VICTIMS OF SUICIDE

▶ **SEASONS SUICIDE BEREAVEMENT, INC.**  
410-683-0159

### SWIMMING

See Recreation and Leisure Activities, and Therapy: Occupational, Physical and Speech.

### TAX INFORMATION AND ASSISTANCE

For additional services/information call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging at Maryland Access Point at 410-396-2273.

▶ **BALTIMORE COUNTY OFFICE OF BUDGET AND FINANCE, TAXPAYERS SERVICES**  
410-887-2403  
Information and assistance concerning property tax bills.

▶ **BALTIMORE CASH CAMPAIGN**  
410-234-8008  
Free tax preparation and other helpful financial services.

▶ **EARNED INCOME TAX CREDIT**  
800-492-0618 (211 Helpline)  
Tax credit for certain low to moderate wage earners.

▶ **FEDERAL TAX ASSISTANCE**  
800-829-1040 (General Assistance)  
800-829-3676 (Forms Distribution)

▶ **MARYLAND PROPERTY TAX CREDIT**  
410-767-4433, Press 1  
Maryland Property tax credit based on a person's gross income. Those age 70 and older may file for the past three years.

▶ **MARYLAND RENTER'S TAX CREDIT**  
410-767-4433, Press 2  
Maryland tax credit for renters when rent exceeds a fixed percentage of their gross income.

*Sub-Acute Care / Short Term Rehab*

MARYLAND MASONIC HOMES IS NOW THE NEW CHOICE IN SHORT-TERM / SUB-ACUTE CARE! While transitioning from a hospital stay, our team of professionals will work with each patient to restore health, achieve maximum independence, and ultimately, return home.

In addition to providing Medicare Part A covered services, unparalleled care and exceptional rehabilitative services, Maryland Masonic Homes offers the following amenities to make your stay more comfortable:

- ▶ BEAUTIFULLY APPOINTED PRIVATE AND SEMI-PRIVATE ROOMS
- ▶ DIRECT TV SERVICE
- ▶ WI-FI ACCESSIBILITY
- ▶ TELEPHONE SERVICE
- ▶ DELICIOUS/NUTRITIOUS MEALS
- ▶ ROOM SERVICE
- ▶ SOCIAL ACTIVITIES



If you or a loved one are eligible to utilize your Medicare Part A benefits and have a three (3) day qualifying hospital stay, call 410-527-1111, ext. 3268



*Come home to Maryland Masonic Homes!*

# T

## TAX INFORMATION AND ASSISTANCE - THERAPY: OCCUPATIONAL, PHYSICAL AND SPEECH

### ► MARYLAND STATE TAX ASSISTANCE

410-260-7951 (Forms)  
410-260-7980 (General Assistance)  
410-260-7980 (Taxpayer Assistance Office)  
Comptroller of Maryland responds to Maryland tax questions.

### ► STATE PROPERTY TAX DEDUCTION FOR LEGALLY BLIND IN BALTIMORE COUNTY

410-512-4900

### ► TAX COUNSELING FOR OLDER ADULTS

410-887- 2594 (County)  
410-396-2273 (City)  
Partnership of AARP and IRS.  
Free tax assistance to older adults at local senior centers during tax season.

### ► TAXPAYER ADVOCATE SERVICE

443-853-6000  
An IRS office which offers free assistance to help resolve tax problems.

### THERAPY: OCCUPATIONAL, PHYSICAL AND SPEECH

### ► CHARLOTTE HALL VETERANS HOME

301-884-8171  
240-577-7009 (Admissions Direct Line)  
[www.charhall.org](http://www.charhall.org)  
29449 Charlotte Hall Road  
Charlotte Hall 20622  
Income based assisted living, LTC nursing, rehabilitation and memory care.

### ► JERRY'S CARING HANDS, INC

410-444-4106  
410-900-4201  
[www.jerryscaringhands.com](http://www.jerryscaringhands.com)  
7416 Harford Road  
Baltimore 21234  
Providing nursing care, therapy, respite, wound care and housekeeping.

### ► LEAGUE FOR PEOPLE WITH DISABILITIES, SCALE APHASIA PROGRAM

410-323-0500, Ext. 501  
[www.leagueforpeople.org](http://www.leagueforpeople.org)  
5910 York Road  
Baltimore 21212  
Intensive community treatment program for aphasia speech disorder.

### ► MEDSTAR CENTER FOR SUCCESSFUL AGING

443-444-4720  
[www.medstargoodsam.org/geriatrics](http://www.medstargoodsam.org/geriatrics)  
Morgan Building  
5601 Loch Raven Boulevard, Suite 502  
Baltimore 21239  
A dedicated team supporting patients/caregivers with all age-related needs.

### ► STELLA MARIS

410-252-4500  
[www.stellamaris.org](http://www.stellamaris.org)  
2300 Dulaney Valley Road  
Timonium 21093  
Provides a range of medical services throughout the Baltimore region.

## The Snyder Center for Aphasia Life Enhancement



- Language recovery in a supportive environment
- Cutting- edge aphasia technology and software
- Interactive group communication classes
- Support and training for families and caregivers

**APHASIA**  
(uh-fay-zhuh) n.  
An impairment in the ability to communicate as a result of stroke or brain injury

**LEAGUEFORPEOPLE.ORG**  
**410-323-1777**

# T

## TRANSPORTATION SERVICES - TRAVEL

### TRANSPORTATION SERVICES

#### PUBLIC AND NON-PROFIT

##### ► ACTION IN MATURITY

410-889-7915  
[www.actioninmaturity.org](http://www.actioninmaturity.org)  
Door-to-door shuttle and personal transportation for older adults and people with disabilities living in Baltimore City. Fares vary: \$2.00 round trip for grocery shuttles, personal transportation rates according to destination. Fares are waived for hardship.

► **BALTIMORE CITY HEALTH DEPARTMENT, DIVISION OF AGING, TAXI - CARD PROGRAM**  
410-664-1123  
[www.caretaxicard.com](http://www.caretaxicard.com)

► **CHAI'S NORTHWEST SENIOR SHUTTLE**  
410-889-1148  
Free shuttle services for residents of Weinberg Senior Living and members of Northwest Neighbors Connecting. Operated by Action in Maturity.

► **COUNTYRIDE**  
410-887-2080  
[www.baltimorecountymd.gov](http://www.baltimorecountymd.gov)  
Provides transportation to adults age 60 and over, persons with disabilities from age 18 - 59 and rural residents of Baltimore County. Fee of \$3.00 each way/ \$2.50 when discounted tickets are purchased in advance from CountyRide's Office or your local senior center. See Baltimore County's Summary of Services for additional information.

► **HEALTH DEPARTMENT, MEDICAL ASSISTANCE TRANSPORTATION**  
410-887-2828 (County)  
410-396-6422 (City)  
Transportation for Medical Assistance recipients to and from their place of medical care.

► **MARYLAND MOTOR VEHICLE ADMINISTRATION**  
**Automated Information**  
410-768-7000  
**Customer Service**  
800-950-1682  
**Handicapped License Plates/ Mirror Tags**  
410-787-2958  
**Handicapped Signs For Residential Parking Permit**  
410-887-3554 (County)  
443-573-2800 (City)

► **MARYLAND TRANSIT ADMINISTRATION INFORMATION CENTER (MTA)**  
410-539-5000  
410-539-3497 (TDD)  
For buses, the Metro and Light Rail (all buses have wheelchair lifts).

► **MTA CALL-A-RIDE**  
410-664-2030  
[www.mtacallaride.org](http://www.mtacallaride.org)

► **MTA MOBILITY/ PARATRANSIT SERVICE**  
410-764-8181  
Curb-to-curb service, 24 hours a day inside the Baltimore Beltway. Also serves within ¾ of a mile along fixed MTA routes outside the Baltimore Beltway. Client must be disabled and complete certification eligibility. Exact change required. Cost- \$1.90 each way. "Taxi Access" program available for individuals registered with MTA Mobility.

► **MTA REDUCED FARES FOR SENIORS AND PERSONS WITH DISABILITIES**  
410-767-4833  
410-333-2051 (TTY)  
6 St. Paul Street  
Baltimore 21202  
People 65 and older (with a state issued ID), and those with disabilities (with application and a state issued ID) may ride for \$.70 per ride, \$2 or two tokens for a daily pass, or \$20 for a monthly pass on the bus, light rail/Metro, and one-half the regular fare on MARC trains.

#### PRIVATE WHEELCHAIR ACCESSIBLE

Ambulance, van and school bus companies that provide wheelchair accessible vehicles for a fee. For additional referrals/services/information call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging at Maryland Access Point at 410-396-2273.

#### NON WHEELCHAIR ACCESSIBLE

For additional services/information call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging at Maryland Access Point at 410-396-2273.

#### TRANSPORTATION/ HOME CARE SERVICES

See Home Health Services and Home Care (Non-Medical). Please check with agency to learn their requirements for this service.

### TRAVEL

► **BALTIMORE COUNTY SENIOR CENTER TRAVEL**  
See "Senior Centers, Baltimore County" for contact information.

► **NATIONAL PASSPORT INFORMATION**  
877-487-2778  
[www.travel.state.gov/passport](http://www.travel.state.gov/passport)  
Print online application to submit at post office for a US passport.

► **SENIOR BOX OFFICE**  
410-887-5399  
[www.seniorboxoffice.org](http://www.seniorboxoffice.org)  
Volunteer program that distributes discounted tickets to members for cultural and other events. Diverse travel opportunities available without membership.

#### GOLDEN AGE AND SENIOR PASSES

► **FEDERAL RECREATION SENIOR PASS**  
410-962-4290  
Lifetime permit to Federal parks, monuments and recreation areas for permanent U.S. residents age 62 and older. Must apply in person. Closest location: Ft. McHenry.

► **STATE GOLDEN AGE PASS**  
410-260-8186  
[www.dnr.maryland.gov](http://www.dnr.maryland.gov)  
Free day use entry to all Maryland State Parks; half price camping Sun.-Thurs.; age 62 and older.



## VETERAN RESOURCES

### VETERAN RESOURCES

#### ► AID AND ATTENDANCE PROGRAM

800-446-4926, Ext 6450  
Benefit for veterans and their spouses who need the assistance of another person to perform personal care. Financial and medical eligibility criteria apply.

#### ► BALTIMORE VA MEDICAL CENTER

410-605-7000  
877-222-8387 (Eligibility/ Enrollment)  
Acute medical/surgical care facility offering inpatient, outpatient, primary care services and rehabilitation.

#### ► BALTIMORE VA REHAB AND EXTENDED CARE CENTER

410-605-7000, Press 5  
Rehab and post-acute care for veterans.

#### ► CHARLOTTE HALL VETERANS HOME

301-884-8171  
240-577-7009 (Admissions Direct Line)  
www.charhall.org  
29449 Charlotte Hall Road  
Charlotte Hall 20622  
Income based assisted living, LTC nursing, rehabilitation and memory care.

#### ► EASTERN BALTIMORE COUNTY VA OUTPATIENT CLINIC

443-730-2020  
Outpatient medical care for veterans.

#### ► LOCH RAVEN VA OUTPATIENT CLINIC

410-605-7651  
Outpatient care for veterans.

#### ► MARYLAND DEPARTMENT OF VETERANS AFFAIRS

800-446-4926  
800-827-1000 (General Information)  
www.mdva.state.md.us  
Assists Maryland veterans and families to obtain benefits including Maryland Veterans Cemetery Program.

#### ► PERRY POINT VA MEDICAL CENTER

410-642-2411  
Services for Maryland veterans includes mental health, inpatient medical, long term care, rehabilitation, geriatric evaluation/management, respite, chronic ventilator and hospice care.

#### ► PROJECT PLASE VETERANS PROGRAM

410-837-1400, Ext.239 or 170  
Supportive services for homeless veterans, or those at risk of becoming homeless.

#### ► RIGHT AT HOME

443-835-4413  
www.rahbaltimore.com  
3455 Wilkens Avenue, Suite 200  
Baltimore 21229  
Providing companionship, physical assistance, hygiene care, medication management and administration.

#### ► TRICARE FOR LIFE

866-773-0404  
Health insurance for active duty military, families and retirees.

#### ► U. S. DEPT. OF VETERANS AFFAIRS TELEPHONE ASSISTANCE

410-230-4500 (Baltimore Region)  
800-827-1000 (National Helpline)  
Benefits for eligible veterans and their families.



### Providing Affordable, Comfortable and Trusted Care for Veterans and Eligible Spouses

- \* Medicare Certified Rehabilitation
- \* Secure Compassionate Memory Care
- \* Long-Term Nursing Care for Veterans & Eligible Spouses
  - \* Income-Based Assisted Living
  - \* Fully Subsidized Nursing Care for Veterans with a 70%+ Service Connected Disability Rating
  - \* Physician Services on Premises: Primary Care, Audiology, Dental, Dermatology, Optometry and Counseling

Skilled care 24-Hours a Day

- Social & Fitness Activities
  - Barber & Beauty Shop
  - Multiple Dining Rooms
- Devoted Volunteer Program
- FREE Transportation to VA Medical Center in Washington, DC



Visit our beautiful home today...

**Charlotte Hall Veterans Home**  
29449 Charlotte Hall Road  
Charlotte Hall, Maryland 20622

*Serving Those Who Served*

www.charhall.org  301-884-8171



## VETERAN RESOURCES - VITAL RECORDS

### ▶ VA MARYLAND HEALTH CARE SYSTEM, ELIGIBILITY & ENROLLMENT CENTER

800-463-6295, Ext. 57324  
To receive VA health care, veterans must first be enrolled with the VA health care system.

### ▶ VA MEDICAL FOSTER HOME PROGRAM

443-845-6484  
Benefit for eligible veterans; foster home care includes room/board, 24 hour supervision, medication management and assistance with daily living skills.

## VISION RESOURCES

See Assistive Technology, Disabilities Assistance, Physicians and Physicians Who Make House Calls.

### ▶ BLIND INDUSTRIES AND SERVICES OF MARYLAND

410-737-2600  
Vocational training, information and referral. Sells low-vision aids and appliances at cost.

### ▶ FOUNDATION FIGHTING BLINDNESS, INC., THE

410-423-0600  
800-683-5555  
Funds research and provides information.

### ▶ GBMC OPHTHALMOLOGY CLINIC

443-849-2106  
[www.gbmc.org/ophthalmology](http://www.gbmc.org/ophthalmology)  
Physicians Pavilion West  
6569 North Charles Street,  
Suite 505  
Baltimore 21204  
Services ranging from eye exams, diagnostic procedures and surgical procedures.

### ▶ HEALTH CARE FOR THE HOMELESS

410-837-5533  
Society for Sight offers free vision care and eyeglasses to the uninsured homeless.

### ▶ JOHNS HOPKINS HOSPITAL, WILMER EYE INSTITUTE

410-955-3518  
Offers free diabetic retinopathy screening for persons who are taking diabetic medication, and are uninsured or underinsured.

### ▶ JOHNS HOPKINS HOSPITAL, WILMER EYE INSTITUTE, LIONS

LOW VISION CENTER  
410-955-0580  
Rehabilitation and training for individuals with low vision.

### ▶ MARYLAND RELAY

410-767-0960  
800-522-7724  
[www.doit.maryland.gov/mdrelay](http://www.doit.maryland.gov/mdrelay)  
301 West Preston Street,  
Suite 1008A  
Baltimore 21201  
Everything you need to stay connected.

### ▶ MARYLAND SOCIETY FOR SIGHT

410-243-2020  
Information and referral regarding eye health and safety; visual acuity and glaucoma screenings.

### ▶ MARYLAND STATE LIBRARY FOR THE BLIND AND PHYSICALLY HANDICAPPED

410-230-2424  
Free library services for individuals with visual or physical disabilities.

### ▶ MEDSTAR CENTER FOR SUCCESSFUL AGING

443-444-4720  
[www.medstargoodsam.org/geriatrics](http://www.medstargoodsam.org/geriatrics)  
Morgan Building  
5601 Loch Raven Boulevard,  
Suite 502  
Baltimore 21239  
A dedicated team supporting patients/caregivers with all age-related needs.

### ▶ METROPOLITAN WASHINGTON EAR

301-681-6636  
A free multi-media audio information service for the blind, visually-impaired and physically disabled community.

### ▶ NATIONAL FEDERATION OF THE BLIND

410-659-9314  
Information regarding services and aids available to the blind and visually impaired.  
Newsline For The Blind  
410-659-9314, Press 3  
A free audio newspaper service for the blind and visually impaired.

### ▶ NEW EYES FOR THE NEEDY

973-376-4903  
Income eligible persons may obtain new prescription eyeglasses from local vendors with vouchers.

### ▶ OFFICE FOR BLINDNESS AND VISION SERVICES, DIVISION OF REHABILITATION SERVICES

410-554-9277  
Persons who are blind or visually impaired may be eligible for case management and teaching services.

### ▶ RADIO READING NETWORK OF MARYLAND, INC.

410-779-4969  
A radio broadcast of the daily news from newspapers for the visually impaired. Special radio receiver required.

### ▶ STATE PROPERTY TAX DEDUCTION FOR LEGALLY BLIND IN BALTIMORE COUNTY

410-512-4900

### ▶ VISION USA

800-365-2219, Ext. 4200  
Provides free eye exams and free or reduced cost eye glasses to income eligible persons.

## VITAL RECORDS

### ▶ MARYLAND DIVISION OF VITAL RECORDS

410-764-3038  
[www.dhmv.maryland.gov](http://www.dhmv.maryland.gov)  
Certified copies of birth, death and marriage certificates.

### ▶ NATIONAL PASSPORT INFORMATION CENTER

877-487-2778  
[www.travel.state.gov/passport](http://www.travel.state.gov/passport)  
Online application to present at post office for a US passport.

### ▶ REGISTER OF WILLS

410-887-6680 (County)  
410-752-5131 (City)  
Probate and filing of wills for safekeeping.





# VOLUNTEER OPPORTUNITIES

## VOLUNTEER OPPORTUNITIES

Volunteers serve communities by supporting many of the programs and services listed in this directory. The options below represent the many ways in which you can connect with volunteer programs to utilize your skills and talents.

### ► AARP CREATE THE GOOD

888-OUR-AARP  
888-687-2277  
[www.createthegood.org](http://www.createthegood.org)  
Create the Good is about helping others whether you have five minutes or five hours.

### ► AARP FOUNDATION EXPERIENCE CORPS BALTIMORE

443-278-9400  
[www.aarp.org](http://www.aarp.org)  
Intergenerational volunteer-based tutoring program proven to help the reading skills of children.

### ► AARP FOUNDATION-TAX AID

888-OUR-AARP (Toll -Free Nationwide)  
888-687-2277 (Toll -Free Nationwide)  
[www.aarp.org](http://www.aarp.org)  
Volunteer to help low/moderate taxpayers with tax preparation/filing; receive help with your taxes.

### ► AARP MARYLAND STATE OFFICE VOLUNTEER OPPORTUNITIES

866-542-8163  
<https://states.aarp.org/region/maryland>  
Make a difference in the state of Maryland through a variety of volunteer opportunities.

► **BALTIMORE CITY HEALTH DEPARTMENT, DIVISION OF AGING, MARYLAND ACCESS POINT**  
410-396-4932  
410-396-2273

► **BALTIMORE COUNTY DEPARTMENT OF AGING, LONG-TERM CARE OMBUDSMAN PROGRAM**  
410-887-4200

Ombudsman volunteers visit nursing homes and assisted living facilities to advocate for the needs of residents and to promote their rights and quality of life.

► **BALTIMORE COUNTY HOME TEAM**  
410-887-4141

The Home Team is a community based volunteer program serving homebound Baltimore County residents 60 years of age or older who lack social supports and are at risk of social isolation. Eligible clients are matched with a volunteer who provides friendly in-home and telephone visits. For seniors age 60 years or more who are homebound and food insecure, assigned volunteers can pick up food from partnering food pantries and deliver the bags to your door.

► **BALTIMORE COUNTY SENIOR CENTERS**  
410-887-2040

[www.baltimorecountymd.gov/seniorcenters](http://www.baltimorecountymd.gov/seniorcenters)  
All 20 senior centers in Baltimore County have volunteer opportunities for individuals 18 and older.



► **RETIRED AND SENIOR VOLUNTEER PROGRAM (RSVP)**

410-887-3101 (County)  
410-361-9400 (City)  
RSVP invites individuals ages 55 and older to answer volunteer needs in their community. Skills and talents gained by individuals over a lifetime of experience are put to good use in non-profit organizations, senior centers, government agencies, schools and communities. There is a wide range of volunteer opportunities available.

► **SENIOR BOX OFFICE**

410-887-5399  
Become a member and you can volunteer with us in technology, hospitality, sponsor liaisons, and being on the board.

► **SENIOR CRAFT GALLERY**

410-887-5399  
Senior Craft Gallery in Towson is looking for volunteers to process sales in their consignment gift shop.



## EATING TOGETHER PROGRAM

### in Baltimore County and Baltimore City

- Socialize With Friends
- Receive 1/3 Of Your Daily Nutritional Needs
- Save Shopping Time; Stretch Your Food Budget



#### ELIGIBILITY:

- Sixty years of age and older; spouses any age
- A voluntary contribution is requested; reservations required

Learn more about  
**The Eating Together Program**  
410-887-2594 (Baltimore County)  
443-664-0700 (Baltimore City)

# No Senior Eats Alone Day September 17, 2020



Baltimore County has 190,000 older adults over 60 years of age



**LIVING CONNECTED**



**Sharing meals together improves health, happiness and social connection!**

## When older adults share a meal, it can...

1. Increase life expectancy
2. Improve mental health and cognitive status
3. Encourage more nutritious meals with higher satisfaction
4. Increase feelings of motivation to care for self

1. Decrease in high blood pressure and cholesterol
2. Lower feelings of depression and loneliness
3. Reduce risk for physical/psychological health decline
4. Decrease risk of falls due to better nutrition

The Baltimore County Department of Aging (BCDA) is inviting everyone to participate in No Senior Eats Alone Day on Thursday, September 17<sup>th</sup>. Our goal is to help make the older adults in our community feel valued and connected! Help make a difference—one person at a time—for the 190,000 adults over the age of 60 in Baltimore County.



Baltimore County Executive John A. Olszewski, Jr.  
and the County Council

## Want To Be A Community Partner?

Call 410-887-3052

Your group can be a part of our outreach to older adults. In exchange for your support, your organization will be advertised in our newspaper, *The Time of your Life Digest*, on social media and on the County website.

## How To Make A Difference?

- ♥ Share a meal with an older adult that you work or volunteer with.
- ♥ Take an older grandparent or older neighbor out to a restaurant or prepare a meal at home for them.
- ♥ Provide a gathering space for older adults to eat together.
- ♥ Host a special meal with activities and entertainment through a local church, community center or organization.
- ♥ Promote the event through your friends, family and local organizations.
- ♥ Sign up for a meal at a local senior center or senior housing facility.
- ♥ Use **#nosenioreatsaloneday** to share photos of the older adults in your community enjoying their meal!

# HOTLINES AND WEBSITES

## ADVOCACY GROUPS AND ORGANIZATIONS

- ▶ **AARP MARYLAND**  
866-542-8163  
[www.aarp.org](http://www.aarp.org)
- ▶ **AMERICAN SOCIETY ON AGING**  
800-537-9728  
[www.asaging.org](http://www.asaging.org)
- ▶ **ANNENBERG PUBLIC POLICY CENTER**  
215-898-9400  
[www.factcheck.org](http://www.factcheck.org)
- ▶ **BALTIMORE COUNTY ASSOCIATION OF SENIOR CITIZENS ORGANIZATIONS (BCASCO)**  
410-443-345-6662  
[www.bcascos.org](http://www.bcascos.org)
- ▶ **BALTIMORE COUNTY COMMISSION ON DISABILITIES**  
410-887-2483  
[www.baltimorecountymd.gov/agencies/planning/disabilities](http://www.baltimorecountymd.gov/agencies/planning/disabilities)
- ▶ **BALTIMORE COUNTY RESTORING ELDER SAFETY TODAY (BC REST)**  
410-887-4200
- ▶ **CENTER FOR MEDICARE ADVOCACY, INC.**  
860-456-7790  
202-293-5760  
[www.medicareadvocacy.org](http://www.medicareadvocacy.org)
- ▶ **LEADERSHIP COUNCIL OF AGING ORGANIZATIONS**  
[www.lcao.org](http://www.lcao.org)
- ▶ **MARYLAND DEPARTMENT OF DISABILITIES**  
410-767-3660  
800-637-4113 (TTY/Voice)  
[www.mdod.maryland.gov](http://www.mdod.maryland.gov)
- ▶ **MEDICARE INTERACTIVE**  
[www.medicareinteractive.org](http://www.medicareinteractive.org)

▶ **MEDICARE RIGHTS CENTER**  
800-333-4114  
[www.medicarerights.org](http://www.medicarerights.org)

▶ **NATIONAL ASSOCIATION OF AREA AGENCIES ON AGING**  
202-872-0888  
[www.n4a.org](http://www.n4a.org)

▶ **NATIONAL ASSOCIATION OF INSURANCE COMMISSIONERS (NAIC)**  
202-471-3990  
[www.naic.org](http://www.naic.org)

▶ **NATIONAL COMMITTEE TO PRESERVE SOCIAL SECURITY AND MEDICARE**  
800-998-0180  
[www.ncpssm.org](http://www.ncpssm.org)

▶ **OLDER WOMEN'S LEAGUE (OWL)**  
202-783-6686  
[www.owl-national.org](http://www.owl-national.org)

▶ **SENIOR SERVICE AMERICA**  
301-578-8900  
[www.seniorserviceamerica.org](http://www.seniorserviceamerica.org)

▶ **SNAPFORSENIORS™**  
[www.benefitscheckup.org/getsnap/](http://www.benefitscheckup.org/getsnap/)

▶ **SPRY FOUNDATION (SETTING PRIORITIES FOR RETIREMENT YEARS)**  
[www.spry.org](http://www.spry.org)

▶ **UNITED SENIORS OF MARYLAND**  
410-608-7966  
[www.unitedseniorsmd.com](http://www.unitedseniorsmd.com)



## CAREGIVING

- ▶ **AGING WITH DIGNITY/FIVE WISHES (Advance Planning Documents)**  
888-594-7437  
[www.agingwithdignity.org](http://www.agingwithdignity.org)
- ▶ **AMERICAN ACADEMY OF HOME CARE MEDICINE**  
847-375-4719  
[www.aahcm.org](http://www.aahcm.org)
- ▶ **BENEFITSCHECK UP**  
[www.benefitscheckup.org](http://www.benefitscheckup.org)
- ▶ **CAREGIVER ACTION NETWORK**  
202-454-3970  
[www.caregiveraction.org](http://www.caregiveraction.org)
- ▶ **CARING CONNECTIONS**  
800-658-8898  
[www.caringinfo.org](http://www.caringinfo.org)
- ▶ **ELDERCARE LOCATOR**  
800-677-1116  
<https://eldercare.acl.gov>
- ▶ **FAMILY CAREGIVER ALLIANCE (FCA)**  
800-445-8106  
[www.caregiver.org](http://www.caregiver.org)
- ▶ **MARYLAND CONSUMER GUIDE TO LONG TERM CARE**  
877-245-1762  
[www.mhcc.maryland.gov/consumerinfo/longtermcare/assistedliving.aspx](http://www.mhcc.maryland.gov/consumerinfo/longtermcare/assistedliving.aspx)
- ▶ **MARYLAND TECHNOLOGY ASSISTANCE PROGRAM, EQUIPMENT LINK**  
800-832-4827  
[www.equipmentlink.org](http://www.equipmentlink.org)
- ▶ **NATIONAL ALLIANCE FOR CAREGIVING**  
[www.caregiving.org](http://www.caregiving.org)
- ▶ **NATIONAL CAREGIVING FOUNDATION**  
800-930-1357  
[www.caregivingfoundation.org](http://www.caregivingfoundation.org)

▶ **NATIONAL RESPITE NETWORK AND RESOURCE CENTER**  
703-256-2084  
[www.archrespite.org](http://www.archrespite.org)

▶ **NURSING HOME COMPARE**  
[www.medicare.gov/nursinghomecompare](http://www.medicare.gov/nursinghomecompare)

▶ **WELL SPOUSE ASSOCIATION**  
800-838-0879  
[www.wellspouse.org](http://www.wellspouse.org)

## CONSUMER INFORMATION AND RESOURCES

▶ **CONSUMER FINANCIAL PROTECTION BUREAU**  
855-411-2372  
[www.consumerfinance.gov/complaint](http://www.consumerfinance.gov/complaint)

▶ **FEDERAL TRADE COMMISSION BUREAU OF CONSUMER PROTECTION**  
877-382-4357  
[www.ftc.gov](http://www.ftc.gov)

▶ **FINANCIAL FRAUD ENFORCEMENT TASK FORCE**  
[www.stopfraud.gov](http://www.stopfraud.gov)

▶ **IDENTITY THEFT HELPLINE (FTC)**  
877-438-4338  
[www.identitytheft.gov](http://www.identitytheft.gov)

▶ **MARYLAND PEOPLE'S LAW LIBRARY**  
[www.peoples-law.org](http://www.peoples-law.org)

▶ **MARYLAND DEPARTMENT OF HUMAN SERVICES**  
800-332-6347  
[www.dhr.maryland.gov](http://www.dhr.maryland.gov)

## HOTLINES AND WEBSITES

► **NATIONAL MENTAL HEALTH CONSUMERS' SELF-HELP CLEARINGHOUSE**  
800-553-4539  
[www.mhselfhelp.org](http://www.mhselfhelp.org)

### FEDERAL, STATE AND LOCAL GOVERNMENT AGENCIES

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► **BALTIMORE CITY AGENCIES**  
[www.baltimorecity.gov](http://www.baltimorecity.gov)

► **BALTIMORE COUNTY AGENCIES**  
[www.baltimorecountymd.gov](http://www.baltimorecountymd.gov)

► **BALTIMORE COUNTY DEPARTMENT OF AGING**  
410-887-2594  
[www.baltimorecountymd.gov/aging](http://www.baltimorecountymd.gov/aging)

► **CENTERS FOR MEDICARE AND MEDICAID SERVICES**  
800-633-4227  
[www.cms.gov](http://www.cms.gov)

► **COMAR (CODE OF MARYLAND REGULATIONS ONLINE)**  
800-633-9657  
[www.dsd.state.md.us](http://www.dsd.state.md.us)

► **DEPARTMENT OF LABOR'S EMPLOYEE BENEFITS SECURITY ADMINISTRATION (EBSA)**  
866-487-2365  
[www.dol.gov/ebsa](http://www.dol.gov/ebsa)

► **EMPLOYEE BENEFIT RESEARCH INSTITUTE**  
202-659-0670  
[www.ebri.org](http://www.ebri.org)

► **FEDERAL BUREAU OF INVESTIGATION (FBI)**  
410-265-8080

► **MARYLAND DEPARTMENT OF AGING**  
410-767-1100  
[www.aging.maryland.gov](http://www.aging.maryland.gov)

► **MARYLAND DEPARTMENT OF DISABILITIES**  
410-767-3660  
800-637-4113 (Voice/TTY)  
[www.mdod.maryland.gov](http://www.mdod.maryland.gov)

► **MARYLAND DEPARTMENT OF HEALTH (MDH)**  
877-463-3464  
[www.health.maryland.gov](http://www.health.maryland.gov)

► **MARYLAND DEPARTMENT OF HUMAN SERVICES (DHR)**  
800-332-6347  
<http://dhr.maryland.gov>

► **MARYLAND DEVELOPMENTAL DISABILITIES COUNCIL**  
800-305-6441  
[www.md-council.org](http://www.md-council.org)

► **MARYLAND HEALTH CONNECTION**  
855-642-8572  
855-642-8573 (TTY)  
[www.marylandhealthconnection.gov](http://www.marylandhealthconnection.gov)

► **MARYLAND INFECTIOUS DISEASE AND ENVIRONMENTAL HEALTH ADMINISTRATION**  
877-463-3464  
<http://phpa.dhmm.maryland.gov>

► **MARYLAND OFFICE OF THE ATTORNEY GENERAL**  
888-743-0023  
410-576-6372 (TTD)  
[www.marylandattorneygeneral.gov](http://www.marylandattorneygeneral.gov)

► **MEDICARE HELPLINE/ MY MEDICARE**  
800-633-4227  
[www.medicare.gov](http://www.medicare.gov)  
[www.mymedicare.gov](http://www.mymedicare.gov)

► **OFFICE OF HEALTH CARE QUALITY (DHMH)**  
877-463-3464  
<http://health.maryland.gov/ohcq>

► **OFFICE OF THE SECRETARY OF THE STATE**  
(410) 974-5534 or  
800-825-4510

► **SECURITIES AND EXCHANGE COMMISSION (SEC)**  
877-442-0854  
[www.sec.gov](http://www.sec.gov)

► **SOCIAL SECURITY ADMINISTRATION/ONLINE**  
800-772-1213  
800-325-0778 (TTY)  
[www.ssa.gov](http://www.ssa.gov)

► **U. S. COAST GUARD AUXILIARY, AMERICA'S WATERWAY WATCH**  
<http://cgaux.org/aww.php>  
Investigates reports of suspicious waterway activities.

► **U. S. DEPARTMENT OF VETERANS AFFAIRS**  
800-827-1000  
[www.va.gov](http://www.va.gov)

► **U.S. HEALTH INSURANCE MARKETPLACE**  
[www.healthcare.gov](http://www.healthcare.gov)

► **U.S. HOUSE OF REPRESENTATIVES**  
202-224-3121, Press 2  
202-225-1904 (TTY)  
[www.house.gov](http://www.house.gov)

► **U.S. COMMITTEE FOR REFUGEES & IMMIGRANTS**  
703-310-1130  
[www.refugees.org](http://www.refugees.org)

► **U.S. DEPARTMENT OF LABOR/OFFICE OF DISABILITY EMPLOYMENT POLICY**  
866-633-7365  
[www.disability.gov](http://www.disability.gov)

► **U.S. SENATE**  
202-224-3121, Press 1  
[www.senate.gov](http://www.senate.gov)

► **WHITE HOUSE, THE**  
202-456-1414 (Switchboard)  
202-456-1111 (Comments)  
202-456-6213 (TTY/TDD)  
[www.whitehouse.gov](http://www.whitehouse.gov)

### NATIONAL HEALTH RELATED ORGANIZATIONS

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► **ACADEMY OF NUTRITION AND DIETETICS**  
800-877-0877  
[www.eatrightfoundation.org](http://www.eatrightfoundation.org)

► **AL-ANON FAMILY GROUPS**  
757-563-1600  
[www.al-anon.org](http://www.al-anon.org)

► **ALZHEIMER'S ASSOCIATION**  
800-272-3900  
[www.alz.org](http://www.alz.org)

► **ALZHEIMER'S DISEASE EDUCATION AND REFERRAL CENTER**  
800-438-4380  
[www.nia.nih.gov/alzheimers](http://www.nia.nih.gov/alzheimers)

► **AMERICAN ASSOCIATION OF KIDNEY PATIENTS**  
800-749-2257  
[www.aakp.org](http://www.aakp.org)

► **AMERICAN CANCER SOCIETY**  
800-227-2345  
[www.cancer.org](http://www.cancer.org)

► **AMERICAN DIABETES ASSOCIATION**  
800-342-2383  
[www.diabetes.org](http://www.diabetes.org)

► **AMERICAN FOUNDATION FOR THE BLIND**  
800-424-8666  
[www.afb.org](http://www.afb.org)

## HOTLINES AND WEBSITES

▶ **AMERICAN HEART ASSOCIATION**  
800-242-8721  
[www.heart.org](http://www.heart.org)

▶ **AMERICAN INSTITUTE FOR CANCER RESEARCH**  
800-843-8114  
[www.aicr.org](http://www.aicr.org)

▶ **AMERICAN KIDNEY FUND**  
866-300-2900  
[www.kidneyfund.org](http://www.kidneyfund.org)

▶ **AMERICAN LIVER FOUNDATION**  
800-465-4837  
[www.liverfoundation.org](http://www.liverfoundation.org)

▶ **AMERICAN LUNG ASSOCIATION**  
800-586-4872  
[www.lung.org](http://www.lung.org)

▶ **AMERICAN PARKINSON'S DISEASE ASSOCIATION, INC.**  
800-223-2732  
[www.apdaparkinson.org](http://www.apdaparkinson.org)

▶ **AMERICAN UROLOGICAL ASSOCIATION FOUNDATION**  
800-828-7866  
[www.urologyhealth.org](http://www.urologyhealth.org)

▶ **AMYOTROPHIC LATERAL SCLEROSIS ASSOCIATION**  
800-782-4747  
[www.alsa.org](http://www.alsa.org)

▶ **ARTHRITIS FOUNDATION**  
800-283-7800  
[www.arthritis.org](http://www.arthritis.org)

▶ **BRAIN INJURY ASSOCIATION OF AMERICA**  
800-444-6443  
[www.biausa.org](http://www.biausa.org)

▶ **CENTERS FOR DISEASE CONTROL AND PREVENTION**  
800-232-4636  
[www.cdc.gov](http://www.cdc.gov)

▶ **CROHN'S AND COLITIS FOUNDATION OF AMERICA**  
800-932-2423  
[www.ccfa.org](http://www.ccfa.org)

▶ **DEPRESSION AND BIPOLAR SUPPORT ALLIANCE**  
800-826-3632  
[www.dbsalliance.org](http://www.dbsalliance.org)

▶ **EASTER SEALS DISABILITY SERVICES**  
800-221-6827  
[www.easterseals.com](http://www.easterseals.com)

▶ **EPILEPSY FOUNDATION**  
800-332-1000  
[www.epilepsy.com](http://www.epilepsy.com)

▶ **FOOD AND NUTRITION INFORMATION CENTER**  
301-504-5414  
[www.nal.usda.gov/fnic](http://www.nal.usda.gov/fnic)

▶ **GENETIC ALLIANCE**  
202-966-5557  
[www.geneticalliance.org](http://www.geneticalliance.org)

▶ **HOSPICE AND PALLIATIVE CARE NETWORK OF MARYLAND**  
410-891-5741  
[www.hnmd.org](http://www.hnmd.org)

▶ **HUNTINGTON'S DISEASE SOCIETY OF AMERICA**  
800-345-4372  
[www.hdsa.org](http://www.hdsa.org)

▶ **LEUKEMIA AND LYMPHOMA SOCIETY**  
800-955-4572  
[www.lls.org](http://www.lls.org)

▶ **LIGHTHOUSE GUILD INTERNATIONAL**  
800-284-4422  
[www.lighthouse.org](http://www.lighthouse.org)

▶ **LIVING BANK, THE**  
800-528-2971  
[www.livingbank.org](http://www.livingbank.org)

▶ **LUPUS FOUNDATION OF AMERICA, INC.**  
800-558-0121  
[www.lupus.org](http://www.lupus.org)

▶ **MARYLAND STATE MEDICAL SOCIETY (MEDCHI)**  
800-492-1056  
[www.medchi.org](http://www.medchi.org)

▶ **MEDLINE PLUS**  
[www.medlineplus.gov](http://www.medlineplus.gov)

▶ **MENTAL HEALTH AMERICA**  
800-969-6642  
[www.mentalhealthamerica.net](http://www.mentalhealthamerica.net)

▶ **MESOTHELIOMA CENTER**  
800-354-8495  
[www.mesolink.org](http://www.mesolink.org)

▶ **MUSCULAR DYSTROPHY ASSOCIATION**  
800-572-1717  
[www.mda.org](http://www.mda.org)

▶ **NATIONAL ALLIANCE ON MENTAL ILLNESS**  
800-950-6264  
[www.nami.org](http://www.nami.org)

▶ **NATIONAL ASSOCIATION FOR CONTINENCE**  
800-252-3337  
[www.nafc.org](http://www.nafc.org)

▶ **NATIONAL BREAST CANCER FOUNDATION, INC.**  
[www.nationalbreastcancer.org](http://www.nationalbreastcancer.org)

▶ **NATIONAL CANCER INSTITUTE**  
800-422-6237  
[www.cancer.gov](http://www.cancer.gov)

▶ **NATIONAL FEDERATION OF THE BLIND**  
410-659-9314  
[www.nfb.org](http://www.nfb.org)

▶ **NATIONAL HEALTH INFORMATION CENTER**  
[www.health.gov/nhic](http://www.health.gov/nhic)

▶ **NATIONAL HOSPICE AND PALLIATIVE CARE ORGANIZATION**  
800-658-8898  
[www.nhpc.org](http://www.nhpc.org)

▶ **NATIONAL INSTITUTE ON AGING**  
800-222-2225  
[www.nia.nih.gov](http://www.nia.nih.gov)

▶ **NATIONAL INSTITUTE ON DEAFNESS AND OTHER COMMUNICATION DISORDERS**  
800-241-1044  
[www.nidcd.nih.gov](http://www.nidcd.nih.gov)

▶ **NATIONAL INSTITUTES OF HEALTH**  
301-496-4000  
[www.nih.gov](http://www.nih.gov)

▶ **NATIONAL INSTITUTE OF MENTAL HEALTH**  
866-615-6464  
[www.nimh.nih.gov](http://www.nimh.nih.gov)

▶ **NATIONAL INSTITUTE OF NEUROLOGICAL DISORDERS AND STROKE**  
800-352-9424  
[www.ninds.nih.gov](http://www.ninds.nih.gov)

▶ **NATIONAL KIDNEY FOUNDATION**  
800-622-9010  
[www.kidney.org](http://www.kidney.org)

▶ **NATIONAL MULTIPLE SCLEROSIS SOCIETY**  
800-344-4867  
[www.nationalmssociety.org](http://www.nationalmssociety.org)

▶ **NATIONAL PSORIASIS FOUNDATION**  
800-723-9166  
[www.psoriasis.org](http://www.psoriasis.org)

# HOTLINES AND WEBSITES

▶ **NATIONAL REHABILITATION INFORMATION CENTER**  
800-346-2742  
[www.naric.com](http://www.naric.com)

▶ **NATIONAL STROKE ASSOCIATION**  
800-787-6537  
[www.stroke.org](http://www.stroke.org)

▶ **PARKINSON'S FOUNDATION**  
800-473-4636  
[www.parkinson.org](http://www.parkinson.org)

▶ **PREVENT BLINDNESS AMERICA**  
800-331-2020  
[www.preventblindness.org](http://www.preventblindness.org)

▶ **SICKLE CELL DISEASE ASSOCIATION OF AMERICA, INC.**  
800-421-8453  
[www.sicklecelldisease.org](http://www.sicklecelldisease.org)

▶ **SIMON FOUNDATION FOR CONTINENCE**  
800-237-4666  
[www.simonfoundation.org](http://www.simonfoundation.org)

▶ **SUBSTANCE ABUSE & MENTAL HEALTH SERVICES ADMINISTRATION**  
800-662-4357  
[www.samhsa.gov](http://www.samhsa.gov)

▶ **UNITED CEREBRAL PALSY**  
800-872-5827  
[www.ucp.org](http://www.ucp.org)

## PHYSICIANS AND PRESCRIPTIONS

▶ **AMERICAN ACADEMY OF HOME CARE MEDICINE**  
847-375-4719  
[www.aahcm.org](http://www.aahcm.org)

▶ **AMERICAN SOCIETY OF CONSULTANT PHARMACISTS**  
800-355-2727  
[www.ascp.com](http://www.ascp.com)

▶ **CLINICAL TRIALS.GOV**  
[www.clinicaltrials.gov](http://www.clinicaltrials.gov)

▶ **GOOD DAYS**  
877-968-7233  
[www.mygooddays.org](http://www.mygooddays.org)

▶ **HEALTHWELL FOUNDATION**  
800-675-8416  
[www.healthwellfoundation.org](http://www.healthwellfoundation.org)

▶ **MARYLAND RX CARD**  
[www.marylandrxcard.com](http://www.marylandrxcard.com)

▶ **NEEDYMEDS**  
[www.needymeds.org](http://www.needymeds.org)

▶ **PARTNERSHIP FOR PRESCRIPTION ASSISTANCE**  
888-477-2669  
[www.pparx.org](http://www.pparx.org)

▶ **RATEMDS.COM**  
[www.ratemds.com](http://www.ratemds.com)

▶ **RXLIST - THE INTERNET DRUG INDEX**  
[www.rxlist.com](http://www.rxlist.com)

▶ **VITALS**  
[www.vitals.com](http://www.vitals.com)

▶ **WEBMD, BETTER INFORMATION, BETTER HEALTH**  
[www.webmd.com](http://www.webmd.com)

## PROFESSIONAL WEBSITES

▶ **ADMINISTRATION FOR COMMUNITY LIVING (ACL)**  
202-401-4634  
[www.acl.gov/about-acl/administration-aging](http://www.acl.gov/about-acl/administration-aging)

▶ **AGING STATS**  
[www.agingstats.gov](http://www.agingstats.gov)

▶ **AMERICAN GERIATRICS SOCIETY**  
212-308-1414  
[www.americangeriatrics.org](http://www.americangeriatrics.org)

▶ **CENTER FOR RETIREMENT RESEARCH AT BOSTON COLLEGE**  
617-552-1762  
<https://crr.bc.edu>

▶ **GERONTOLOGICAL SOCIETY OF AMERICA, THE**  
202-842-1275  
[www.geron.org](http://www.geron.org)

▶ **LONG-TERM CARE FACTS**  
[www.longtermcareprimer.com](http://www.longtermcareprimer.com)

▶ **MARYLAND ASSOCIATION OF SENIOR CENTERS (MASC)**  
[www.marylandseniorcenters.com](http://www.marylandseniorcenters.com)

▶ **MERCK NATIONAL SERVICE CENTER, THE**  
800-444-2080  
[www.merck.com](http://www.merck.com)

▶ **METLIFE MATURE MARKET INSTITUTE**  
[www.medlife.com](http://www.medlife.com)

▶ **NATIONAL COUNCIL ON AGING (NATIONAL INSTITUTE OF SENIOR CENTERS - NISC)**  
571-527-3900  
[www.ncoa.org](http://www.ncoa.org)

▶ **NATIONAL LONG TERM CARE OMBUDSMAN RESOURCE CENTER**  
202-332-2275  
[ltombudsman.org](http://ltombudsman.org)

▶ **TOWSON UNIVERSITY-GERONTOLOGY PROGRAM**  
410-704-4049  
[www.towson.edu/carecenter/students/careers/major/gerontology.html](http://www.towson.edu/carecenter/students/careers/major/gerontology.html)

▶ **WOMEN'S INSTITUTE FOR A SECURE RETIREMENT**  
202-393-5452  
[www.wiserwomen.org](http://www.wiserwomen.org)

## TECHNOLOGY

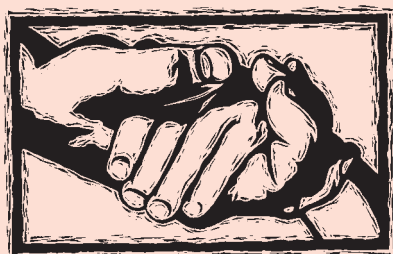
▶ **ALZHEIMER'S ASSOCIATION COMFORT ZONE**  
800-272-3900  
[www.alz.org](http://www.alz.org)



# Baltimore County Department of Aging CAREGIVERS PROGRAM

410-887-4724

*Providing support, education and resources to family members caring for their relatives.*



## **THE CAREGIVER CONNECTION NEWSLETTER**

A free quarterly informative newsletter highlighting information for family caregivers of older adults. Pick up a paper copy in all Baltimore County senior centers and public libraries. Electronic subscription option at [www.baltimorecountymd.gov/subscribe](http://www.baltimorecountymd.gov/subscribe)

## **MONTHLY RESOURCE SESSIONS**

Speak with the BCDA Caregivers Program staff to learn about different resource options and gain new strategies. Each month, the staff comes to a different Baltimore County senior center for this helpful two-hour Resource Session.

## **PERSONALIZED CAREGIVER CONSULTATION**

Eligible caregiving families in Baltimore County can meet one-to-one with a Caregiver Specialist to gain valuable guidance and resource suggestions specially tailored to what the family needs.

## **EVIDENCE-BASED WORKSHOPS**

Dealing with Dementia (DWD) Workshops are offered in Baltimore County, led by BCDA staff, trained by the Rosalynn Carter Institute for Caregiving. The four-hour DWD workshop is designed to give caregivers of people with dementia additional tools for dealing with the challenges and changes that come with this special type of caregiving.

Contact the BCDA Caregivers Program via email [caregivers@baltimorecountymd.gov](mailto:caregivers@baltimorecountymd.gov) or by calling 410-887-4724. For more information, view [www.baltimorecountymd.gov/Agencies/aging/caregivers](http://www.baltimorecountymd.gov/Agencies/aging/caregivers) on the Baltimore County web site.

# **FINANCIAL ELIGIBILITY GUIDELINES**

The income figures in the chart below are monthly calculations, unless otherwise noted.

<b>BENEFIT</b>		<b>ONE PERSON</b>	<b>TWO PEOPLE</b>	<b>ADDITIONAL GUIDELINE</b>
<b>SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM (SNAP)</b> (formerly Food Stamp Program)	Income	\$2,024	\$2,744	Helps low income households buy the food needed for good health. The benefit amount varies based on household circumstances. Income limits may be lower and asset tests may exist for some categories of individuals.
	Assets	No asset test	No asset test	
<b>QMB</b>  (Qualified Medicare Beneficiary)         (Changes in March)	Income	\$1,061	\$1,430	Pays Medicare Part A&B premiums, co-payments and deductibles.  Asset amounts include \$1,500 burial allowance for a single person, \$3,000 burial allowance for a couple.  Eligibility figures include \$20 disregard.
	Assets	\$9,230	\$14,600	
<b>SLMB</b>  (Specified Low Income Medicare Beneficiary)         (Changes in March)	Income	\$1,426	\$1,923	Similar to QMB but pays only Part B premium.  See asset and \$20 disregard note for QMB above.
	Assets	\$9,230	\$14,600	
<b>MEAP</b> (Maryland Energy Assistance Program) (Changes July 1)	Income	\$1,821	\$2,466	Provides eligible low-income Marylanders assistance with home heating bills.
	Assets	No asset test	No asset test	
<b>EUSP</b> (Electric Universal Service Program)         (Changes July 1)	Income	\$1,821	\$2,466	Provides eligible low-income Marylanders assistance with electric bills.  Only one application is required for both MEAP and EUSP.
	Assets	No asset test	No asset test	



## Are you on **MEDICARE?**



**Are you having trouble paying for your Medicare or prescription cost?**

**Counselors will assist you to determine if you may be eligible for benefits that will help you to meet your health needs.**



Baltimore County Executive John A. Olszewski, Jr.  
and the County Council

**Contact Baltimore County's Department of Aging's SHIP office.**

**Call 410-887-2059**



# ***FINANCIAL ELIGIBILITY GUIDELINES***

The income figures in the chart below are monthly calculations, unless otherwise noted.

<b>BENEFIT</b>		<b>ONE PERSON</b>	<b>TWO PEOPLE</b>	<b>ADDITIONAL GUIDELINES</b>
<b>MEDICAL ASSISTANCE FOR THOSE AGE 65 AND YOUNGER ON MEDICARE.</b>	Income	\$350	\$392	Requires documentation of disability; individuals can “spend down” to this income level to be eligible. Excludable assets include house, car and burial plan.
	Assets	\$2,500	\$3,000	
<b>MEDICAL ASSISTANCE FOR THOSE UNDER AGE 65, NOT ON MEDICARE.</b>		Up to \$17,244/year	Up to \$23,352/year	To qualify for Maryland Health Connection, you must be under age 65, be a U.S. citizen or a qualified alien for 5 or more years and a resident of the state of Maryland.
		\$17,245 to 49,960/year	\$23,353 to 67,640/year	
<b>REDUCED PREMIUMS</b>				
<b>SSI (SUPPLEMENTAL SECURITY)</b>	Income	\$783	\$1,175	M.A. eligibility automatic to low income individuals who are 65+, blind or disabled.
	Assets	\$2,000	\$3,000	
<b>MEDICAID HOME AND COMMUNITY BASED SERVICES PROGRAMS (FORMERLY MEDICAID WAIVER)</b>	Income	\$2,349	N/A	Assists with payment of services in the home or in assisted living; must be age 21+, assessed at a nursing home level of care, and meet MA institutional eligibility rules. Income eligibility figure includes \$20 disregard.
	Assets	\$2,000		
<b>SENIOR COMMUNITY SERVICE EMPLOYMENT PROGRAMS (SCSEP)</b>	Income	\$1,301	\$1,762	Employment training program for low income, age 55+.
	Assets	No asset test	No asset test	
<b>SENIOR CARE PROGRAM</b>	Income	\$2,904	\$3,797	Case-managed, in-home services for age 65+. Must be at risk of admission to NH.
	Assets	\$11,000	\$14,000	
<b>ACCESSIBLE HOMES FOR SENIORS</b>	Income	\$4,196	\$4,796	A loan program with zero percent interest deferred for 30 years to finance accessibility improvements. Age 55+.
	Assets	No Asset test	No asset test	
<b>SENIORS IN NEED (Power of Age Expo)</b>	Income	\$1,821	\$2,466	One-time-only and emergency assistance.
	Assets	\$7,000	\$10,000	
<b>SENIOR ASSISTED LIVING GROUP HOME SUBSIDY</b>	Income	\$2,904	\$3,797	Provides financial assistance for a limited number of eligible Assisted Living Group Home residents age 62+. Will pay up to \$650 toward cost of facility.
	Assets	\$11,000	\$14,000	
<b>CONGREGATE HOUSING SERVICES PROGRAM</b>	Income	\$2,904	\$3,797	Financial assistance for support services in selected senior housing sites; age 62+.
	Assets	\$27,375	\$35,587	

# **FINANCIAL ELIGIBILITY GUIDELINES**

The income figures in the chart below are monthly calculations, unless otherwise noted.

<b>SENIOR PRESCRIPTION DRUG ASSISTANCE PROGRAM (SPDAP)</b>	Income	\$3,123	\$4,228	Pays up to \$40 toward the monthly premium for Medicare Prescription or Medicare Advantage plans.  Some applicants may also qualify for a coverage gap subsidy.
	Assets	No asset test	No asset test	
<b>MEDICARE PART D – EXTRA HELP</b> Partial Low Income Subsidy	Income	\$1,581	\$2,134	Benefits help with premiums, deductibles, and co-pays.  Eligibility figures include a \$20 disregard.
	Assets	\$14,390	\$28,720	
	-----	-----	-----	
	-----	-----	-----	
Full Low Income Subsidy	Income	\$1,425	\$1,922	
	Assets	\$9,250	\$14,600	
<b>VETERANS AID AND ATTENDANCE BENEFIT</b>  <b>AID AND ATTENDANCE FOR SURVIVING SPOUSE</b>	Net Worth (assets and income combined)	\$127,061	\$127,061	Payments for personal care assistance/ assisted living for veterans who are homebound. Multiple additional conditions must be met.
<b>EMPLOYED INDIVIDUALS WITH DISABILITIES PROGRAM (EID)</b>	Income	Countable income up to \$3,123	Countable income up to \$4,228	Health insurance for qualified employed persons age 18-64. May be on private health insurance or Medicare.
	Assets	Under \$10,000	Under \$15,000	
<b>WEATHERIZATION ASSISTANCE PROGRAM</b>	Income	\$2,081	\$2,818	Helps low income households with the installation of energy conservation materials.
	Assets	No asset test	No asset test	

**ADULT DAY CARE Medical Assistance Reimbursement - \$82.24**

Verified: December 2019

**2019 FEDERAL POVERTY LEVEL (FPL) GUIDELINES: \***

<b>100%</b> 1 Person:	\$1,041/ month	(\$12,490/yr.)
2 People:	\$1,409/month	(\$16,910/yr.)
3 People:	\$1,778/month	(\$21,330/yr.)
4 people:	\$2,146/month	(\$25,750/yr.)

# FINANCIAL ELIGIBILITY GUIDELINES

## SPOUSAL IMPOVERISHMENT STANDARDS:

## MEDICARE 2020

These are guidelines to prevent the impoverishment of a spouse who lives in the community, when the other spouse resides in a nursing facility.

### RESOURCES

**Maximum Spousal Share**                    **\$126,420**

**Minimum Spousal Share**                **\$25,284**

### INCOME

**Basic Maintenance and Shelter Allowance**                    **\$2,113.75**

**Excess Shelter Standard**                **\$634.13**

**Maximum Maintenance and Shelter Allowance**                    **\$3,160.50**

### UTILITY STANDARDS:

**Heat included in rent**                    **\$257.00**

**Heat paid separately from housing**                                    **\$420.00**

All non-exempt assets (savings and checking accounts, stocks, bonds, etc.) owned by either spouse, jointly or separately, are pooled as of date nursing home spouse enters the nursing home. Effective 1/1/19, the community spouse may keep \$25,284 or ½ the assets, whichever is greater but not more than \$126,420. The couple's remaining assets are used to pay for nursing home care or other expenses, until the nursing home spouse's assets reach the Medicaid eligibility level. The community spouse's income will be evaluated to determine how much, if any, of the nursing home spouse's monthly income can be allowed for the community spouse's monthly maintenance allowance.

### Medicare Part A

**Monthly Premium:** \* If worked 40 or more quarters, generally no Part A premium

\* If worked less quarters, there is a premium

\$458/month 0 – 29 quarters

\$252/month 30 – 39 quarters

**Hospital Deductible: \$1,408 per benefit period (Medicare pays for 60 days)**

**Coinsurance: \$352 per day co-payment (days 61 – 90)**

**Coinsurance: \$704 per day (days 91 – 150)**

### Skilled Nursing Facility Coinsurance

(After hospital stay of at least 3 days):

\$0 for days 1 - 20 per benefit period

\$176.00 per day for days 21 – 100 (per benefit period)

(no custodial or intermediate N.H. care is provided)

### Medicare Part B

**Deductible:** You pay \$198 per year.

**Co-Payment:** You pay 20 percent co-payment for approved charges.

### MEDICARE PART D – PRESCRIPTION DRUG PROGRAM

Deductible up to \$435 in 2020

### Medicare Part B Premiums\*

Beneficiaries who file an individual tax return with income:	Beneficiaries who file a joint tax return with income	Monthly Part B Premium	Monthly Part D Adjustment
\$87,000 or below	\$174,000 or below	\$144.60	
\$87,001 to \$109,000	\$174,001 to \$218,000	\$202.40	\$12.20
\$109,001 to \$136,500	\$218,001 to \$272,000	\$289.20	\$31.50
\$136,501 to \$163,000	\$272,001 to \$326,000	\$376.00	\$50.70
\$163,001 to \$500,000	\$326,001 - \$750,000	\$462.70	\$70.00
Above \$500,000	Above \$750,000	\$491.60	\$76.40

\* A small percentage of people may pay lower premium, based on income. Call Social Security at 1-800-772-1213 for details.

Call Maryland Access Point at 410-887-2594 in Baltimore County or Maryland Access Point in Baltimore City at 410-396-2273 for additional information or to be screened for financial benefits.



## Eligibility for Savings on Medicare

Baltimore County State Health Insurance Assistance Program (SHIP) 410-887-2059



Baltimore County Executive John A. O'Rowe, Jr.  
and the County Council

### SAVE ON MEDICARE PRESCRIPTION DRUG PLAN COSTS 2019 MARYLAND SENIOR PRESCRIPTION DRUG ASSISTANCE PROGRAM (SPDAP)

GROSS INCOME	ASSETS	ASSISTANCE	WHAT YOU NEED TO DO
Under \$37,470 (Single) \$50,730 (Couple)	Not counted	Up to \$40 toward the monthly premium	APPLY through Maryland Senior Prescription Drug Assistance Program (SPDAP) 1-800-551-5995 <a href="http://www.marylandspdap.com">www.marylandspdap.com</a>

### SOCIAL SECURITY ADMINISTRATION EXTRA HELP / LOW INCOME SUBSIDY 2019

GROSS INCOME	ASSETS	ASSISTANCE	WHAT YOU NEED TO DO
Under \$18,975 (Single) \$25,605 (Couple)	Under \$14,390 (Single) \$28,720 (Couple)	<ul style="list-style-type: none"> <li>❖ Sliding scale assistance on the monthly premium.</li> <li>❖ Deductible \$89.00</li> <li>❖ Drug co-payments: 15% or less <b>(Partial Extra Help)</b></li> </ul>	<ul style="list-style-type: none"> <li>❖ APPLY through Social Security 1-800-772-1213 or <a href="http://www.ssa.gov">www.ssa.gov</a></li> <li>❖ ALSO APPLY FOR MDSPDAP</li> <li>❖ May also be eligible for SLMB. For an application call Baltimore County SHIP or the Department of Social Services.</li> </ul>
Under \$17,102 (Single) \$23,069 (Couple)	Under \$9,230 (Single) \$14,600 (Couple)	<ul style="list-style-type: none"> <li>❖ No Monthly Premium</li> <li>❖ No Deductible</li> <li>❖ \$3.60 generic drug \$8.95 brand name drug <b>(Full Extra Help)</b></li> </ul>	<ul style="list-style-type: none"> <li>❖ APPLY through Social Security 1-800-772-1213 or <a href="http://www.ssa.gov">www.ssa.gov</a></li> <li>❖ May also be eligible for QMB or SLMB. For an application call the Baltimore County SHIP or the Department of Social Services.</li> </ul>
Full Medical Assistance Eligible <b>(red and white card)</b>	Full Medical Assistance Eligible	<ul style="list-style-type: none"> <li>❖ No Premium</li> <li>❖ No Deductible</li> <li>❖ \$1.30 generic drug \$3.90 name brand drug</li> </ul>	<ul style="list-style-type: none"> <li>❖ Automatically enrolled in Extra Help. Do <b>Not</b> apply through Social Security.</li> <li>❖ Medicare premiums, deductibles, and co-pays will be paid through the Department of Social Services.</li> </ul>

**Types of income not counted: The first \$65 of monthly wages, one-half of your monthly wages after the \$65 is deducted. Couple: defined as married and living together. Assets: Primary house and car are not counted.**

### SAVE ON PART A, PART B PREMIUMS, DEDUCTIBLES, AND CO-PAYMENTS DEPARTMENT OF SOCIAL SERVICES (MEDICARE SAVINGS PROGRAMS)

#### QMB Qualified Medicare Beneficiary Program (QMB)

\*Pays for Medicare Part A and Part B Monthly Premiums, Deductibles and Co-payments

ANNUAL /MONTHLY GROSS INCOME	RESOURCES / ASSETS	WHAT YOU NEED TO DO
\$12,732 / \$1,061 (Single) \$17,160 / \$1,430 (Couple)	\$9,230 (Single) \$14,600 (Couple)	Call SHIP (410-887-2059) or visit the Department of Social Services for an application.

#### SLMB, Specified Low-Income Medicare Beneficiary Benefit

\* pays for ONLY the monthly Medicare Part B Premium.

ANNUAL /MONTHLY GROSS INCOME	RESOURCES / ASSETS	WHAT YOU NEED TO DO
\$17,112/ \$1,426 (Single) \$23,076 / \$1,923 (Couple)	\$9,230 (Single) \$14,600 (Couple)	Call SHIP (410-887-2059) or visit the Department of Social Services for an application.

**NOTE:** Once the application has been processed, the Department of Social Services sends a letter to tell client if he/she is eligible. If eligible, a gray and white card will be received.

Revised: December 2019

# Commit to be fit in 2020

Now is the time to start improving your health and wellness by joining one of the many Baltimore County Department of Aging (BCDA) Senior Centers that offer an array of fitness and wellness programs.

From Aerobics to Fitness Centers to Zumba, each location offers a variety of fitness opportunities tailored to meet your exercise goals. A wide range of nutrition and wellness seminars are offered throughout the year to enhance your ability to Live Longer - Live Well.



*Improve your balance, cardiovascular health, hand-eye coordination and lose weight with our exercise classes and sports*

- Tai Chi
- Yoga
- Strength Training
- Zumba Gold
- Seated Chair Exercise
- Ballroom Dancing
- Line Dance
- Basketball
- Table Tennis
- Volleyball
- Pickleball
- Body Fit
- Drums Alive
- Water Aerobics
- Wii Exercise
- Cardio Fit
- Bowling

*Build strength and endurance in one of BCDA's 13 Fitness Centers!*

**WEST**

**Arbutus Senior Center**  
855A Sulphur Spring Road, MD 21227  
410-887-1410

**Catonsville Senior Center**  
501 North Rolling Road, MD 21228  
410-887-0900

**Liberty Senior Center**  
3525 Resource Drive, MD 21133  
410-887-0780

**Pikesville Senior Center**  
1301 Reisterstown Road, MD 21208  
410-887-1245

**NORTH**

**Bykota Senior Center**  
611 Central Avenue, MD 21204  
410-887-3094

**Cockeysville Senior Center**  
10555 York Road, MD 21030  
410-887-7694

**Jacksonville Senior Center**  
3605 Sweet Air Road, MD 21131  
410-887-8208

**Parkville Senior Center**  
8601 Harford Road, MD 21234  
410-887-5338

**Reisterstown Senior Center**  
12035 Reisterstown Road, MD 21136  
410-887-1143

**EAST**

**Ateaze Senior Center**  
7401 Holabird Avenue, MD 21222  
410-887-7233

**Edgemere Senior Center**  
6600 North Point Road, MD 21219  
410-887-7530

**Essex Senior Center**  
600 Dorsey Avenue, MD 21221  
410-887-0267

**Seven Oaks Senior Center**  
9210 Seven Court Drive, MD 21236  
410-887-5192

**Personal Trainers are available to develop an individual exercise plan to meet your goals.**

*Fitness centers are drop-in, use at your own risk facilities. You must have your physician's consent to use the fitness center and attend a mandatory equipment orientation session. Membership is required.*



*Learn how to manage chronic conditions and age successfully with evidence-based programs.*

- Bingocize®**
- Chronic Disease, Diabetes and Pain Self-Management Education**
- Stepping On**
- EnhanceFitness**
- Aging Mastery Program®**

- Healthy Eating for Successful Living™**
- Tai Chi Classes for Arthritis**
- Move with Balance**
- Tai Ji Quan: Moving for Better Balance™**
- Fit and Strong!**
- Stepping Up Your Nutrition**



Baltimore County Executive John A. Olszewski, Jr. and the County Council



**For information, call 410-887-2040**





# OVERVIEW OF BALTIMORE COUNTY HOME OWNERSHIP and HOME IMPROVEMENT INITIATIVES




PROGRAM	TYPE OF ASSISTANCE	HOUSEHOLD INCOME LIMITS or other specific RESTRICTIONS	ELIGIBLE AREAS Check maps that accompany each program	APPLY THROUGH
<b>SELP</b> Settlement Expense Loan Program	Loan of up to \$10,000 for closing costs. Deferred repayment until transfer of property, refinance or non-occupancy by borrower. Loan is forgiven if owner occupies property as principal residence for 15 years.	80% of Baltimore Area Median Family Size 11 \$52,850 22 \$70,500 33 \$87,500 44 \$105,000 55 \$121,000 66 \$137,500 77 \$151,000 88 \$169,500	Entire Baltimore County	<b>Baltimore County Housing Counseling Affiliates:</b>  Harbel Housing Partnership 410-444-9152  Diversified Housing Development 410-496-1214  Belair-Edison Neighborhoods, Inc. 410-485-8422  Eastside Community Development Corporation, Inc. 410-284-9861  St. Ambrose Housing Aid Center 410-366-8550
<b>MD Mortgage Program (MMP)</b> CDA 1 <sup>st</sup> MORTGAGE	See website for details <a href="http://www.mmpprogram.com">www.mmpprogram.com</a>		Entire County	Participating CDA Lenders

**Baltimore County and Baltimore City's Retired and Senior Volunteer Program (RSVP) is seeking individuals ages 55 and over to serve in our community.**

**Directly Impact the Environment**  
**Help the Hungry**  
**Impact the Youth**  
**Increase Community Awareness about Alzheimer's Disease**  
**Assist Seniors to Live Independently**  
**Prepare a Variety of Crafted Items**  
**And More!**



Baltimore County Executive John A. Olszewski, Jr.  
and the County Council

**Baltimore County: 410-887-3101 • [volunteers@baltimorecountymd.gov](mailto:volunteers@baltimorecountymd.gov)**  
**Baltimore City: 410-361-9400 • [health.baltimorecity.gov/aging-services/volunteer-opportunities](http://health.baltimorecity.gov/aging-services/volunteer-opportunities)**

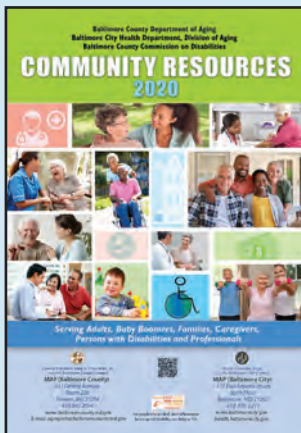


# OVERVIEW OF BALTIMORE COUNTY HOME OWNERSHIP and HOME IMPROVEMENT INITIATIVES



PROGRAM	TYPE OF ASSISTANCE	HOUSEHOLD INCOME LIMITS or other specific RESTRICTIONS	ELIGIBLE AREAS Check maps that accompany each program	APPLY THROUGH
<b>Maryland Housing Rehabilitation Program (MHRP)</b>	Loan for up to 95% of property value for repairs to 1 - 4 unit dwellings 0% - 6% interest	By family size 1 \$ 52,850 2 \$ 60,400 3 \$ 67,950 4 \$ 75,500	Entire County	Housing Opportunities Program 410-887-3124
<b>SINGLE FAMILY REHAB PROGRAM</b>	Loan for up to \$35,000 in repairs to owner occupied property. 0% - 4.5% interest	80% of Baltimore Area Median, by family size 1 \$ 52,850 2 \$ 60,400 3 \$ 67,950 4 \$ 75,500 5 \$ 81,550 6 \$ 87,600	Entire County	Housing Opportunities Program 410-887-3124
<b>Foreclosure Prevention</b>	Assistance exploring loan workout solutions	N/A	Entire County	Diversified Housing Development 410-496-1214  Eastside Community Development Corporation, Inc. 410-284-9861  St. Ambrose Housing Aid center 410-366-8550

Official PROGRAM GUIDELINES & PROCEDURES govern program requirements and eligibility. Program descriptions above are summarized. For Information Packet and further information call: **410-887-3124**



For information regarding  
bulk distribution of  
***Community Resources 2020***

to your organization,  
please contact  
Peggy Dryden at

***mdryden@baltimorecountymd.gov***  
**or 410-887-3517.**



## Living Connected

# THE POWER OF AGE EXPO

**DISCOVER THE  
POWER OF AGE**  **EXPO**

Baltimore County Department of Aging

**October 28, 2020**

*Timonium Fairgrounds*

Featuring:

- Connect with up to 300 exhibitors with information and specialty products
  - Continuous entertainment
- Discover a treasure in the Silent Auction by being the highest bidder
- Crown the best local artist in the Power of Age Art Show/Exhibit
- Benefit from free preventive health screenings and flu/pneumonia vaccinations
- Learn about government resources available in Baltimore County



Baltimore County Executive John A. Olszewski, Jr.  
and the County Council

For information, call **410-887-2594**  
or visit [www.powerofageexpo.com](http://www.powerofageexpo.com).



# SUMMARY OF SERVICES

## Baltimore County Department Of Aging (BCDA)

Web Site Address:  
[www.baltimorecountymd.gov/aging](http://www.baltimorecountymd.gov/aging)  
E-mail Address: [aginginfo@baltimorecountymd.gov](mailto:aginginfo@baltimorecountymd.gov)

Any questions can be directed to  
**Maryland Access Point of Baltimore County**  
**410-887-2594**

## Baltimore City Health Department, Division of Aging

Web Site Address: [health.baltimorecity.gov](http://health.baltimorecity.gov)  
Email Address: [MAP.BCHD@baltimorecity.gov](mailto:MAP.BCHD@baltimorecity.gov)

Any questions may be directed to  
**Maryland Access Point of Baltimore City**  
**410-396-2273**

People who are deaf, hard of hearing or have a speech disability use Relay or 711.

## Caregivers Program

**410-887-4724 (County), 410-396-1337 (City)**

The Caregivers Program serves family members caring for older adults over age 60, and senior grandparents caring for grandchildren. The program offers education and outreach, individual consultations, an annual conference, a quarterly newsletter and limited stipends for respite care. These programs are designed to assist family caregivers in providing good care to older relatives while also taking care of themselves.

## Eating Together Program

**410-887-3052 (County), 410-664-0700 (City)**

The Eating Together program provides a nutritious meal and companionship in 36 County sites in senior centers, community buildings and senior residences and over 50 City sites in senior centers, senior residences and community venues. The menus, planned as the main meal of the day, are made up of a variety of foods to provide at least one-third of the recommended daily nutritional needs. Meals are prepared and delivered by commercial caterers. Kosher meals are offered at several sites. Detailed nutrition information is available to assist those on special diets. Residents aged 60 and over and their spouses of any age are eligible to participate in this program and are asked to make a voluntary, anonymous donation toward the full cost of the meal. Younger persons may also participate, but are required to pay the full cost of the meal. All contributions are used to enable the program to serve as many meals as possible. Eating Together is available through the Older Americans Act which serves approximately 100 million meals to older adults each year across the nation. Nutrition education is offered at Eating Together sites and other community venues. Nutrition education provides a basis for making informed choices and setting realistic nutritional goals.

## Elder Abuse Prevention Program

**410-887-4200 (County), 410-396-3144 (City)**

The Ombudsman Program provides information and education on the signs and symptoms of elder abuse and promotes strategies for the prevention of abuse, neglect and exploitation of vulnerable adults.

## BC-REST Coalition - Baltimore County Restoring

**Elder Safety Today** is a coalition of Baltimore County agencies and local programs also working together for elder abuse prevention and education. To join the coalition or for more details on the coalition events, please call 410-887-4200.

## Emergency Card

**410-887-2594 (County-Orange Card)**

**410-396-2273 (City-Gold Card)**

This card could save your life! The emergency and medical history information on the card can alert emergency personnel to critical information in medical emergency situations.

## Employment

**410-887-4006 (County), 410-396-2773 (City)**

SCSEP is a community service and work-based job training program for older Americans. Authorized by the Older Americans Act, the program provides training for low-income, unemployed people age 55 and older. Participants also have access to employment assistance through the American Job Center network. SCSEP participants gain work experience in a variety of community service activities at non-profit and public agencies, including schools, hospitals, day-care centers, and senior centers. Participants work an average of 20 hours a week and are paid the highest of the federal, state or local minimum wage. This training serves as a bridge to civic engagement and skills enhancement; and leads to unsubsidized employment opportunities for participants.

## Guardianship

**410-887-2594 (County), 410-545-7702 (City)**

In instances where no family is available or appropriate to take responsibility for making decisions about the care of an incompetent elderly person, the Director of the Department of Aging in the County and the Director of the Division of Aging in the City may be appointed by the Court as the legal guardian of person for the individual. Responsibilities include coordinating housing, health care and all essential non-financial personal welfare needs.

## Health and Wellness Promotion and Education

**410-887-2040 (County), 410-396-1337 (City)\***

Health and wellness promotion programs are made available to persons age 60 and over. Health promotion offers evidence-based programs that assist with fall prevention, self-management of chronic conditions, nutrition and exercise. To locate health and wellness screenings being offered at Baltimore County senior centers, visit [www.baltimorecountymd.gov/healtheducation](http://www.baltimorecountymd.gov/healtheducation). \*Some services may not be offered in both locations.

# SUMMARY OF SERVICES

## Home-Delivered Meals

410-887-2594 (County), 410-396-1337(City)

Program provides two home-delivered meals daily, up to five days a week. The cost of home-delivered meals may also be subsidized based on financial eligibility. Call the numbers above for availability and criteria. Meals are currently provided by Meals on Wheels of Central Maryland.

## Housing

410-887-4632 (County), 410-545-7702 (City)

The Housing Program is responsible for the Senior Assisted Living Group Home Subsidy Program administration and monitoring. Income, age and residency requirements apply. Licensed assisted living facilities are inspected or surveyed on a regular basis by the Maryland Department of Health and Mental Hygiene (410-402-8217) to ensure that they are in compliance with state-local regulations. The region of interest's MAP office maintains a current list of senior apartments, assisted living facilities and retirement communities. Licensed 4 - 15 Baltimore County providers in good standing are welcome to call 410-887-4632 for (SALGHS) for provider service opportunities. For the City, this office provides housing interventions for evictions as well as locating alternative housing solutions, providing assistance with utilities, taxes, and landlord issues. Homeless intervention includes assessments, placements, referrals, and resource linkage for benefits and entitlements to homeless older adults.

## Language Interpreting Services

410-887-2594 (County), 410-396-2273 (City)

Each region utilizes a language interpreting service for older adults/ persons with disabilities and individuals with no or limited English proficiency. Telephone language interpreter service is available for callers in up to 140 different languages.

## Maryland Access Point (MAP)

410-887-2594 (County), 410-396-2273 (City)

The Maryland Access Point telephone number is the only phone number that is needed in either region to access information regarding services and benefits available to older adults, persons with disabilities, caregivers and professionals. Staff are Certified Information and Referral Specialists (CIRS). They provide a comprehensive screening, give information and guidance, make referrals and link the caller to appropriate resources. In-person consultations are also available. A computerized database is used to maintain a comprehensive listing of information and resources. Telephone language interpreter service is available for callers in up to 140 different languages. Persons are also provided with counseling to assist with long term care supports decision making.

## Maryland Legal Aid

410-427-1800 (County), 410-396-1322 (City)

Assists low-income individuals, including older adults, with civil legal issues such as health care, income maintenance, public benefits, housing and utilities and unemployment benefits.

## Maryland Senior Legal Helpline

866-635-2948 (County)/ (City)

Free helpline for all Maryland residents age 60 and older to obtain answers, advice and referrals for civil legal problems. Call this same helpline for free legal assistance on long term care (nursing home) issues.

## Medicaid Home and Community Based Services Programs

410-887-2594 (County), 410-396-4932 (City)

The Medicaid Home and Community Based Services Programs provides Medicaid recipients, who are nursing home eligible or at risk of nursing home placement, an opportunity to receive needed services in their home. Some individuals may qualify for assistance in an assisted living facility. There is currently an extensive waiting list for services covered under many of these programs. Call MAP for screening.

## Ombudsman Program

410-887-4200 (County), 410-396-3144 (City)

The Ombudsman Program is an advocacy program that works to protect the rights and improve the quality of life of residents living in long term care facilities. Ombudsman staff visit and attempt to resolve complaints or concerns made by or on behalf of residents. Ombudsmen also provide educational services to both residents and long term care staff on a wide range of aging topics involving quality of life and care in nursing homes and assisted living facilities. In addition, volunteers visit nursing homes and assisted living facilities to do advocacy visits, problem solving as well as provide educational learning opportunities. For Baltimore County residents, learn more about this program by e-mailing: ombudsman@baltimorecountymd.gov.

## Retired and Senior Volunteer Program - Get Connected And Contribute

410-887-3101 (County), 410-361-9400 (City)

The Retired and Senior Volunteer Program (RSVP) encourages individuals ages 55 and older to volunteer their skills and talents to make a difference within their communities. Volunteers are matched with one or more non-profits or public agencies that partner with RSVP in the region. To find out how you can impact your local community and serve among a corps of seniors leading with experience, contact your nearest RSVP Office.



@BaltimoreCountyAging



@BaltCoAging

Get social with us!

flickr baltimorecountying

www.baltimorecountymd.gov/aging

# SUMMARY OF SERVICES

## Senior Centers

410-887-2040 (County), 410-396-4932 (City)

Twenty (20) senior centers in the County and thirteen (13) senior centers throughout Baltimore City offer opportunities for individuals aged 60 and older to engage in volunteerism, enhance skill development and lifelong learning, eat a healthy meal, and participate in sports and exercise, music and the arts, drama and dance. Nutrition education, health screenings and information and referral services are provided, along with a large dose of fun! In the County, exercise in fitness centers at 13 sites for a nominal fee. Center membership is free, although a donation toward center enhancements is requested, and some classes have fees.

## State Health Insurance Assistance Program (SHIP)

410-887-2059 (County), 410-396-2273 (City)

Volunteers provide free, unbiased, confidential health insurance counseling for the Medicare eligible and their caregivers. Helps consumers understand Medicare eligibility, benefits and resolves problems. Provides Medicare education to individuals or groups regarding: Part A-Hospitalization, Part B-Medical, Part C-Health Plans, Part D-Prescription Drugs, Medicare supplements, Appeals, and Fraud and Abuse. Provides eligibility assessment for financial programs to assist with the costs of Medicare through the Medicare Savings Programs administered by the Department of Social Services: Qualified Medicare Beneficiaries (QMB) or Specified Low Income Medicare Beneficiaries (SLMB). Also, provides eligibility assessment for Part D Prescription Plan financial assistance through the following: Maryland Senior Prescription Drug Assistance Program (SPDAP) and the Social Security Administration's Extra Help. Provides computer research for selecting and enrolling in Part D drug plans. Assists with the Annual Open Enrollment from October 15 - December 7 for Medicare Prescription Drug Plans and Medicare Health Plans (Advantage Plans) for the following year. These services are generally provided by telephone. Language accommodations are available.

## Senior Medicare Patrol (SMP)

410-887-2059 (County), 410-396-2273 (City)

SMP volunteers conduct free presentations for Medicare beneficiaries, their families and caregivers to prevent, detect and report possible Medicare fraud or abuse. SMP addresses how to prevent medical identity theft by protecting one's Medicare card, as well as what to do when potential fraud or abuse by health care providers is suspected. Staff will evaluate complaints and will refer when appropriate to the proper authorities. SMP also discusses how to protect against telemarketing scams, mail fraud schemes and illegal or deceptive marketing of Medicare Advantage and/or Medicare Prescription Drug Plans.

## Tax Assistance for Older Adults

410-887-2594 (County), 410-396-2273 (City)

Trained AARP Tax Aide volunteers provide free tax preparation assistance to older adults and low income individuals at the majority of senior centers and other off-site locations throughout the region. Tax assistance is available from February through April 15 annually. Trained volunteers complete basic federal and state personal income tax forms and homeowners' and renters' tax credit applications. Tax Aide volunteers also understand the provisions of the tax code that pertain to older adults and can respond to tax-related questions. Appointments are required and each taxpayer must provide all records required to prepare the returns.

## Baltimore County Department Of Aging (BCDA) SUMMARY OF SERVICES

Any questions can be directed to  
Maryland Access Point of Baltimore County  
410-887-2594

People who are deaf, hard of hearing or have a speech disability use Relay or 711.

Web Site Address: [www.baltimorecountymd.gov/aging](http://www.baltimorecountymd.gov/aging)  
E-mail Address: [aginginfo@baltimorecountymd.gov](mailto:aginginfo@baltimorecountymd.gov)

## Annual BCDA Run/Walk - 410-887-2040

Date: September 20, 2020

The 14th annual Get Ready! Get Set! Get Fit! 5K Run/Walk-1Mile Fun Walk promotes the importance of being physically fit at any age and raises funds to help support fitness centers and exercise programs in BCDA Senior Centers. This intergenerational event attracts participants of all ages and is perfect for serious runners as well as those out for a relaxing stroll. To register, visit [www.getreadygetsetgetfit5k.com](http://www.getreadygetsetgetfit5k.com).

## Center Connection Program - 410-887-2970

Center Connection, your "link to senior center independence," is a service operating in eight Baltimore County senior centers for residents age 60 and over who need assistance and support connecting to the activities and services provided by the senior center. Each potential participant must be independent in mobility and personal care needs. Once registered, the individual works with the center connection specialist to develop an activity schedule, taking into account each older adult's interests, abilities and needs. The center connection specialist helps the individual maximize their senior center experience by encouraging participation in classes, connecting them with other center members, registering for classes and participating in the Eating Together lunch program, while providing information and referrals to community resources as needed.

## Community Outreach Program - 410-887-2594

This program, an extension of Maryland Access Point (MAP), connects Baltimore County residents age 60 and over to community resources. Outreach workers evaluate seniors' needs, assist with applying for benefits and services, and connect seniors to resources to help them remain independent in their homes and communities. Assistance is offered on both a short-term and long-term basis. Persons are also provided with counseling to assist with long term care supports decision making.

## CountyRide - 410-887-2080/FAX 410-887-8281

CountyRide is Baltimore County's para-transit service designed to serve county residents 60 years of age and over, persons with disabilities from age 18 - 59 and those living in the rural area of the county of any age. CountyRide does not provide transportation to nursing home residents or to daycare facilities. CountyRide is a demand response transportation service for medical and non-medical appointments, shopping shuttles and senior centers. Hours of telephone access to the office are 8:00 a.m. - 4:00 p.m., Monday - Friday. Interactive voice and web response system is available 24/7.

# SUMMARY OF SERVICES

## **Flu Inoculation Program - 410-887-2594**

Flu and pneumonia inoculations are available at The Power of Age Expo and at 20 Baltimore County senior centers. To find a location near you, visit [www.baltimorecountymd.gov/healtheducation](http://www.baltimorecountymd.gov/healtheducation). Please check with your health insurance provider for information about coverage.

## **Home Team Program - 410-887-4141**

The Home Team is a community-based volunteer program in Baltimore County that provides friendly visits to Baltimore County seniors, age 60 years and older who are homebound, live alone, and are at a greater risk of living in isolation. Volunteer "friendly visitors" help seniors maintain a connection to other people and the community, foster new relationships and interests, improve emotional well-being, reduce feelings of loneliness, maintain a higher quality of life, and remain independent in their homes longer. For seniors age 60 years or more who are homebound and food insecure, assigned volunteers can pick up food from partnering food pantries and deliver the bags to your door. To volunteer or receive friendly visits, please call 410-887-4141 or email [hometeam@baltimorecountymd.gov](mailto:hometeam@baltimorecountymd.gov).

## **Living Longer Living Well Summit For Older Adults - 410-887-2002**

The Summit is hosted by the Baltimore County Department of Aging to offer an educational opportunity for older adults of all ages to help them live their best life. This conference offers a diverse range of cutting-edge topics to help promote successful aging. Topics include health, fitness, finances, scams, relationship support, downsizing, technology, spirituality and more. At an affordable price, the day includes a continental breakfast, lunch, parking and workshop options. Pre-registration with payment required.

## **Loan Closet - 410-887-2594**

This program lends equipment such as walkers, bath chairs, tub transfer benches and wheelchairs to Baltimore County residents age 60 and older. Also offers individualized demonstrations of assistive devices. There is no fee although a refundable deposit may be required for some items. Donation of equipment in good condition is accepted on a limited basis. Please call to reserve or donate equipment. Limited hours.

## **No Senior Eats Alone Day® - 410-887-2002**

This program offers a connection to those older adults in the community who may be isolated or lonely and or in need of support. Participate at one of BCDA's 20 senior centers and or partners of the day to enjoy lunch with peers and entertainment. Partners include faith communities, community associations, restaurants, senior housing buildings and other locations. For those interested in participating, please call 410-887-2594. For those interested in becoming a partner, please call 410-887-2002.

## **Publications - 410-887-2594**

The Baltimore County Department of Aging publishes various booklets, directories and pamphlets for older adults, baby boomers, caregivers, persons with disabilities and professionals. Topics include: scams and frauds, nutrition, active aging, caregiving, grief/loss, health, housing, nursing homes, legal issues, financial topics, funeral planning, wellness and more. Call for more information.

## **Senior Solutions Conference - 410-887-2012**

**Date: June 1, 2020**

This conference is sponsored by the Baltimore County Department of Aging and the Commission on Aging for professionals in the field of aging. The focus of the conference corresponds with BCDA's annual initiative. CEU credits are provided. Please call for further information.

## **Speakers Bureau - 410-887-2594**

Speakers are available to discuss services and programs of the Department of Aging as well as issues that affect the older adult/disabilities population. The Department of Aging also participates in community events and health fairs.

## **The Power of Age Expo – Celebrating 33 years! - 410-887-2012**

**Date: October 28, 2020**

Hosted by the Baltimore County Department of Aging, The Power of Age Expo (formerly called Senior Expo/Baby Boomer Expo) is an exciting information and resource event. Through Expo, older adults, baby boomers, families, caregivers, persons with disabilities and professionals can learn about a wide variety of products and services which can enhance their lives. More than 295 exhibits feature the latest information on health care, finances, government services, leisure time activities, retirement housing and products to support living life to the fullest. Expo offers free health screenings, continuous entertainment, a silent auction, special feature areas, free gifts, prizes and more. Please call for more information or visit the Expo's dedicated website at [www.powerofageexpo.com](http://www.powerofageexpo.com). Sponsorships and exhibitor opportunities are available.

## **The Time Of Your Life Television Show - 410-887-2012**

*The Time of Your Life* is BCDA's Comcast television program on the Baltimore County Comcast Cable Channel 25. The show offers the latest information about services and programs available to Baltimore County older adults, baby boomers, their families, caregivers, persons with disabilities and professionals. It also provides information about contemporary topics as well as fun opportunities for entertainment, fitness, travel and recreation. Call Maryland Access Point of Baltimore County at 410-887-2594 to learn about the topics featured on the current show or view the show at [www.baltimorecountymd.gov/videos](http://www.baltimorecountymd.gov/videos); click on The Time of Your Life. The show is available on the Internet with open captioning. View the show on: Monday at 9:00 a.m., 2:30 p.m.; Tuesday at 2:30 p.m., 7:00 p.m.; Wednesday at 12:00 p.m., 6:00 p.m.; Thursday at 11:00 a.m., 9:00 p.m.; Friday at 12:00 p.m., 8:00 p.m.; Saturday at 1:00 p.m., 5:00 p.m., 9:00 p.m.; Sunday at 1:00 p.m., 5:00 p.m.

## **Time of Your Life Digest - 410-887-3050**

*Time of Your Life Digest* is the Baltimore County Department of Aging's newspaper filled with useful information and entertaining articles on topics affecting older adults, baby boomers, caregivers, persons with disabilities and professionals in Baltimore County. The Digest is mailed to subscribers eight times a year for as little as \$5. The newspaper, which has a readership of 25,000, is also a powerful way to advertise to a targeted market throughout the County. Call for details about display advertisements, classified rates and subscription information.

# SUMMARY OF SERVICES

Programs exclusive to the  
**Baltimore City Health Department, Division of Aging**

## SUMMARY OF SERVICES

Web Site Address:

health.baltimorecity.gov

Email Address: MAP.BCHD@baltimorecity.gov

Any questions may be directed to  
**Maryland Access Point of Baltimore City**  
**410-396-2273**

### **Adults Evaluation and Review Services - 410-396-6606**

Adult Evaluation and Review Services will provide comprehensive evaluations to identify the needs of the medically, mentally, and functionally disabled adults who face the risk of premature and inappropriate institutionalization. The AERS team consists of a nurse, social worker, consulting psychiatrist and psychologist. The teams provide the individual with a face to face comprehensive evaluation, including medical/nursing, environmental and psychosocial assessment. The evaluation is conducted in the home setting or the individual's current location. Education regarding community resources and services are provided to individuals, families and care providers. Upon completion of the evaluation, the multidisciplinary team develops a plan of care, which recommends services needed to help the individual remain at home, or in the least restricted environment. Every effort is made to obtain appropriate services to address the needs of each individual evaluated. There is no charge for evaluations.

### **Baltimore City Health Department - 410-396-4398**

The Baltimore City Health Department offers and oversees services for sexually transmitted infections, HIV/AIDS, family planning, maternal and infant health, immunizations, asthma, senior care, cancer screening, and lead poisoning prevention services, among others. Offers a variety of health programs and health services from maternal and children to young adults and seniors. Health care includes but not limited to prenatal care, dental, breast exams, flu shots, health screenings, etc.

### **Caregivers Program - 410-396-1337**

The Family Caregiver Program provides non-emergency and non-expedited financial assistance to caregivers to pay for respite or supplemental services. This assistance is meant to enhance existing support services and should be considered as assistance with the care of your loved one. Monies may be paid directly to you the caregiver, the care recipient, or vendors. The funds can be used to hire providers for respite services or to reimburse you for out-of-pocket expenses related to your role as a caregiver. Currently assistance is limited to \$300 per person annually (from date of processing). This assistance is subjected to the availability of funds. You or the person you are caring for must be a Baltimore City resident caring for disabled and older adults age 60 and over, as well as grandparents age 55 and older raising grandchildren age 18 and under.

### **Community Personal Assistance Care - 410-396-4494**

Helps Medical Assistance eligible persons who are chronically ill or disabled and at risk of being institutionalized remain in their home. Registered nurse/case manager monitors and assesses the applicant and develops a plan of care to meet the client's needs. The case monitor coordinates with the recipient a Personal Care Provider who assists the recipient with activities of daily living such as transferring, bathing, dressing, feeding and toileting; must have a doctor's authorization to qualify for services.

### **Division of Aging - 410-396-2273**

#### **Special Events 2020**

For special programs and educational workshops, please call Baltimore City MAP.

### **Elder Abuse Prevention Program - 410-396-3144**

Provides information and education on the signs and symptoms of elder abuse and promotes strategies for the prevention of abuse, neglect and exploitation of vulnerable adults.

### **Emergency Preparedness - 410-396-6188**

The Baltimore City Mayor's Office of Emergency Management (MOEM) will maintain the highest level of preparedness to protect Baltimore's citizens, workers, visitors, and environment from the impact of natural and man-made disasters. MOEM will prepare the City for emergencies, prepare the public for emergencies, and coordinate interagency response and recovery. To achieve this mission, MOEM will implement a comprehensive program of disaster mitigation, preparedness, response, and recovery. Educates citizens on being proactive in the event of a natural or man-made emergency and recruits volunteers to be trained to help their neighbors in an emergency.

### **Golden Age Clubs - 410-396-2920**

The Senior Citizens Division of the Baltimore City Department of Recreation and Parks provides comprehensive, life-enriching recreational activities for senior citizens residing in Baltimore City. In addition to providing support and assistance to 94 golden age clubs serving over 4,000 members, this Division sponsors a wide variety of city-wide programs and special events to Baltimore's older adults. Golden Age Clubs are conveniently located in all areas of the City, meeting in recreation centers, senior apartment buildings, schools and churches. Club membership is open to anyone 50 years of age and older and there is no charge to become a member.

### **Housing and Homeless Services - 410-396-2822**

Provides housing interventions for evictions as well locating alternative housing solutions. Provides assistance with utilities, taxes, and landlord issues. Homeless intervention includes assessments, placements, referrals, and resource linkage for benefits and entitlements to homeless older adults.

### **Language Interpreting Services, the Division of Aging - 410-396-2273**

Services utilize a language interpretation service to assure access to services for persons who are limited-English speaking.

# SUMMARY OF SERVICES

## Maryland Access Point - 410-396-2273

To access information regarding services and benefits available to older adults, persons with disabilities, and caregivers, you may call the number listed above. A computerized database is used in order to provide a comprehensive listing of information. In-person consultations are also available. Persons are also provided with counseling to assist with long term care supports decision making.

## Nutritional Education - 410-396-1337

Nutrition education is offered at Eating Together sites and other community venues. Nutrition education provides a basis for making informed choices and setting realistic nutritional goals.

## Screening Services - 410-396-2273

Benefits check-up offers a screening tool to determine eligibility for local, state and national programs. Economic check-up offers a screening tool to determine financial stability and economic security.

## Senior Assisted Living Subsidy Program - 410-545-7702

Provide community-based housing subsidy for medically and financially eligible persons age 62 and older. Contract agreements are developed with assisted living managers to provide 24 hour care and supervision for the current subsidy payment of \$650.00 per month.

## Senior Care Program - 410-396-1605

Provide case management and support services to help older adults remain in their homes and in the community for as long as possible. Case management arranges, coordinates, and monitors service delivery. Support services are paid for by the program through contract providers; in-home care, adult day care, medical supplies, medications, and emergency response system.

## Senior Companion Program - 410-361-9405

The Senior Companion Program (SCP) offers stipends to low income persons age 55 and older that provide community volunteer service opportunities. Senior Companions provide one-on-one assistance to the frail elderly, the developmentally disabled, and other "special persons" who require supportive services because of exceptional needs. The program encourages independence in the life of the companion as well as that of the client by fostering mainstream involvement and strengthening social interaction. They provide daily contacts that focus on activities and reducing the need for costly and other unnecessary institutionalization. Senior Companions are assigned to volunteer stations that provide Social Care, In-Home Care and Respite Care in private homes and approved social settings working 15-25 hours a week.

## Taxi-Card Program/Taxi Access - 410-664-1123

Offers reduced cost taxi service for older adults and persons with disabilities. Participant pays a one-time registration fee of \$5.00. For applicants over the age of 60 years old, a physician's statement is not required. The MTA Taxi Access II Service is available to MTA-certified Mobility customers who meet the eligibility requirements. Taxi Access II Service is not part of MTA Mobility Service, but rather a separate and distinct MTA service provided under contract by participating area taxicab and sedan companies. MTA Mobility does not guarantee the availability of a particular type of vehicle or pickup time. Customers deal directly with the taxi and sedan companies.

## Maryland Senior Call Check



**Daily automated check-in calls**



**Free service**



**Marylanders aged 65+**



**Your choice a morning or afternoon call**

**Peace of mind for those home alone**



**Providing a check on your well-being**

**Sign up on-line or over the phone:**

**1 (866) 502-0560  
aging.maryland.gov**



Larry Hogan  
Governor

Boyd K. Rutherford  
Lt. Governor

Rona E. Kramer  
Secretary

# Discover Baltimore County's Best Kept Secret for Older Adults!



# TIME OF YOUR LIFE

for \$5

Digest

*Eight jam packed issues a year for \$5*



Classified Section  
Fitness Tips

**SUBSCRIPTION COSTS:**

- \$5 /year -**
  - Baltimore County residents 60 and older
- \$7/ year -**
  - Under 60 years of age Residents outside of Baltimore County
  - Businesses

**Call 410-887-3050 For More Information**

- Health Calendars of Events
- Entertainment
- Food & Nutrition
- Financial Resources
- Volunteer Opportunities
- Local Senior Center Activities and Classes
- Medicare Matters Section
- Community Billboard
- Employment
- Government News and Information
- Travel Opportunities

**TO SUBSCRIBE, PLEASE RETURN THIS FORM TODAY!**

New \_\_\_ Renewal \_\_\_ Is this a new address? \_\_\_

Name \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Email: \_\_\_\_\_

Baltimore County Resident: Yes \_\_\_ No \_\_\_ Sex: \_\_\_ Birth Date: \_\_\_

This is a gift from \_\_\_\_\_ Name \_\_\_\_\_ Male \_\_\_ Female \_\_\_ Phone \_\_\_\_\_

Amount Enclosed:  \$5 Baltimore County residents 60 and older  
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Mail form and check  
 (payable to Baltimore County, MD) to:  
**Time of Your Life Digest**  
 611 Central Avenue  
 Towson, Maryland 21204

For Office Use Only:	4/18
Started:	Entered:
CD	G.S. Mailed

# Baltimore County Department of Aging Targets Your Market

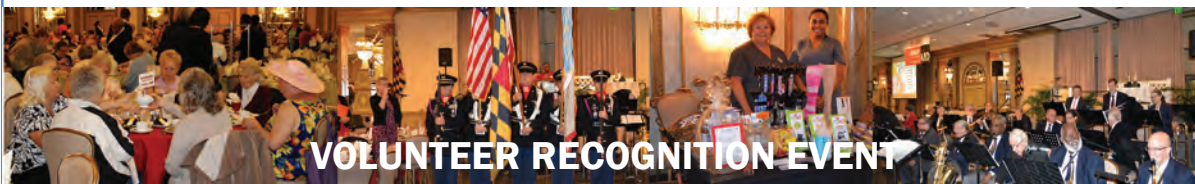
[www.baltimorecountymd.gov](http://www.baltimorecountymd.gov) • 410-887-2012

Need more visibility for your business or nonprofit? Invest in the Baltimore County Department of Aging's (BCDA) sponsorship and exhibitor opportunities. Enjoy the benefits of targeting your business services and/or products to the largest growing demographic in our country. BCDA's four main affordable opportunities have an established reputation of attracting visibility and impact, whether your market targets older adults, baby boomers, caregivers, families, persons with disabilities or professionals. Catch the attention of over 190,000 older adults residing in Baltimore County and other areas as well as the professionals who serve them.



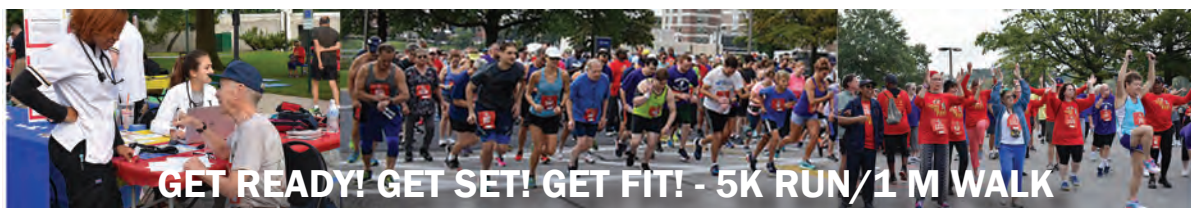
## SENIOR SOLUTIONS CONFERENCE

**Senior Solutions Conference (June 1, 2020)** - a professional conference targeting up to 225 professionals.



## VOLUNTEER RECOGNITION EVENT

**Volunteer Recognition Event (May 7, 2020)/Community Resources 2021** - a dual opportunity which provides marketing presence at the event and listing(s) in BCDA's well-respected annual, regional publication.



## GET READY! GET SET! GET FIT! - 5K RUN/1 M WALK

**Get Ready! Get Set! Get Fit! - 5K RUN/1 MILE WALK (September 20, 2020)** - exposure to over 1,200 intergenerational registrants supporting senior fitness centers and programs.



## THE POWER OF AGE EXPO

**The Power of Age (formerly called Baby Boomer/Senior Expo) (October 28, 2020)** - celebrating 33 years of providing up to 11,000 attendees with the latest information and resources for living life along with powerful networking opportunities for professionals and business owners.



**Living Longer, Living Well Summit - (November 18, 2020)** - a conference for up to 200 adults of all ages with information and interactive opportunities to live your best life.

**BCDA Is Committed To Create Customized Sponsorships  
To Meet Your Business Goals And Budget.**

For more information and pricing, e-mail [sponsorbcda@baltimorecountymd.gov](mailto:sponsorbcda@baltimorecountymd.gov)  
or call 410-887-2012.



## Sponsoring the Baltimore County Department of Aging....



## Let Me Count The Ways

### *Community Resources 2021 - \$725 - \$2,560*

Annual publication with a distribution of 90,000 copies.  
Ads range in size from a quarter to full page.

### *Consumer Reference Guides On A Variety of Topics - \$5,000 - \$30,000*

Annual publication to educate and empower citizens.

### *Product Sponsorships*

**Orange Refrigerator Cards - \$10,000 - \$25,000**

**Shelf Stable Meals - \$25,000**

**“The F.I.L.E. - Sponsorship information is available upon request. This is a printed document to assist in organizing important information. Copyright of the product is available for \$250. The copyright purchases the printing right for 10,000 copies; printing cost is excluded from the copyright fee.**

### *Publication Advertising/Sponsorships*

***The Power of Age Expo Program Guide - \$415 - \$1,495***

**Printed annually in October. Distribution 15,000.**

### *Time of Your Life Digest - \$1,500 - \$12,000*

**Eight issues annually; readership 25,000.**

**Advertisements start at \$50 per issue.**



**Sponsoring the Baltimore County Department of Aging....**

## **Let Me Count The Ways**

### **SENIOR CENTER SPONSORSHIPS**

**Senior Center Enhancements - \$500 - \$250,000**

*Improvements may be internal or external.*

**Senior Center Fitness Centers Memberships - \$100 and up**

*A scholarship program for those unable to afford memberships.*

**Senior Center Programming - Special Events**

*Opportunities customized, please call 410-887-3423.*

**Senior Center Leadership Conference - \$250 -\$4,000**

### **MISCELLANEOUS SPONSORSHIPS**

**Loan Closet - \$100 and up**

**Department of Aging Training And Speakers**

*Customized per request.*

### **Additional Sponsorship/Partnership Opportunities**

Baltimore County Department of Aging develops various programs and activities throughout the year. If you would like to learn more about specific partnership/sponsorship opportunities or to customize a package specifically for your needs, please call **410-887-2012**. Make a difference by advertising with a mission with the Baltimore County Department of Aging.





# Set your course!

## Art to Zumba



- Create and compute
- Learn about yesterday and today
- Discover new interests
- Be well

Register now!  
443-840-4900  
[ccbcmd.edu/seniors](http://ccbcmd.edu/seniors)



**CCBC**

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**Compassion**  
**Excellence**  
**Dignity**



**TAX CREDIT APARTMENTS AVAILABLE**

**CATHOLIC CHARITIES SENIOR SERVICES**

**Answers for the Aging**  
667-600-2100 or toll-free 1-888-50ASKUS (Md. Only)  
Offers telephone-based information and referral service for older adults and caregivers.

**Catholic Charities Senior Communities**  
667-600-2280

Operates 24 supportive apartment communities throughout the Baltimore area that are home to more than 1,800 older adults.

**St. Ann Adult Day Services**  
667-600-2680

Provides seniors with activities, socialization and medical supervision so that older adults can continue to live at home.

**Caritas House Assisted Living**  
667-600-2660

Provides care and assistance for elders 62 and older who require help in performing daily activities and can no longer live independently.

**IMMEDIATE OPENINGS**

**The Neighborhoods at St. Elizabeth Rehabilitation and Nursing Center**  
667-600-2600

Offers a comprehensive array of individualized rehabilitation and nursing services, including short-term rehabilitation, skilled nursing care and memory care.

**SENIOR COMMUNITIES**

- ANNE ARUNDEL COUNTY**
- Glen Burnie**  
Arundel Woods
- Odenton**  
Friendship Station  
Friendship Village
- BALTIMORE CITY**
- East Baltimore**  
Our Lady of Fatima I  
Our Lady of Fatima II
- Mount Vernon**  
Basilica Place
- Overlea**  
Everall Gardens
- Violetville**  
DePaul House  
St. Joachim House
- BALTIMORE COUNTY**
- Catonsville**  
St. Mark's Apts.
- Edgemere**  
St. Luke's Place
- Lansdowne**  
Coursey Station  
Kessler Park
- Nottingham**  
Village Crossroads I  
Village Crossroads II
- Owings Mills**  
Owings Mills  
New Town
- Pikesville**  
St. Charles House
- Reisterstown**  
Reister's Clearing  
Reister's View
- Towson**  
Trinity House
- Woodlawn**  
Holy Korean Martyrs
- GARRETT COUNTY**
- Grantsville**  
Starnier Hill
- HARFORD COUNTY**
- Aberdeen**  
Aberdeen Court
- Abingdon**  
Abingdon Gardens

**SMOKE FREE**



Catholic Charities welcomes people regardless of faith and is an Equal Housing Opportunity provider.



[www.cc-md.org/seniors](http://www.cc-md.org/seniors)



TTY: Dial 711